

HEALTHY PARKS HEALTHY PEOPLE



Apple
Valley

SPRING 2013

CITY OF APPLE VALLEY PARKS & RECREATION



GOLF VALLEYWOOD!
PAGES 4 & 5

www.cityofapplevalley.org
952-953-2300

HEALTHY PARKS HEALTHY PEOPLE

Apple Valley Parks & Recreation Staff

ADMINISTRATION

Parks and Recreation Director	Barry Bernstein 952.953.2310 • bbernstein@ci.apple-valley.mn.us
Parks Superintendent	Tom Adamini 952.953.2420 • tadamini@ci.apple-valley.mn.us
Recreation Superintendent	Scott Breuer 952.953.2311 • sbreuer@ci.apple-valley.mn.us
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Recreation Supervisor – Athletics	Lyndell Frey 952.953.2316 • lfrey@ci.apple-valley.mn.us
Recreation Supervisor – Programs	Marcie Padgett 952.953.2312 • mpadgett@ci.apple-valley.mn.us
Recreation Supervisor – Aquatics	Steve Skinner 952.953.2314 • sskinner@ci.apple-valley.mn.us
Department Assistant	Dorene Perkins Monn 952.953.2304 • dperkins@ci.apple-valley.mn.us
Clerical Assistant	Eva Lageson 952.953.2300 • elageson@ci.apple-valley.mn.us
Clerical Assistant	Debby Shepard 952.953.2300 • dshepard@ci.apple-valley.mn.us

PHONE: 952.953.2300 • Fax 952.953.2306

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road

PHONE: 952.953.2300

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)

Arena Manager.....**Gary Pietig**
952.953.2367 • gpietig@ci.apple-valley.mn.us

REDWOOD COMMUNITY CENTER

311 150th Street West

PHONE 952.953.2300

APPLE VALLEY SENIOR CENTER

14601 Hayes Road

PHONE: 952.953.2345

SPORTS ARENA

(Attached to south side of Apple Valley High School)

Arena Manager.....**Gary Pietig**
952.953.2366 • gpietig@ci.apple-valley.mn.us • Fax 952.431.8246

TEEN CENTER

14255 Johnny Cake Ridge Road

PHONE: 952.953.2385

VALLEYWOOD GOLF COURSE

Manager – P.G.A. Professional.....**Jim Zinck**
952-953-2320 • jzinck@ci.apple-valley.mn.us • Fax 952.953.2319
Recreation Supervisor – P.G.A. Professional**Matthew Bilek**
952-953-2330 • mbilek@ci.apple-valley.mn.us • Fax 952.953.2319

Parks & Recreation Administrative Office:

Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)	8:00am–4:30pm
Apple Valley Community Center:	
Monday - Friday.....	8:00am–10:00pm
Saturday	8:00am–7:30pm
Sunday	12:00pm–7:30pm
Easter (Sunday, March 31).....	CLOSED
Memorial Day (Monday, May 27).....	9:00am–10:00pm

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. **Call 952-953-2399** at anytime for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line

Press 2: AVCC Open Gym Schedule

Press 3: Aquatic Programs

Press 4: Adult Athletics

Press 5: Arena Programs

Press 6: Seasonal Programs & Special Events

Frequently Called Community Phone Numbers

Apple Valley Parks & Recreation Hotline	952-953-2399
Apple Valley Community Center	952-953-2300
Apple Valley Municipal Center	952-953-2500
Apple Valley Senior Center	952-953-2345
Apple Valley Teen Center	952-953-2385
Apple Valley Sports Arena	952-953-2366
Apple Valley Hayes Arena	952-953-2365
Dakota County Parks Info Line	952-891-7000
VAA (Valley Athletic Association)	952-432-5618
EVAA (Eastview Athletic Association)	952-985-3830
ISD 196 Community Education	651-423-7722

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

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Valley Athletic Association
www.vaasports.org
admin@vaasports.org
 952-432-5618

Sign Up, Register, Get Involved

Valley Athletic Association provides athletic and social development through sports

Sports offered

Registration Opens

	Baseball	Community (Grades Pre K – 11) Traveling (Ages 9 – 15)	December
	Basketball	Community (Grades Pre K – 6) Traveling (Grades 4 – 6)	June
	Cross Country	Community (Grades 4 – 6)	June
	Football	Community (Grades 1 – 6) Traveling (Grades 7 – 8)	May
	Lacrosse	Community Spring (Grades K – 10) Community Summer (Grades 3 – 8)	January & March
	Soccer	Community, Summer (Grades Pre K – 12) Community, Fall (Grades Pre K – 7) Traveling, Summer (Ages U9 – U19) Traveling, Fall (Ages U9 – U14)	January & June
	Softball	Community (Grades K – 12) Traveling (Ages K – U14)	January
	Tennis	Community (Grades Pre K – 9) Traveling (Ages 8U – 18U)	January
	Track	Community (Grades K – 6)	January
	Volleyball	Community, Spring & Fall (Grades 2 – 12)	January & June
	Wrestling	Community (Grades K – 6)	December

Register online at www.vaasports.org

HEALTHY PARKS HEALTHY PEOPLE

Valleywood Golf Course

Information & Tee Times

www.valleywoodgolf.net

4851 McAndrews Rd • Apple Valley, MN

Phone: (952) 953-2323 for Tee Times

Jim Zinck, Manager/PGA Professional

Matthew Bilek, PGA Professional

Championship 18-Hole Golf Course

Bar & Grill (Food & Beverage Cart)

Driving Range & Practice Green

Golf Cart & Push Cart Rental

Pro Shop Merchandise

Club Rental

Golf Lessons (Group or Private)

Private Golf Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about Twilight and Special Rates.

2013 FEE SCHEDULE

Weekend Fees (Saturday and Sunday) Patron Rate

18 Holes	\$38.00	\$35.00
9 Holes	\$24.00	\$21.00

Weekday Fees (Monday thru Friday)

18 Holes	\$30.00	\$27.00
9 Holes	\$20.00	\$17.00
18 Holes-Senior/Junior	\$24.00	\$21.00
9 Holes-Senior/Junior	\$18.00	\$15.00

Patron card	\$40.00	+Tax
Senior Patron Card	\$30.00	+ Tax
Resident Patron Card	\$20.00	+ Tax

Senior: 55+ years of age

Junior: under 18 years of age

Cart Fees

Pull Cart	\$5.00
18 Hole Power Cart	\$34.00
Hole Power Cart	\$20.00

Driving Range Fees

Large bucket (approx. 80 balls)	\$7.00
Medium bucket (approx. 40 balls)	\$5.00
Driving Range Card (10 large buckets of range balls)	\$60.00

Season Pass Fees

Available to residents of Apple Valley only

Valid anytime, any day

Individual	\$895.00	+ tax
Spouse (added to individual pass)	\$450.00	+ tax
Executive(Ages 18-29)	\$600.00	+ tax
Senior (55+)	\$750.00	+ tax
Junior	\$450.00	+ tax



Included with your season pass

- 10% discount on clubhouse food and beverage purchases (does not include beverage cart sales)
- regularly priced pro shop merchandise
- \$2.00 discount on golf car rental.

Golf Outings/Tournaments

Valleywood is available for private golf outings. Call the ProShop at 952-953-2330 for more information. We welcome the opportunity to support local charities and Booster organizations. Call for Discounted Pricing.

Group Golf Lessons

With over a combined 60 years of PGA teaching experience your questions will be answered by one of Valleywood's PGA Professional staff. If you have never played, are beginners or intermediate players, golfers of all abilities will benefit from the PGA Professional instruction offered at Valleywood. We offer an extensive selection of group golf lessons aimed at increasing your playing ability and knowledge of the game. All classes will cover full swing and short game (putting, chipping and pitching). Classes will be geared towards the goals of the audience attending. You must pre – register in person, at the course or by phone with a credit card. All golf course registration must be done through the golf course. If you need clubs they will be provided for you. Weather related cancellations will be done 2 hrs prior to the start of lessons, and will be re-scheduled with the instructor. Refunds will be issued if all lessons are cancelled. Register in person at the course or by phone with a credit card.

Adult Cost: \$100
for (4) 1-hour lessons (Including a voucher for (1) 9 hole round of golf)

Time: 6:00 – 7:00pm

Classes are limited to 8 students per class.

Monday - Tuesday

(1) May 6 & 7, 13 & 14 • (2) June 10 & 11, 17 & 18

(3) July 15 & 16, 22 & 23

Senior Cost: \$50
for (3) 1 hour lessons (Including a voucher for (1) 9 hole round of golf)

Time: 8:00-9:00am

Age: 50+

Classes are limited to 8 students per class.

