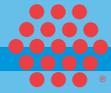


HEALTHY PARKS HEALTHY PEOPLE



Apple
Valley

WINTER 2014

CITY OF APPLE VALLEY PARKS & RECREATION



**DON'T
HIBERNATE,
CELEBRATE!**

Mid-Winter Fest
Saturday, February 1
Page 3

www.cityofapplevalley.org
952-953-2300

HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY PARKS & RECREATION STAFF

ADMINISTRATION

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APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road
PHONE: 952-953-2300 • FAX 952-953-2306

APPLE VALLEY SENIOR CENTER

14601 Hayes Road
PHONE: 952-953-2345

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)

Arena Manager Gary Pietig
952.953.2367 • gpietig@ci.apple-valley.mn.us
PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150th Street West • PHONE: 952-953-2300

SPORTS ARENA

(Attached to the south side of Apple Valley High School)

Arena Manager Gary Pietig
952.953.2367 • gpietig@ci.apple-valley.mn.us
PHONE: 952-953-2366 • FAX 952-431-8246

TEEN CENTER

14255 Johnny Cake Ridge Road • PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

Manager – P.G.A. Professional Jim Zinck
952.953.2320 • jzinck@ci.apple-valley.mn.us

Food, Beverage & Rental Coordinator Krystal Sedwick
952-953-2335 • ksedwick@ci.apple-valley.mn.us

Parks & Recreation Administrative Office:

Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays) 8:00am–4:30pm

Apple Valley Community Center:

Monday - Friday 8:00am–10:00pm

Saturday 8:00am–7:30pm

Sunday 12:00pm–7:30pm

*Note: the Community Center will be open until 9:00pm on Saturdays during the outdoor skating season (tentatively December 14 – February 15).

SPECIAL HOLIDAY HOURS

Tuesday, December 24 9:00am–2:00pm

Wednesday, December 25 CLOSED

Tuesday, December 31 8:00am–7:30pm

Wednesday, January 1 12:00pm–7:30pm

Monday, January 20 9:00am–10:00pm

Monday, February 17 9:00am–10:00pm

Information/Weather Phone Hotline

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call 952-953-2399 at anytime for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line

Press 2: AVCC Open Gym Schedule

Press 3: Aquatic Programs (Outdoor)

Press 4: Adult Athletics

Press 5: Arena Programs

Press 6: Seasonal Programs & Special Events

REGISTER NOW!

Online

Visit www.cityofapplevalley.org

On left side, click on Online Services

Under Parks Program Registrations,

click on On-line Registrations

This will take you to a new website to register.

User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

By Phone

Call - 952-953-2300; Mon.-Fri., 8:00am-4:30pm

Visa, MasterCard, Discover or American Express required at time of registration.

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APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

FROZEN APPLE CONCERT SERIES

Valleywood Golf Course; 4851 McAndrews Rd

FREE concerts in the Valleywood Clubhouse! Plan to treat your cabin fever by joining us in the beautiful Clubhouse at Valleywood Golf Course for three evenings of music from some of Minnesota's premier artists. There will be delicious food prepared on site by the Valleywood chef and full bar service will be available. You could win one of several prizes including electronics, books, guitars, and more; must be present at drawing time if your name is drawn. Concerts are 6:00-9:00pm on the following dates:

Saturday, January 18: The David Gonzalez Band

Saturday, February 1: Patty Peterson & Friends

Saturday, March 1: Michael Monroe

MID-WINTER FEST

Saturday, February 1, 2014

The 37th Annual Apple Valley Mid-Winter Fest is on its way! The 2014 celebration has three main changes:

- 1) It will be a one-day event, but we are including all the popular activities from previous years' two-day event.
- 2) All activities will be held at Hayes Park/Apple Valley Community Center.
- 3) There are no buttons to purchase for admission this year!

Tentatively, the following activities will be offered:

- Medallion Hunt
- Inflatable Jumpers & Mini Golf
- Face Painting
- Ice Sculpture
- Youth Hockey Jamboree
- Cribbage Tournament (Adults)
- Snow Co-Rec Kickball Tournament (Adults)
- Youth DJ Dance Party
- Horse-drawn Wagon/Sleigh Rides
- Outdoor Bonfire
- Cross Country Skiing (equipment & instruction provided)
- Snowshoeing (equipment & instruction provided)
- Appearances by Klondike, the MWF mascot
- Co-Rec & Women's Adult Volleyball Tournaments

Watch for more information on this event in the Sun Thisweek Newspaper, and on our website at: www.cityofapplevalley.org



Facebook.com/AppleValleyParksandRecreation

HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY SPORTS ARENA

(Adjoining Apple Valley High School)

14452 Hayes Road, Apple Valley, Phone (952) 953-2366

ICE SKATING LESSONS

Saturdays: January 4–February 22
from 8:00am–11:30am

Mondays: January 6–February 24 -from 7:15pm–9:15pm

The Program: You will receive a program manual during the first week of classes. The program is geared toward recreational skaters of all ages and skill levels. Instructors will follow the skill progressions outlined in our program manual. Skaters will be evaluated throughout the season to determine if they are ready to advance. Our program consists of a maximum 12:1 student/instructor ratio to insure quality instruction except for the Pre-Beginner level which is set at an 8:1 ratio.

REGISTRATION: Registration for our program is now conducted online. Go to the City website:

www.cityofapplevalley.org, and then under the “Recreation” heading, select “Recreation Programs / Facilities”.

First time users will need to set up an account, which will be used for all future registrations and rentals. Each family member should be listed on the same account, and can be easily added at a later date.

Costs: Unless otherwise noted, each level will be \$75.00 per skater which includes eight half-hour practices.

Requirements: We recommend that children in the Pre-Beginner classes wear a helmet (bike helmets work well), gloves and snow pants. Freestyle skaters should wear form-fitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves, and double runner skates are not permitted.

What Class Does My Skater Sign Up For?

If your Skater is 3 or 4 years old and has never skated before, you should sign up for the Pre-Beginners class. If you have previously skated in our program and are not sure what class to register for please email the Skating Director at tpatterson@ci.apple-valley.mn.us. **Please Note:** There are no age requirements for levels except Pre-Beginners ages 3-4.

CLASS DESCRIPTIONS

PreBeginners:

Designed for ages 3-4 years old with little or no skating experience.

Beginners: (Levels 1-4):

Designed for ages 5 and older with little or no skating experience. We will work on forward and backward skating and stopping.

Advanced Beginners A: (Levels 1-3):

Designed for those who have passed Beginners or those with some skating experience. The curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Advanced Beginners B: (Levels 4-6):

Designed for those who have passed the Advanced Beginners 3 or equivalent skills. This curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Freestyle:

This is the beginning of free style figure skating.

Pre-Hockey:

Designed for the beginning hockey player who needs to develop skating skills before playing hockey and to help with the skating skills at the Mite level.

Advanced Pre-Hockey:

Designed for the hockey player with skating experience to better develop skills for the game. This class is skating skills only, no hockey will be played.

Adults:

For all ability levels

Power Edge:

This class is designed for the figure skaters to build strength and power while learning the proper edge technique and skating form.

Private Lessons (Beginners & Up):

Individual skater instruction. Skaters will have a 15 minute private one-on-one lesson and a 45 minute practice each week. Cost for private lesson is \$110.

SATURDAY MORNING CLASSES

SATURDAYS: JANUARY 4–FEBRUARY 22, 2014

LEVEL

LEVEL	Lesson	Practice
Private Lesson (15 minute lesson)	8:00-8:30 a.m.	8:30 a.m.
Advanced Beginners B	8:00-8:30 a.m.	8:30 a.m.
Pre-Beginners	8:30-9:00 a.m.	8:00 a.m.
Beginner	8:30-9:00 a.m.	8:00 a.m.
Advanced Beginner A	8:30-9:00 a.m.	8:00 a.m.
Pre-Beginner	9:15-9:45 a.m.	9:45 a.m.
Beginner	9:15-9:45 a.m.	9:45 a.m.
Pre-Beginner	9:45-10:15 a.m.	9:15 a.m.
Beginner	9:45-10:15 a.m.	9:15 a.m.
Advanced Beginner A	9:45-10:15 a.m.	9:15 a.m.
Pre-Beginner	10:30-11:00 a.m.	10:00 a.m.
Beginner	10:30-11:00 a.m.	10:00 a.m.
Pre-Hockey Beginner	10:30-11:00 a.m.	10:00 a.m.
Pre-Hockey Advanced	10:30-11:00 a.m.	10:00 a.m.
Pre-Beginner	11:00-11:30 a.m.	10:30 a.m.
Beginner	11:00-11:30 a.m.	10:30 a.m.
Advanced Beginner A	11:00-11:30 a.m.	10:30 a.m.

