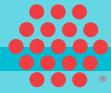


HEALTHY PARKS HEALTHY PEOPLE



Apple
Valley

SUMMER 2013

CITY OF APPLE VALLEY PARKS & RECREATION



GET WET!

PAGES 4-6

- SWIMMING LESSONS
- WATER WALKING
- JUNIOR LIFEGUARD

www.cityofapplevalley.org
952-953-2300

HEALTHY PARKS HEALTHY PEOPLE

Apple Valley Parks & Recreation Staff

ADMINISTRATION

Parks and Recreation Director	Barry Bernstein 952.953.2310 • bbernstein@ci.apple-valley.mn.us
Parks Superintendent	Tom Adamini 952.953.2420 • tadamini@ci.apple-valley.mn.us
Recreation Superintendent	Scott Breuer 952.953.2311 • sbreuer@ci.apple-valley.mn.us
Recreation Supervisor – Seniors	Bill Bird 952.953.2341 • bbird@ci.apple-valley.mn.us
Recreation Supervisor – Athletics	Lyndell Frey 952.953.2316 • lfrey@ci.apple-valley.mn.us
Recreation Supervisor – Youth Programs	Marcie Padgett 952.953.2312 • mpadgett@ci.apple-valley.mn.us
Recreation Supervisor – Aquatics	Steve Skinner 952.953.2314 • sskinner@ci.apple-valley.mn.us
Manager - Sports Arena/Hayes Arena	Gary Pietig 952.953.2367 • gpietig@ci.apple-valley.mn.us
Manager-Valleywood Golf Course	
P.G.A. Professional	Jim Zinck 952.953.2320 • jzinck@ci.apple-valley.mn.us
Recreation Supervisor – P.G.A. Professional	Matthew Bilek 952.953.2330 • mbilek@ci.apple-valley.mn.us
Department Assistant	Dorene Perkins Monn 952.953.2304 • dperkins@ci.apple-valley.mn.us
Clerical Assistant	Eva Lageson 952.953.2300 • elageson@ci.apple-valley.mn.us
Clerical Assistant	Debby Shepard 952.953.2300 • dshepard@ci.apple-valley.mn.us

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road • PHONE: 952-953-2300

APPLE VALLEY FAMILY AQUATIC CENTER

14421 Johnny Cake Ridge Road • PHONE: 952-953-2300

APPLE VALLEY SENIOR CENTER

14601 Hayes Road • PHONE: 952-953-2345

HAYES PARK ARENA

14595 Hayes Road • PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150th Street West • PHONE: 952-953-2300

SPORTS ARENA

14452 Hayes Road • PHONE: 952-953-2366

APPLE VALLEY TEEN CENTER

14255 Johnny Cake Ridge Road • PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

4851 McAndrews Road • PRO SHOP PHONE: 952-953-2323

Parks & Recreation Administrative Office:

Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)	8:00am–4:30pm
Apple Valley Community Center:	
Monday - Friday	8:00am–10:00pm
Saturday	8:00am–7:30pm
Sunday	12:00pm–7:30pm
Memorial Day (Monday, May 27).....	9:00am–10:00pm
Independence Day (Thursday, July 4).....	7:00am–12:00pm

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

- Press 1:** Weather Line
- Press 2:** AVCC Open Gym Schedule
- Press 3:** Aquatic Programs
- Press 4:** Adult Athletics
- Press 5:** Arena Programs
- Press 6:** Seasonal Programs & Special Events

Frequently Called Community Phone Numbers

Apple Valley Parks & Recreation Hotline	952-953-2399
Apple Valley Community Center	952-953-2300
Apple Valley Municipal Center	952-953-2500
Apple Valley Senior Center.....	952-953-2345
Apple Valley Teen Center.....	952-953-2385
Apple Valley Sports Arena.....	952-953-2366
Apple Valley Hayes Arena.....	952-953-2365
Dakota County Parks Info Line	952-891-7000
VAA (Valley Athletic Association)	952-432-5618
EVAA (Eastview Athletic Association).....	952-985-3830
ISD 196 Community Education	651-423-7722

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

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Special Events

Bike Friendly R.A.V. (Rosemount/Apple Valley)

Community Bike Ride

Sunday August 25 • 12:00 noon

Start & Finish at Central Park in Rosemount

Early Registration Fee

(before 4:30 on August 10) \$9/Individual & \$12/Family

Day of Registration Fee

(after 4:30 on August 10) \$15/Individual & \$20/Family

Join Bike Friendly Apple Valley/Rosemount, Valley Bike & Ski, HaveFunBiking.com, The City of Rosemount, The Minnesota Zoo, Dakota County and The City of Apple Valley for a Community Ride with a purpose, to promote the development of Bike Routes and Bike friendly sustainable communities we can all enjoy and share. Helmets required for all riders. Snacks provided at the start, finish and at the rest stop along the way. There will be both a family ride and a street ride for experienced riders.

Music in Kelley Park – Summer Concert Series

Looking for Free Family Fun to kick off your summer weekends? Come to Kelley Park on Friday evenings 6:00-9:00pm for an evening of fantastic music coordinated by the Apple Valley Arts Foundation. You could win one of several prizes including bicycles, electronics, guitars, books and more! There will be great food and drink for sale (including adult beverages) provided by local restaurants. Bring the whole family! Kelley Park is located at 6855 Fortino Street. For more information visit "Music in Kelley Park" on Facebook or www.applevalleyarts.org

Concert Schedule

June 7:.....	Laurent Brothers
June 14:.....	Steve Sullivan & the Factory
June 21:.....	Dustin Hatzenbuhler
July 5:.....	T. Mychael Rambo
July 12:.....	David Gonzalez Band
July 19:.....	Patty Peterson and Friends
July 26:.....	Michael Monroe
August 2:.....	An Evening with MacPhail Jazz

APPLE VALLEY FREEDOM DAYS

www.avfreedomdays.com

Check out Apple Valley Freedom Days on Facebook!

The week leading up to the Fourth of July is a festive time in Apple Valley!

Planned activities include:

Kids Fishing Derby, Youth Tennis Tournament, Music in the Park, Carnival with Rides & Games Car/Truck/Motorcycle Show, Family Fun Night

Freedom Days Fun Run

Thursday, July 4

8:00am Start

Hayes Park, 14603 Hayes Road

(See page 26 for registration and race details)

Freedom Days Parade

Thursday, July 4

1:00pm Start

Parade Route: At Fireside Drive, north on Pennock Avenue, west on 145th Street, north on Hayes Road
(ending at Apple Valley High School)

Freedom Days Fireworks

Thursday, July 4

12noon: Carnival

6:00pm: Pre-Fireworks Entertainment

10:00pm: Fireworks

Johnny Cake Ridge Park-East

5800 140th Street West

Fireworks Rain Date: July 5, 10:00pm

HEALTHY PARKS HEALTHY PEOPLE

Aquatics

APPLE VALLEY FAMILY AQUATIC CENTER

14421 Johnny Cake Ridge Road
Open Weather Permitting
Open limited hours 11:00am to 6:00pm on the following days:

- Preview Weekend June 1 & 2
- Pre-Season School Out Days June 6 & 7
- Independence Day Thursday July 4

Open for the Season Daily
Starting June 8 through August 25

Monday through Friday... 11:00am-8:00pm
Saturday and Sunday..... 11:00am-7:00pm

DAILY ADMISSION

Individual	\$9.00
After 5:00pm	\$6.00
Children under 12 months	Free

REDWOOD COMMUNITY POOL

311 150th Street W
Open Weather Permitting
Open for the Season Daily Starting June 8 through August 25
12:30pm to 4:00pm
CLOSED Independence Day JULY 4

DAILY ADMISSION

Individual	\$3.75
Children under 12 months	Free

2013 Discount Entry Punch Cards Now Available!

Purchase your punch cards in advance at the Apple Valley Community Center, 14603 Hayes Road, and at the pools during the season. Be advised, in 2013 only, punch cards from previous years can be used for entry; however, the card(s) will be exchanged for a 2013 punch card(s) with the same number of remaining entries. Following the 2013 season, punch cards from previous seasons will be invalid for entry with no exchange or refund option. All cards expire after the 2013 season.

Non-Resident Entry Punch Cards

Apple Valley Family Aquatic Center	\$80.00
<i>for up to ten entries.</i>	
Redwood Community Pool	\$34.00
<i>for up to ten entries.</i>	



RESIDENT ENTRY PUNCH CARDS

The Resident Multi-Pack is offered to Apple Valley residents who wish to purchase multiple punch cards. With each additional punch card up to four purchased, a substantial savings is made. If a fifth card is purchased, the pack rate will start over. **NOTE:** To receive the resident multi pack rate, all purchases must be made at the same time.

Aquatic Center Multi-Pack

For up to 10 entries per card

First 10 punch card	\$70.00
Second 10 punch card	\$60.00
Third 10 punch card	\$50.00
Fourth 10 punch card	\$40.00

Purchase the entire resident Multi Pack (four punch cards) and the average price is \$5.50 per visit; if all entries are redeemed.

Redwood Multi-Pack

For up to 10 entries per card

First 10 punch card	\$32.00
Second 10 punch card	\$29.00
Third 10 punch card	\$25.00
Fourth 10 punch card	\$21.00

Purchase the entire resident Multi Pack (four punch cards) and the average price is \$2.68 per visit; if all entries are redeemed.

Exclusive Use Group Rentals Available June 8 through August 25

If you want the whole place to yourselves, this is a great option. Groups can arrange an after-hours rental of the entire pool for a great summer gathering all season long. Whether it's slides and water play fun at the Family Aquatic Center or a more intimate poolside gathering at Redwood, we can help make it a special evening for all.

Apple Valley Family Aquatic Center

(Capacity 1900)

Saturday & Sunday	7:30pm-10:30pm
Fee per hour	\$550

Redwood Community Pool

Monday - Friday	5:00pm-7:00pm
<i>(on non-lesson nights only)</i>	
Monday - Friday	7:30pm-9:30pm
Saturday & Sunday	10:00am-12:00Noon, 5:00pm-7:00pm
& 7:30pm-9:30pm throughout the summer.	

Fee for two hours

\$150	for up to 50 swimmers
\$190	for 51-75 swimmers
\$240	for 76-100 swimmers for the main pool including pool staff.

Lifeguard required for use of the Kiddy Pool for an additional fee.

Group Reservations

If you would like to bring your group during our regular operating hours, you can make a reservation that will insure your entry to the

Apple Valley Family Aquatic Center

Groups of 25 to 250..... 11:15am-closing (daily)

Groups of 250 to 1000..... 5:00pm-closing only (daily)

Redwood Community Pool

Groups of 10-100..... 12:30pm-4:00pm (daily)

Table Reservations at the Apple Valley Family Aquatic Center

Picnic Tables can be rented for three hour time blocks throughout the day. Each table has a capacity of ten persons. Tables are \$25 each. To insure that you have a table for your party or group, reserve it in advance with Steve Skinner, Recreation Supervisor at **952-953-2314**.

SUMMER SWIMMING LESSONS AT REDWOOD COMMUNITY POOL

All classes are Monday through Thursday for two weeks. Classes postponed due to poor weather will be made up on the Friday of that week. There are no make-up lessons for individuals who miss a class. You can only attend the class and session for which you are registered. Call the Weather Hotline for the latest information on weather related facility closings at **952-953-2399**.

	Session 1 June 17-27			Session 2 July 8-18			Session 3 July 22-August 1			Session 4 August 5-15		
9:00-9:40 am	1	3	2	2	4	6	1	3	5	2	4	3
9:45-10:25 am	1	2	4	1	3	5	1	2	4	1	3	5
10:30-11:10 am	1	3	5	1	2	4	1	3	2	1	2	4
11:15-11:55 am	2	4	6	1	3	2	2	4	6	1	2	3
12:00-12:25 pm	P/C	TS		P/C	TS		P/C	TS		P/C	TS	
4:30-4:55 pm	P/C	TS		P/C	TS		P/C	TS		P/C	TS	
5:00-5:40 pm	1	2	4	1	2	4	1	2	4	1	2	4
5:45-6:25 pm	1	5	6	1	5	6	1	5	6	1	5	6
6:30-7:10 pm	2	3	A	2	3	A	2	3	A	2	3	A

What Level is best?

Parent/Child (P/C): For infants and toddlers ages six months to three years accompanied by parent.

Tadpole Splash (TS): For the young or fearful child. Children must be 3 or 4 years old.

Level 1: For the child who has not yet learned to float.

Level 2: Ready to attempt floating on the front and back unsupported.

Level 3: Can swim the width of the pool using basic crawl and winging. Diving is introduced.

Level 4: Swimming widths using the front and elementary back strokes.

Level 5: Can swim the length of the pool using front crawl, back crawl, butterfly, breaststroke and elementary backstroke.

Level 6: Ready to swim laps using all strokes previously introduced.

ADULT (A): For adults who wish to begin learning to swim. If you have further questions regarding what class to register your child for, contact Steve Skinner at **952-953-2314** or sskinner@ci.apple-valley.mn.us.

Registration & Costs

Register at www.cityofapplevalley.org

Parent/Child and Tadpole Splash..... \$39.00
per eight class session.

Levels 1-6 & Adult \$59.00
per eight class session.

Payment must accompany registration. Registration for each session closes one week prior to session start. Please register for all sessions in which you would like to participate. We will transfer children to other skill levels if they are not correctly assigned only if space is available in the appropriate level and the child is currently registered in a class during the same session. Children are unlikely to advance from one level the next in a single eight class session. We recommend that they be registered in the same level each session unless you are advised otherwise by the child's instructor.