Monday - Wednesday

(1) May 13-15 • (2) May 20-22

(3) June 3-5 • (4) June 17-19

Women Cost: \$90/person
for (3) one hour 15 minute lessons

(Including a voucher for (1) 9 hole round of golf)

Time: 6:30 – 7:45pm

Classes are limited to 8 students

Wednesdays

(1) May 1, 8, 15 (2) May 22, 29, June 5

(3) June 12, 19, 26 (4) July 17, 24, 31

Junior Golf School

Junior Golf Camp is an opportunity for golfers ages 8-17 to learn the fundamentals of the golf game. Topics covered are putting, chipping, irons, woods, strategy, rules and etiquette. Cost is \$85.00 per class. Each student receives a USGA rules book, and one voucher for a nine hole round of golf. Lessons are appropriate for beginner and intermediate golfers.

Ages: 8-11

\$85 for (3) one hour lessons

(Including a voucher for (1) 9 hole round of golf)

10:00am-11:00am

Ages: 12-17

\$85 for (3) one and a half hour lessons

(Including a voucher for (1) 9 hole round of golf)

11:30am-1:00pm

Tuesday - Thursday

June 18 - 20, June 25 - 27, July 16 - 18

Mighty Mites

\$16.00

9:00 – 9:45am

Ages: 4-7

Classes are limited to 10 students

Saturdays

June 1, June 22, July 13, July 27

Parent/Child Group Lessons

Learn the game together!

Ages: 7-15

\$95 for (2) one hour and fifteen minute lessons

(Including vouchers for (2) 9 hole rounds of golf)

10:00am – 11:15am

Classes are limited to (4) parent/child groups

Saturday-Sunday

May 11 & 12, June 29 & 30

Private Lessons

Please contact the golf shop at **952-953-2330**.

Need a USGA/MGA Handicap?

Valleywood offers an 18-hole handicap service through the proshop. The service includes two updated handicap cards permonth, a 12 month subscription to Minnesota Golfer magazine, and eligibility to play in MGA tournaments.

\$40 for the season (April 1-October 31)

NOTE : Five 18-hole scores are required to establish a handicap.
Practice Facility• 35 hitting stations• Distance graduated targets for precision practice• On site PGA Professionals• Consistent high compression practice balls

Golf League Opportunities

Register by phone 952-953-2323 or www.valleywoodgolf.net

Junior 9 Hole League

Wednesday tee times between 7:30am – 10:30a.m. starting June 12th.

Ladies 9-Hole League

Thursday tee times between 4:00 - 6:30 pm

League membership includes USGA handicap service, weekly prizes, banquets and year-end door prizes.

Ladies 18-Hole League

Tuesdays shotgun start at 8:00am or 9:00 am

League membership includes USGA handicap service

Men's 9-Hole League

Wednesday tee times between 3:15 - 5:45 p.m.

The club membership includes USGA handicap service and subscription to MGA magazine. All men's club members are eligible to participate in their monthly tournaments.

Senior 9 or 18 hole League

The senior league is a competitive or non-competitive (depending on your preference)

Thursdays tee times between 7:30am – 9:30am

It is open to any interested senior. Weekly games, entry fees and results will be administered by the league coordinator.



HEALTHY PARKS HEALTHY PEOPLE

Tennis

APPLE VALLEY SPORTS ARENA

Our well established tennis program for players of all abilities and ages takes place in the Apple Valley Sports Arena at the Apple Valley High School, which is located at 14452 Hayes Road, Apple Valley, MN. Four Indoor Sport Court Tennis Courts

Arena Office Phone: 952 953 2366

Our goal is to provide a welcoming and safe learning environment that leads to fun and consequent success on the tennis court. Just bring a racket, and be ready for instruction and games to improve your tennis game!

Ball Machine available for your use

Adults \$10 per hour

Juniors \$8 per hour

Reservations: 952 953 2366

PRIVATE LESSONS

\$40 an hour

\$20 for 30 minutes

SPRING TENNIS 2013

Administered by the City of Apple Valley
For questions or to sign up for the league, call 952 953 2366

LADIES DOUBLES LEAGUE

Wednesdays 7:00-9:00pm

April 3 – May 22

\$60 per person for 8 weeks

8 teams max

Women's 6.5 combined

WOMEN'S RECREATIONAL LEAGUE

Tuesdays 7:00 – 9:00pm

Women's 6.0 combined

April 2 – May 21

\$60.00 per person for 8 weeks

8 teams

SUMMER TENNIS 2013

Instruction Staff:

MacKenzie Rayman

Varsity Player at the College of St. Benedict

Chris Steadman

Club Player at the University of MN

Tanner Rayman

Varsity Player at Saint John's University

Brittany Kocken

Varsity Player at AVHS



JUNIOR SUMMER PROGRAM MORNING JUNIOR TENNIS CLASSES

Registration is open ONLINE at:

<http://www.vaasports.org/Registration/Register.php>

Four day sessions, \$48 per session

Monday through Thursday starting on:

6/10, 6/17, 6/24, 7/1 (No Class July 4, Makeup on July 5), 7/8, 7/22, 7/29, 8/5, 8/12

Maximum student teacher ratio: 4

Ages 4 - 7 9:00-10:00am

Ages 8-10 10:00-11:00am

Ages 11..... 11:00am-Noon

EVENING JUNIOR TENNIS CLASSES

Registration is open ONLINE at

<http://www.vaasports.org/Registration/Register.php>

Maximum student teacher ratio: 6

SESSION 1:

Classes meet twice a week for seven weeks starting the week of June 10. End of the session tournament on Saturday, July 27!

Ages 4, 5 Monday & Wednesday 5:00 to 6:00pm

Ages 6, 7 Monday & Wednesday 6:00 to 7:00pm

Ages 8, 9 Monday & Wednesday 7:00 to 8:00pm

Ages 10, 11 Tuesday and Thursday 5:30 to 7:00pm

Ages 12+ Tuesday and Thursday 7:00 to 8:30pm

\$70 per session (No class July 4 or July 15)



SESSION 2:

Classes meet twice a week for four weeks starting the week of July 30 and concluding on August 22.

Ages 4 - 7 Tuesday and Thursday 5:00 to 6:00pm

Ages 8 - 10 Tuesday and Thursday 6:00 to 7:00pm

Ages 11+ Tuesday and Thursday 7:00 to 8:30pm

\$45 per session



USTA SUMMER JUNIOR TEAM TENNIS VAA TRAVELING PROGRAM

Registration is open **ONLINE** at

<http://www.vaasports.org/Registration/Register.php>

Teams meet Monday through Thursday for 2 hours

\$170 for 7 Week Session (No Practice/Match July 4)

18 & Under

Matches Thursday 1:00pm

Practices 1:00pm

14 & Under

Matches Tuesday 1:00pm

Practices 3:00pm

12 & Under

Matches Wednesday 1:00pm

Practices 3:00pm

Area Tournament: July 15, 16

(Area Tournament Fee included in registration)

If qualify, Sections Tournament: July 21 – 25

OUTDOOR TENNIS COURTS

PARK SITES

	<u>ADDRESS</u>	<u># OF COURTS</u>
Belmont	118 Belmont Rd	1
Cedar Knolls	7094 127th St W	2
Delaney	4745 147th St W	2
Farquar	13266 Pilot Knob Rd	2
Greenleaf	134th St W & 134th Ct W	2
Hagemeister	13000 Johnny Cake Ridge Rd (2 w/ lights)	4
Heritage	12852 Hamlet Ave	1
Pennock	15445 Pennock Ave	2
Redwood	311 150th St W	2
Scott	14125 Galaxie Ave (lights & rally boards)	2
Wildwood	8266 137th St W	2

SCHOOL SITES

Apple Valley High	14450 Hayes Rd	4
Eastview High	6200 140th St W (+ rally boards)	8
Scott Highlands Middle	14011 Pilot Knob Rd (+ rally boards)	4
Valley Middle	900 Garden View Dr	4

Falcon Ridge Middle is at the same site as Hagemeister Park (2 Park / 2 School)

Outdoor Pickleball Courts

Pickleball lines have been marked on the tennis courts at Pennock and Hagemeister Parks

HEALTHY PARKS HEALTHY PEOPLE

Pre-School/Tots

Holiday Parties for Tots

Ages 2 1/2-6

“St. Pat’s Hats” Party:

Friday, March 15

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

“Bunny Brunch” Party:

Friday, March 29

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

\$7 each per session; Apple Valley Community Center

Min. 8 Max. 18 per session

REGISTRATION DEADLINE: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Staff
Celebrate the upcoming Spring Holiday at our special parties just for TOTS! Games, crafts, stories, songs and treats related to the holiday will be featured at our party. Pre-registration by the deadline is required. Parents can stay, but it is not required—if parents stay, please DO NOT bring additional younger siblings along.

Chugga Chugga Choo Choo

Ages 3-6

Friday, March 22; 11:00am-12:30pm

\$7 per person; Apple Valley Community Center

Min. 8 Max. 14

REGISTRATION DEADLINE: March 15

Instructor: Linda Runeborg

All aboard! Join our trip into the world of trains and find out how trains help us, how they run, and what types of cargo they carry. A “Model Train “Engineer” will bring his trains to help us learn. Each participant will also make some ‘train crafts’ to take home, to remind them of this fun day! Parents do not stay.