MONDAY EVENING CLASSES

MONDAYS: JANUARY 6–FEBRUARY 24, 2014

Beginner	7:15-7:45 p.m.	7:45 p.m.
Advanced Beginner A	7:45-8:15 p.m.	7:15 p.m.
Advanced Beginner B	7:45-8:15 p.m.	7:15 p.m.
Adults	7:45-8:15 p.m.	7:15 p.m.
Freestyle	8:15-8:45 p.m.	7:45 p.m.
Power Edge	8:45-9:15 p.m.	

NOTE: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice).

APPLE VALLEY PUBLIC SKATING

Cost \$4 per person
Apple Valley Sports Arena

Wednesdays, 7:15-8:45pm • Sundays, 3:30-5:00pm

HEALTHY PARKS HEALTHY PEOPLE

PRE-SCHOOL PROGRAMS

Holiday Parties for Tots

Ages 2 1/2-6

Crafty Christmas Party: Friday, December 20

Session 1: 9:30am-10:45am; Session 2: 11:00am-12:15pm

Happy Hearts Party: Friday, February 14

Session 1: 9:30am-10:45am; Session 2: 11:00am-12:15pm

St. Pat's Hats Party: Friday, March 14

Session 1: 9:30am-10:45am; Session 2: 11:00am-12:15pm

Bunny Brunch Party: Friday, April 18

Session 1: 9:30am-10:45am; Session 2: 11:00am-12:15pm

\$7 per person, per session

Apple Valley Community Center

Min. 8 Max. 18 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
Celebrate the upcoming Winter & Spring Holidays at our special parties just for TOTS! Games, crafts, stories, music and treats related to the holiday will be featured at our parties. Be a part of the holiday happenings! Pre-registration by the deadline is required. Parents can stay, but it is not required—if parents do stay; please DO NOT bring additional younger siblings along.

Tot's Day of Fun

Ages 3-6

Mondays, 9:00am-12:00pm

Session 1: January 6, 13, 20, 27

Session 2: February 3, 10, 17, 24

Session 3: March 3, 10, 17, 24

Wednesdays, 12:30-3:30pm

Session 4: January 8, 15, 22, 29

Session 5: February 5, 12, 19, 26

Session 6: March 5, 12, 19, 26

\$42 per person, per session

\$12 per child per each date; drop in fee payable at the AVCC on the date of class. (Priority will be given to those who register for the entire session) Call 952-953-2300 for availability per date.

Apple Valley Community Center

Min. 5 Max. 10 per session, and per each date

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff
Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym time, a snack, and even a short "quiet time". The activities are designed for your tots; the class is designed for parents 'on the run', who need that little bit of extra time for errands, or just to relax! Our Instructors will lead activities throughout the 3 hours, keeping the tots busy with a myriad of activities. Lots of fun for all tots! Children must be potty-trained to participate. Parents do not stay.

Preschool Fun and Games

Ages 3-6

Session 1: Thursday, January 9; 9:30-11:00am

Session 2: Thursday, February 13; 9:30-11:00am

Session 3: Thursday, March 6; 9:30-11:00am

\$5 per person, per session

Apple Valley Community Center

Min. 4 Max 15 per session

REGISTRATION DEADLINES: Please register one week prior to each class

Instructor: Kristy Hemphill

Fun and Games is designed for little ones to enjoy themselves through organized play. We'll have large and small group games that challenge the mind as well as the body, both indoors and outside. Bring a water bottle as we will work up a thirst! Participants must be potty trained. Parents do not stay.

Super Siblings

Ages 5-8, and a sibling ages 9-12

Monday, January 20;

10:00am-2:00pm

(DAY OFF SCHOOL!)

\$15 per sibling pair;

\$5 per additional sibling

Apple Valley Community Center

Min. 4 Max. 10 pairs

REGISTRATION DEADLINE: January 6

Instructor: Kristy Hemphill

School is out and your kids are bored, I get it. Here is a day of fun where your older and younger kids can spend some time together. You need at least one older sibling and no more than 2 younger siblings to attend this class. The older sibling will be helping the younger ones complete crafts and play games. They will make a meal together and eat together while enjoying a movie. Quality time at its best!

Animals in Winter

Ages 3-6

Friday, January 17; 10:30-11:45am

\$6 per person

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: January 10

Instructor: Linda Runeborg

Brrrrr.....it's cold! What do our animal friends do during the winter? Find out in this class—using experiments, crafts, and even cookies! Learn how to track stuffed animals back to their hibernaculum. Discover the secret of frog blood! Please bring to class a small to medium stuffed bear who needs to hibernate! Parents do not stay.



SIGN UP FOR BACK-TO-BACK CLASSES on Tuesdays and have fun all morning long! OR pick just some of the fun sessions listed below! (Note: Instructors will provide an activity 10:30-10:45am for those who take both classes.)

Little Scientists

Ages 3-6

Session 1: Tuesdays; January 7, 14, 21;

10:45am-12:00pm

Session 2: Tuesdays; January 28; February 4, 11;

10:45am-12:00pm

Session 3: Tuesdays; February 25; March 4, 11;

10:45am-12:00pm

Session 4: Tuesdays; March 18, 25; April 1;

10:45am-12:00pm

\$15 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Staff

Science fun for everyone! This is an opportunity for children to learn while getting messy and parents do not need to clean up afterwards! Each day includes new "little scientist" experiments, plus a sticky snack to eat. Please send your child dressed to get messy! **Indicate any food/ingredient allergies that your child has so we can adjust accordingly.** Participants must be potty trained. Parents do not stay. *(NOTE: We will accept Drop-Ins for each date, for a fee of \$6 paid at the front desk of the AVCC, on the day of class only. Call for availability at 952-953-2300)*

Critter's Club

Ages 2 ½-6

Session 1: Tuesdays; January 7, 14, 21, 28; February 4, 11; 9:00-10:30am

Session 2: Tuesdays; February 25; March 4, 11, 18, 25;

April 1; 9:00-10:30am

\$27 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors:

Apple Valley Parks and Recreation Staff

A recreation program just for TOTS! Our objective is to provide a fun, active, and enjoyable program in an accepting atmosphere. Emphasis will be placed on ensuring each child's self-confidence and enjoyment. Songs, crafts, games, fun projects, snacks, and stories will all be included in our sessions. Participants must be potty trained to sign up for this program. Parents do not stay.



Little Chefs Healthy Cooking and Creative Eats

Ages 3-6

Session 1: Friday, January 10; 11:15am-12:30pm

Winter Treats Cookbook

Session 2: Friday, February 7; 11:15am-12:30pm

Valentine's Cookbook

Session 3: Friday, March 7; 11:15am-12:30pm

St. Pat's Cookbook

\$7 per person, per session

Apple Valley Community Center

Min. 8 Max. 18 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Staff

Fun cooking classes featuring healthy foods and snacks for preschoolers! We will learn new recipes each session! Each "Little Chef" will take home a recipe book of all recipes that they have learned that session. **Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.** Parents do not stay..

Presto Chango! - NEW

Ages 5-8

Session 1: Friday, January 31; 1:00-2:15pm

Session 2: Thursday, March 27; 1:00-2:15pm

(DAY OFF SCHOOL!)

\$6 per person, per session

Apple Valley Community Center

Min. 5 Max 10

REGISTRATION DEADLINES: Session 1: January 24;

Session 2: March 20

Instructor: Linda Runeborg

Learn the secrets of some 'amazing feats of magic'! During this class we will make magic props, and then practice our tricks. You will leave our class with props and magic tricks to astound your family and friends. Abracadabra! Parents do not stay.