WE WILL GIVE PRIORITY TO CHILDREN ON THE WAITING LIST FOR EACH CLASS IF SPACE BECOMES AVAILABLE, SO WE STRONGLY ENCOURAGE WAITING LIST REGISTRATION FOR FULL CLASSES YOU WISH TO ENTER.

CANCELLATIONS:

The City of Apple Valley reserves the right to cancel any class for lack of registration no later than the Thursday prior to the session start date.

Private Swimming Lessons at Redwood Pool

Having a hard time fitting swimming lessons into your summer schedule? Why not try private instruction by appointment with one of our Red Cross trained swimming instructors. Form your own class of up to three swimmers of similar ability or work one on one with one of our Red Cross trained Water Safety Instructors. Contact Steve Skinner, Recreation Supervisor for details at **952-953-2314** or speak directly to the Pool Manager when you are at Redwood.

HEALTHY PARKS HEALTHY PEOPLE

Aquatics

AQUATICS PROGRAMS

Junior Lifeguard Training

Ages 10-14 years

Monday - Thursday; August 19- 22; 10:00am- Noon

Redwood Community Center & Outdoor Pool

\$79 per person

(includes materials and Pool entry for the afternoon)

REGISTRATION DEADLINE: August 11

If your young swimmer would like to become an American Red Cross Lifeguard soon (minimum age 15 for Lifeguard Training Certification through the American Red Cross), then here is a chance to get started. For children and teens ages 10 - 14 this program is appropriate for any young person living near water, as well as those interested in becoming a Lifeguard or Camp Counselor. This program will include GuardStart, the American Red Cross introduction to living and working safely around the water. This is a fun filled program covering a wide variety of topics relating to water safety and the physical conditioning necessary to be a top notch Lifeguard. Materials include a workbook and a passport to water safety as a record of achievement. Participants should be ready to enter the water at all class sessions. Option: Bring sunscreen and a bag lunch for afternoon open swim, where your Junior Lifeguard can partner with and shadow an American Red Cross Lifeguard. Questions? Call Steve Skinner, Recreation Supervisor at **952-953-2314**.

Water Walking and Lap Swimming

June 8-August 25

Monday-Sunday; 9:30-10:30am

Monday-Friday; 8:00-9:00pm

Cost \$3 per day.

Apple Valley Family Aquatic Center (Weather Permitting)

Would you like to find a cool, low impact way to stay strong this summer? Try Water Walking in the Lazy River or Lap Swimming in our leisure pool at the Apple Valley Family Aquatic Center. Appropriate for all adults, walking against the current will improve strength without the pounding of weight bearing exercise.

Nothing can replace close parental supervision around the water!

PARENTS BE ADVISED: In case of inclement weather, parents are strongly encouraged to pick up their children from outdoor facilities. The children will be allowed to stay at the facility until picked up, however there is only limited shelter space.

CALL THE WEATHER HOTLINE FOR THE LATEST INFORMATION ON WEATHER RELATED FACILITY CLOSINGS AT 952-953-2399.

Adapted Family Pool Party

For school-aged youth with physical and/or developmental disabilities and their families.

Monday, Aug. 19, 5:45 - 7:45pm

REGISTRATION DEADLINE: August 15

Cost: Free

Redwood Community Center and Outdoor Pool

Put on your swim suit and come out to socialize with other families who have a child with a disability. Visit with local disability service vendors who will also be onsite. Enjoy complimentary pool admission, beverages and snacks. Lifeguards will be on duty during the event, but parental or adult supervision is required as well. Bring your swimsuit and towel. Locker rooms are available for changing. PCA's welcome to accompany your child. Hosted by S.O.R.R. (South of the River Recreators). For more information on being a disability services vendor or attending, please call Steve Skinner at 952-953-2314 or sskinner@ci.apple-valley.mn.us.



APPLE VALLEY SPORTS ARENA

Our well established tennis program for players of all abilities and ages takes place in the Apple Valley Sports Arena at the Apple Valley High School, which is located at 14452 Hayes Road, Apple Valley, MN.

Four Indoor Sport Court Tennis Courts

Arena Office Phone: 952-953-2366

Our goal is to provide a welcoming and safe learning environment that leads to fun and consequent success on the tennis court.

Just bring a racket, and be ready for instruction and games to improve your tennis game!

COURT FEES – Ball Machine Available for your use

Adults \$10 per hour

Juniors \$8 per hour

Reservations: 952-953-2366

PRIVATE LESSONS

\$40 an hour - \$20 for 30 minutes

SUMMER TENNIS 2013

INSTRUCTIONAL STAFF:

MacKenzie Rayman

Varsity Player at the College of St. Benedict

Chris Steadman

Club Player at the University of MN

Tanner Rayman

Varsity player at AVHS

Brittany Kocken

Varsity Player at AVHS

USTA Summer Junior Team Tennis VAA

Traveling Program

Registration is open ONLINE at

<http://www.valleyathletic.org/Tennis/Traveling>.

Teams meet Monday through Thursday for 2 hours.

\$160 for 7 Week Session (No Practice/Match July 4)

18 & Under..... 1:00-3:00pm

Matches Thursday 1:00pm

Practices 1:00pm

14 & Under 3:00-5:00pm

Matches Tuesday 1:00pm

Practices 3:00pm

12 & Under 3:00-5:00pm

Matches Wednesday 1:00pm

Practices 3:00pm

Areas Tournament: July 15 & 16

Sections Tournament: July 22-26

SUMMER ADULT DROP IN DRILL

3.0 and above

\$10 a week

Monday 8:00pm - 9:00pm

June 11 - August 16



Junior Summer Program

Morning Junior Tennis Classes

Registration is open ONLINE at

<http://www.valleyathletic.org/Tennis/Community>

Four day sessions, \$48 per session

Monday through Thursday starting on: 6/10, 6/17, 6/24, 7/1 (No Class July 4, Makeup on July 5), 7/8, 7/22, 7/29, 8/5, 8/12

Maximum student teacher ratio: 4

Ages 4 - 7 **9:00am**

Ages 8-10 **10:00am**

Ages 11+ **11:00am**

Evening Junior Tennis Classes

Registration is open ONLINE at <http://www.valleyathletic.org/Tennis/Community/>

Tennis/Community/

Maximum student teacher ratio: 6

SESSION 1:

Classes meet twice a week for seven weeks starting the week of June 11. End of the session tournament on Saturday, July 28!

Ages 4, 5 **Monday & Wednesday, 5:00- 6:00pm**

Ages 6, 7 **Monday & Wednesday, 6:00-7:00pm**

Ages 8, 9 **Monday and Wednesday, 7:00-8:00pm**

Ages 10, 11 **Tuesday and Thursday, 5:30-7:00pm**

Ages 12+ **Tuesday and Thursday, 7:00-8:30pm**

\$70 per session (No class July 4 or July 15)

SESSION 2:

Classes meet twice a week for three weeks starting the week of July 31 and concluding on August 16.

Ages 4 - 7 **Tuesday and Thursday, 5:00-6:00pm**

Ages 8 - 10 **Tuesday and Thursday, 6:00-7:00pm**

Ages 11+ **Tuesday and Thursday, 7:00-8:30pm**

\$45 per session

HEALTHY PARKS HEALTHY PEOPLE

VALLEYWOOD GOLF COURSE

Information & Tee Times

www.valleywoodgolf.net

4851 McAndrews Rd • Apple Valley, MN

Phone: (952) 953-2323 for Tee Times

Jim Zinck, Manager/PGA Professional

Matthew Bilek, PGA Professional

Championship 18-Hole Golf Course

160 Seat Event Space

Bar & Grill (Food & Beverage Cart)

Driving Range & Practice Green

Golf Cart & Push Cart Rental

Pro Shop Merchandise

Club Rental

Golf Lessons (Group or Private)

Private Golf Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about Twilight and Special Rates.

2013 FEE SCHEDULE

	Regular	Patron	
Weekend Fees (Saturday and Sunday)	Rate	Rate	
18 Holes	\$38.00	\$35.00	
9 Holes	\$24.00	\$21.00	
Weekday Fees (Monday thru Friday)			
18 Holes	\$30.00	\$27.00	
9 Holes	\$20.00	\$17.00	
18 Holes-Senior/Junior	\$24.00	\$21.00	
9 Holes-Senior/Junior	\$18.00	\$15.00	
Patron card	\$40.00		+ Tax
Senior Patron Card	\$30.00		+ Tax
Resident Patron Card	\$20.00		+ Tax

Senior: 55+ years of age

Junior: under 18 years of age

Cart Fees

Pull Cart	\$5.00
18 Hole Power Cart	\$34.00
9 Hole Power Cart	\$20.00

Driving Range Fees

Large bucket (approx. 80 balls)	\$7.00
Medium bucket (approx. 40 balls)	\$5.00
Driving Range Card (10 large buckets of range balls)	\$60.00

Season Pass Fees

Available to residents of Apple Valley only

Valid anytime, any day

Individual	\$895.00 + tax
Spouse (added to individual pass)	\$450.00 + tax
Executive(Ages 18-29)	\$600.00 + tax
Senior (55+)	\$750.00 + tax
Junior (Resident & Non-Resident)	\$450.00 + tax

Included with your season pass

- 10% discount on clubhouse food and beverage purchases (does not include beverage cart sales)
- 10% discount on regularly priced pro shop merchandise.
- \$2.00 discount on golf car rental.

Golf Outings/Tournaments

Valleywood is available for private golf outings. Call the Pro Shop at 952-953-2323 for more information. We welcome the opportunity to host local charities and Booster organizations. Call for Discounted Pricing.

Group Golf Lessons

With over a combined 60 years of PGA teaching experience your questions will be answered by one of Valleywood's PGA Professional staff. If you have never played, are beginners or intermediate players, golfers of all abilities will benefit from the PGA Professional instruction offered at Valleywood. We offer an extensive selection of group golf lessons aimed at increasing your playing ability and knowledge of the game. All classes will cover full swing and short game (putting, chipping and pitching). Classes will be geared towards the goals of the audience attending. You must pre – register in person, at the course or by phone with a credit card. If you need clubs they will be provided for you. Weather related cancellations will be done 2 hrs prior to the start of lessons, and will be re-scheduled with the instructor. Refunds will be issued if all lessons are cancelled. Register in person at the course or by phone with a credit card.

Adult Cost: \$100
for (4) 1-hour lessons (Including a voucher for (1) 9 hole round of golf)

Time: 6:00 – 7:00pm

Classes are limited to 8 students per class.

Monday - Tuesday • (1) May 6 & 7, 13 & 14

(2) June 10 & 11, 17 & 18 • (3) July 15 & 16, 22 & 23

Senior Cost: \$50
for (3) 1-hour lessons (Including a voucher for (1) 9 hole round of golf)

Time: 8:00-9:00am

Age: 50+

Classes are limited to 8 students per class.

Monday - Wednesday • (1) May 13-15 • (2) May 20-22

(3) June 3-5 • (4) June 17-19

Women Cost: \$90/person
for (3) 1-hour 15-minute lessons
(Including a voucher for (1) 9 hole round of golf)

Time: 6:30 – 7:45pm

Classes are limited to 8 students

Wednesdays • (1) May 1, 8, 15 (2) May 22, 29, June 5

(3) June 12, 19, 26 • (4) July 17, 24, 31

Junior Golf School

Junior Golf School is an opportunity for golfers ages 8-17 to learn the fundamentals of the golf game. Topics covered are putting, chipping, irons, woods, strategy, rules and etiquette. Each student receives a USGA rules book, and one voucher for a nine hole round of golf. Lessons are appropriate for beginner and intermediate golfers.

Ages: 8-11

\$70 for (3) one hour lessons

(Including a voucher for (1) 9 hole round of golf)

10:00-11:00am

Ages: 12-17

\$85 for (3) one and a half hour lessons

(Including a voucher for (1) 9 hole round of golf)

11:30am-1:00pm

Tuesday, Wednesday, Thursday

June 18 - 20, June 25 - 27, July 16 - 18

Mighty Mites

\$16.00 per session

9:00 – 9:45am

Ages: 4-7

Classes are limited to 10 students

Saturdays

June 1, June 22, July 13, July 27

Parent/Child Group Lessons

Learn the game together!

Ages: 7-15 & Parent

\$95 for (2) one hour and fifteen minute lessons

(Including vouchers for (2) 9 hole rounds of golf)

10:00 – 11:15am

Classes are limited to (4) parent/child groups

Saturday-Sunday

May 11 & 12, June 29 & 30

Private Lessons

Please contact the golf shop at **952-953-2323**.

Need a USGA/MGA Handicap?

Valleywood offers an 18-hole handicap service through the proshop. The service includes two updated handicap cards permonth, a 12 month subscription to Minnesota Golfer magazine, and eligibility to play in MGA tournaments.

\$40 for the season (April 1-October 31)

NOTE: Five 18-hole scores are required to establish a handicap.

Practice Facility

- 35 hitting stations• Distance graduated targets for precision practice
- On site PGA Professionals
- Consistent high compression practice balls

Golf League Opportunities

Register by phone 952-953-2323 or www.valleywoodgolf.net

Junior 9 Hole League

Wednesday tee times between 7:30 – 10:30a.m. starting June 12th.

Ladies 9-Hole League

Thursday tee times between 4:00 - 6:30 pm

League membership includes USGA handicap service, weekly prizes, banquets and year-end door prizes.

Ladies 18-Hole League

Tuesdays shotgun start at 8:00 or 9:00 am

League membership includes USGA handicap service

Men's 9-Hole League

Wednesday tee times between 3:15 - 5:45 p.m.

The club membership includes USGA handicap service and subscription to MGA magazine. All men's club members are eligible to participate in their monthly tournaments.

Senior 9 or 18 hole League

The senior league is a competitive or non-competitive (depending on your preference)

Thursday tee times between 7:30 – 9:30am

It is open to any interested senior. Weekly games, entry fees and results will be administered by the league coordinator.