“Where the Wild Things Are” Monster Party! - NEW

Ages 3-6

Wednesday, April 3; 10:00-11:30am

\$5 each; Apple Valley Community Center

REGISTRATION DEADLINE: March 27

Min. 5 Max 10

Instructor: Kristy Hemphill

GRRRRRRR! ARRRRRGH! GRRRRROWL! It’s a monster party! Spend the morning with us as we roar our terrible roars, gnash our terrible teeth, and sow our terrible claws, all while playing games, making crafts and having a terrible monster time! Hope to see your little monster there!

For the Birds

Ages 3-6

Friday, April 12; 10:45am-12:00pm

\$7 per person; Apple Valley Community Center

Min. 6 Max. 14

REGISTRATION DEADLINE: April 5

Instructors: Apple Valley Parks and Recreation Staff

Learn about birds, bird houses and bird feeders, and create some great projects for the birds in your own backyard. Lots of activities and crafts for the birds, plus a fun snack for you!

Parents do not stay.

“Tot’s Day of Fun” for Moms on the run!

Ages 3-6

Thursdays, 12:30-3:30pm

Session 1: April 4, 11, 18, 25

Session 2: May 2, 9, 16, 23

\$42 each per session of 4 dates

\$12 each per each date of drop-in; fee payable at the AVCC on the date of class.

Apple Valley Community Center

Min. 4 Max. 8 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym time, a snack, and even a short “quiet time”. The activities are designed for your tots, the class is designed for parents ‘on the run’, who need more time for errands, or just to relax! Parents do not stay, and children must be potty-trained.

Little Chefs “Healthy Cooking and Creative Eats”

for Tots

Ages 3-6

Session 1: Friday, April 5; 11:15am-12:30pm

Session 2: Friday, May 24; 11:15am-12:30pm

\$7 per person; Apple Valley Community Center

Min. 8 Max. 14 per session

REGISTRATION DEADLINE:

Pease register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
A fun cooking class featuring healthy foods and snacks for preschoolers! We learn new recipes each class and each “Little Chef” will take home a recipe book of all recipes that they learned that day. **Parents do not stay.**



Sign Up for Back-to-Back Classes

**On Tuesdays, and have fun all morning long!
Or, pick one of the fun classes listed below!**

Ooey Goopy Artists - **NEW**

Ages 3-6

Session 1: Tuesdays; April 16, 23, 30; 9:00-10:15am

Session 2: Tuesdays; May 7, 14, 21; 9:00-10:15am

\$14 each per session; Apple Valley Community Center
Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
An opportunity for children to learn while getting messy, and parents do not need to clean up afterwards! Each day is a new "Ooey Goopy" Art Project, plus a sticky snack to eat. Please send your child dressed to get messy! Please indicate any food/ingredient allergies that your child has so we can adjust accordingly. Science fun for everyone! **Parents do not stay and participants must be potty trained.**

Spring Critter's Club

Ages 2 ½-6

Session 1: Mondays; April 15, 22, 29; May 6, 13, 20; 1:00-2:30pm

Session 2: Tuesdays; April 16, 23, 30; May 7, 14, 21; 10:30-12:00am

**Session 3: Thursdays, April 18; 25; May 2, 9, 16, 23;
10:30am-12:00pm**

\$26 each per session; Apple Valley Community Center
Min. 6 Max. 14 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
Our recreation program, just for TOTS! Our objective is to provide a fun, active and enjoyable program in an accepting atmosphere. Emphasis will be placed on ensuring each child's self-confidence and enjoyment through songs, crafts, games, fun projects, snacks and stories. Parents do not stay, and participants must to potty trained..

Wearable Art for Tots

Ages 3-6

Friday, April 19; 10:45am-12:00pm

\$7 per person; Apple Valley Community Center
Min. 6 Max. 14

REGISTRATION DEADLINE: April 12

Instructors: Apple Valley Parks and Recreation Staff
Join us at our fun class and create "wearable art" just for you. Bring white socks and a white t-shirt to class, and we'll help you to make them "wearable"! Also included: headbands or pony tail holders, bandanas, jewelry, hats and much more. **Parents do not stay.**

Carnival - **NEW**

Ages 3-6

Wednesday, April 17; 10:00-11:30am

\$5 each; Apple Valley Community Center

REGISTRATION DEADLINE: April 10

Min. 5 Max 10

Instructor: Kristy Hemphill

Step right up folks, step right up and join us for a preschool carnival where we will play games to earn tickets for prizes, make clown crafts and snack on some carnival treats! A fun filled morning for everyone, we'll see you there!

Teddy Bear Picnic - **NEW**

Ages 3-6

Wednesday, April 24; 10:30am – 12:00pm

\$8 each; Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: April 17

Instructor: Kristy Hemphill

Bring in your favorite teddy bear and we'll have a picnic! During our teddy bear picnic, we'll play games, and we'll make a lemonade stand. Then, we'll get dressed up in party gear, pack our baskets and head off to our picnic. Your little one will have a great time at our teddy bear picnic!



HEALTHY PARKS HEALTHY PEOPLE

Dr. Seuss on the Loose

Ages 3-6

Fridays, May 3, 10, 17; 9:30-10:30am

\$14 per person for all three dates

Valley Community Center

Min. 6 Max. 14

REGISTRATION DEADLINE: April 26

Instructors: Apple Valley Parks and Recreation Staff

Our "Dr. Seuss" Class featuring some favorite stories that were included in our previous classes, plus some new stories too! Everyone loves the stories by Dr. Seuss, plus we will add related craft projects, activities and snacks. Parents do not stay.

Tiny Tea Party for Tots

Ages 3-6

Friday, May 3; 11:00am-12:30pm

\$7 per person;

Apple Valley Community Center

Min. 8 Max. 16

REGISTRATION DEADLINE: April 26

Instructors: Apple Valley Parks and Recreation Staff

All 3-6 year olds are invited to dress up and join us for our 11th Annual TINY TEA PARTY just for tots. Wear your prettiest spring outfit, and join us for spring-related games, stories, crafts, a fashion show, prizes, and of course, some "tea" and snacks. Parents may stay to watch, but please do not bring other siblings along if you stay!

Little Gardeners

Ages 3-6

Friday, May 10; 11:00am-12:30pm

\$7 per person; Apple Valley Community Center

Min. 8 Max. 18

REGISTRATION DEADLINE: May 3

Instructors: Apple Valley Parks and Recreation Staff

"How does your garden grow?" A class just for tots, featuring the planting of seeds to grow your own 'little garden' at home. Plus crafts and stories that relate to flowers, gardening and growing. Bring your own gardener's gloves, if you choose to, or just get your hands a little dirty! Parents do not stay.



Sail the Seven Seas

Ages 3-6

Friday, May 17; 11:00am-12:30pm

\$7 per person;

Apple Valley Community Center

Min. 6 Max. 14

REGISTRATION DEADLINE: May 10

Instructor: Linda Runeborg

Shiver me timbers! Find out all about pirates: who they were, what they wore, and what their life was like. Navigate the seven seas searching for buried treasure with your spyglass and pirates hat that you make yourself! Experience what type of food the pirates may have eaten aboard their ship. A pirate's life – are you up for this challenge? Parents do not stay.



KinderSTART

Ages 3-6

Tuesdays and Thursdays,

5:45-7:15pm;

\$24 for all 4 dates

Session 1: April 2, 4, 9, 11

Session 2: April 16, 18, 23, 25

Session 3: May 7, 9, 14, 16

Session 4: May 21, 23, 28, 30

Mondays, Wednesdays, Fridays; 9:30am-12:00pm;

\$99 for all 12 dates

Session 5: April 8, 10, 12; 15, 17, 19, 22, 24, 26, 29; May 1, 3

Session 6: May 6, 8, 10, 13, 15, 17, 20, 22, 24, (NO 27), 29, 31 & June 3

Apple Valley Community Center; 14603 Hayes Road

Min. 7 Max. 14 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: REACH WITH ME Staff

Ready...set...WAIT! Is your little one going to kindergarten soon? Will they make new friends? Do they know their letters, numbers and shapes? Do they have anxiety? (Maybe you do too!) We'll get your little one REVVING to go to with fun games and activities that will put your mind at ease! Kids will also bring home some cool activities that you can do together at home. Add some music and fitness to our social mix, and we'll get your little one (and you!) to the FINISH LINE in no time! **Children must be potty trained, and parents do not stay.**

High Reach “Prancers”

Ages 3-6
**Wednesdays, April 3, 10, 17, 24;
 May 1; 6:00-6:45pm**
 \$35 each for all 5 days
 Apple Valley Community Center
 Min. 7 Max. 14

REGISTRATION DEADLINE: March 27

Instructor: REACH WITH ME Staff

Grab your tutus and learn the basics of ballet! We will combine technique with fun music, and wrap it up in a performance for all to see and the end of the session! Great dancing fun! Parents do not stay.