HEALTHY PARKS HEALTHY PEOPLE

Hot Wheels Club

Ages 5-7

Thursday, February 13, 1:00-2:15pm (DAY OFF SCHOOL!)

\$6 per person

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: February 6

Instructor: Linda Runeborg

Do you have a passion for Hot Wheels cars? Join your fellow Hot Wheels car enthusiasts for lots of FREE PLAY FUN with all sorts of Hot Wheels. Plus, a Hot Wheels car craft, and some awesome Hot Wheels races! Bring your very fastest Hot Wheels car to class for this race and see how you do! (Please bring only 1 Hot Wheels car to class and label it with your name). All participants will receive a race ribbon following the races! Parents do not stay.

Feathered Friends

Ages 3-6

Friday, February 21; 10:30-11:45am

\$6 per person

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: February 14

Instructor: Linda Runeborg

Who are these birds that come into our yard? Find out the 3 secrets to luring the birds to your yard. Through games and actual bird call recordings, learn the names of Minnesota birds, where they live and what they eat. Each participant will make a bird ID booklet to take home. Parents do not stay.

Preschool Playgroup

Ages 3-6

Session 1: Wednesday, January 15; 9:30-11:00am

Snowy Snowmen

Session 2: Wednesday, February 19; 9:30-11:00am

Dinosaur Day

Session 3: Wednesday, March 12; 9:30-11:00am

Bugs, Bugs, Bugs

Session 4: Wednesday, March 19; 9:30-11:00am

Painting Parade

\$5 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to class

Instructor: Kristy Hemphill

Each session of Preschool Playgroup will have games, crafts, stories, snack, hands-on learning and much, much more.

Hope to see you there! Parents do not stay.

Top Secret Travel

Ages 4-6

Session 1: Thursday, January 16; 9:30-11:00am - Canada

Session 2: Thursday, February 20; 9:30-11:00am - Japan

Session 3: Thursday, March 20; 9:30-11:00am - Ireland

\$7 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to class

Instructor: Kristy Hemphill

Grab your passport and hop on board as we travel the world with Top Secret Travel! Each session we will visit a new land, learn about the country, explore its culture, sample its food, and play local games. Your little voyager won't want to miss out on any of these adventures! Parents do not stay.

Pop Culture Explosion

Ages 3-6

Session 1: Wednesday, January 29; 9:30-11:00am

"Monsters U"

Session 2: Wednesday, February 26; 9:30-11:00am

"Agent P"

\$5 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINES: Session 1: January 22

Session 2: February 19

Instructor: Kristy Hemphill

What are your kids excited about these days? What HOT new games are they playing? What do they watch on TV? Pop Culture Explosion will explore all these topics and more! Each session will be a frenzy of games, projects, snacks and more. So...what is your child in to? Parents do not stay.

Play Doh Party - NEW

Ages 3-6

Thursday, February 6; 9:30-11:00am

\$5 per person

Apple Valley Community Center

Min. 4 Max 12

REGISTRATION DEADLINE: January 30

Instructor: Kristy Hemphill

Every kid loves to play with play doh! Spend the morning in an open play session with tons of play doh, you can make play doh food, give play doh haircuts and even be a play doh dentist. We will make a play doh craft, read stories and have a snack. Don't miss the fun, sign up today! Parents do not stay.

Chugga Chugga Choo Choo

Ages 3-6
Friday, March 21; 11:00am-12:30pm
 \$7 per person
 Apple Valley Community Center
 Min. 8 Max. 14

REGISTRATION DEADLINE: March 14

Instructor: Linda Runeborg

All aboard! Join our trip into the world of trains and find out how trains help us, how they run, and what types of cargo they carry. A Model Train Engineer will bring his trains to help us learn. Each participant will also make some 'train crafts' to take home, to remind them of this fun day! Parents do not stay.

Who Done It? Junior Detectives The Case of of the Oogy Blobs

Ages 5-7
Friday, March 28; 1:00-2:30pm (DAY OFF SCHOOL!)
 \$6 per person
 Apple Valley Community Center
 Min. 5 Max. 10

REGISTRATION DEADLINE: March 21

Instructor: Linda Runeborg

Help solve the case of the oogy blobs! Learn how to analyze hair samples, unknown residue, handprints, and other clues to catch the person "who did it"! If you are successful in solving the crime, you will be awarded the JUNIOR DETECTIVE CERTIFICATE. When arriving to class, DO NOT cross the crime scene tape! Parents do not stay.



"We Love Music" Musical Safari Classes –

Parent/Child Music & Movement

Ages 18 months-6 years, and a parent
Tuesdays, February 4, 11, 18, 25
Session 1: 10:00-10:45am
Session 2: 11:00-11:45am

\$40 per parent/child pair, per session; \$25 per additional sibling, per (same) session
 Apple Valley Community Center
 Min. 3, Max. 6 pairs per session

REGISTRATION DEADLINE: January 28

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, go on a Musical Safari with your child and discover your love of music, together! During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!



Little Doodler's Messy Art Camps

Ages 2-5 and a parent
Session 1; Saturdays, January 18, 25; February 1, 8;
9:30-10:15am

Greenleaf Elementary School

In Little Doodler's Messy Art Camp 1, children will paint a colorful canvas watercolor of birch trees, and will use model magic to make colorful peacocks.

Session 2: Saturdays, February 22; March 1, 8, 15;
9:30-10:15am

Apple Valley Community Center

In Little Doodler's Messy Art Camp 2, children will paint and collage raccoons on canvas, make a fun snowman, sculpt with clay, and more. Join us for some art-rageous fun!

\$59 per person, per session for 1st child, all 4 dates
 \$49 per each additional child in the same session
 Min. 3 Max. 6 per session

REGISTRATION DEADLINES: Session 1: January 10;

Session 2: February 14

Instructor: Abrakadoodle Art Enrichment Staff

HEALTHY PARKS HEALTHY PEOPLE



Music Together Early Childhood Music Program for parents/caregivers & children

Children, birth-5 years with a parent or caregiver

Sundays, January 26; February 2, 9, 16, 23;

March 2, 9, 16

Session 1: 4:00-4:45pm

Session 2: 5:00-5:45pm

Mondays, January 20, 27; February 3, 10, 17, 24;

March 3, 10

Session 3: 6:15-7:00pm

Wednesdays, January 22, 29; February 5, 12, 19, 26;

March 5, 12

Session 4: 10:15-11:00am

Session 5: 11:15am-12:00pm

Fridays, January 24, 31; February 7, 14, 21, 28;

March 7, 14

Session 6: 10:15-11:00am

Session 7: 11:15am-12:00pm

\$149 per adult-child pair for the 8-week session;

\$79 per additional child;

Siblings 8 months & younger are **FREE** with paid sibling (free sibling must be born after 5/20/13)

Apple Valley Community Center; 14603 Hayes Road

Min. 3 Max. 6 Parent/Child pairs per each session

The Apple Valley Parks and Recreation Department and the District 196 Community Education Department each have six spaces allotted for each session, so you can register with either agency.

REGISTRATION DEADLINE: January 13

Instructor: "Music Together" Staff, Laurie McFaul

Share the joy of making music! Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting. Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical. They can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's - one for home and one for on-the-go.

Music Together Classes – Free Demo

Children, birth-5 with parent or caregiver

Session A: Sunday, January 12; 4:00-4:45pm

Session B: Monday, January 13; 6:15-7:00pm

Session C: Wednesday, January 15; 10:15-11:00am

Session D: Friday, January 17; 10:15-11:00am

Apple Valley Community Center

FREE, but only 1 demo per family please!

Min. 3 Max. 6 pairs per each demo

REGISTRATION DEADLINE: January 6

Experience the joy of making music. Space is limited so register soon! Register your child(ren) only, but parents still attend. Call **952-953-2300** with questions; or register on line at: www.cityofapplevalley.org.



Princess Jasmine's Magic Carpet Party

Ages 4-8 & a parent

Saturday, March 29; 10:00-11:00am

\$19 per person (parents attend but do not pay)

Apple Valley Community Center

Min. 6, Max. 15

REGISTRATION DEADLINE: March 21

Instructors: Kim Maxwell and "Once Upon A Star" Staff

We'll enjoy a flannel board game, pop-up book and dancing with instruments! All will create a 'castle craft' to take home. Parents – don't forget your camera as all children will have a photo opportunity sitting with Jasmine on the 'magic carpet'!