HEALTHY PARKS HEALTHY PEOPLE

SUMMER PLAYGROUND PROGRAM

Ages 6-11

June 10-August 2

Run, jump and play with us this summer! Children ages 6-11 are invited to participate in our **FREE** playground program. This three-hour program runs at selected sites throughout the city of Apple Valley. All you have to do is register your child at the park of your choice. You will be given a program event calendar, an emergency/medical form and a behavioral contract to be reviewed and signed by the parent and child. The summer playground program is offered for seven weeks this summer as follows:

Week #1	June 10, 11, 13, 14
Week #2	June 17, 18, 20, 21
Week #3	June 24, 25, 27, 28
Week #4	July 1, 2
Week #5	July 15, 16, 18, 19
Week #6	July 22, 23, 25, 26
Week #7	July 29, 30, August 1, 2

Morning Park Sites

(9:00am-12:00pm)
 Briar Oaks
 Cedar Isle
 Redwood*
 Tintah
 Faith

Afternoon Park Sites

(1:00-4:00pm)
 Cobblestone
 Hagemeister*
 Hayes*
 Huntington*
 Wildwood

** Denotes a park site with a shelter or building.
 All park sites are subject to change.*

Inclusion Opportunities

The playground program offers recreational opportunities to individuals with disabilities. Anyone who wishes to utilize this service can fill out an Inclusion Informational Form available at the Apple Valley Community Center and will be assigned an Inclusion Specialist who will work with them at one of our playground sites. Please contact the Apple Valley Parks and Recreation Department at **952-953-2300** if you would like more information.

Rainy Day Policy

If it begins to rain while the children are at the park, the park leaders will send the children home for the day. In case of foreseeable severe weather, parents should be on-call and available to pick their children up from the park or make other safety arrangements for them.

The Big Thrill Factory – NEW

Ages 6-12

Wednesday, June 19; 1:00-3:00pm

\$23 per person

Min. 25 Max. 60

REGISTRATION DEADLINE: June 14

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

Join us for our first outing of the summer, and we are going to the newly opened Big Thrill Factory in Minnetonka. The Big Thrill Factory has bowling, bump and spin cars, a ropes course, laser tag, timed challenge, indoor play area, arcade, mini golf, trampolines and climbing walls – I would say BIG THRILLS! We will enjoy 2 hours of unlimited bump and spin cars, play zone, laser tag and timed challenge plus access to the ice cream bar (additional points/activities are available for purchase, so bring a few bucks along). No outside food is allowed, but a snack bar is available for purchase. This one will fill quickly, so hurry up and claim your spot!

Bus Schedule:	<u>Location</u>	<u>Pick-up</u>	<u>Drop-off</u>
	AVCC	12:15pm	3:45pm



AirMaxx - NEW

Ages 6-12

Wednesday, June 26; 11:00am-2:00pm

\$36 per person

Min. 25 Max. 60

REGISTRATION DEADLINE: June 21

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

Check this out! A new adventure park has opened in Eden Prairie. AirMaxx is an indoor trampoline park and then some. We will have 3 hours of UNLIMITED trampoline jump time, mini golf and laser tag. We have a room reserved for lunch, so bring along a bag lunch (concession stand is also available). There is also an arcade and mini bowling available, if you want to bring a few extra bucks along. You don't want to miss this fun and exciting trip, so sign up today. A waiver must be signed prior to trip departure; the waiver is available upon registration. All participants must wear socks.

Bus Schedule:	<u>Location</u>	<u>Pick-up</u>	<u>Drop-off</u>
	AVCC	10:30am	2:30pm



Crystal Caves

Ages 6-12

Wednesday, July 17; 12:00 - 3:00pm

\$23 per person

Min. 25 Max. 60

REGISTRATION DEADLINE: July 12

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

Let's take a fun filled bus ride to The Caves, Crystal Caves that is. We will begin our day with a bus trip all the way to Wisconsin. We will eat lunch right away (participants need to bring a bag lunch), and then we will tour the caves and pan for gems in the water trap. As we take our tour of the caves, we'll wind around the path, going lower and lower underground. We will see bats and underwater lakes, the walls are dripping wet, it's cold and dark...all the while hearing the eerie tale of the caves origin. Participants must wear shoes and socks and sweatshirts are suggested as it is chilly in the cave. If you would like to bring a few extra dollars, you can check out the gift shop too. If the weather is hot we may find the time to stop at the beach to splash around. Hope to see you there! Space is limited and taken on a first come, first served basis.

Bus Schedule:	Location	Pick-up	Drop-off
	AVCC	10:30am	4:30pm



Horseback Riding

@ River Valley Ranch - **NEW**

Ages 7-12

Wednesday, July 31; 11:00am-1:00pm

\$30 per person

Min. 25 Max. 60

REGISTRATION DEADLINE: July 26

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

We are heading on down to River Valley Ranch in Carver. Once there, we will enjoy an hour-long guided trail ride on horseback, along the scenic Minnesota River. We will also have an outdoor picnic lunch and do a lot of horsing around! Participants need to bring a bag lunch and wear athletic shoes and socks. NOTE: All participants must be 50 inches or taller. A waiver must be signed prior to trip departure; the waiver is available upon registration.

Bus Schedule:	Location	Pick-up	Drop-off
	AVCC	10:00am	2:00pm



Shakopee Pool

Ages 6-12

Wednesday, July 24; 12:00-3:30pm

\$15 per person

Min. 25 Max. 60

REGISTRATION DEADLINE: July 19

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

Do you like to swim? Spend time in the sun at the beach? Have tons of fun with your friends? Then the Shakopee Pool is the place for you! Shakopee Pool is a unique outdoor pool – it has a sand bottom, pretty cool. This pool also has two 300-foot water slides, drop slides, and a diving board...not to mention all the sand! Pack a bag lunch, your suit & towel, sunscreen, and all your favorite beach/sand toys! A concession stand is available if you want to get a snack. Participants must be at least 48 inches tall to ride the slides. Space is limited and taken on a first come, first served basis.

Bus Schedule:	Location	Pick-up	Drop-off
	AVCC	11:30am	4:00pm



MN Twins VS Cleveland Indians Game

Ages 6-12

Wednesday, August 14; 12:10pm start time

\$30 per person

Min. 15 Max. 35

REGISTRATION DEADLINE: July 22

Chaperones: Staffed by the Playground Leaders from the Playgrounds Park Sites

Join us as we head to Target Field in Minneapolis where we'll see the Twins take on the Cleveland Indians in a 12:10pm game. Our seats are located in the home plate view section. Feel free to bring a bag lunch (a sealed bottle of water is the only drink allowed into the park) and a back pack to carry it in or bring some money to buy food. Be sure to bring your sun block and wear your shades! We will have a great time watching America's favorite past time-BASEBALL! Space is limited and taken on a first come, first served basis.

Bus Schedule:	Location	Pick-up	Drop-off
	AVCC	10:45am	3:45pm approximately



HEALTHY PARKS HEALTHY PEOPLE

Day Camp

Ages 6-12

Monday-Friday, July 8-12; 9:00am-3:00pm

\$75 per person for all 5 days

Cleary Lake Regional Park

Min. 25 Max. 50

REGISTRATION DEADLINE: July 1

Instructors: Staffed by the Playground Leaders from the Playgrounds Park Sites

Our weeklong Day Camp is the greatest! Enjoy five days of swimming, games, crafts and more at Cleary Lake Regional Park in Prior Lake. Plan on having tons of fun this year, the leaders have an action packed week planned, it's one you don't want to miss. Day camp runs the entire week of July 8-12 from 9:00am-3:00pm. Our camp combines hands-on learning with recreational activities to make a perfect balance for all. We will enjoy our favorites like the animal show and the rock climbing wall, along with some new activities too! Each day your child should bring the following items: swim attire, sun block, warm weather clothes, rain gear and a water bottle. Participants should bring a bag lunch and a snack Monday – Thursday, on Friday we will have a pizza party. Camp will be held rain or shine. An informational letter will be sent to you one week prior to camp with further details and a schedule. Space is limited and taken on a first come, first served basis – a waiver is required for the rock wall. Waivers available upon registration.

Bus Schedule:	<u>Location</u>	<u>Pick-up</u>	<u>Drop-off</u>
	AVCC	8:30am	3:30pm

Awesome August Adventure Camp - NEW

Ages 6-12

Monday-Friday, August 5-9; 10:00am-4:00pm

\$50 per person

Apple Valley Community Center

Min. 20 Max. 50

REGISTRATION DEADLINE: July 29

Instructors: Staffed by the Playground Leaders from the Playgrounds Park Sites

Join us for an Awesome August Adventure! We will spend the week playing your favorite playground games, making crafts, taking field trips, watching movies and much, much more. A letter and schedule will be sent to you prior to camp, the field trips are Monday - Lilydale Fossil Fields, Wednesday – Como Zoo and Friday - Minnehaha Falls, and are all included in our fee! Tuesday and Thursday are reserved for movies, park exploration, and a trip to Dairy Queen. You really don't want to miss this action packed week filled with fun!

**Camp will be held at the Apple Valley Community Center, 14603 Hayes Road in Apple Valley. Participants should be dropped off and picked up from this location.*

Games and Crafts Camp - NEW

Ages 6-12

Monday and Tuesday, August 12 & 13; 10:00am-2:00pm

\$15 per person

Redwood Community Center, 311 150th Street W

Min. 20 Max. 50

REGISTRATION DEADLINE: Thursday, August 1

Instructors: Staffed by the Playground Leaders from the Playgrounds Park Sites

If you like games or crafts or both then this two day camp is for you. We will play games and make crafts all day long! Games will include soccer and kickball, run relays and try some 'minute to win it' challenges. Plus, we'll have crafts to make, shape and paint. The format is up to you - play all the games, do all the crafts or do a little of each, so everyone will have a great time! We will take a little time to swim each day at the end of camp. Participants need to wear outdoor play clothes, bring swim suit and towel, sun block and a bag lunch each day (snacks will be provided). See you there!

**Camp will be held at the Redwood Community Center, 311 150th Street in Apple Valley. Participants should be dropped off and picked up from this location.*

Overnight Camping at Camp Sacajewea - NEW

Ages 7-12

Saturday, August 10; 4:00pm (Drop-off)

Sunday, August 11; 10:00am (Pick-up)

\$25 per person

Camp Sacajewea Retreat Center

Lebanon Hills Regional Park

Min. 20 Max. 40

REGISTRATION DEADLINE: July 19

Instructors: Staffed by the Playground Leaders from the Playgrounds Park Sites

We are going overnight camping! We have reserved the Camp Sacajewea Retreat Center in Apple Valley. We'll spend the evening cooking over a fire, playing games, making crafts, watching movies. We will be sleeping indoors in the lodge (or arrangements can be made to tent sleep, if you choose), and will be exploring the outdoors at the reserve. In the morning we will have breakfast and continue the fun! Plan on having a ton of fun away from home! Campers will need to bring full overnight and outdoor gear (sleeping bag, pillow, bug spray, etc.) A letter and list of items will be sent to you a week or so prior to camp. Hope to see you there!

**Camp will be held at the Camp Sacajewea Retreat Center located at 5121 McAndrews Road in Apple Valley. Campers should be dropped off at this location at 4pm on Saturday, August 10th, and picked up at the same location on Sunday, August 11th, at 10:00am.*



APPLE VALLEY MOBILE PUPPET THEATER

Now celebrating it's 35th year!

“Official Goodwill Ambassador of Apple Valley” Come out and enjoy the FUN this summer as the Apple Valley Mobile Puppet Theater brings eight weeks of new shows to a park in your neighborhood. Check the schedule below to see when the puppet wagon will be in your neighborhood. **FREE SHOWS!** Our Puppet Wagon began in 1978 as a program called “Parks on the Move”. The next year, a Mobile Puppet Theatre was built by the Parks Department, and this program has continued for 35 years, entertaining residents for 8 weeks each and every summer! Come out and check out our new season of our adaptations of “FAVORITE FAIRY TALES” starring our famous skunks “Aroma & Essence”! **SHOWS RUN:** June 10 - August 2, 2013 (NO SHOWS on July 4 OR 5). Watch for the puppets in Apple Valley’s 4th of July Parade. For additional information call the Apple Valley Parks and Recreation Department; **952-953-2300.**

DAY/TIME SITE LOCATION/ADDRESS

Monday

- 11:15am Westview Elementary 225 Garden View Drive
(near parking lot)
- **1:00pm Valley Middle Park 1040 Baldwin Drive
(near ball fields)
- **1:45 pm Delaney Park 4745 147th Street West
(near playground)
- **2:30pm Kelley Park 6855 Fortino Street
(near Splash Pad)

Tuesday

- 9:30am Longridge Park 6830 160th Street West
(near playground)
- 10:15am Apple Ponds Park 15834 Garrett Drive
(off Garrett Path)
- 11:00am Regatta Park 15596 Finch Avenue
(off Fjord Avenue)
- **1:00pm Alimagnet Park 211 Ridgeview Drive
(near playground)
- **1:45pm Cedar Knolls Park 17094 127th Street West
(near parking lot)
- **2:30pm Palomino Park 12765 Pennock Avenue
(near trail)

Wednesday

- **9:30am Apple Grove Park 14904 Hayes Road
(Parking lot)
- **10:15am Faith Park 15539 Ferris Avenue
(near ball field)
- **11:00am Johnny Cake Ridge Pk-East 5800 140th Street
(South Parking Lot)
- 1:00pm Cobblestone Park .. 15601 Cobblestone Lake Pkwy
(near Eagle Bay Drive)
- 1:45pm Kelley Park 6855 Fortino Street
(near Splash Pad)
- 2:30pm Pennock Park 15445 Pennock Avenue
(near playground)

Thursday

- **9:30am Farquar Park 13266 Pilot Knob Road
(near playground on Dominica Way)
- **10:15am Tintah Park 4839 142nd Street West
(near playground)

- **11:15am Redwood Park 311 150th Street West
(east of building)
- 1:00pm Wildwood Park 8266 137th Street West
(near playground)
- 1:45pm Hagemeister Park 13000 Johnny Cake Ridge
(Road parking lot)
- 2:30pm Huntington Park 12960 Diamond Path
(near playground)

Friday

- **9:30am Briar Oaks Park 12275 Safari Path
(near playground)
- **10:15am Nordic Park 13161 Foliage Avenue
(near playground)
- **11:00am Cedar Isle Park 14400 Freeport Trail
(near playground)
- 12:45pm Fred J. Largen Park 7368 142nd Street West
(near ball field)
- 1:30pm Belmont Park 118 Belmont Road
(off Belmont Rd.)
- 2:15pm Apple Valley Comm. Center 14603 Hayes Road
(near playground)

*NOTE: Shows will be cancelled in the event of rain and will not be rescheduled. For cancellation information call 952-953-2399, Option #1, then #6. • **=Aroma's Art Sites—stay after the show for a FREE Aroma's Art Project!*

Aroma's Art “Traveling Puppet Wagon Craft”

Ages 2-6 & Parent(s)

Monday-Friday, June 10-August 2 (NO Crafts on July 4 OR 5)

FREE!