High Reach “Prance On”

Ages 3-6
**Wednesdays, May 8, 15, 22, 29;
 June 5; 6:00-6:45pm**
 \$35 per person; Apple Valley
 Community Center
 Min. 7 Max. 14

**REGISTRATION DEADLINE:
 May 1**

Instructor:

REACH WITH ME Staff
 Ballerinas, who says our dancing time is over? Let’s keep the fun going as we learn more simple ballet techniques and an all new routine! C’mon PRANCERS! Let’s DANCE ON as we PRANCE ON! **Parents do not stay.**



**Little Ninjas:
 Introduction to Martial Arts for youngsters**

Ages 4-6
Session 1: Mondays, March 11, 18, 25; April 1; 6:00-6:30pm
**Session 2: Wednesdays, March 20, 27; April 3, 10;
 6:00-6:30pm**
Session 3: Saturdays, April 6, 13, 20, 27; 10:15-10:45am
\$25 each per session, includes a uniform
Classes are held at MN Valley Martial Arts:
 14050 Pilot Knob Rd. #124; AV: 952-423-5600
 Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff
 The objective of MN Valley Martial Arts is to provide a positive, exciting environment for preschoolers and grade school students. The Introduction to Martial Arts Classes will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games! Parents must stay and observe the classes.

NOTE – Our classes are set up as “ONE-TIME Introductory Classes”, which will allow the child to experience one 4-week series of Martial Arts Classes without a huge commitment, to see if he/she enjoys the classes. After the 1st Introductory Class, additional classes can be scheduled at the MN Valley Martial Arts Studio – ONLY ONE Introductory class per each child please!

**Abrakadoodle Mini Doodlers
 “Spring Arts & Crafts” for Tots**

Ages 2-5 with a Parent
Saturdays, April 13, 20, 27; May 4; 9:30-10:15am
 \$59 per 1st child; \$49 per additional child
 Greenleaf Elementary School, 13333 Galaxie Avenue
 Min. 4 Max. 6

REGISTRATION DEADLINE: April 5

Instructors: Abrakadoodle Staff

Abrakadoodle is a special art program for children to develop their creativity and imagination, and it inspires kids to reach beyond and create unique art. In our “Spring Arts & Crafts” Session we will learn to paint with dots, decoupage a vase, make a clay garden, and more! Parents stay to assist their child.



HEALTHY PARKS HEALTHY PEOPLE

Music Together in the Valley

Pre-School Music program for parents & children

Children, birth-Age 5 and a Parent

Sundays; April 7, 14, 21, 28; May 5, 12, 19, (NO 26); June 2

Session 1: 4:00-4:45pm

Session 2: 5:00-5:45pm.

Wednesdays, April 3, 10, 17, 24; May 1, 8, 15, 22

Session 3: 10:15-11:00am

Session 4: 11:15am-12:00pm

Thursdays, April 4, 11, 18, 25; May 2, 9, 16, 23

Session 5: 10:15-11:00am

Session 6: 11:15am-12:00pm

\$149 per Adult-Child Pair for an 8-week program

\$79 per additional sibling

NOTE: Siblings 8 months & younger are FREE with a paid sibling (must be born after 8/03/12)

Apple Valley Community Center, 14603 Hayes Road

Min. 3 Max. 6 per session

The Apple Valley Parks and Recreation Department and the District 196 Community Education Department each have six spaces out of the twelve spaces allotted for each class, so you can register with either agency; www.cityofapplevalley.org. If the Parks and Recreation spots are full, there may be more spaces at <http://ce.district196.org/Perficia/online/events/search.aspx> (Then, scroll down to "Youth Enrichment Music")

REGISTRATION DEADLINE: March 25

Instructor: "Music Together" Instructor, Laurie McFaul

Share the joy of making music! Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting. Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical, and can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's, one for home and one for on-the-go. Music Together in the Valley is directed by Clarice Auluck-Wilson, PHD.

Free Demo "Music Together" Classes

Birth-Age 5 (and a Parent)

Session A: Sunday, March 24; 5:00-5:45pm

Session B: Wednesday, March 27; 10:15-11:00am

Session C: Thursday, March 28; 11:15am-12:00pm

FREE, but only 1 demo per family please!

Apple Valley Community Center, 14603 Hayes Road

Min. 3 Max. 6 pairs per each demo

REGISTRATION DEADLINE: March 18

Science Explorers Spring Class for Tots

Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. Children are naturally drawn to science because of its almost magical qualities. We believe science sparks wonder and imagination in children and allows them to use their natural curiosity for discoveries. The curriculum has been designed to help children develop problem solving and creative thinking skills. Our activities challenge children by providing a different hands-on activity each week and encouraging them to try different solutions. Science Explorers is dedicated to helping children learn about their world through science. **Parents do not stay.**

Buggy for Bugs

Ages 3 ½-6

Thursdays, April 4, 11, 18, 25; 10:00-11:30am

\$55 per person; Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: March 28

Are you buggy for bugs? Do you like the creepy, crawlers of the immense insect world? Then join us to investigate the three types of metamorphosis, discover how some bugs live in colonies, and how bugs eat, smell and survive. You will construct your own bugs, weave a web and more in the fun, hands-on class.

Camp Caterpillar

Ages 3 ½-6

Tuesday, Wednesday, Thursday, June 4, 5, 6; 10:00am-12:00pm

\$55 per person; Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: May 28

Our earth is a wonderful adventure just waiting for you! As a caterpillar camper, you will begin a new exploration each day as we learn about our planet. You will investigate bugs, plants, and the weather with fun activities, projects, songs, stories and more

Kidcreate Studio

Art Classes & Camps for TOTS & YOUTH!

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged.

Instructors: Kidcreate Staff

Spring Break Camp - Dora and Diego Art Camp - **NEW**

Ages 3-6

Thursday & Friday, March 28 & 29; 9:00am-12:00pm

\$65 per person for the 2-day camp; Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: March 21

Hola Amigos, let's go to Mexico for spring break. Come and explore with Dora, Diego and their pal Boots. We'll create our own backpacks and all the gear we need for our big adventure. We'll learn about animals and practice our Spanish, too. Get ready to use a variety of art media and techniques on this art adventure. Please send a nut free snack & drink for your child each day; parents do not stay.



Spring Break Camp - Beach Party Art Camp - **NEW**

Ages 5-12

Thursday & Friday, March 28 & 29; 1:00-4:00pm

\$65 per person for 2-day camp;
Apple Valley Community Center

Min. 3/Max. 5

REGISTRATION DEADLINE: March 21

Grab your sunglasses and your flip flops, too! Come to class for a beach themed art party this spring break! We're going to the beach - sort of! Your young artist will create a bunch of art projects with an ocean theme. We'll get messy with paint, clay and Model Magic as we create sand castles, palm trees, sea creatures and more. We will even play beach volley ball!

Please pack a nut free snack and a drink for your child each day; parents do not stay.

Twinkle, Twinkle Little Star Art Class - **NEW**

Ages 18 months-6 years, and a mommy!

Monday, April 8; 9:15-10:00am

\$13 per pair; Apple Valley Community Center

REGISTRATION DEADLINE: April 1

Min. 3 Max. 5

Come and sing along with us as we create art inspired by this favorite nursery rhyme. A little Kidcreate magic (glow in the dark paint!) will enable your young artist's masterpiece to really come to life after dark! Come and create right along with your child, children must be accompanied by a caregiver.

Play Date with Mom Art Class - **NEW**

Ages 18 months-6 years, and a mommy!

Monday, May 6; 9:15-10:00am

\$13 per pair; Apple Valley Community Center

REGISTRATION DEADLINE: April 29

Min. 3 Max. 5

In honor of Mother's day, spend some creative time with your child. You and your child will create a beautiful handprint flower bouquet on canvas. What a great keepsake! Come and create right along with your child.



Musical Safari

Parent/Child Pre-School Music & Movement Classes

Age 18 months-6 years

Tuesdays, April 2, 9, 16, 23

Session 1: 10:00-10:45am

Session 2: 11:00-11:45am

\$40 per Parent/Child Pair; \$25 per additional sibling, for all 4 dates of the session

Apple Valley Community Center

Min. 3, Max. 6 pairs per session

REGISTRATION DEADLINE: March 26

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, go on a Musical Safari with your child! Each class will focus on a different theme (Earth Day, or animals, colors, letters, numbers, etc.) During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!

HEALTHY PARKS HEALTHY PEOPLE

Breakfast with the Bunny & Egg Hunt,

sponsored by McDonald's of Apple Valley

Ages 2-7 & Parent(s)

Saturday, March 30

Session 1: 8:30-9:30am; Session 2: 9:30-10:30am;

Session 3: 10:30-11:30am

\$10 each per session (Parents attend free)

Apple Valley Community Center

Min. 25 Max. 50 youth per session

REGISTRATION DEADLINE: March 18

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

All 2-7 year old children are invited to join the Easter Bunny on Saturday, March 30th for an Easter egg-stravaganza! Begin the morning with pictures with the Easter Bunny, and juice and snacks from McDonald's of Apple Valley. Next is an outdoor (weather permitting) egg hunt for candy and prizes, done by age groups (2, 3, 4, 5, 6, 7 years). Afterwards, participants enjoy a wide variety of activities including face painting/nail polishing, holiday games, open gym, and crafts!