SCIENCE EXPLORERS CLASSES FOR TOTS

Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. They believe science sparks wonder and imagination in children and allows them to use their natural curiosity for discoveries. Science Explorers' activities challenge children by providing a different hands-on activity each week, and encouraging them to try different solutions. Science Explorers is dedicated to helping children learn about their world through science. Parents do not stay.

Under the Sea

Ages 3 1/2-6

Thursdays, January 23, 30; February 6, 13; 10:00-11:30am

\$59 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: January 16

Instructors: Science Explorer's Staff

Dolphins, whales, coral, starfish and more! Join Science Explorers as we explore the ocean and pretend to swim under the sea. We'll discover the differences between fish and mammals, learn how large whales really are, and explore the deepest parts of our oceans. Don't miss the fun as we journey into the world that exists under the sea.

Fascinating Physics

Ages 3 1/2-6

Thursdays, February 27; March 6, 13, 20; 10:00-11:30am

\$59 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: February 20

Instructors: Science Explorer's Staff

In Fascinating Physics, preschoolers will use their natural curiosity to explore physics, the science of motion. Using Lego and K'NEX building systems, preschoolers will investigate force, friction, gravity, simple machines and much more with engaging activities and experiments. Please join us for this fun class as we take our first steps into the fascinating world of physics.

KIDCREATE STUDIO ART WORKSHOPS & CAMPS FOR TOTS & YOUTH!

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. Parents do not stay.



Degas' Beautiful Ballerinas Workshop

Ages 3-6

Monday, February 17; 9:30am-12:00pm (DAY OFF SCHOOL!)

\$29 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: February 10

Instructors: Kidcreate Staff

Tutu fun! You will learn about Edgar Degas' beautiful ballerinas and then create your own ballerina themed art project on a real canvas board, featuring the child's handprints. Kids are welcome to wear tutus to class. **Please pack a nut free snack and drink for your child.**



You are Yoda Workshop

Ages 4-9 years

Monday, February 17; 12:30-3:00pm (DAY OFF SCHOOL!)

\$29 per person

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: February 10

Instructors: Kidcreate Staff

As Yoda once said "Try not. Do, or do not. There is no try." What will we do in this class? "Imagine?" you ask. The coolest project you'll ever get to make! You will create a painting that will transform you into Yoda! **Please pack a nut free snack and drink for your child.**

HEALTHY PARKS HEALTHY PEOPLE



Amazing Tots Program

Age 20 months-3 years & a parent

**Session 1: Thursdays, January 16, 23, 30;
February 6, 13, 20; 9:20-9:50am**

**Session 2: Thursdays, February 27; March 6, 13, 20, 27;
April 3; 9:20-9:50am**

\$52 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

**REGISTRATION DEADLINES: Session 1: January 9;
Session 2: February 20**

Instructors: Amazing Athletes of SW Metro Staff

Discover sports that will get your toddler moving. Enjoy physical challenges and organized physical exploration activities that increase major motor development. Explore and learn 4 sports with your child.

Amazing Athletes Program

Ages 3-6

**Session 1: Thursdays, January 16, 23, 30;
February 6, 13, 20; 10:00-10:45am**

**Session 2: Thursdays, February 27; March 6, 13, 20, 27;
April 3; 10:00-10:45am**

\$59 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

**REGISTRATION DEADLINES: Session 1: January 9;
Session 2: February 20**

Instructors: Amazing Athletes of SW Metro Staff

Engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of nine different sports including: baseball, volleyball, lacrosse, football, soccer, golf, hockey, basketball and tennis! Build self-confidence, practice teamwork, and improve fine and large motor skills. Increase cardiovascular fitness, muscle tone, hand-eye coordination and reaction time. Lots of sports fun! Parents are not required to stay, but can if they choose.



INTRODUCTION TO MARTIAL ARTS CLASSES FOR YOUNGSTERS

The objective of MN Valley Martial Arts is to provide a positive, exciting environment for our school-age students. The Introduction to Martial Arts Classes will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. NOTE: Our classes are set up as "ONE-TIME Introductory Classes", which will allow the child to experience one 4-week series of Martial Arts Classes without a huge commitment, to see if he/she enjoys the classes. After the 1st Introductory Class, additional classes can be scheduled at the MN Valley Martial Arts Studio – **ONLY ONE** Introductory class per each child please!

Little Ninjas Intro to Martial Arts for youngsters

Ages 4-6

Session 1: Mondays, January 13, 20, 27; Feb. 3;

6:00-6:30pm

Session 2: Wednesdays, January 22, 29; February 5, 12;

6:00-6:30pm

Session 3: Saturdays, February 8, 15, 22; March 1;

10:15-10:45am

\$25 per person, per session, includes a uniform

Classes are held at MN Valley Martial Arts;

14050 Pilot Knob Rd, #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

The Little Ninja program will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games. Parents stay and observe the classes.

Tae Kwon Do Beginners Classes

Ages 7-15

Session 1: Mondays, January 13, 20, 27;

February 3; 5:15-6:00pm

Session 2: Wednesdays, January 22, 29;

February 5, 12; 5:15-6:00pm

Session 3: Saturdays, February 8, 15, 22;

March 1; 10:15-11:00am

\$25 per person, per session, includes a uniform

Classes are held at the MN Valley Martial Arts;

14050 Pilot Knob Road #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Tae Kwon Do is not only a good physical workout, but you will enjoy other benefits of the discipline including respect, focus, self-control and more. The studio supplies the uniform and children receive a White belt upon course completion. Continuing classes are available through the studio.

Wushu Martial Arts Classes for Kids

Ages 7-15

Session 1: Monday, January 13, 20, 27; February 3;
6:00-7:00pm

Session 2: Wednesday, January 22, 29; February 5, 12;
6:00-7:00pm

\$25 per person, per session, includes a uniform.

Classes are held at the MN Valley Martial Arts;

14050 Pilot Knob Road #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructor: Scott Folke, Certified under Shifu Paul Fendos with the Korean Wushu Federation

Looking for something

fun, different, and

exciting to get you

into great shape

while learning a Martial

Art? Wushu is all of that

and more. This Martial Art has

a long traditional history and has

been adapted to become the most

popular sport all over Asia. Wushu is

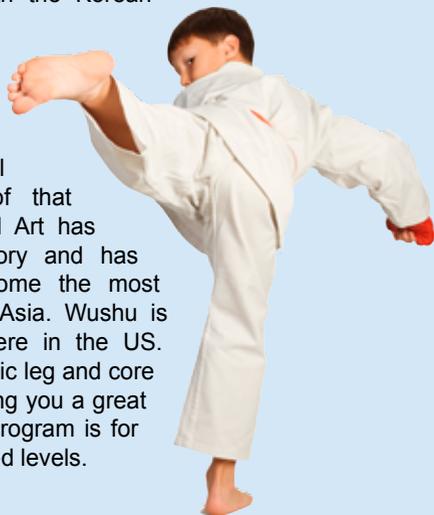
finding it's following here in the US.

Wushu develops dynamic leg and core

strength along with giving you a great

aerobic workout. This program is for

the beginner to advanced levels.



Young Rembrandt's Dazzling Drawings

Ages 6-12

Tuesday, February 4, 11, 18, 25; 6:30-7:30pm

\$39 per person

Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: January 28

Instructor: Young Rembrandt's Staff

Start 2014 off with a bang! Young Rembrandts students will flex their creative muscle as they take on artistic challenges Such as our Still Life Backpack and Sporty Snowboarder lessons. Students will master perspective and personality as they complete a challenging version of Grant Wood's American Gothic. There's no better way to shake the winter blue, so sign up today! All new lessons every session! Parents do not stay.

Valentine Cards for School

Ages 7-12

Saturday, January 18, 1:00-3:00pm

\$15 per person

Apple Valley Community Center

REGISTRATION DEADLINE: January 8

Min. 4 Max 6

Instructor: Kristy Hemphill

Hey girls! Make a change – be different, don't buy a cookie cutter box of Valentine cards this year...make your own! Join us for an afternoon of Valentine card making fun where you will be able to make unique Valentine cards for everyone in your class, including your teacher. You will make 30 cards in a variety of styles and colors (includes the candy), all ready to take to school to deliver to your friends!