DAY/TIME SITE LOCATION/ADDRESS

Monday

- 1:00pm Valley Middle Park Baldwin Drive & Gardenview Drive
- 1:45pm Delaney Park 4745 147th Street West
- 2:30pm Kelley Park Fortino St. & 152nd Street

Tuesday

- 1:00pm Alimagnet Park Ridgeview Drive & Walnut Lane
- 1:45pm Cedar Knolls Park 127th Street & Galaxie Avenue
- 2:30pm Palomino Park 12765 Pennock Avenue

Wednesday

- 9:30am Apple Grove Park Hayes Rd. near Haven Drive
- 10:15am Faith Park 134th Street & Ferris Avenue
- 11:00am Johnny Cake Ridge Park (East)
Johnny Cake Ridge Road & 140th Street

Thursday

- 9:30am Farquar Park Elkwood Dr., on Dominica Way
- 10:15am Tintah Park 142nd Street & Drexel Court
- 11:15am Redwood Park Co. Rd. 42 & Elm Drive

Friday

- 9:30am Briar Oaks Park Gantry Lane & Safari Path
- 10:15am Nordic Park 132nd Street & Foliage Avenue
- 11:00am Cedar Isle Park Flora Way & Freeport Trail

FREE to those who watch the Puppet Wagon Show! Aroma's Art is scheduled immediately after the Puppet Show ends.

NOTE: Aroma's Art will not be available if the Puppet Shows have been cancelled due to bad weather! There will be no make-ups scheduled.

Come out and watch our adorable puppets this summer, and at the parks listed above, we will have a special program, now in its 9th year—AROMA'S ART! Our traveling Puppet Show Craft Staff will be there after the Puppet Show with a craft project related to that week's show. Crafts will be available all 8 weeks of the scheduled puppet shows.

HEALTHY PARKS HEALTHY PEOPLE

***SIGN UP FOR BACK-TO-BACK CLASSES** on Tuesdays & Thursdays, and have fun all morning long! We will provide an activity on Tuesdays & Thursdays, 10:15-10:30am for those who take 2 back-to-back classes. Parents do not stay and children must be potty trained. Also, please indicate any food/ingredient allergies that your child has so we can adjust accordingly; and send your child "dressed to get messy"!

Icky, Sticky, Slimy Fingers

Ages 3 - 6

Session 1: Tuesdays & Thursdays, June 4, 6, 11, 13;
9:00-10:15am

Session 2: Tuesdays & Thursdays, June 18, 20, 25, 27
9:00-10:15am

\$16 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Session 1: May 28;
Session 2: June 11

Instructors: Apple Valley Parks and Recreation Staff

Let's get messy with some icky, sticky projects! A chance for children to learn while getting messy, and parents do not need to clean up afterwards! Each day includes new activities plus a sticky treat to eat. Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.



Little Scientists

Ages 3-6

Session 1: Tuesdays & Thursdays; July 9, 11, 16, 18
9:00-10:15am

Session 2: Tuesdays & Thursdays; July 23, 25, 30; August 1;
9:00-10:15am

\$16 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Session 1: July 2;
Session 2: July 16

Instructors: Apple Valley Parks and Recreation Department Staff
An opportunity for children to learn while getting messy, and parents do not need to clean up afterwards! Each day includes new "little scientist" experiments, plus a sticky snack to eat. Please send your child dressed to get messy! Science fun for everyone! Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.

Ooey Goey Artists

Ages 3-6

Session 1: Tuesdays & Thursdays; August 6, 8, 13, 15;
9:00-10:15pm

Session 2: Tuesdays & Thursdays; August 20, 22, 27, 29;
9:00-10:15am

\$16 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Session 1: July 30
Session 2: August 13

Instructors: Apple Valley Parks and Recreation Department Staff
An opportunity for children to create while getting messy, and parents do not need to clean up afterwards! Each day is a new "Ooey Goey" Art Project, plus a sticky snack to eat. Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.

Critters Club

Ages 2 ½-6

Session 1: Tuesdays & Thursdays, June 4, 6, 11, 13;
10:30am-12:00pm

Session 2: Tuesdays & Thursdays, June 18, 20, 25, 27;
10:30am-12:00pm

Session 3: Tuesdays & Thursdays, July 9, 11, 16, 18;
10:30am-12:00pm

Session 4: Tuesdays & Thursdays, July 23, 25, 30;
August 1; 10:30am-12:00pm

Session 5: Mondays & Wednesdays, August 5, 7, 12, 14;
1:00-2:30pm

Session 6: Tuesdays & Thursdays, August 6, 8, 13, 15;
10:30am-12:00pm

Session 7: Mondays & Wednesdays, August 19, 21, 26,
28; 1:00-2:30pm

Session 8: Tuesdays & Thursdays, August 20, 22, 27, 29;
10:30am-12:00pm

\$18 per person, per session; \$5 daily drop-in fee (see info below on drop-in procedure)

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Staff
Our recreation program, just for TOTS! Our objective is to provide a fun, active and enjoyable program in an accepting atmosphere. Emphasis will be placed on ensuring each child's self-confidence and enjoyment. Songs, crafts, games, fun projects, snacks and stories will all be included in our sessions. Children must be potty-trained to participate and parents do not stay. NOTE: We will accept Daily Drop-Ins for each date, for a fee of \$5 per date, payable at the front desk of the AVCC, on the day of class only. Call for availability before coming, at **952-953-2300**.

Tot's Day of Fun

Ages 3-6

Session 1A: Tuesdays, June 4, 11, 18, 25; 12:30-3:30pm

Session 1B: Wednesdays, June 5, 12, 19, 26;
9:00am-12:00pm

Session 1C: Thursdays, June 6, 13, 20, 27; 12:30-3:30pm

Session 2A: Tuesdays, July 9, 16, 23, 30; 12:30-3:30pm

Session 2B: Wednesdays, July 10, 17, 24, 31;
9:00am-12:00pm

Session 2C: Thursdays, July 11, 18, 25;
August 1; 12:30-3:30pm

Session 3A: Tuesdays, August 6, 13, 20, 27;
12:30-3:30pm

Session 3B: Wednesdays, Aug. 7, 14, 21, 28;
9:00am-12:00pm

Session 3C: Thursdays, August 8, 15, 22, 29;
12:30-3:30pm

\$42 per person, per session; \$12 daily drop-in fee (see info below on drop-in procedure)

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Sessions 1A-1B-1C: May 27;
Sessions 2A-2B-2C: July 1 • Sessions 3A-3B-3C: July 29

Instructors: Apple Valley Parks and Recreation Staff

Our 3-hour-long program for tots, includes music, playtime, arts & crafts, story time, games, outdoor fun, gym time, a snack, and even a short “quiet time”. The activities are designed for your tots, the class is designed for parents ‘on the run’, who need that little bit of extra time for errands, or just to relax! Our Instructors and assistants will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities—lots of fun for all tots! Children must be potty trained to participate and parents do not stay for this class.

NOTE: We will accept Daily Drop-Ins for each date, for a fee of \$12 per date, payable at the front desk of the AVCC, on the day of class only. Call for availability before coming, at **952-953-2300**.

‘Flower Children’ Yoga for Kids – NEW

Ages 4-6

Mondays, June 10, 17, 24; July 1; 10:15-11:00am

\$24 per person for all 4 dates

Apple Valley Community Center

Min. 5 Max. 8

REGISTRATION DEADLINE: June 3

Instructor: Jen LaFont

A brand-new kid-friendly yoga class that will include yoga poses, games, books, fun and relaxation. Parents are welcome to stay and participate, or drop off. However, if your child has difficulty separating, please plan to stay and enjoy the class with your child (no younger siblings please). Dress your child in loose, comfortable clothing.

It's A Small World! – NEW

Ages 4-7

Session 1: Monday, June 10; 11:00am-12:30pm - Mexico

Session 2: Monday, June 17; 11:00am-12:30pm - Germany

Session 3: Monday, June 24; 11:00am-12:30pm - China

Session 4: All 3 dates; Monday, July 10, 17, 24; 10:30am-12:00pm

\$7 per person for Session 1, 2 or 3

\$18 per person for Session 4 (includes all 3 dates)

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Sessions 1 & 4: June 3;

Session 2: June 10; Session 3: June 17

Instructors: Apple Valley Parks and Recreation Staff

“It’s a small world after all”, so let’s explore some new countries! Join us for 1, 2, or all dates as we learn all about the music, arts, flag, language, customs and food from another country. We will end class with a ‘small meal’ of food from this country! Parents do not stay. Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.

Little Chefs “Healthy Cooking & Creative Eats”

Ages 3-6

Session 1: Friday, June 14; 11:00am-12:15pm

Session 2: Friday, July 12; 11:00am-12:15pm

Session 3: Friday, August 2; 11:00am-12:15pm

\$7 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Session 1: June 7

Session 2: July 5; Session 3: July 26

Instructors: Apple Valley Parks and Recreation Staff

A fun tot’s cooking classes featuring healthy foods and snacks for preschoolers! We will try new recipes each session, and each “Little Chef” will take home a recipe book of the recipes from that session. Parents do not stay. Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.

“Kidz Kan Act” Youth Theatre Group – NEW

Ages 5-8

Monday & Tuesday, July 1 & 2; 1:00-3:00pm daily

(Play Performance at 3pm on July 2)

\$8 per person for both days

Apple Valley Community Center

Min. 5 Max. 8

REGISTRATION DEADLINE: June 24

Instructors: Apple Valley Parks and Recreation Staff

This is your opportunity to “star in a play”! All participants will be involved in the writing, acting, costuming, make-up & props, and staging of our play, “Where Is the Big Bad Wolf?”, an adaptation of “The Three Little Pigs”. On Monday, all parts will be cast, the background and sets will be created, costuming and make-up decisions made, and rehearsals will begin. On Tuesday, we will finish everything up, rehearse the play some more, and at 3:00pm, present the play to your family/friends, when they arrive to pick you up! Lots of fun for all as you experience all that goes in to a play production. Register early, spaces are limited!

HEALTHY PARKS HEALTHY PEOPLE

Wet, Wild & Wacky Outdoor Fun! - NEW

Ages 5-8

Session 1: Wednesday, July 10; 1:00-2:30pm
‘Recess Pieces’ & Playground Games

Session 2: Wednesday, July 17; 1:00-2:30pm
Scavenger Hunt & Nature Games

Session 3: Wednesday, July 24; 1:00-2:30pm
Wonders of Water & Wacky Games

Session 4: Wednesday, July 31; 1:00-2:30pm
Kickball & Crazy Olympics

\$6 per person, per session
Apple Valley Community Center
Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Session 1: July 3;
Session 2: July 10; Session 3: July 17; Session 4: July 24

Instructors: Apple Valley Parks and Recreation Staff
Join us at the Apple Valley Community Center, but let’s play outdoors! Great activities have been planned for each of the 4 dates so come out and have some outdoor summer fun! Games, contests, challenges, competitions, and some messy activities will all be included so, dress to get messy! “Cool drinks” will be provided each session.

Little Luau for Tots

Ages 3-6

Friday, August 9; 11:00am-12:15pm

\$7 per person
Redwood Park Pavilion, 311 Elm Drive (Indoors if it’s raining)
Min. 6 Max. 12

REGISTRATION DEADLINE: August 2

Instructors: Apple Valley Parks and Recreation Staff
A Luau and cookout, just for tots! We’ll do the limbo, make cool crafts to wear, and have tasty Luau snacks at NOON! Wear your best Luau outfit today! Parents do not stay.

Little Explorers Club

Ages 3-6

Friday, August 16; 10:30am-12:00pm

\$7 per person
Redwood Park Pavilion, 311 Elm Drive (Indoors if it’s raining)
Min. 6 Max. 12

REGISTRATION DEADLINE: August 9

Instructors: Apple Valley Parks and Recreation Staff
A wonderful program for all little ones, age 3-6 years, who want to be little explorers! Meet at the Redwood Community Center, under the pavilion where we will explore the park, and create some wonderful nature masterpieces. Lots of fun for tots who love flowers, bugs, leaves, rocks, sand, and everything in nature! Dora the Explorer stories will be read and we will end with a tasty treat. Parents do not stay for class.