Easter Basket Delivery

Ages 2-7

Session 1: Thursday, March 28; Delivery 12:30-3:30pm

Session 2: Friday, March 29; Delivery 1:00-4:00pm

Session 3: Saturday, March 30; Delivery 1:00-4:00pm

\$9 per Easter Basket delivered to your home

Max. 35 baskets delivered each session only

REGISTRATION DEADLINE: March 18

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

The Easter Bunny will be hopping around Apple Valley with baskets full of goodies. Order an Easter Basket, to be delivered to your child(ren) by our Easter Bunny. This program is recommended for children ages 2-7, but additional baskets can be ordered for their older siblings as well. Please indicate your child(ren)'s name, age, gender, address (must be a 55124 zip code), phone number, and directions to your house if it is difficult to find. NOTE: Your Easter Basket(s) will be delivered sometime during the scheduled time, exact times are not promised!



Flashlight Egg Hunt & Easter Crafts/Coloring Contest

Ages 7-12

Tuesday, March 26; 7:15pm

(Alternate RAIN DATE is Thursday, March 28)

\$9 per person

Redwood Community Center, Elm Drive & Co. Rd. 42

Min. 20 Max. 50

REGISTRATION DEADLINE: March 18

Instructors: Apple Valley Parks and Recreation Staff
Meet in the Redwood Community Center at 7:15pm (sunset is at 7:34pm) for an Easter craft and a coloring contest, followed by an Egg Hunt with a bit of a challenge when the sun sets, for youth 7-12 years old. Bring your flashlight and a basket, the eggs will be hidden in the DARK! Join us for this unique egg hunt by moonlight and win some fun prizes too! Parents can stay to assist their child, as needed.



Introduction to Martial Arts Classes for youngsters

The objective of MN Valley Martial Arts is to provide a positive, exciting environment for our school-age students. The Introduction to Martial Arts Classes will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games! Parents stay and observe the classes.

Tae Kwon Do Beginners Classes

Ages 7-12

Session 1: Mondays, March 11, 18, 25; April 1; 5:15-6:00pm

Session 2: Wednesdays, March 20, 27; April 3, 10; 5:15-6:00pm

Session 3: Saturdays, April 6, 13, 20, 27; 10:15-11:00am

\$25 per session, includes a uniform

Classes are held at the MN Valley Martial Arts;
14050 Pilot Knob Rd. #124 (952-423-5600)

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Tae Kwon Do is not only a good physical workout, but you will enjoy other benefits of the discipline including respect, focus, self-control and more. The studio supplies the uniform and children receive a White Belt upon course completion. Continuing classes are available through the studio. Come enjoy a family-friendly atmosphere.

Wushu Martial Arts for Kids

Ages 7-15

Session 1: Monday, March 4, 11, 18, 25; 6:00-7:00pm

Session 2: Wednesday, April 10, 17, 24; May 1; 6:00-7:00pm

\$25 per session, includes a uniform

Classes are held at the MN Valley Martial Arts; 14050 Pilot Knob Rd. #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Scott Folke, Certified under Shifu Paul Fendos, Korean Wushu Federation

Looking for something fun, different, and exciting to get you into great shape while learning a Martial Art? Wushu is all of that and more. This Martial Art has a long traditional history and has been adapted to become the most popular sport all over Asia. Wushu is finding it's following here in the US. Wushu develops dynamic leg and core strength along with giving you a great aerobic workout. This program is for the beginner to advanced levels. Come in enjoy a great workout!

NOTE – Our classes are set up as "ONE-TIME Introductory Classes", which will allow the child to experience one 4-week series of Martial Arts Classes without a huge commitment, to see if he/she enjoys the classes. After the 1st Introductory Class, additional classes can be scheduled at the MN Valley Martial Arts Studio – ONLY ONE Introductory class per each child please!

Young Rembrandt's Spring 2013 "Magnificent Cartoons"

Ages 6-12

Tuesdays, April 9, 16, 23, (NO 30); May 7, 14, 21;

6:30-7:30pm

\$59 per person; Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: April 2

Instructor: Young Rembrandt's Staff

Does your child have a great sense of humor to compliment his or her artistic skills? If so, your child will LOVE a Young Rembrandt's Cartoon class. The importance of facial exaggeration and body gesture will be showcased in their cartoon drawings. Give your child the gift of learning and artistry. Enroll your student today! All new lessons every session! Parents do not stay.

Prepare For Takeoff! - NEW

Ages 5-7

Friday, April 26; 1:00pm-2:15pm

\$5 per person; Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: April 19

Instructor: Linda Runeborg

Join us in "paper airplane flight school", where you will learn the basic airplane parts and how they control the plane. Then, with your new knowledge, you will build different styles of paper airplanes, and after construction, we'll fly them and even have the opportunity to work in the control tower. You will take home a flight manual and some paper airplanes from flight school. **Parents do not stay.**



HEALTHY PARKS HEALTHY PEOPLE

Family Activities

Teen Programs

Apple Valley Teen Center

14255 Johnny Cake Ridge Road; 952-953-2385;
www.cityofapplevalley.org

Teens going into Grades 6-12 reign exclusively at this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.

HOURS - SCHOOL DAYS

Monday-Thursday.....	2:30-8:00pm
Friday.....	2:30-9:00pm
Saturday.....	1:00-9:00pm
Sunday.....	1:00-7:00pm

HOURS - SCHOOL HOLIDAY/VACATION DAYS

March 8, 25, 26, 27, 28, 29.....	1:00-10:00pm
April 26.....	1:00-10:00pm
May 27.....	1:00-10:00pm

What is there to do at the Teen Center?

*Guitar Hero • Watch Movies • Birthdays Parties • PS3
Xbox 360 • Wii • Ping Pong • Foosball • Air Hockey • Dances
Crafts • Gardening • Pizza, Hot Pockets, Hot Chocolate
N64 • Skateboard Park (April-October) • PS2
Basketball and other outdoor sports equipment available
Various 'Special Event Days'; and ARTS Programs/Special Events*

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. The fee is only \$25, plus a \$50 refundable deposit. **Contact Marcie at 952-953-2312 for more information and to book your party!**

Adaptive Teen Programs

SOCIAL DANCES FOR TEENS WITH DISABILITIES

Grade 6-12

Apple Valley Teen Center

Session 1: Friday, March 1; 7:00-9:00pm

Session 2: Friday, April 5; 7:00-9:00pm

Session 3: Friday, May 3; 7:00-9:00pm

\$5 per person in advance or \$8 at the door

Parents and PCAs welcome. Refreshments and music provided.

BEGINNING GOLF SKILLS FOR CHILDREN WITH DISABILITIES

Ages: At least 7 but less than 13

Valleywood Golf Course

Tuesday May 7; 5:30-6:30pm

\$15

This program is most appropriate for children ages 7-12 with diagnosis of a mental disability, but children with all types of disabilities are encouraged to participate. Basic golf skills will be introduced and practiced in a supportive social environment. Please contact Steve Skinner, Recreation Supervisor at 952-953-2314 for additional information.

Family Activities

EXPLORE THE COSMOS

Family Event; Parents & children 5 and older

Friday, March 8; 7:30-9:00pm

(Make-up Date, if it's cloudy: Friday, March 15)

\$20 per family; Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: March 1

Instructor: Stephen Engel

The largest planet, Jupiter, headlines our winter sky, shining high and mighty, but soon fades into the sunset. Join us as we also explore Taurus the Bull, Leo the Lion, Orion the Hunter and Pegasus the winged steed, shine brightly. Explore the Pleiades Cluster, the Great Orion Nebula and the Andromeda Galaxy as it looked two million years ago. At least one 13" telescope will be provided for viewing. This is a fun, educational family opportunity. The class meets outdoors, so please dress accordingly. The Apple Valley Community Center is located at 14603 Hayes Road and will be open for us to warm up periodically. Class will meet regardless of the weather. In the event of cloudy weather, indoor activities are planned. A make-up date for outside observing with telescopes is scheduled for March 15, at the same time and place.