Rainbow Loom Bracelets – NEW (School Off Day)

Ages 10-14

Monday, February 17

Session 1: 10:00am-12:00pm – BASIC: diamond, fish tail and triple single patterns

Session 2: 1:00-3:00pm – ADVANCED: zipper, starburst and butterfly blossom patterns

\$10 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINE: February 10

Instructor: Kristy Hemphill

Rainbow Loom and other rubber band bracelets are so popular right now! You have seen them around school, now learn to make them yourself! Each session will bring different patterns to learn. Bring in your loom and your rubber bands, and we will learn and create together!

HEALTHY PARKS HEALTHY PEOPLE

Hand Stitching for Girls - NEW

Ages 7-11

Thursdays, February 27, March 6, 13; 5:30-7:00pm

\$25 per person, for all 3 dates

Apple Valley Community Center

Min. 4 Max. 8

REGISTRATION DEADLINE: February 17

Instructor: Kristy Hemphill

Your daughter will love to create through hand stitching. Over the course of our 3 day class, the girls will learn how to embroider, cross stitch and do some hand sewing. All supplies are included in the class fee. Hope to see you there!

"Kid's Watercolors" Painting Classes - NEW

Age 8 and older

Session 1: Thursday, January 9; 4:00-6:00pm

Session 2: Thursday, February 6; 4:00-6:00pm

Session 3: Thursday, March 6; 4:00-6:00pm

\$21 per person, per session

Apple Valley Community Center

Min. 3 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Tina Sheppard

Let your child get creative and enjoy the wonderful world of art in our new watercolors painting class for kids! They will learn about shading and hi-lighting, color mixing, and the proper use of materials. But most of all they will have fun in this informative but low key painting class. All levels of painters are welcome, and all supplies are included.

"Kid's Acrylics" Painting Classes - NEW

Age 8 and older

Session 1: Thursday, January 16; 4:00-6:00pm

Session 2: Thursday, February 20; 4:00-6:00pm

\$21 per person, per session

Apple Valley Community Center

Min. 3 Max. 12 per session

REGISTRATION DEADLINES: Session 1: January 9;

Session 2: February 13

Instructor: Tina Sheppard

Let your child get creative and enjoy the wonderful world of art in our new acrylics painting class for kids! They will learn about shading and hi-lighting, color mixing, and the proper use of materials. But most of all they will have fun in this informative but low key painting class. All levels of painters are welcome, and all supplies are included.

Personalized Letters from Santa Claus

Ages 3-10

Letters to be mailed by December 16

\$4 per each letter mailed

REGISTRATION DEADLINE: December 2

Children love to receive mail, especially from Santa Claus! To add your child's name to Santa's list, register with the Apple Valley Parks & Recreation Department at the Apple Valley Community Center. To assist Santa in composing his letter, a special registration form will need to be filled out. The following information will be requested: Child's full name and nickname; child's age; boy or girl; city that he/she will be in on Christmas morning; address to send the letter to; names of other family member; items that the child will definitely be receiving from Santa; child's favorite activities/hobbies; others who Santa should say "Hi" to; and any special messages that you would like added.



Breakfast with Santa Claus, sponsored by McDonald's of Apple Valley

Ages 3-10 & parent(s)

Saturday, December 7

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per child, per session; parent(s) attend free

Apple Valley Community Center

Min. 20 Max. 50 youth per session only

REGISTRATION DEADLINE: November 29

(Call for availability, 952-953-2300)

Instructors: Apple Valley Parks and Recreation Department Staff & Santa Claus

Children registered for this event are invited to spend an hour with Santa Claus on Saturday, December 7th. Come to the Apple Valley Community Center where Santa will visit with you and your family while you enjoy special treats, sponsored by McDonald's of Apple Valley. Following breakfast, each child will take part in a variety of holiday activities, crafts, games, and have their picture taken with Santa. Parents, don't forget to bring your camera to take extra pictures.

Breakfast with the Bunny & Egg Hunt, sponsored by McDonald's of Apple Valley

Ages 2-7 & parent(s)

Saturday, April 19

Session 1: 8:30 -9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per child per session; parent(s) attend free

Apple Valley Community Center

Min. 20 Max. 50 youth per session only

REGISTRATION DEADLINE: April 7

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

Children registered for this event are invited to join the Easter Bunny on Saturday, April 19th for an Easter egg-stravaganza! We'll begin the morning with pictures with the Easter Bunny, plus juice and snacks from McDonald's of Apple Valley. Next is an outdoor (weather permitting) egg hunt for candy and prizes, done by age groups (2-3, 4-5, 6-7 years old). Afterwards, participants can enjoy a wide variety of activities including face painting/nail polishing, games, open gym, and craft projects. Register early!



Easter Basket Delivery

Ages 2-7

Session 1: Thursday, April 17;

delivery 9:30am-12:00pm – NEW MORNING TIME

Session 2: Friday, April 18;

delivery 1:00-4:00pm

Session 3: Saturday, April 19;

delivery 1:00-4:00pm

\$9 per each Easter Basket delivered to your home.

Max. 35 baskets delivered per session only!

REGISTRATION DEADLINE: April 7

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

The Easter Bunny will be hopping around Apple Valley with baskets full of goodies Order an Easter Basket, to be delivered to your child(ren) by our Easter Bunny. This program is recommended for children ages 2-7, but additional baskets can be ordered for their older siblings as well. Please indicate your child(ren)'s name, age, gender, address (must be a 55124 zip code), phone number, and directions to your house if it is difficult to find.

NOTE: Your Easter Basket(s) will be delivered sometime during the scheduled time. Exact times cannot be promised!

Flashlight Egg Hunt & Easter Crafts/Coloring Contest

Ages 7-12

Tuesday, April 15; 7:30pm

(Alternate RAIN or BAD WEATHER DATE is

Thursday, April 17)

\$9 per person

Meet in the Redwood Community Center

311 150th Street West

Min. 20 Max. 50

REGISTRATION DEADLINE: April 7

Instructors: Apple Valley Parks and Recreation Staff

Meet in the Redwood Community Center at 7:30pm (sunset is at 7:59pm) for some Easter crafts and a coloring contest, followed by an Egg Hunt with a bit of a challenge when the sun sets, for youth 7-12 years old. Bring your flashlight and a basket, the eggs will be hidden in the DARK! Join us for this unique egg hunt by moonlight and win some fun prizes too! Parents can stay to assist their child, as needed.

Babysitter Training Course (Red Cross Certified)

Ages 11-17

Saturday, February 22; 9:00am-4:00pm

\$55 per person; **BRING YOUR OWN LUNCH**

Apple Valley Community Center

Min. 7 Max. 10

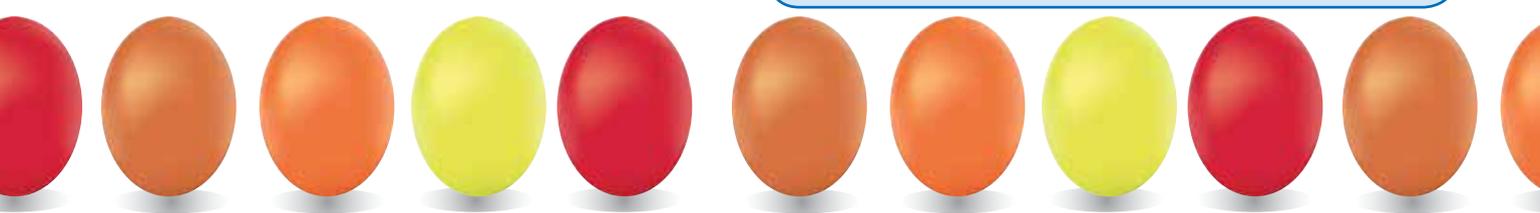
REGISTRATION DEADLINE: February 14

Instructor: Ronna Johnson, Red Cross Certified Instructor

Students in our Red Cross Certified Course will learn the following:

- Overall safety
- Selecting appropriate toys and games
- Handling emergencies
- Treating illnesses
- Basic First Aid
- Diapering, feeding and dressing babies
- Bed time procedures
- Interviewing Skills

NOTE: You must be 11 years old in order to become officially certified. The course fee includes instruction, a work book, CD, and a take home kit.