Take a Hike! – NEW

Ages 5-8

Friday, August 23; 10:00-11:30am

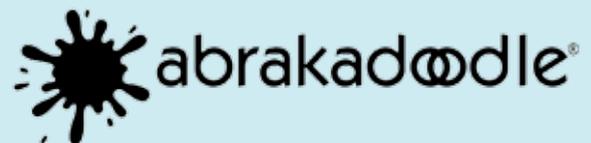
\$6 per person
Alimagnet Park; Drop-off at the Park Entrance off 143rd Street, going right onto Holland Ave.; Pick-up at pavilion, near the playground area, off Walnut Lane at Ridgeview Drive.

Min. 5 Max. 10

REGISTRATION DEADLINE: August 16

Instructor: Linda Runeborg

It’s a wonderful day to ‘take a hike’! Alimagnet Park has a beautiful trail system that everyone should take some time to hike and explore! We’ll meet at the entrance into the park, as listed above, and hike the trail to the playground area of the park, where the children will be picked up. Along the way, you will fill your “Nature Book” with nature items, found along the path! A ‘healthy hiking snack’ will be provided. Dress to hike, bring a water bottle, wear sun screen, and bring bug spray!



ABRAKADOODLE Programs for “Little Doodlers”

Abrakadoodle Art Enrichment is a program that strives to inspire creativity in every child through imaginative lessons, and fun ART CAMPS & Classes! Parents do not stay.

Abrakadoodle Mini Doodlers

Ages 4-6

Fridays, June 21, 28; July (NO 5), 12, 19; 10:00-10:50am

\$59 per person for all 4 days
Falcon Ridge M.S.; 12900 Johnny Cake Ridge Road
Min. 4 Max. 6

REGISTRATION DEADLINE: June 14

Instructor: Abrakadoodle Staff

Explore art and creativity on Fridays! Paint seahorses, sculpt funny fish, paint with sand and collage a cool summer picture. Play and create on your own! Lots of fun for tots!





Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. Children are naturally drawn to science because of its almost magical qualities. We believe science sparks wonder and imagination in children and allows them to use their natural curiosity for

discoveries. The curriculum has been designed to help children develop problem solving and creative thinking skills. Science Explorers' activities challenge children by providing a different hands-on activity each day and encouraging them to try different solutions. We believe these skills will help children throughout their entire life. Parents do not stay.

Camp Caterpillar

Ages 3 ½ - 6

Tuesday-Thursday, June 4, 5, 6; 10:00am-12:00pm

\$55 per person for all 3 days

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: May 28

Instructor: Science Explorer's Staff

Our Earth is a wonderful adventure just waiting for you! As a caterpillar camper, you will begin a new exploration each day as we learn about our planet. Investigate bugs, plants, animals, and the weather through activities, projects, songs, stories and more.

Mixture Madness

Ages 3 ½ - 6

Tuesday-Thursday, June 18, 19, 20; 10:00am-12:00pm

\$59 per person for all 3 days

Falcon Ridge Middle School

12900 Johnny Cake Ridge Road

Min. 4 Max. 5

REGISTRATION DEADLINE: June 11

Instructor: Science Explorer's Staff

Pour, mix, measure and stir. In Mixture Madness you will be exploring the world of chemistry by mixing together safe ingredients. You will create slime while learning about polymers, have fun with magical crystals while learning about absorption, plus formulate your own mixtures through open exploration. Be sure to dress so you can get messy as we explore these and other fascinating mixtures.



Rapunzel's Beauty Party! - NEW

Ages 2 ½ - 7 years & a parent

Saturday, July 20; 10:00-11:00am

\$19 per child; parent(s) attend free!

Apple Valley Community Center

Min. 7 Max. 15

REGISTRATION DEADLINE: July 12

Instructors:

"Once Upon A Star" Staff

Join Once Upon A Star's 'RAPUNZEL & PASCAL' for a beauty-fun party! Rapunzel will lead the group with "Tangled activities" including royal dancing & a flannel-board castle game starring Maximus. All children will receive a braided hair extension which Rapunzel will clip in! Also, kids will decorate and take home their very own beauty mirror! Come dressed like royalty and make sure you bring a camera for a photo with Rapunzel & Pascal.

Space Adventure

Ages 3 ½ - 6

Tuesday-Thursday, August 6, 7, 8; 10:00am-12:00pm

\$59 per person for all 3 days

Falcon Ridge Middle School; 12900 Johnny Cake Ridge Road

Min. 4 Max. 5

REGISTRATION DEADLINE: July 30

Instructor: Science Explorer's Staff

Blast off with Science Explorers for a fun filled trip to the stars. Upon our departure, we will learn about gravity and how it affects us here on earth. Then, we soar past the moon, we will explore its phases and stop to investigate the planets of our solar system and how they orbit the sun. As we reach the end of our trip, we will look to the constellations and learn their stories. Come and join us on our journey as we create art projects, play games and more!

HEALTHY PARKS HEALTHY PEOPLE

Kidcreate Studio

Art Classes & Camps for Tots

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provided a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged.

“Once Upon a Time” Art Class - **NEW**

Ages 18 months-6 years & a parent

Friday, July 19, 26; August 2, 9; 10:00-11:00am

\$48 per person for all 4 days; parent(s) attend for FREE!

Apple Valley Community Center

Min. 5/Max. 10

REGISTRATION DEADLINE: July 12

Instructors: Kidcreate Studio Staff

Silly monkeys, colorful fish and alphabet filled coconut trees. This class is part art class and part book club! Your child will be inspired by outstanding children’s literature. We’ll read fantastic books like ‘Chicka Chicka Boom Boom’, ‘Rainbow Fish’, and ‘Five Little Monkeys Jumping on the Bed’. Then, we’ll create our own masterpieces using the books as our inspiration. Together we’ll learn about different illustrators, art styles, art techniques and develop a love of reading! Come and create right along with your child, children must be accompanied by a caregiver.



“Thomas the Tank Engine” Art Class - **NEW**

Ages 3-6

Friday, June 7; 9:00am-12:00pm

\$32 per person

Apple Valley Community Center

Min. 5/Max. 10

REGISTRATION DEADLINE: May 31

Instructors: Kidcreate Studio Staff

Toot toot, all aboard! Come and create art inspired by the famous blue steam engine, Thomas the Tank Engine. Please pack a nut free snack and a drink for your child.



“C is for Cookie” Art Class - **NEW**

Ages 3-6

Friday, June 28; 9:00am-12:00pm

\$32 per person

Apple Valley Community Center

Min. 5/Max. 10

REGISTRATION DEADLINE: June 21

Instructors: Kidcreate Studio Staff

Cookie Monster was right when he said “C is for cookie, that’s good enough for me!” Come and create a multi-media project inspired by the adorable Cookie Monster himself! Please pack a nut free snack and a drink for your child.



“Music Together in the Valley”

pre-school music program for parents & children
Children, birth-Age 5 and a Parent

Session 1: Mondays, June 24; July 1, 8, 15, 22, 29;

August 5, 12; 6:15-7:00pm

Session 2: Tuesdays, June 25; July 2, 9, 16, 23, 30;

August 6, 13; 9:30-10:15am

Session 3: Tuesdays, June 25; July 2, 9, 16, 23, 30;

August 6, 13; 10:30-11:15am

\$149 per Adult-Child Pair for the 8-week session
(only register the child, not the parent)

\$79 per additional sibling

FREE with a paid sibling: Siblings 8 months & younger
(must be born after 10/25/12)

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINE: June 17

Instructor: “Music Together” Instructor, Laurie McFaul

Music Together is an award-winning, internationally acclaimed early childhood music and movement program for children from birth to kindergarten and the grownups who love them. In class, you’ll dance, sing, play rhythm instruments and share 45 minutes of pure fun with your child each week for 8 weeks while supporting your child or children’s cognitive, verbal, physical, emotional, social and music development. Receive an illustrated songbook and two CDs—one for home and one for on-the-go. All classes are mixed-age, so siblings can participate together. Register your child(ren) only. Infants under eight months on the first day of the session are free with a paying sibling.

Free Demo “Music Together” Classes

Birth-age 5 and a Parent

Session A: Tuesday, June 11; 9:30-10:15am

Session B: Monday, June 17; 6:15-7:00pm

FREE, but only 1 demo per family please

Apple Valley Community Center

Min. 6 Max. 12 pairs per each demo

REGISTRATION DEADLINES: Session A: June 4;

Session B: June 10

Instructor: “Music Together” Instructor, Laurie McFaul

Experience the joy of making music. These free classes are for those who are seriously considering registering for an 8-week session but would like to try a class with their child(ren) first. Only one demo per family, register your child(ren) only, but parents still attend. Space is limited so register soon! Call 952-953-2300 with questions; or check our website:

www.cityofapplevalley.org.

Musical Safari Series

Parents and children, join our resoundingly popular music series and go on a Musical Safari, designed especially for little music makers and their parents. Each session explores a different seasonal theme! Children with special needs are welcome to participate. The fee is for one child and one parent (only register the child); and any additional adults are **FREE**.



Banana Babies

Children, birth to 17 months & a Parent

Session 1: Monday-Friday, June 24-28; 9:00-9:45am

Session 2: Monday-Friday, August 5-9; 9:00-9:45am

\$50 per adult-child pair; \$30 per additional child, per session
Falcon Ridge Middle School; 12900 Johnny Cake Ridge Road
Min. 4 Max. 6 per session

REGISTRATION DEADLINES: Session 1: June 17;

Session 2: July 29

Instructor: Jennifer Ackland, Musical Safari

A great way to introduce your child to music! Bond with your child through music, singing songs, dancing, doing finger plays and playing instruments.

Twocans/Chimpanthrees

Children, 18 months to 6 years & a Parent

Session 1: Monday-Friday, June 24-28; 10:00-10:45am

Session 2: Monday-Friday, August 5-9; 10:00-10:45am

\$50 per adult-child pair; \$30 per additional child, per session
Falcon Ridge Middle School; 12900 Johnny Cake Ridge Road
Min. 4 Max. 6 per session

REGISTRATION DEADLINES: Session 1: June 17;

Session 2: July 29

Instructor: Jennifer Ackland, Musical Safari

This is a great way to introduce your child to music! Begin to work on songs that require your child to follow simple directions such as fast/slow and start/stop.

Family Safari

Children, birth to 5 years & a parent/grandparent

Session 1: Monday-Friday, June 24-28; 11:00-11:45am

Session 2: Monday-Friday, August 5-9; 11:00-11:45am

\$50 per adult-child pair; \$30 per additional child, per session
Falcon Ridge Middle School; 12900 Johnny Cake Ridge Road
Min. 4 Max. 6 per session

REGISTRATION DEADLINES: Session 1: June 17;

Session 2: July 29

Instructor: Jennifer Ackland, Musical Safari

Sing, dance and play instruments together. Bring all of your children to one class! All participants (including parent or grandparent) need to be registered for the class.

“Introduction to Martial Arts”

Classes for Tots and Youth

Our objective is to provide a positive, exciting environment for preschoolers and grade school students. The Introduction to Martial Arts Classes will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games!



ALL Classes are held at the Minnesota Valley Martial Arts Studio; 14050 Pilot Knob Road #124; call **952-423-5600** for directions, if needed. NOTE: Our classes are set up as “ONE-TIME Introductory Classes”, which will allow you to experience Martial Arts Classes without a huge commitment, to see if you enjoy the classes. After the 1st Introductory Class, more classes can be scheduled at the MN Valley Martial Arts Studio—**ONLY ONE** Introductory class each please!

Little Ninjas Classes

Parents stay and observe the classes

Ages 4-6

Session 1:

Mondays, May 20, (NO 27); June 3, 10, 17; 6:00-6:30pm

Session 2: Thursdays, May 23, 30; June 6, 13; 5:30-6:00pm

Session 3:

Saturdays, June 15, 22, 29; July (NO 6), 13; 10:15-10:45am

Session 4: Mondays, August 5, 12, 19, 26; 6:00-6:30pm

\$25 per person, per session, includes a uniform
MN Valley Martial Arts Studio; 14050 Pilot Knob Road #124
Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Our objective is to provide a positive, exciting environment for pre-school, kindergarten/1st grade students. The

Little Ninjas

Program

will enhance

the development of

basic good habits such

as paying attention, following

instructions, cooperating with others,

and practicing self-discipline and

control. Each class will begin with fun

physical warm ups and basic martial

arts moves, and will also include fun and

engaging games!



HEALTHY PARKS HEALTHY PEOPLE

Beginning Tae Kwon Do for Kids

Ages 7-12; Parents stay and observe the classes

Session 1: Mondays, May 20, (No 27); June 3-17; 5:15-6:00pm

Session 2: June 15-29; July (No 6), 13; 10:15-11:00am

Session 3: Mondays, July 8, 15, 22, 29; 5:15-6:00pm

Session 4: Saturdays, August 3, 10, 17, 24; 10:15-11:00am

\$25 per person, per session, includes a uniform

MN Valley Martial Arts Studio; 14050 Pilot Knob Road #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff
Tae Kwon Do is not only a good physical workout, but you will enjoy other benefits of the discipline including respect, focus, self-control and more. The studio supplies the uniform and children receive a White belt upon course completion. Continuing classes are available through the studio. Come enjoy a family-friendly atmosphere.