Baking for the Bunny Cookie Bake & Take - NEW

Family Event

Saturday, March 23

Session 1: 9:00am start

Session 2: 9:30am start

Session 3: 10:00am start

\$14 per family per session (for approximately 3-4 dozen cookies)

Apple Valley Community Center

Min. 1 family Max. 2 families per each session

REGISTRATION DEADLINE: March 15

Instructors: Apple Valley Parks and Recreation Department Staff Spend some time on Saturday decorating cookies with your children for the upcoming holiday! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated "Bunny, Flower & Egg Cookies" for your family! Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

Egg-Citing Egg-Dyeing - **NEW**

Family Event

Saturday, March 23

Session 1: 9:30am start; Session 2: 10:00am start;

Session 3: 10:30am start; Session 4: 11:00am start

\$10 per family per session (for 3 dozen decorated eggs)

Apple Valley Community Center

Min. 1 family Max. 2 families per session

REGISTRATION DEADLINE: March 15

Instructors: Apple Valley Parks and Recreation Department Staff
In this egg-stra special holiday art class, you'll create egg-citing decorated eggs to take home. We'll have all sorts of egg-citing ways to decorate your boiled eggs including many colors and different types of egg dye. But, why just dye when you can also glue, glitter, lace and paint too? Lots of creative egg-dyeing fun for families!

Cupcake Wars

Families (adults and children ages 3 and up)

Session 1: Saturday, April 13; 10:00am-12:00pm

Session 2: Saturday, April 13; 1:00-3:00pm

\$25 per family per session; Scott Highlands Middle School, FCS Room

Max. 3 families per session

REGISTRATION DEADLINE: April 5

Instructor: Kristy Hemphill

It's on! Let the "cupcake wars" commence! Join us for a creative and fun family event filled with competition, baking and tasting. We will meet in the FCS room at Scott Highlands Middle School for a baking bonanza. Choose from a variety of mixes, fillings, toppings and glazes to create your very own cupcake creation. Your family will be working on a timed schedule to design your cupcake flavors, frostings, fillings and design presentation. You will be on the clock to get the batter mixed and in the oven. And again, feel the pressure as you frost, fill, decorate and complete your cupcake masterpieces – plate them up for the judges – TIME'S UP! The judging panel will be made up from all the participants and a few "experts". Hope your family will join us for this exciting time in the kitchen. All supplies are included but feel free to bring any ingredients you like to supplement.



Stepping Stones

Families

Saturday, May 4; 10:00am-12:00pm

\$23 per family; Apple Valley Community Center

Limits: 6 family maximum

REGISTRATION DEADLINE: April 26

Instructor: Kristy Hemphill

In this class your family will have the opportunity to make their own stepping stone. You can use it in your garden, as a patio block or as a welcome stone in your landscape, whatever you choose. We will be mixing plaster for a 10-12 inch stone, a variety of shapes are available. You will have the freedom to decorate it as you choose, you can make a random mosaic design or follow a pattern; the possibilities are endless! There will be colored glass stones of all shapes and sizes available and stamping blocks to add your family's name, date or message to the wet plaster. Your family will have up to 2 hours to complete the design; the project will remain at the Community Center for the next 10 days, as the plaster needs time to cure. Projects will be available for pick up at the Apple Valley Community Center front desk on May 15. Hope to see you at this "fun for everyone" class!



Archery for the Entire Family

Ages: 9 and up

Saturday May 18; 1:00 to 3:00pm

\$35 first family member

\$15 for each additional family member.

Apple Valley Parks Archery Range in Scott Park

A great family activity, learn it together. Archers ages 9 and up are encouraged to participate in this exciting program. This short course is designed to provide hands-on experience with learning how a bow works, how to select appropriate archery equipment, the basic techniques to accurately shoot the bow, and an introduction to equipment care. Ages: 9 to adult, or with instructor permission (younger children require an adult to participate with them). Children under 18 require adult permission. No equipment is required for this beginner course. Personal equipment can be used with instructor approval. Contact Steve Skinner, Recreation Supervisor, at 952-953-2314 for more information.

HEALTHY PARKS HEALTHY PEOPLE

S.O.R.R. GPS Amazing Family Race

Ages: All

Saturday May 4: 9:00am - 1:00pm

\$25

Lakeville Heritage Center,
20110 Holyoke Avenue, Lakeville, 55044

Charge your portable hand held global positioning system (GPS) for our 8th annual South of the River Recreators (SORR) GPS Amazing Family Race. Family teams of 2 or more members will compete in an amazing race that will take you on a whirlwind tour of SORR communities which encompasses Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount, and Savage. We'll start off with a pre-race informational meeting at 9:00 am and wrap-up with a post-race party at race headquarters at 12:00 noon. Various checkpoints will have to be conquered. Family racers will need a hand held GPS, transportation and an open mind. Teams must consist of family/friends only and include at least one member 18 years of age or older. Explore SORR, take the challenge, embrace the family, register now for the SORR GPS Amazing Family Race.

2013 GROUND POUNDERS GRAND PRIX SERIES

The Ground Pounders "Grand Prix Running & Active Living Series" is a series of 6 prestigious events sponsored by the South of the River (S.O.R.R.) Communities of Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount and Savage. Runners may participate in as many of the races as they choose. Participate in 4 or more of the events listed below and you will be eligible for a drawing for grand prizes from Runner's gate, and other sponsors, at the end of the season.

Open to all ages.

The following 6 races are scheduled this summer:

Sat., June 1: Burnsville: 5K Run

952-895-4500 or www.burnsville.org

Sat., June 15: Farmington: 1 & 4 Mile Runs, ½ Mile Junior Jog

651-280-6850 or www.ci.farmington.mn.us

Thurs., July 4: Apple Valley: 2 & 5 Mile Runs, Youth ½ Pint ½ Mile

952-953-2300 or www.cityofapplevalley.org

Sat., July 13: Lakeville: 1 & 4 Mile Runs, ½ Mile Fun Run

952-985-4600 or www.lakevillemn.gov

Sat, July 20: Rosemount: 1 & 4 Mile Runs, 1 & 4 Mile Fitness Walks; ½ mile Youth Sprint

651-322-6000 or www.ci.rosemount.mn.us

Sat., October 26: Savage: Halloween Fun Run – 4 Mile Run; ½ mile Youth Run

952-224-3420 or www.cityofsavage.com

ATTENTION: Apple Valley Residents

The Apple Valley Parks and Recreation Department is offering to residents the opportunity to purchase discounted tickets to events scheduled at Target Center, the Metrodome (Mall of America Field) & at Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally, the seats have already been reserved, and get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline. Your tickets can be picked up at the Apple Valley Community Center beginning on the date indicated.

NOTE: Transportation to and from the events is the responsibility of the purchaser.

Target Center Events:

Harlem Globetrotters–2013 Tour

DATES/TIMES: Friday, April 12; 7:00pm

Saturday, April 13; 1:00pm

\$28 per ticket

REGISTRATION DEADLINE: March 25

TICKET PICK-UP: Beginning April 8

Mormon Tabernacle Choir Order Tickets Early!

DATE/TIME: Thursday, June 20; 7:30pm

\$37 per ticket

REGISTRATION DEADLINE: April 11

TICKET PICK-UP: Beginning May 13

Mall of America Field Event:

"Monster Energy" AMA Supercross – FIM World Championship

DATE/TIME: Saturday, April 13; 7:00pm;

\$24 per ticket, Adults; \$10 per ticket, Youth 12 & Under (Section 208; Rows 2-3)

REGISTRATION DEADLINE: March 25

TICKET PICK-UP: Beginning April 8

Every step counts!

Join the Simple Steps Walking Program

- ✓ Have fun
- ✓ Boost Energy
- ✓ Reduce Stress
- ✓ Enhance Health



Simple Steps begins April 1st!

Grab a friend, sign up, and start walking! Simple Steps is free and you can win prizes by tracking minutes walked. Thirty minutes of exercise a day can reduce your risk of heart disease and help you maintain a healthy weight.

Register online starting March 15!
Visit www.dakotacounty.us
(search "Simple Steps")
or call 651-554-6100.

Adult Activities

Slow Pitch Softball Leagues

No matter what your team's competition level is, we have a league to match it. The Apple Valley softball leagues would like to see your team on the playing field. All games are played at Johnny Cake Ridge Park. The start date is Friday, April 26.

Men's Doubleheader Leagues:

Sunday, Monday, Tuesday, Wednesday, Thursday

Co-Rec Doubleheader Leagues:

Friday

Team managers from 2012 summer and fall leagues were sent all necessary registration materials via email. New teams should contact the Recreation Department at 952-953-2316 to request the materials. Various levels of priority for acceptance into the leagues are utilized, such as, returning teams from 2012 leagues, and teams consisting of at least 50% Apple Valley players. **REGISTRATION DEADLINE:** March 1 (returning Resident teams); March 7 or until filled (all other teams)

Softball Umpire Clinic

Saturday, April 13; 9:00am

Are you ready to call a game? Now is the time to jump into the action, as umpires are being recruited to officiate adult softball leagues in Apple Valley, Burnsville, Eagan, Rosemount, and Savage. Join us for an Umpires Clinic in the Apple Valley Community Center, and get registered to umpire the great game of slow pitch softball. Information will include softball rules, game situations, preventive officiating, professional appearance, and other topics. Registrants will become sanctioned officials with the United States Specialty Sports Association (USSSA). Please contact Keith Wallace of Apple Valley Officials at 651-451-9615 or 651-353-6215 prior to the clinic.