HEALTHY PARKS HEALTHY PEOPLE

TEEN PROGRAMS

Apple Valley Teen Center

14255 Johnny Cake Ridge Road
952-953-2385; www.cityofapplevalley.org



Teens in Grades 6-12 reign exclusively at this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.

HOURS - SCHOOL DAYS

Monday-Thursday.....	2:30-7:00pm (*2:30-8:00pm)
Friday.....	2:30-9:00pm
Saturday.....	1:00-9:00pm
Sunday.....	1:00-6:00pm (*1:00-7:00pm)

***Hours when the Warming House
for the Skating Rinks is open.
December 14-February 17**

HOURS – SCHOOL HOLIDAY/VACATION

Monday-Thursday.....	1:00-9:00pm
Friday.....	1:00-9:00pm
Saturday.....	1:00-9:00pm
Sunday.....	1:00-6:00pm
Thanksgiving Day; November 28.....	Closed
Christmas Eve; December 24.....	Closed
Christmas Day; December 25.....	Closed
December 23, 26, 27, 30, 31.....	1:00-9:00pm
January 1, 2, 3, 17, 20, 24.....	1:00-9:00pm
February 13, 14, 17.....	1:00-9:00pm
March 14, 24, 25, 26, 27, 28.....	1:00-9:00pm
April 25; May 26.....	1:00-9:00pm

WHAT IS THERE TO DO AT THE TEEN CENTER?

- Watch Movies • Birthdays Parties
- Ping Pong • Foosball • Air Hockey • Dances
- Corn Dogs • Pizza • Hot Pockets • Hot Chocolate • Coffee
- Skateboard Park (April-October)
- Outdoor sports equipment available
- Various 'Special Event Days'
- Arts Programs/Special Events
- Poetry & Rap Jams
- Guitar Hero • Xbox 360 • Wii
- N64 • PS2 • PS3

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. The fee is only \$25, plus a \$50 refundable deposit. Contact Marcie at **952-953-2312** –OR– mpadgett@ci.apple-valley.mn.us for more information and to book your party!

Decorate the Teen Center for the Holidays!

Grades 6-12

Saturday, December 7; 2:00-5:00pm

Come on over to the Teen Center on December 1st, and help decorate for the Holidays! Hot chocolate and other snacks will be provided to those who help!



Social Dances for Teens with Disabilities

Holiday Dance: Friday, December 6: 7:00-9:00pm

Snow Days Dance: Friday January 10: 7:00-9:00pm

Mid-Winter Dance: Friday February 7: 7:00-9:00pm

\$5 per Teen in advance, \$8 at the door

Snacks provided. Join your friends and make new ones at these special Teen Center Dances. Parents and PCAs welcome.

FAMILY PROGRAMS

“Cookies for Santa” Cookie Bake & Take - NEW

Family event

Saturday, December 14

Session 1: 9:30am start

Session 2: 10:00am start

Session 3: 10:30am start

\$14 per family, per session (for approximately 3-4 dozen cookies)

Apple Valley Community Center

Min. 1 family Max. 2 families per each session

REGISTRATION DEADLINE: December 6

Instructors: Apple Valley Parks and Recreation Department Staff

Spend some time on Saturday decorating cookies with your children for the upcoming holidays! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated “Cookies for Santa” or for your family! Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

Skate with Santa Claus

All ages welcome!

Sunday, December 22; 3:30-5:00pm

\$4 per person, payable at the door for the Public Skating Session

Apple Valley Sports Arena; 14452 Hayes Rd (adjoining the AVHS)

Your chance to spend some time skating at the Apple Valley Sports Arena, with everyone’s favorite person, especially in December, Santa Claus! Skate with Santa during our regular scheduled Open Skating time. There is no need to pre-register. Free apple cider and treats, Christmas music, and Christmas face painting will also be featured. Make this a ‘family event’ and bring everyone!

Explore the Cosmos

Family Event; Parents & children 5 and older

Friday, February 28; 7:00-8:30pm

(Make-up Date, if it’s cloudy: Friday, March 7)

\$20 per family

Apple Valley Community Center

Min. 4 Max. 10 families

REGISTRATION DEADLINE: February 21

Instructor: Stephen Engel, educational background in physics, astronomy and computer science, with a lifelong interest in space exploration and astronomy

The largest planet, Jupiter, rides high in the winter sky, shining bright. Join us as we also explore constellations from the Big Dipper to Taurus the Bull, and Orion the Hunter. Explore the Pleiades Cluster, the Great Orion Nebula, and the red giant star Betelgeuse. At least one 13” telescope will be provided for viewing. This is a fun, educational family opportunity. The class meets outdoors, so please dress accordingly. The Apple Valley Community Center will be open for us to warm up periodically. Class will meet regardless of the weather. In the event of cloudy weather, indoor activities are planned. A make-up date for outside observing with telescopes is scheduled for March 7, 2014, at the same time and place.

Sweet Moments

A Daddy & Daughter Dance Event

Treat your “sweetheart” to her first date!

Ages 3 – 12 years old & dad or male guest

Friday, February 21; 5:30 – 8:00 pm

Check-in begins at 5:15 pm

\$30 per couple (register under child’s name and provide adult’s name) \$10 each additional child

Rosemount Community Center-Banquet Hall

13885 South Robert Trail, Rosemount 55068

REGISTRATION DEADLINE: Friday, February 7

Register early; this event fills before the registration deadline.

Gum drops, lollipops and candy galore.....what a celebration we have in store! Treat your little “sweetheart” to an evening of making memories with you at our Daddy/Daughter Dance! Girls along with their dad, uncle, grandfather or other male role model will enjoy dancing, music, fun activities, crafts and much more. Girls dress in their favorite fancy dress and men in dress-up attire. Don’t forget your camera. This event fills up very quickly so please don’t wait to register. This event is hosted by S.O.R.R. (South of the River Recreators) consisting of the Parks and Recreation Departments of Eagan, Rosemount, Farmington, Lakeville, Burnsville, Apple Valley & Savage.

Cost of the event includes:

- * “Sweet” themed invitation mailed to the adult to give to their sweetheart one week prior to the dance
- * A free photograph keepsake - additional photos available for order for a fee onsite
- * DJ and dancing to kid friendly tunes
- * Crafts & cookie decorating
- * Take home keepsake
- * Light snacks will be served (we recommend eating dinner before coming)



HEALTHY PARKS HEALTHY PEOPLE

TARGET CENTER, MALL OF AMERICA FIELD, & XCEL ENERGY CENTER TICKETS

for upcoming scheduled events—this winter and spring...

The Apple Valley Parks and Recreation Department is offering to residents, the opportunity to purchase discounted tickets to events scheduled at Target Center, at Mall of America Field, & at the Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally, the seats have already been reserved. Get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline. Your tickets can be picked up at the Apple Valley Community Center beginning on the date indicated. **NOTE:** Transportation to and from the events is the responsibility of the purchaser.