Wushu Martial Arts for Youth

Ages 8-13; Parents stay and observe the classes

Session 1: Mondays, May 20, (NO 27) June 3, 10, 17; 6:00-7:00pm

Session 2: Wednesdays, June 5, 12, 19, 26; 6:00-7:00pm

Session 3: Wednesdays, July 10, 17, 24, 31; 6:00-7:00pm

Session 4: Mondays, August 5, 12, 19, 26; 6:00-7:00pm

\$25 per person, per session, includes a uniform

MN Valley Martial Arts Studio; 14050 Pilot Knob Road #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINE: Please register at least one week prior to the start

Instructor: Scott Folke, Certified w/Korean Wushu Federation
Looking for something fun, different, and exciting to get you into great shape while learning a Martial Art? Wushu is all of that and more. This Martial Art has a long traditional history and has been adapted to become the most popular sport all over Asia. Wushu is finding it's following here in the US. Wushu develops dynamic leg and core strength along with giving you a great aerobic workout. This program is for the beginner to advanced levels. Come and enjoy a great workout!

Kids Triathlon

Apple Valley Family Aquatic Center

Saturday July 27; 8:00am Check In

Age groups 7 to 8, 9 to 10, 11 to 12 (age as of race day)

\$29 per participant

REGISTRATION DEADLINE: July 24

Join us for one of the hottest youth athletic events offered today, a Youth Triathlon. Held in and around the Family Aquatic Center, your young athlete will swim, bike and run for the fun and thrill of competition with other kids of the same age. Distances for each age group are age appropriate. Prizes and giveaways as well as snack for participants will be provided. Spectators welcome. Additional information packet will be emailed after the registration deadline with specific details for each age group. Call Steve Skinner, **952-953-2314** for further information.

Sports Unlimited

'SkateStart Mini Shredder Camp' - **NEW**

Ages 4-10

Monday-Thursday, June 17, 18, 19, 20; 9:00-11:00am

\$82 per person for all 4 days

Teen Center Skate Park, 14255 Johnny Cake Ridge Road
Min. 8 Max. 24

REGISTRATION DEADLINE: June 10

Instructors: Sports Unlimited Staff

Join us and learn the basics of skateboarding through this awesome SkateStart Camp, which is geared toward beginning skateboarders, ages 4-10. Using the unique SkateStart skateboard (provided at the camp) you will learn how to push and roll the skateboard using proper technique, and foot placement. Watch your confidence soar and enjoy learning how to skate with proper form and equipment! Each SkateStart skateboard uses a revolutionary new system that uses markings on the grip tape to indicate proper foot placement for pushing (purple), rolling (red), and ollieing (orange), or PRO, to get kids to the fun parts of skating quickly. Other activities include, sharks and skaters, treasure hunt, and games of s.k.a.t.e. Campers are required to bring a helmet, water, snack and sunscreen; we provide the board (a SkateStart skateboard will be provided to use during class) and all pads. Please wear appropriate shoes; no open toed shoes or crocs.

Sports Unlimited 'Youth Skateboarding Camp'

Ages 6-12

**Monday-Thursday, July 22, 23,
24, 25; 9:00am-12:00pm**

\$82 per person for all 4 days

AV Teen Center Skate Park, 14255 Johnny Cake Ridge Road
Min. 8 Max. 24

REGISTRATION DEADLINE: July 15

Instructors: Sports Unlimited Staff

(Staff to camper ratio is 10-1)

The goal of our Youth Skateboarding Camp is to advance the skateboarding skills for youth ages 6-12, of all abilities, in a fun and safe environment. Skateboarding is one of the world's fastest growing sports. Whether you are just learning, ready to learn more advanced tricks, Sports Unlimited Skateboarding Camp is for you. Make new friends, advance your skills and most importantly, HAVE FUN! Individual skills/tricks taught: balance, coordination, stopping, turning, ollie, nollie, heelflip and kickflips.

Required Equipment: Skateboard and helmet (bike is ok), knee pads, elbow pads. and wrist guards are recommended. (All recommended gear available at no charge if you don't have your own). Please bring your water bottle, snack, sunscreen and a great attitude!





Abrakadoodle Art Enrichment strives to inspire creativity in every child through imaginative lessons, and fun ART CAMPS! Parents do not stay.

‘Duct Tape It Up’ Art Camp - NEW

Ages 6-11

Monday & Wednesday, July 8 & 10; 1:00-3:30pm

\$59 per person for the 2 days

Apple Valley Community Center

Min. 6 Max. 22

REGISTRATION DEADLINE: July 1

Instructors: Abrakadoodle Staff

Do you love Duct tape? Want to learn how to make a Duct bag or computer sleeve? How about an iPod/gadget holder? We'll learn to make a belt and we'll make a cool necklace or funky necktie. In this fun and crazy 2 day camp we'll make lots of crazy duct tape creations that you will love. Come join us for some sticky fun. Bring a beverage and a nut free snack each day.

‘Light up the Night Glow Art’ for your Room

NEW

Ages 5-11

Tuesday & Thursday, July 9 & 11; 1:00-3:30pm

\$59 per person for the 2 days

Apple Valley Community Center

Min. 6 Max. 22

REGISTRATION DEADLINE: July 1

Instructors: Abrakadoodle Staff

Turn your room into a night time wonderland with luminous glow-in-the-dark materials. Create cool and unique figures, paintings and pictures that will glow in the dark! Bring a beverage and a nut free snack each day.

‘Best of Star Wars’ Art Camp - NEW

Ages 5-11

Monday & Wednesday, July 29 & 31; 9:30am-12:00pm

\$59 per person for the 2 days

Apple Valley Community Center

Min. 6 Max. 22

REGISTRATION DEADLINE: July 22

Instructors: Abrakadoodle Staff

If you love Star Wars then this is the camp for you! In this camp we'll do some of our favorite Star Wars lessons from summers past. We'll learn to draw, sculpt and paint your favorite characters. We'll make Yoda with clay and even make your own light saber! May the force be with you! Bring a beverage, nut free snack, and wear recess attire, each day.

‘Let’s go to the Lake’ Art Camp - NEW

Ages 5-11

Monday & Wednesday, July 29 & 31; 12:30-3:00pm

\$59 per person for the 2 days

Apple Valley Community Center

Min. 6 Max. 22

REGISTRATION DEADLINE: July 22

Instructors: Abrakadoodle Staff

Do you love going to the lake? Do you like to swim at the beach? Go fishing? Take a boat ride? In this fun camp we'll create a beach scene with colored sands. We'll learn how to draw a loon. We'll make fish prints; sculpt a canoe out of model magic and more. Bring a beverage and a nut free snack each day.

‘Art Experiments’ Art Camp - NEW

Ages 5-11

Tuesday & Thursday, July 30 & August 1; 9:30am-12:00pm

\$59 per person for the 2 days

Apple Valley Community Center

Min. 6 Max. 22

REGISTRATION DEADLINE: July 23

Instructors: Abrakadoodle Staff

In this fun 2 day camp we will have fun using art materials and science to create some cool special effects. We'll investigate the world of art and science. We'll use salt and watercolor to make an interesting and colorful creation, we'll make neon slime. We'll make sidewalk chalk and create ice crystals and create a bath ball that fizzes in the tub and more in this camp of art creations. Bring a beverage and a nut free snack each day.



HEALTHY PARKS HEALTHY PEOPLE

Youth Activities

Kidcreate Studio

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provided a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. Parents do not stay.



“Angry Birds & More Apps” Art Camp – **NEW**

Ages 5-12

Monday-Thursday, June 17, 18, 19, 20; 9:00am-12:00pm

\$98 per person for all 4 days

Apple Valley Community Center

Min. 5/Max. 20

REGISTRATION DEADLINE: June 10

Instructors: Kidcreate Studio Staff

Register early for this popular camp! “Slingshot” your young artist into the incredible world of art at this fun camp! Your child will learn about the artistry of top grossing app games as they are inspired by their favorite smart phone games like Angry Birds®, Doodle Jump®, Plants vs. Zombies® and Fruit Ninja®. We’ll work with air-dry clay, Model Magic® and paint to create these masterpieces! Please pack a nut free snack and a drink for your child each day.



“Horsing Around” Art Camp - **NEW**

Ages 5-12

Monday-Thursday, July 22, 23, 24, 25; 9:00am-12:00pm

\$98 per person for all 4 days

Apple Valley Community Center

Min. 5/Max. 20

REGISTRATION DEADLINE: July 15

Instructors: Kidcreate Studio Staff

Is your child crazy about horses? Arabians, Thoroughbreds, and Palominos - do they love them all? At this popular camp, your child will learn simple step-by-step techniques to draw and sculpt beautiful horses. But that’s not all! They will also create mini horse accessories, a pasture scene and more. These masterpieces are sure to win blue ribbons! Please pack a nut free snack and drink for your child each day.



Young Rembrandt’s

“Summer Art Workshops” for Youth

No prior art class experience necessary. Young Rembrandt’s Instructors provide a positive, nurturing environment for each child, and they use an innovative, step-by-step drawing method that can teach any child how to draw, regardless of artistic ability, giving them the skills to express their creativity that will last a lifetime. All materials are provided. Parents do not stay.

Cartoon Blast Camp! - **NEW**

Ages 6-12

Monday-Thursday, June 17, 18, 19, 20; 10:00-11:00am

\$42 per person for all 4 days

Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: June 10

Instructors: Young Rembrandt’s Staff

In this camp your child will learn about exaggeration and how to draw facial expressions through cartooning. Learning to tell a story through a series of drawings will be the focus in our illustrations. We will learn cartoon expressions, movement, exaggeration, and sequencing to tell a joke while drawing animals, object, people and more. Children will complete several cartoon drawings each day and create their own comic book. Enroll today!

Monster Cartooning Camp- **NEW**

Ages 6-12

Monday-Thursday, July 22, 23, 24, 25; 10:00-11:00am

\$42 per person for all 4 days

Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: July 15

Instructors: Young Rembrandt’s Staff

Boys and girls are going to love these inventive, original and playful monsters! Learn to draw wild faces, exaggerated features and scary bodies. Children will learn a variety of basic cartoon techniques, while enjoying the fun our creatures offer. The “monster under the bed”, the “closet monster” and many more will appear, along with a multitude of original monster characters!

Sports Cartooning Camp - **NEW**

Ages 6-12

Monday-Thursday, August 12, 13, 14, 15; 10:00-11:00am

\$42 per person for all 4 days

Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: August 5

Instructors: Young Rembrandt’s Staff

It’s time for cartoon lovers to learn to cartoon their favorite action sports! These cartoons all center on popular action sports such as skateboarding, skating, scooters and biking. Learn simple cartoon characters, how to show movement, action lines, sounds, sequencing a joke and expressions. Turn the sports you love into cartoons that you can enjoy again and again.

APPLE VALLEY TEEN CENTER

14255 Johnny Cake Ridge Road; 952-953-2385

www.cityofapplevalley.org

Teens going into Grades 6-12 reign exclusively over this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department. We are open 7 days each week except for some holidays.

Hours (May through June 7)

Monday-Thursday.....	2:30-8:00pm
Friday.....	2:30-9:00pm
Saturday.....	1:00-9:00pm
Sunday.....	1:00-7:00pm
Memorial Day (May 28).....	1:00-8:00pm

Hours (June 8 through September 2)

Monday-Thursday.....	1:00-9:00pm
Friday - Saturday.....	1:00-10:00pm
Sunday.....	1:00-7:00pm
Independence Day (July 4).....	CLOSED
Labor Day (September 2).....	1:00-7:00pm

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. Contact Marcie at mpadgett@ci.apple-valley.mn.us OR 952-953-2312 for more information, or to book your party! A \$25 fee, and a refundable \$50 deposit are required.

Coming this Spring & Summer to the Teen Center - OUR "Edible Garden" - NEW

This year, the Teens will have the responsibility of helping the Teen Center Staff create our "brand-new Edible Garden" right at the Teen Center! We will prepare the soil, plant, weed and eventually harvest vegetables and fruits, great healthy treats! Learn about gardening, be a part of our GARDENING TEAM! Sign up at the Teen Center, and help out when you can! **FREE!**

5th Grade "OPEN HOUSES" at the Teen Center

All current 5th Graders & Parent(s) are invited!

Tuesday, May 14 & Thursday May 23; 6:00-7:30pm

FREE!

Apple Valley Teen Center; 14255 Johnny Cake Ridge Road

Hosts: Teen Center Staff

Fifth grade students will soon be eligible to use the Apple Valley Teen Center. Parents are encouraged to stop by with their "soon-to-be-6th-grader" and take a tour of the facility, meet the Teen Center Staff, and ask questions! Refreshments will be available.



What is there to do at the Teen Center?

Birthdays Parties * Guitar Hero
 Pizza, Hot Pockets, Ice Cream Treats * Watch DVD Movies
 PS3, Xbox 360; Wii * Special Events/Programs scheduled
 Ping Pong, Foosball & Air Hockey * Teen Dances
 * Skateboard Park (open April-October) * Skating Rinks (Dec.-Feb.)
 Basketball /Outdoor Sports equipment

1st Annual "DJ COLOR DANCE", plus "Pool Time" at the AVFAC

All Youth entering grades 6-10 next Fall

Friday, June 28; 4:00-7:00pm

DJ Color Dance-Apple Valley Teen Center

14255 Johnny Cake Ridge Road; 4:00-7:00pm

Pool Time; Apple Valley Family Aquatic Center

14421 Johnny Cake Ridge Road; 7:00-8:00pm

\$10 per person if registered by Friday, June 21

(the fee includes the Color Dance & Pool Time!)