Spring Recreational Volleyball Leagues

Age 18 and older

Women's (Thursday) and Co-Rec (Friday)

Thursday evening: April 11 – May 30 (or June 6)

Women's Recreational Leagues: A1, A3, B1, B2, C

Friday evening: April 25- June 7

Co-Rec Recreational Leagues: A1, A2, B1, B2, C1, C2, D

\$85 per team;

a \$25 per team non-resident fee is charged for less than 50% AV residents

Apple Valley Community Center Gyms

REGISTRATION DEADLINE: March 8 (or until filled)

Our six-on-six, unofficiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday and Friday evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C & D leagues). The leagues will consist of at least 8 matches, with play-offs. Individual players looking for a team can call the Recreation Office at 952-953-2316 to be included on our "draft list" of players looking to add to a team or sub.

Women's Officiated Power Volleyball League

Adults 18 and Older

Tuesday, April 2-Tuesday, May 28

Our six-on-six officiated Volleyball League for female players 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Teams can register until Monday, **Thursday, March 7; play begins on Tuesday, April 2** The leagues will consist of 8-9 matches plus play-offs. Each team will play a minimum of two evenings of double-headers. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. **FEE:** \$155 per team (plus a \$25 per team non-resident fee if there are less than 50% Apple Valley residents on your team)

REGISTRATION DEADLINE: March 7

3 On 3 Half Court Open Basketball League

Age 18 and older

Wednesdays starting April 3 for one full round

\$50 per Resident Team & \$75 per Non-Resident Team

Apple Valley Community Center

REGISTRATION DEADLINE: March 13 (or until filled)

Games will be played starting no earlier than 6:15 pm.

This will be a call your own, un-officiated league open to all adults. All teams will play double-headers each week.

Adult Table Tennis League

Ages: 17 and up

Wednesday April 3 - Wednesday June 5

Game start times will be no earlier than 6:00pm and no later than 9:00pm

Apple Valley Community Center

\$15.00

Test your skill against other local table tennis players for a chance at calling yourself Apple Valley Champion. All players will be assigned to the same league for the first full round. The playoff round will be divided into more than one division to promote balanced play. Open to all adults ages 18 and up (17 with High School Diploma).



HEALTHY PARKS HEALTHY PEOPLE

Body Bootcamp

Age 18 and Older

Monday, March 11-Saturday, May 4

Mon., Tues., Wed. & Thurs., 8:00pm; and Fri., 6:00pm (optional day); Participants can also attend the Sat., 8:00am Kickboxing.

\$199 per person for all 8 weeks of classes

(50 total classes available to you!)

MN Valley Martial Arts; 14050 Pilot Knob Road #124

Min. 4 Max. 20

REGISTRATION DEADLINE: March 4

Instructors: Thanh Lo & MN Valley Martial Arts Staff

Want to see a significant difference in your body? This body sculpting class will get you in the best shape of your life. The mix of both cardio, weight/resistance training, with flowing Yoga work will do the trick. We will offer diet suggestions for the best results. Work at your fitness level, and with the help of the instructors, learn to challenge yourself for great results.

Cardio Kickboxing

Age 16 and Older

Session 1: Monday, April 8-Saturday, May 4

Session 2: Monday, May 6-Saturday, June 1

\$49 each per session for the entire 4-weeks

Classes are held at the MN Valley Martial Arts; 14050 Pilot Knob Road #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least 1 week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Cardio Kickboxing is one of the best total body workouts! We work on balance, strength, flexibility, endurance and bag work to help relieve the stress of your day! We have five different instructors to offer a great variation of workouts. Gloves are included. Work out up to 5 times a week. Monday through Thursday, 7:00-8:00pm, and Saturday, 8:00-9:00am.

Intro to Kettlebell – Beginner Seminar

Age 18 & Older

Session 1: Saturday, April 6: 12:00-2:00pm

Session 2: Saturday, May 4: 12:00-2:00pm

\$50 each per session, for the 2-hour workshop

Classes are held at the MN Valley Martial Arts; 14050 Pilot Knob Road, #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least 1 week prior to the start.

Instructor: Thanh Lo, Minnesota Valley Martial Arts

Learn the nuances, and the safe and effect way to work out with kettlebells. The kettlebell looks like a cannon ball with a handle and is possibly one of the best fitness tools ever used. This ancient tool is like a handheld gym, you only need one kettlebell, a few simple exercises, and a little space to transform your body and take back your fitness.

Jeet Kune Do

Age 18 and older

Thursdays, March 21, 28; April 4, 11; 6:00-7:30pm

\$40 per person

MN Valley Martial Arts; 14050 Pilot Knob Road, #124

Min. 4 Max. 20

REGISTRATION DEADLINE: March 14

Instructor: SiFu Michael O'Melia, MN Valley Martial Arts. The Cornerstone Mixed Martial Arts Program presents a well rounded program for the beginner or the experienced martial artist. Bruce Lee's Jeet Kune Do emphasizes all ranges of empty hand combat from kickboxing to hand-trapping and ground fighting. Cornerstone's Filipino Martial Arts are weapons-based systems that teach mobility and sophisticated timing. Areas of training include stick, double stick, dagger and flexible weapons as well as empty hands. Using injury-free training methods, the student will develop flexibility, endurance and overall physical conditioning. Arts we teach include but are not limited to Jeet Kune Do, Filipino Martial Arts (Kali), Thai Kickboxing, ground fighting including Ju Jitsu, shoot wrestling and JKD Grappling

Watercolors Painting Class - NEW

Adults, and youth age 8 & older

Session 1: Wednesday, March 6; 6:00-8:00pm

Session 2: Wednesday, April 3; 6:00-8:00pm

Session 3: Wednesday, May 8; 6:00-8:00pm

\$20 each; Redwood Community Center; 311 County Road 42

Min. 3 Max. 12

REGISTRATION DEADLINE: Please register at least one week prior to the start

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable as you learn about color mixing, shading and hi-lighting and controlling your water and paint to create dynamic paintings. All levels of painters are welcome.

"Wine & Watercolors" Painting Class - NEW

Age 21 & older

Thursday, April 18; 6:00-8:00pm

\$27 each; Redwood Community Center; 311 County Road 42

Min. 4 Max. 15

REGISTRATION DEADLINE: April 12

Instructor: Tina Sheppard

Enjoy a relaxing, creative evening out with friends. Paint a lovely watercolor while sipping on a wonderful glass of wine. We will complete an 8 by 10 watercolor painting that you can take home that evening. Tina is an experienced, easy going instructor so all levels of painters are welcome.



SORR Bocce League

Grab a couple of your friends and join the SORR (South of the River Recreators) Bocce League. Teams of 2 to 4 members will play two matches (6 total games) a night in Savage on their 100 feet x 13 feet bocce courts at Community Park. We will offer leagues Mondays, Wednesdays, or Thursdays starting in mid-May. The season will last 7 weeks with an end of the season tournament. This self officiated league will have 8 teams comprised of males and females or any gender combination. Players must be at least 18 years of age and must live within a SORR community (Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount, and Savage). For more specific details and a bocce informational packet, please visit www.cityofsavage.com or call the Savage Parks and Recreation Office at 952-224-3420.

Savage Community Park 13550 Dakota
\$30 per team

REGISTRATION DEADLINE: Friday, April 19

Wine Glass Painting Class

Ages: 21 and older

Thursday, May 16; 6:00-8:00pm

\$24.00

Redwood Community Center

A fun painting class offered this fall for adults, now with a "Spring theme" added! Join us and get creative, painting a wine glass to take home with you. Plus, wine tasting afterwards as we relax and enjoy a night out! All supplies are provided.

SORR Adult Co-Rec Kickball

SORR (South of the River Recreators) is offering opportunity for adults to relive their days on the playground playing everyone's favorite game.....KICKBALL!!! The SORR Communities (Apple Valley, Burnsville, Eagan, Lakeville, Savage, Farmington, and Rosemount) are offering this unique opportunity for all adults 18 years and older to form Co-Rec teams. We will have both, competitive and recreational Co-Rec leagues which will tentatively last about 8 weeks with a single elimination tournament. Games will be played in Savage on Wednesday's and Thursday's nights. Season begins early May. This league does not have umpires for the games. For an informational packet, please contact the Savage Parks and Recreation Department at (952) 224-3420.

18 yr. or older

Wednesday's or Thursday's nights

\$160 per team

REGISTRATION DEADLINE: Friday, April 12

TRIATHLON TRAINING CLINICS

Thinking of doing a Triathlon this year? Here's your chance to plan your training, look at equipment and build your strategy to be the best competitor for whatever race you select. This Spring we have two workshops:

Biking Skills Triathlon Clinic

Ages: Adult

Tuesday, May 21; 6:00pm to 8:00pm

Apple Valley Senior Center, 14601 Hayes Road
\$20

Presented By:

Valley Bike & Ski

Apple Valley Parks & Recreation

Equipment selection, preparation and training will be presented to help you optimize your preparations to compete in the Bicycle portion of your triathlon.