Target Center Events:

Donny & Marie, Christmas Concert

Saturday, December 21; 7:30pm

\$73 per ticket; Section 109, Rows M-N

\$55 per ticket; Section 106; Rows T-V

DEADLINE TO PAY: December 6

TICKET PICK-UP: Beginning December 16

Travis Pastrana's... Nitro Circus Live

Tuesday, January 14; 7:30pm

\$70 per ticket; Section 104; Rows P-Q

\$50 per ticket; Section 205; Rows F-G

DEADLINE TO PAY: December 30

TICKET PICK-UP: Beginning January 6

Sesame Street Live presents... "Making Friends"

Friday, January 24; 10:30am:

\$10 per ticket; Section 106; Rows 5-7

Saturday, January 25; 2:00pm;

\$20 per ticket; Section 138; Rows D-E

Sunday, January 26; 1:00pm;

\$20 per ticket; Section 104; Rows 6-8

DEADLINE TO PAY: January 10

TICKET PICK-UP: Beginning January 17

WWE Elimination Chamber

Sunday, February 23; 6:30pm

\$28 per ticket; lower level ends or upper level sides

DEADLINE TO PAY: February 3

TICKET PICK-UP: Beginning February 14

DISNEY ON ICE Presents... "Let's Celebrate"

Thursday, February 27; 10:30am

\$12 per ticket

Friday, February 28; 7:00pm

\$16 per ticket

Saturday, March 1; 11:00am

\$16 per ticket

Sunday, March 2; 1:00pm

\$16 per ticket

(ALL Lower Level Reserved Seating)

DEADLINE TO PAY: February 10

TICKET PICK-UP: Beginning February 19

2014 National Collegiate Hockey

Conference Playoffs - Inaugural Season

Friday, March 21

Saturday, March 22

Game times and ticket prices TBA

Check our website for more info

www.cityofapplevalley.org

Harlem Globetrotters—2014 Tour

Saturday, April 12; 1:00pm

\$32 per ticket; LOWER LEVEL SIDES

Saturday, April 12; 7:00pm

\$32 per ticket; LOWER LEVEL SIDES

DEADLINE TO PAY: March 31

TICKET PICK-UP: Beginning April 7

XCEL Energy Center Events:

USA VS Canada - Women's Olympic Hockey Games

Saturday, December 28, 3:00pm

\$25 per Adult ticket, \$16 per Youth 12 & Under

Section 115; Rows 19-20

DEADLINE TO PAY: December 15

TICKET PICK-UP: Beginning December 20

World's Toughest Rodeo

Friday, January 31; 7:30pm; Section 117; Row 8

\$43 per Adult Ticket; \$26 per Youth 12 & Under Ticket

Saturday, February 1; 7:30pm; Section 117; Row 9

\$43 per Adult Ticket; \$26 per Youth 12 & Under Ticket

(ALL SEATS are 100 Level Sides)

DEADLINE TO PAY: January 13

TICKET PICK-UP: Beginning January 21

Mall of America Field Event:

Monster Jam

Saturday, December 7; 7:00pm

\$25 per Adult ticket, \$13 per Youth 12 & Under;

Section 117; Row 16

\$20 per Adult ticket, \$13 per Youth 12 & Under;

Section 221, Row 2

DEADLINE TO PAY: November 25

TICKET PICK-UP: Beginning December 2

ADULT CLASSES:

Watercolors Painting Classes

Ages 18 and Older

Session 1: Thursday, January 2; 6:00-8:00pm

Session 2: Thursday, February 13; 6:00-8:00pm

Session 3: Thursday, March 13; 6:00-8:00pm

\$17 per person, per session, if bringing your own painting supplies

\$20 per person, per session includes all painting supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable! Learn all about color mixing, shading and hi-lighting, and controlling your water and paint to create dynamic paintings. All levels of painters are welcome. NOTE: If bringing your own painting supplies, a list of needed supplies is available upon request @ 952-953-2300.



Wine Glass Painting Class

Ages 21 and Older

Thursday, January 23; 6:00-8:00pm

\$24 per person, includes all painting supplies & wine/snacks

Redwood Community Center; 311 150th Street West

Min. 5 Max. 15

REGISTRATION DEADLINE: January 16

Instructor: Tina Sheppard

Join us and get creative, painting a wine glass to take home with you. Also included, wine tasting and snacks, as we relax and enjoy a night out! Great creative and relaxing fun for all!

“Wine & Acrylics” Painting Class

Ages 21 and Older

Thursday, February 27; 6:00-8:00pm

\$24 per person, includes all painting supplies & wine/snacks

Redwood Community Center; 311 150th Street West

Min. 3 Max. 15 per session

REGISTRATION DEADLINE: February 20

Instructor: Tina Sheppard

Enjoy a relaxing, creative evening out with friends. Paint a lovely acrylics painting while sipping on a wonderful glass of wine. We will complete an 8” by 10” painting that you can take home that evening. Tina is an experienced, easy going instructor, so all levels of painters are welcome.

Martial Arts for Adults

Cardio Kickboxing

Ages 16 and Older

Session 1: Monday, January 20 –Saturday, February 15

Session 2: Monday, March 3-Saturday, March 29

\$49 per person, per session

Classes are held at the MN Valley Martial Arts;

14050 Pilot Knob Road #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Session 1: January 13;

Session 2: February 24

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Cardio Kickboxing is one of the best total body workouts! We work on balance, strength, flexibility, endurance and bag work to help relieve the stress of your day! We have five different instructors to offer a great variation of workouts. Gloves are included. Work out up to 5 times a week. Monday through Thursday, 7:00-8:00pm, and Saturday, 8:00-9:00am, during the scheduled dates. You decide which days fit into your schedule.

Jeet Kune Do

Ages 18 and Older

Session 1: Tuesdays, January 14, 21, 28; February 4;

6:00-7:30pm

Session 2: Thursdays, February 6, 13, 20, 27;

6:00-7:30pm

Session 3: Tuesdays, February 25; March 4, 11, 18;

6:00-7:30pm

\$40 per person, per session

Classes are held at the MN Valley Martial Arts;

14050 Pilot Knob Road, #124

Min. 4 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: SiFu Michael O’Melia is a certified instructor under Dan Inosanto of Los Angeles, CA and has over 25 years of martial arts experience

The Cornerstone Mixed Martial Arts Program presents a well rounded program for the beginner or the experienced martial artist. Bruce Lee’s Jeet Kune Do emphasizes all ranges of empty hand combat from kickboxing to hand-trapping and ground fighting. Cornerstone’s Filipino Martial Arts are weapons-based systems that teach mobility and sophisticated timing. Areas of training include stick, double stick, dagger and flexible weapons as well as empty hands. Using injury-free training methods, the student will develop flexibility, endurance and overall physical conditioning. Arts we teach include, but are not limited to, Jeet Kune Do, Filipino Martial Arts (Kali), Thai Kickboxing, ground fighting including Ju Jitsu, shoot wrestling and JKD Grappling.

HEALTHY PARKS HEALTHY PEOPLE

Intro to Kettlebell – Beginner Seminars

Ages 18 and Older

Session 1: Saturday, January 18; 12:00-2:00pm

Session 2: Saturday, February 1; 12:00-2:00pm

Session 3: Saturday, March 1; 12:00-2:00pm

\$49 per person, per session

Classes are held at the MN Valley Martial Arts;
14050 Pilot Knob Road, #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructor: Thanh Lo, Minnesota Valley Martial Arts

Learn the nuisances, and the safe and effect way to work out with kettlebells. The kettlebell looks like a cannon ball with a handle and is possibly one of the best fitness tools ever used. This ancient tool is like a handheld gym, you only need one kettlebell, a few simple exercises, and a little space to transform your body and take back your fitness. Learn to Swing, Press, Squat and Get Up with Thanh, and never have to pay for a gym membership again

Kettlebell Sessions - NEW

(Pre-Requisite: Beginner Seminar or Instructor approval)

Ages 18 and Older

Mondays, Wednesdays, and Thursdays; 7:00- 8:00pm

Session 1: January 20, 22, 23, 27, 29, 30;

February 3, 5, 6, 10, 12, 13

Session 2: February 17, 19, 20, 24, 26, 27;

March 3, 5, 6, 10, 12, 13

\$75 per person, per session

Classes are held at the MN Valley Martial Arts;
14050 Pilot Knob Road, #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Thanh Lo, MN Valley Martial Arts

Learn the nuisances, and the safe and effect way to work out with kettlebells. The kettlebell looks like a cannon ball with a handle and is possibly one of the best fitness tools ever used. This ancient tool is like a handheld gym, you only need one kettlebell, a few simple exercises, and a little space to transform your body and take back your fitness. Learn to Swing, Press, Squat and Get Up with Thanh, and never have to pay for a gym membership again

Fitness Challenge

Ages 18 and Older

Monday, January 6-Saturday, March 1

Class Days: Mon., Tues., Wed. & Thurs., 8:00pm; and Fri., 6:00pm (optional day)

\$169 per person for all 8 weeks of classes (40 total classes)

Classes are held at the MN Valley Martial Arts;
14050 Pilot Knob Road #124

Min. 4 Max. 10

REGISTRATION DEADLINE: December 31

Instructors: Thanh Lo & MN Valley Martial Arts Staff

Come and be challenged in your workout routine. This motivating workout will push your limits of fitness and improve your body and self-esteem in 8 weeks. We use body weight calisthenics, high intensity interval training and non-conventional cardio and strength training. For the best results plan on attending as many classes as possible!