\$15 per person on the day of the event; Maximum of 100 only! Sign up early or you'll miss out! A brand-new Teen Event to help "Kick Off" the Freedom Days Celebration in Apple Valley! Celebrate summer

with your friends at the coolest most colorful dance ever – our "DJ COLOR DANCE"! Wear clothes that need a splash of color added because that is what you'll get at this dance, COLOR! PurColour Celebration Powder will make this the most colorful event ever! Dance to your favorite tunes and periodically, we'll release color packets, making a rainbow of colors all over the place! A DJ will play your favorite tunes, 4:00-7:00pm, followed by a shower to wash the color away and swimming at the AVFAC until 8:00pm. Afterwards, head across the street to the "Freedom Days Carnival/Car Show" at Johnny Cake Ridge Park East! An entire evening of fun in one place! Bring a towel, sunscreen, snacks, beverages (no glass containers), or some money for concessions. Pre-register at the Teen Center Office, at the Apple Valley Community Center, or on-line at www.cityofapplevalley.org, by June 21 and pay only \$10. The fee will be \$15 at the gate on Friday, June 28th. (Rain Make-Up Date: July 5, same time)



HEALTHY PARKS HEALTHY PEOPLE

2013 Dakota County "Battle of the Bands"

4 Opportunities for your band!

Youth entering Grades 9-12 next fall

Shakopee: Thursday, June 27

Contact Brad Eller at beller@ci.shakopee.mn.us
(952) 233-9507

Lakeville: Thursday, July 11

Downtown Lakeville, Pan-O-Prog Days (www.panoprogram.org)

Contact Jim Dunn at jkdunnfour@msn.com
(651) 336-1006

Prior Lake: Thursday, July 18

Lakefront Park Band Shell
Contact Angela Barstad at abarstad@cityofpriorlake.com
(952) 292-4832

Eagan/Apple Valley: Thursday, July 25

Central Park, 1501 Central Pkwy, Eagan

Contact Loudi Rivamonte at Irivamonte@cityofeagan.com

(651)675-5550 OR- Marcie Padgett at

mpadgett@ci.apple-valley.mn.us (952) 953-2312

\$32 per band, per each date

(contacts listed above for each event)

All types of music are welcome – Acoustic, Indie, Rap, Emo, all genres welcome and appreciated! Cash prizes awarded to the Battle of the Band winners at each event listed above!

REGISTER YOUR BAND FOR THIS SUMMER'S HOTTEST "BATTLE OF THE BANDS" EVENTS NOW!

Sign Up, Register, Get Involved

Valley Athletic Association provides athletic and social development through sports

Sports offered

Registration Opens



Valley Athletic Association
www.vaasports.org
admin@vaasports.org
952-432-5618

	Baseball	Community (Grades Pre K – 11) Traveling (Ages 9 – 15)	December
	Basketball	Community (Grades Pre K – 6) Traveling (Grades 4 – 6)	June
	Cross Country	Community (Grades 4 – 6)	June
	Football	Community (Grades 1 – 6) Traveling (Grades 7 – 8)	May
	Lacrosse	Community Spring (Grades K – 10) Community Summer (Grades 3 – 8)	January & March
	Soccer	Community, Summer (Grades Pre K – 12) Community, Fall (Grades Pre K – 7) Traveling, Summer (Ages U9 – U19) Traveling, Fall (Ages U9 – U14)	January & June
	Softball	Community (Grades K – 12) Traveling (Ages K – U14)	January
	Tennis	Community (Grades Pre K – 9) Traveling (Ages 8U – 18U)	January
	Track	Community (Grades K – 6)	January
	Volleyball	Community, Spring & Fall (Grades 2 – 12)	January & June
	Wrestling	Community (Grades K – 6)	December

Register online at www.vaasports.org

FAMILY ACTIVITIES

2013 Ground Pounders Grand Prix Series

The Ground Pounders "Grand Prix Running & Active Living Series" is a series of 6 prestigious events sponsored by the South of the River (S.O.R.R.) Communities of Apple Valley, Burnsville, Farmington, Lakeville, Rosemount and Savage. Runners may participate in as many of the races as they choose. Participate in 4 or more of the events listed below and you will be eligible for a drawing for grand prizes from Runner's Gate, and other sponsors, at the end of the season. Open to all ages...

The following 6 races are scheduled this summer:

Saturday, June 1: Burnsville

5K Run; 8:30am; Nicollet Commons Park

952-895-4500 or www.burnsville.org

Saturday, June 15: Farmington

1 & 4 Mile Runs; 1/2 Mile Junior Jog

Former Farmington City Hall

651-280-6850 or www.ci.farmington.mn.us

Thursday, July 4: Apple Valley

2 & 5 Mile Runs; Youth 1/2 Pint 1/2 Mile

Hayes Park

952-953-2300 or www.cityofapplevalley.org

Saturday, July 13: Lakeville

1 & 4 Mile Runs; 1/2 Mile Fun Run

Casperson Park

952-985-4600 or www.lakevillemn.gov

Saturday, July 20: Rosemount

1 & 4 Mile Runs; 1 & 4 Mile Walks; 1/2 Mile Youth Sprint

Rosemount Community Center

651-322-6000 or www.ci.rosemount.mn.us

Saturday, October 26: Savage

Halloween 4 Mile Run; 1/2 Mile Youth Run

952-224-3420 or www.cityofsavage.com

Runner's Gate "Lose It" Program - NEW

Age 13 & older

Tuesday, May 7, 14, 21;

6:00-7:30pm

\$25 per person; Runner's Gate, 7676 160th Street West; Lakeville
Min. 4 Max. 8

REGISTRATION DEADLINE: May 1

Instructors: Runner's Gate Staff

Reason to Run? Because if you don't your butt's not getting any smaller! Runner's Gate in Lakeville, winner of Runner's World prestigious Runner's Choice Award is ready to get you off the couch and out on the trails! Professional trainers will give you a gait analysis, create an individual training program for you based on your needs, give you great tips on running technique, footwear, gear and more. Oh yeah - you even get a \$20 coupon towards a shoe purchase at Runner's Gate. Get ready for the summer by running with us in the Spring!

Groundpounder



Grand Prix Running Series



Freedom Days 2 & 5 Mile Fun Runs & Half-Pint Half-Mile

All ages

Thursday, July 4; 8:00am SHARP

Start for both the 2 and 5-mile races Approximately 9:30-9:45am for the "1/2 Pint 1/2 Mile" race

2 & 5-mile races:

\$7 Advance Fee (race only)

\$15 Advance Fee (race plus a t-shirt)

\$14 Day of event Fee (race only)

\$22 Day of event Fee (race plus a t-shirt)

1/2 Pint 1/2 Mile - FREE!

(Register on Race Day, 6:30-7:45am)

Apple Valley Community Center; 14603 Hayes Road

ADVANCE REGISTRATION DEADLINE: Wednesday, June 26 at 7:00pm

Registrations after this deadline can only be done on 7/4/13

RACE DAY REGISTRATION: July 4; 6:30-7:45am only at Apple Valley Community Center

FOR MORE INFORMATION: Call 952-953-2300 -or- www.cityofapplevalley.com Our 2-mile and 5-mile races will be offered again in conjunction with the "FREEDOM DAYS" 4th of July Celebration; plus, in its 12th year, our FREE "1/2 Pint 1/2 Mile" for youth age 10 years & under. Awards will be presented afterwards in age and gender categories, to the top 5 finishers in the 2 & 5-mile races; all participants in the Youth "1/2 Pint 1/2 Mile" race will receive a participation ribbon. T-shirts are limited and will be available on a first-come-first-serve basis.

Family Field Trip to MN Twins Baseball Game VS Cleveland Indians



Family Trip - if children attend, they must be accompanied by an adult

Wednesday, August 14; 10:45pm departure; 12:10pm game return afterwards

BUS DEPARTURE FROM & RETURNS TO:

Apple Valley Community Center

\$30 per person includes admission, transportation, parking fee - Home Plate View Seating

Min. 20 Max. 35

REGISTRATION DEADLINE: July 22

Chaperones: Apple Valley Parks & Recreation Department Staff It's summer, and time to enjoy outdoor TWINS BASEBALL at our awesome Outdoor Stadium, TARGET FIELD! Join a trip to see our Minnesota Twins this summer. Just hop on the bus at the Apple Valley Community Center and leave the tickets, driving and parking to us! SIGN UP SOON, SPACE IS LIMITED!

Who Done It Hike

All ages welcome

Saturday Sept. 15 • Hike starts at 10 a.m. sharp!

Registration day of only, 9:30-9:50 a.m. • Free

Ritter Farm Park, 19300 Ritter Trail, Lakeville

Play Sherlock Holmes by collecting clues, gathering information and solving mysteries, while walking the trails at Ritter Farm Park. When the end is near and you think you have it solved, you'll have a chance to guess "who done it." For those who guessed correctly, there will be another mystery—who will be a winner in the prize drawing? Pack a picnic for your family to enjoy after the hike!

HEALTHY PARKS HEALTHY PEOPLE

ADULT ACTIVITIES

Adult Summer Indoor & Outdoor Volleyball Leagues

Age 18 & Older

Leagues Offered:	Day:	Locations:	Fee:
Outdoor Open 4's; A & B 4 person	Thursday	JCRP/RW Cts. (begins 6/13/13)	\$100 per team
Outdoor Co-Rec "B-C"; 6-person	Tuesday	JCRP/RW Cts. (begins 6/11/13)	\$100 per team
Outdoor Co-Rec "C -D"; 6-person	Wednesday	JCRP/RW Cts (begins 6/12/13)	\$100 per team
Indoor Women's Leagues; 6-person (A1, A2, B1/ B2, C)	Thursday	AVCC Cts (begins 6/20/13)	\$100 per team

NOTE: An additional \$25 per team Non-Resident Fee will be charged to teams with less than 50% of their rostered players living or working full-time in Apple Valley.

REGISTRATION DEADLINE: May 14; 7:00pm

Interested teams should contact Lyndell Frey (Recreation Supervisor) at **952-953-2316** or lfrey@cityofapplevalley.org at the Apple Valley Parks and Recreation Department for league information and registration materials. Indoor leagues will play 9 matches plus play-offs, at the Apple Valley Community Center. Outdoor leagues will play for 9 matches plus play-offs at Johnny Cake Ridge Park, 140th Street & Johnny Cake Ridge Rd, and at Redwood Park, 311 150th Street W. 1st and 2nd place in league, plus 1st place in play-offs will receive Team gift card as well as Championship T-shirts for the 1st place team in league play.

Adult Open Softball - NEW

Age 50 & Older

Thursdays, 11:30am-1:30pm

May 2-July 25, 12 dates total (no games Thursday July 4)

\$3.00 per player per date

Johnny Cake Ridge Park
Field E

Here is a chance to get some daytime softball in. Players will be divided into equal teams of play, with two games of 7 innings each. We will also invite players from surrounding SORR Communities (Apple Valley, Burnsville, Rosemount, Farmington, Savage, Lakeville and Eagan) to get into the weekly action. Teams will call their own games as no umpire will be present. Softballs will be provided but players should bring their own glove and bat/bats as needed. A few bats will also be available for use. Our hopes are to expand this program with enough participants to be able to use several fields each Thursday. Based on the popularity of the program will might also look and playing two days a week!

A PRESEASON MEETING will be held on April 25th at 10:00 am at the fields to discuss rules of play, equipment etc. (Bring your gloves and bats for a little BP and get the gloves (and backs) loosened up. For further information contact Lyndell Frey (Recreation Supervisor at lfrey@cityofapplevalley.org or 952-953-2316 or Bill Bird Recreation Supervisor, Senior Center at bbird@cityofapplevalley.org or **952-953-2341**. No pre-registration required just show up at Johnny Cake Ridge Park for the pre-season meeting of the 1st day of play on May 2nd.

Adult Open Softball - NEW

Age 50 & Older

Thursdays, 11:30am-1:30pm

May 2-July 25, 12 dates total • (no games Thursday July 4)

\$3.00 per player per date

Johnny Cake Ridge Park - Field E

Here is a chance to get some daytime softball in. Players will be divided into equal teams of play, with two games of 7 innings each. We will also invite players from surrounding SORR Communities (Apple Valley, Burnsville, Rosemount, Farmington, Savage, Lakeville and Eagan) to get into the weekly action. Teams will call their own games as no umpire will be present. Softballs will be provided but players should bring their own glove and bat/bats as needed. A few bats will also be available for use. Our hopes are to expand this program with enough participants to be able to use several fields each Thursday. Based on the popularity of the program will might also look and playing two days a week!

A PRESEASON MEETING will be held on April 25th at 10:00 am at the fields to discuss rules of play, equipment etc. (Bring your gloves and bats for a little BP and get the gloves (and backs) loosened up. For further information contact Lyndell Frey (Recreation Supervisor at lfrey@cityofapplevalley.org or 952-953-2316 or Bill Bird Recreation Supervisor, Senior Center at bbird@cityofapplevalley.org or **952-953-2341**. No pre-registration required just show up at Johnny Cake Ridge Park for the pre-season meeting of the 1st day of play on May 2nd.

Fall Softball Leagues

Apple Valley's Parks and Recreation Department is offering evening Adult Fall Softball leagues for Men's and Co-rec teams this fall. Leagues will begin the 2nd or 3rd week of August. Interested teams should contact Lyndell Frey (Recreation Supervisor) at (952)-953-2316 or lfrey@cityofapplevalley.org by June 21 for league information and registration materials. **Note:** Teams that participated in the 2012 Fall or 2013 Spring/Summer leagues will automatically receive this information.

Registration Deadline: 7:00pm on July 18 (or until full)

Men's Doubleheader Leagues: Sunday through Thursday
Co-rec Doubleheader Leagues : Friday's

Women's Power Volleyball Leagues

Women age 18 and older

Tuesday evenings,

beginning September 17; 6:30, 7:30, 8:30pm games

\$180 per team (plus a \$25 fee per team for non-resident teams)
Apple Valley Community Center Gyms; 14603 Hayes Road

REGISTRATION DEADLINES:

Returning Teams: Friday, August 16

New Teams: Thursday, August 22

Our six-on-six officiated Volleyball Leagues for women 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Play begins on Tuesday, September 17, with practice times available on September 10. The leagues will consist of 9 matches plus playoffs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Recreational Volleyball Leagues

Women's and Co-Rec
Age 18 and older

Thursday evenings for Women's A/B/C (September 12 start)

Friday evenings for Co-Rec A/B/C/D (September 13 start)

\$100 per team (plus a \$25 per team fee for non-resident teams)
Apple Valley Community Center gyms; 14603 Hayes Road

REGISTRATION DEADLINES:

Returning Teams: August 15

New Teams: August 22

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday (Women's) and Friday (Co-rec) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Play begins on September 12 & 13, with practices times available on September 5 & 6. The leagues will consist of 9 matches plus playoffs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call 952-953-2316.