Swimming Skills Triathlon Clinic

Ages: Adult

Tuesday, May 7; 7:00pm to 9:00pm

\$20

Bluewater Aquatic Center, 5885 149th Street West, Apple Valley.

Presented By: the staff of Riptide Masters Tri-Athlete Training Program
Apple Valley Parks & Recreation

Equipment selection, preparation and training will be presented to help you optimize your preparations to compete in the Swim portion of your triathlon. Bring suit, goggles and towels, you will be getting wet in the newly finished Bluewater Aquatic Center training pool.

HEALTHY PARKS HEALTHY PEOPLE

Seniors



Apple Valley Seniors

Join area seniors (55 or better) for social, educational and recreational activities at the Apple Valley Senior Center, home of the Apple Valley Seniors. The center, located at 14601 Hayes Road is open Monday through Friday from 9 a.m. to 4 p.m. We offer everything from Bingo to Computer Discussion; Book Club to Exercise classes. Call 952-953-2345 for further information and to receive a complimentary newsletter.

Gentle Yoga

Session 1: Wednesdays, March 6-April 10 (6 weeks)

Session 2: Wednesdays, April 17-May 22 (6 weeks)

9:45-10:45am

\$48 for members,

\$53 for nonmembers,

\$10 drop-in fee

REGISTRATION DEADLINE: March 2 & April 12

Apple Valley Senior Center

Yoga is practiced in chairs as well as floor work. Bring a yoga sticky mat and bottle of water. Wear comfortable clothing. Register at the Apple Valley Senior Center or by phone at **952-953-2345**.

Driver Improvement Course

The Senior Center is partnering with Minnesota Highway Safety and Research Center / AAA to offer driver improvement courses for mature drivers. As with all driver improvement courses sanctioned by the State Department of Public Safety, drivers over 55 may be entitled to a 10% discount on their auto insurance. An eight-hour course is initially required, followed by a four-hour refresher class every three years. To register for these classes, call the MHSRC at 1-888-234-1294. A limited number of walk-in registrations will be accepted at the discretion of the instructor. AAA members receive a \$3 discount at registration with the appropriate coupon. All classes are held at the Apple Valley Senior Center.

8-hour Program

Monday, April 8 & Tuesday, April 9; 6:00-10:00pm

\$24

This eight-hour program offers a learning experience for participants by providing instruction from a certified professional who uses the most up-to-date research in the field. Topics covered include but are not limited to: visual scanning techniques, steering techniques, antilock brake systems, airbag safety and new vehicle technology.

4-hour Refresher

Monday, March 11, 9:00am-1:00pm

Tuesday, March 12, 6:00-10:00pm

Tuesday, April 23, 9:00am-1:00pm

Tuesday, May 14, 6:00-10:00pm

Thursday, May 16, 9:00am-1:00pm

\$20

This four-hour program is open to anyone who has taken an eight-hour course within the last three years. Participants of any eight-hour class are welcome. This course has demonstrated a reduction in accidents and traffic violations and is designed to meet the needs of the mature driver. Topics reviewed include but are not limited to: visual scanning techniques, antilock brake systems, airbag safety and new vehicle technology.



Parks & Facilities Community Center Open Gym

14603 Hayes Road

Family Open Gym

Saturday 4:15–7:15pm; Sunday 2:45–4:45pm

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more individuals are welcome (adults with their children or spouse); no individuals-only. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child. ***FREE***

Youth Open Gym

**Saturday 12:15–4:00pm; Sunday 12:00–2:30pm
Monday–Friday; 2:30–4:30pm**

Youth ages 10 to 18 (high school seniors and younger) are invited to play informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Children under age 10 must be supervised by a non-participating adult. Participants must attend a District 196 school and those who are 6th-12th grade must submit his/her current year school ID to enter the gym. ***FREE***

Pre-School Open Gym

Pre-schoolers age 5 & under with accompanying adult
Monday, Wednesday & Friday; 9:30–11:00am

Here's a great place for parents to meet other parents. Youth ages 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All pre-schoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round and is for pre-school aged children. ***FREE***

Home School Open Gym

Wednesday & Friday; 11:15am–1:00pm

Indoor play equipment and basketball nets are available (volleyball net can be set up with one day advance notice). Deposit item needed to check out a basketball or volleyball. Adult supervision must be present for each student/child. ***FREE***

Adult Open Badminton

Wednesday 6:30–9:45 p.m.

\$3 per person

Now at the Apple Valley Community Center, Badminton . Six courts will be set up on Wednesday nights for open play! This is an adult program; children will not be permitted in the gym, and unsupervised children under age 10 may not be brought to the Community Center.

Family Badminton

Sunday, 12:00–2:30 p.m.

(barring tournament use of the facility).

Call 952-953-2399 for the latest gym schedule.

\$3 per person

Six courts will be set up on for open play! Teach your children your favorite game.

Open Pickleball

Monday through Friday 9:00am–12:00noon

\$3 per person

Apple Valley Community Center

Six courts with a variety of player levels means anyone from a beginner to an advanced player can find a game. Come on down and play Pickleball!

Adult Open Volleyball

Age 18 & older

Saturday & Sunday, year-round; 3:00-6:00pm

Monday, year-round; 6:30-9:30pm

\$3 per person per date *(players and spectators)*

–OR–\$30 for a Punch Card

Apple Valley Community Center

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate; at least three nets will be set up at all times. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center.

NOTE: Participants will be required to fill out a "Participant Registration Card" and show an ID on their first day of attendance. Players must check in when paying their \$3 fee each date to enter.

Family Open Volleyball

Sunday, 6:15-7:15pm

Parent(s) & Children, ages 10-17 recommended

Come to the Apple Valley Community Center on Sundays, 6:15-7:15pm and enjoy "Family Open Volleyball"! This is a Parent and Child program; unsupervised children without a parent are not allowed in the gyms, and all unsupervised children under age 10 may not be brought to the Community Center. ***FREE***



Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES**, street shoes or boots are permitted in the gymnasium. Call the Open Gym Hotline at **952-953-2399** to verify the gym schedule, as tournaments are occasionally held at the Community Center.

HEALTHY PARKS HEALTHY PEOPLE

Parks & Facilities

Banquet & Meeting Space

Apple Valley Senior Center

14601 Hayes Road

952-953-2345

The Apple Valley Senior Center provides modern amenities and spacious areas for meetings and special events with seating for up to 224. We have the perfect spot for a company training, townhouse association meeting or a formal wedding. Wi-Fi and Audio-Visual equipment is available. Stop by for a tour or call 952-953-2345 for rental information, prices and availability.



Adopt - A - Park

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure. If you would like to take part and help your community, please contact Tom Adamini, Parks Superintendent at 952-953-2420.

Earth Day Clean-Up And Celebration For Adopt-A-Park Volunteers

Saturday April 20

Join other Adopt-A-Park volunteers of Apple Valley and let's clean up our neighborhood parks. Call Steve Skinner, Recreation Supervisor at **952-953-2314** to find out how you can volunteer for the adopt-a-park program in the effort to keep our parks a great place to recreate and enjoy.

The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	LOCATION
Geek Squad	Matt Schultz	Alimagnet Park
Flight Club & AVDGL	Derek Lusk	Alimagnet Park
MRCI Worksource	Bill Schwartz	Apple Valley East & Cobblestone Lake Parks
The Adventure Zone	Jim Nordberg	Belmont & Chaparral Parks
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls Park
Girl Scout-Brownie Troop 55075	Nicole Bohlig	Delaney Park
South Metro ATV Club	Jay Peterson	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.	Sherry Ginder	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
	William Block	Greenleaf & Wildwood Parks
Girl Scout Troop #54077	Nancy Smoley	Huntington Park
River Valley Church	Lisa Engelking	Johnny Cake Ridge Park
Uponor, Inc.	Daniel Perez	Johnny Cake Ridge Park
Shaver Group	Connie Shaver	Keller Park
Boy Scout Troop #293	Paul Chellsen	Long Lake, Moeller, & Hagemeister Parks
Minnesota Zoo Gifts	Laurel Wright	Long Lake, Moeller, Hagemeister, & Farquar Parks
Gracelyn Group	Joel Seguin	Moeller Park
Nordic Woods Neighborhood	John Santi	Nordic Park
South Metro Ultimate	David Nguyen	Quarry Point and Kelley Parks
	Mary Davis	Robert L. Erickson & Tintah Parks
Rotary Club of Apple Valley	Tom Lawell	Redwood & Kelley Parks
Stael Family	Anthony Stael	Sunset Park
Apple Valley Lions Club	Hans Student	Valley Middle Park
Hansen Family	Bill and Julie Hansen	Wallace Park
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood Park

If you know any of these folks, thank them for helping keep your park system looking good!