Adult 3 on 3 Indoor Basketball Fall League

(New for 2013)

3 Separate Divisions of Play:
Intermediate Division
Recreational Division
35 and Over Division

Tuesday evenings for Intermediate and Recreational Divisions (September 17 – October 22)

Wednesday evenings for 35 and Over Recreational Division (September 18 – October 23)

Ages 18 and over
\$50 per team

(teams without at least 50% of players either working full-time or living in Apple Valley must add a \$25 non-resident team fee)

Game Start Times: 6:15pm, 7:10pm, 8:05pm, 9:00pm

League Minimum 5 teams per division, League Maximum 10 teams per division

Apple Valley Community Center gyms; 14603 Hayes Road

REGISTRATION DEADLINE: Thursday, September 5

Games each week will consist of two 25 minute halves. Roster limit is 8 players. Our new three-on-three, self-officiated Intermediate and Recreational Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Tuesday evenings. Our new three-on-three, self-officiated 35 and Over Recreational Leagues for adults 35 years and older will be played at the Apple Valley Community Center on Wednesday evenings. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list. League championship t-shirts awarded for 1st place in each division. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call 952-953-2316.



S.O.R.R. Adult Co-Rec Fall Soccer League

Get ready for Co-Rec Soccer this fall! The South of the River Recreators (SORR) which consists of Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount and Savage sponsors this league. Teams participate for 10-11 weeks on Sunday afternoons beginning August 4th. Games will be played at various Rosemount field locations. Participants must be at least 23 years of age. Each team must have a minimum of 2 female players and a maximum of 5 players per team are allowed who do not live or work in one of the 7 SORR communities. League fees are \$825 and full payment is due with your registration. To ensure acceptance into the league, returning teams must register by July 19th, all other teams may register on a first serve basis after this date. Final registration deadline is July 26th. For additional information or to request a registration packet, please call Farmington Parks & Recreation at **651-280-6854** or visit their website at www.ci.farmington.mn.us.

S.O.R.R. Adult Co-Rec

"Self-Officiated" Fall Kickball Leagues

Age 18 & Older

Tuesday Evenings beginning July 30 or August 6; 6:30-10:30pm games

"B" League – "Recreational" at Apple Valley - JCRP & RW Fields

Wednesday Evenings beginning July 31 or August 7; 6:30-10:30pm games

"A" League – "Competitive" at Apple Valley-JCRP & RW Fields

Thursday Evenings beginning August 1 or August 8; 6:30pm-10:30pm games

"B" League – "Recreational" Apple Valley - JCRP & RW Fields and Savage–Community Park
\$165 per team

REGISTRATION DEADLINE: July 11 at 7:00pm

League Manager's Meeting: Monday, July 15; 6:00pm

Apple Valley Community Center

The "A" League is for more competitive teams; the "B" Leagues are for more recreational teams. Individual players looking for a Kickball team can call the Apple Valley Parks & Recreation Office to be included on our "draft" list. Includes 7-8 games plus play-offs, and awards. Call for a registration packet at **952-953-2316**; or check our website at: www.cityofapplevalley.org.

HEALTHY PARKS HEALTHY PEOPLE

S.O.R.R. Adult Fall Dodgeball League

Age 18 & older

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs.

The league starts on September 5

Game start times are between 6:30-9:00pm

The Dodgeball League is self-officiated ; \$114 per team

Team registration dates are as follows:

Returning team registration July 15 – August 8.

Open team registration August 9 - 23.

For more information and to register a dodgeball team call the Lakeville Parks and Recreation Department at (952) 985-4615.

Introduction to Martial Arts” Classes for Adults

NOTE – Our classes are set up as “ONE-TIME Introductory Classes”, which will allow you to experience Martial Arts Classes without a huge commitment, to see if you enjoy the classes. After the 1st Introductory Session, additional classes can be scheduled at the Minnesota Valley Martial Arts Studio

ONLY ONE Introductory class each please!

Cardio Kickboxing

Age 16 & Older

Session 1: May 20-June 15 • Session 2: July 8-August 3

Session 3: August 12-September 7

\$49 per person, per session for the entire 4-weeks

Classes are held at MN Valley Martial Arts

14050 Pilot Knob Road, #124; **952-423-5600**

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Session 1: May 13

Session 2: July 1; Session 3: August 5

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

This is no ordinary workout! If you are looking for a great workout with lots of variety, this is a fun and challenging class for you. Our 4 instructors offer a variety of different workouts, including aerobic, bags, core abdominals and strength training. This workout is all about you and your fitness needs. You choose the intensity level you want to workout at. Our main goal is to get you moving, burn calories, increase strength and have fun! Gloves are included. Work out up to 5 times a week: Monday-Thursday, 7:00-8:00pm, and Saturday, 8:00-9:00am, during your scheduled 4 weeks. You decide which days fit best into your schedule.

Apple Valley Seniors

Join area seniors (55 or better) for social, educational and recreational activities at the Apple Valley Senior Center, home of the Apple Valley Seniors. The center, located at 14601 Hayes Road is open Monday through Friday from 9:00am-4:00pm. We offer everything from Bingo to Computer Discussion; Book Club to Exercise classes. Call

952-953-2345 for further information and to receive a complimentary newsletter.

Jeet Kune Do

Age 18 & Older

Session 1: Thursday, May 16, 23, 30; June 6; 6:00-7:30pm

Session 2: Thursday, July 11, 18, 25; August 1; 6:00-7:30pm

\$40 per person, per session

Classes are held at MN Valley Martial Arts

4050 Pilot Knob Road #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Session 1: May 10

Session 2: July 5

Instructor: SiFu Michael O'Melia is a certified instructor and has over 25 years of martial arts experience.

The Cornerstone Mixed Martial Arts Program presents a well-rounded program for the beginner or the experienced martial artist. Bruce Lee's Jeet Kune Do emphasizes all ranges of empty-hand combat from kickboxing to hand-trapping and ground-fighting. Cornerstone's Filipino Martial Arts are weapons-based systems that teach mobility and sophisticated timing. Areas of training include stick, double stick, dagger and flexible weapons as well as empty hands. Using injury-free training methods, the student will develop flexibility, endurance and overall physical conditioning. Arts we teach include but are not limited to Jeet Kune Do, Filipino Martial Arts (Kali), Thai Kickboxing, ground fighting including Ju Jitsu, shoot wrestling and JKD Grappling.

Intro to Kettlebell Training

Age 18 & Older

Session 1: Saturday; June 8; 12:00-2:00pm

Session 2: Saturday; August 10; 12:00-2:00pm

\$50 per person, per session; bring your own Kettlebell

Classes are at MN Valley Martial Arts, 14050 Pilot Knob Rd. #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: May 31(1) & August 2 (2)

Instructor: James Neidlinger, MN Valley Martial Arts & 5 Rings Fitness

Do you want a great workout that builds lean muscle, core strength and increases mobility? Kettlebell Training can help you achieve these goals. This introductory class will teach you the basics of working out with kettlebells and how to build an effective workout that will keep you challenged and not bored. Kettlebell Training is accessible to all ages and ability levels. Whether you want to quickly burn fat, sculpt a body like a Greek statue, have a heart built of spring steel, or just be fit enough to make it through your day. James teaches a style of kettlebell lifting that is a blend of developing powerful, functional strength, and fluid, efficient movement. You only have to experience the joys of being physically fit to know that this will deliver more than any gym membership ever could.

COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES**, street shoes or boots are permitted in the gymnasium.

Call the Open Gym Hotline at **952-953-2399** (option 2) to verify the gym schedule, as tournaments are occasionally held at the Community Center.

Family Open Gym

Saturday 8:30am–1:30pm • Sunday 4:00pm–7:00pm

These hours will be reduced during the month of July due to gym floor resurfacing

FREE

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Youth Open Gym

Saturday 2:00–7:00pm • Sunday 12:00–3:30pm

Monday–Friday 12:30–5:30pm

These hours will be reduced during the month of July due to gym floor resurfacing

FREE

Youth ages 10 to 18 (2013 high school graduates and younger) can come to play informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Children under age 10 must be supervised by a non-participating adult.

Pre-School Open Gym

Age 5 & under with accompanying adult(s)

Mondays, Wednesdays, Fridays; 9:30-11:00am

FREE

Apple Valley Community Center

Here's a great place for parents to meet other parents. Youth age 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round and is for pre-school aged children only. Please do not bring snacks and drinks into the gym!

Adult Open Pickleball

Monday-Friday 9:00am-12:00noon

\$3 per person or \$30 for a 10 admission punch card

Pickleball is a racquet sport which combines elements of badminton, tennis, and table tennis. The court size is the same as badminton, however the net is lower than most racquet sports allowing for faster play. The game is played with a hard paddle and a whiffle ball. Free paddle and ball check out is available with a photo ID deposit.

Adult Open Volleyball (Year Round)

Age 18 & older

Saturdays & Sundays, 3:00-6:00pm; Mondays, 6:30-9:30pm

\$3 per person (players and spectators)

The Apple Valley Community Center is "Volleyball Central" on Saturdays, Sundays, and Mondays. Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy this informal open volleyball program. All skill levels are welcome to participate; at least three nets will be set up at all times. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Participants will be required to fill out a "Participant Registration Card" and show an ID on their first day of attendance. And, each date, players must be checked in when paying their \$3 fee. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Family & Adult Open Pickleball

Tuesday 6:30-9:00pm

\$3 per person or \$30 for an up to 10 admission punch card.

Courts will be set aside for both adult only games as well as family play. Family Pickleball is designated for kids age 8-17 who are accompanied by a parent, grandparent or other responsible adult. This adult must actively participate on the court with the child. Free paddle and ball check out is available with a photo ID deposit.

Picnic Game Rentals

A variety of picnic games are available for rent through the Parks and Recreation Department. Equipment can be reserved on a first-come-first-serve basis by calling 952-953-2300. Rates for residents of Apple Valley are \$5 per game per day, and non-resident rates are \$10 per game per day. A \$25 damage deposit is required along with your payment.

**GUNNY SACKS, BOCCE BALL SET, VOLLEYBALL SET
HORSESHOE SET, BAG TOSS SET, SOFTBALL SET
TUG-O-WAR ROPE, CROQUET SET, DISC GOLF SETS**

Disc Golf Course

In addition to being a great location for a group picnic or a walk through the woods, Alimagnet Park, 211 Ridgeview Drive is also a great location to play disc golf (aka Frisbee golf). The course has 12 holes; the first seven have concrete tees and open fairways with lots of big mature trees, while the last five holes are more tightly wooded. Discs specially designed for disc golf or any regular Frisbee can be used to play the game. Come out and try the fun recreational game of Disc Golf! Please respect other park users.

HEALTHY PARKS HEALTHY PEOPLE

OUTDOOR TENNIS COURTS

<u>PARK SITES</u>	<u>ADDRESS</u>	<u># OF COURTS</u>
Belmont	118 Belmont Rd	1
Cedar Knolls	7094 127th St W	2
Delaney	4745 147th St W	2
Farquar	13266 Pilot Knob Rd	2
Greenleaf	134th St W & 134th Ct W	2
Hagemeister	13000 Johnny Cake Ridge Rd (2 w/ lights)	4
Heritage	12852 Hamlet Ave	1
Pennock	15445 Pennock Ave	2
Redwood	311 150th St W	2
Scott	14125 Galaxie Ave (lights & rally boards)	2
Wildwood	8266 137th St W	2
<u>SCHOOL SITES</u>		
Apple Valley High	14450 Hayes Rd	4
Eastview High	6200 140th St W (+ rally boards)	8
Scott Highlands Middle	14011 Pilot Knob Rd (+ rally boards)	4
Valley Middle	900 Garden View Dr	4

Falcon Ridge Middle is at the same site as Hagemeister Park (2 Park / 2 School)

Outdoor Pickleball Courts

Pickleball lines have been marked on the tennis courts at Pennock and Hagemeister Parks

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Tom Adamini, Parks Superintendent, at 952-953-2420.

The following groups have volunteered to adopt city parks

<u>ORGANIZATION</u>	<u>LEADER</u>	<u>LOCATION</u>
Flight Club & AVDGL	Derek Lusk	Alimagnet Park
The Adventure Zone	Jim Nordberg	Belmont & Chaparral Parks
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls Park
South Metro ATV Club	Jay Peterson	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.	Sherry Ginder	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
Cub Scout Pack #290	Dan Klein	Galaxie Park
Girl Scout Troop #54077	Nancy Smoley	Huntington Park
Uponor, Inc.	Daniel Perez	Johnny Cake Ridge Park
Shaver Group	Connie Shaver	Keller Park
Minnesota Zoo Gifts	Laurel Wright	Long Lake, Moeller, Hagemeister & Farquar Parks
Nordic Woods Neighborhood	John Santi	Nordic Park
	Mary Davis	Robert L. Erickson & Tintah Parks
Rotary Club of Apple Valley	Tom Lawell	Redwood & Kelley Parks
Stael Family	Anthony Stael	Sunset Park
Hansen Family	Bill and Julie Hansen	Wallace Park
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood Park

If you know any of these folks, thank them for helping keep your park system looking good!