S.O.R.R. Winter Dodgeball League

Adults 18 and Older

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs.

League starts on Thursday, January 9.

Game start times are between 6:30-9:00pm.

The Dodgeball League is self-officiated.

Cost per team is \$114. Team registration dates are as follows:

Returning team registration is Nov. 11- Nov. 29. Open team registration is Nov. 30 – Dec. 13.

For more information or to register a dodgeball team, please call the Lakeville Parks and Recreation Department at

952-985-4615.





Women's Officiated Power Volleyball League

Ages 18 and Older

Our six-on-six officiated Volleyball League for female players 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Teams can register until Tuesday, December 3; play begins on Tuesday, January 7.

The leagues will consist of 9 league matches plus play-offs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list.

LEAGUE: Tuesday evenings for Women's Power League
 FEE: \$180 per team (plus a \$15 per team non-resident fee if there are less than 51% Apple Valley residents on your team)

REGISTRATION DEADLINES:

New and Returning Resident Teams:

Tuesday, November 26

New and Returning Non-Resident Teams:

Tuesday, December 3

Recreational Volleyball Leagues: Women's and Co-Rec Recreational Teams

Adults 18 and Older

LEAGUES:

Thursday evenings for Women's A1, A2, B1, B2, or C Leagues

Friday evenings for Co-Rec A1, A2, B1, B2, C1, C2/D Leagues

FEE: \$100 per team (plus a \$25 per team non-resident fee if there are less than 51% Apple Valley residents on your team)

NOTE – personal checks are no longer accepted!

REGISTRATION DEADLINES:

New and Returning Resident Teams: Tuesday, November 26

New and Returning Non-Resident Teams: Tuesday, December 3

Our six-on-six, self officiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday (Women's Leagues) and Friday (Co-Rec Leagues) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Teams can register until Tuesday, December 3; play begins on January 3 (Co-Rec) & January 9 (Women's); Practice times available on Friday, December 27 and Thursday, January 2. The leagues will consist of 9 matches plus play-offs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list.

Men's Wiffleball League

Adults 18 and Older

Sundays, February 16- April 20; 5:15pm & 6:15pm games

FEE: \$70 per team or (\$85 per team if a non-resident team)

Apple Valley Community Center

Min. 4 Max. 14 teams

Registration Deadline: Wednesday, January 29

Manager's Meeting for registered teams: Sunday, February 9; 4:00pm; AVCC

Another blast from the past-WIFFLE BALL! Get your team together for an evening of one of your favorite games as a youngster. Games will be played at the Apple Valley Community Center gyms, on Sunday evenings, for approximately 6-7 weeks plus playoffs. Leagues are scheduled to begin on February 16th ending on April 20, with playoffs. Equipment will be provided. Teams will consist of 5 players per team and the game is similar to softball except you do not have to run the bases. Try a new sport!



Spring/Summer Softball Leagues

The City of Apple Valley Parks & Recreation Department is looking to expand its current Adult Softball Summer League Program. Several new leagues will be formed for the 2014 season. In addition to our current Men's and Co-Rec Intermediate Level and Recreational Level Leagues offered Sunday through Friday, we will now offer a single game Co-Rec.

Recreational League on Wednesday,

Men's Recreational Church League on Tuesday,

Men's 40 and Over Recreational League on Thursday.

These leagues will be offered for the 2014 Spring/Summer Season. For registration information check out the City's website at <http://www.cityofapplevalley.org> or for additional information contact Lyndell Frey (Recreation Supervisor) at Lfrey@cityofapplevalley.org or **(952)-953-2316**.

It's never too soon to start planning for Summer!

HEALTHY PARKS HEALTHY PEOPLE

Officiated Adult 5 on 5 Basketball

Adults 18 and Older

(Full Court) Basketball Leagues Tuesday evening for “C” (Intermediate) and “D” (Recreational) Leagues.

February 4. Two separate divisions.

FEE: \$500 per team

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE: Thursday, January 16

Our five-on-five, officiated Basketball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Tuesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

Self-Officiated Adult 5 on 5 Basketball

Adults 18 and Older

(Full Court) Basketball Leagues Wednesday evening for “D” (Recreational) teams and “35 and Over” teams starts February 5.

Two separate divisions.

FEE: \$250 per team

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$25.00 non-resident team fee.

REGISTRATION DEADLINE: Thursday, January 16

Our five-on-five, self-officiated Basketball Leagues will offer two separate divisions for adults 18 years and older. Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or (952)-953-2316.

Individual players note:

Those of you looking for a basketball team, please call the Recreation Office at 952-953-2300 to be included on our “draft” list.

Mid-Winter Fest Adult Volleyball Tournaments (Women’s and Co-rec)

Saturday February 1 (Co-rec)
& Sunday February 2 (Women’s)- 2014

The Apple Valley’s Parks and Recreation Department will be hosting an (Adult Co-rec Sat. Feb. 1st) (and Adult Women’s Sunday Feb.2nd) Volleyball tournament. Several divisions will be offered including Co-rec upper (intended for A and B level teams) and Co-rec lower (Recreational teams) (intended for C and D level teams.) As well as a Women’s upper and a Women’s lower division of play. All matches will be played indoors at the Apple Valley Community Center (6 courts) This tournament will be a 6 game guarantee with a round robin format (pool play –two games to 21) with the top teams advancing to a single elimination championship series. Game times for the Co-rec division will run approximately from 3:00 pm until 9 or 10pm. Game times for the Women’s division matches will start at 9am and be complete by 3pm. All matches will be officiated by registered officials.

Entry fee will be \$80.00 for current Apple Valley teams participating in the 2014 winter leagues and \$100.00 for all other teams. Plus each player is asked to bring a can of food to be donated for the local food shelf.

The registration deadline is Wednesday January 22nd –or until filled. 15 teams per division (60 team’s total). Awards will be given to 1st and 2nd place in each division. For additional information or registration information check out the City’s website <http://www.cityofapplevalley.org> or contact Lyndell Frey (Recreation Supervisor) at Lfrey@cityofapplevalley.org or (952)-953-2316.

Mid-Winter Fest Adult Kickball Tournament (Co-rec) NEW!

Saturday February 1 2014

The Apple Valley’s Parks and Recreation Department will be hosting an Adult Co-rec outdoor recreational Kickball tournament on Saturday February 1st.

Approximate game times 10:00am until 4:00pm
(depending on the total number of teams.)

Each team will be guaranteed 3 games. Invite your neighbors, co-workers, friends; everyone can enjoy a fun day of being young again! Tournament format be determined once we know the total number of teams registered. Prizes will be awarded to the 1st and 2nd place team in play-offs. All games will be played outdoors on the Hayes field complex. (6 fields available) Local summer and fall league rules will apply. All games will be self-officiated.

Entry fee will be \$50.00. Plus each player is asked to bring a can of food to be donated for the local food shelf. The registration deadline is Tuesday January 21st –or until filled. For additional information or registration information check out the City’s website <http://www.cityofapplevalley.org> or contact Lyndell Frey (Recreation Supervisor) at Lfrey@cityofapplevalley.org or (952)-953-2316.

APPLE VALLEY SENIORS

Join area seniors (55 or better) for social, educational and recreational activities at the **Apple Valley Senior Center**, home of the Apple Valley Seniors. The center, located at **14601 Hayes Road** is open Monday through Friday from 9:00am-4:00pm. Please stop by if you would like to take a tour. If you have questions about activities or would like to receive a complimentary GAZETTE newsletter please call us at **952-953-2345**. The GAZETTE newsletter is also found on the City of Apple Valley website: www.cityofapplevalley.org

REGULARLY SCHEDULED ACTIVITIES

(All activities are at the Apple Valley Senior Center unless otherwise noted)

Billiards (Pool):

Men play every Monday and Thursday at 1:00pm;
Ladies play every Friday at 11:00am

The pool area is also available for open play when the Senior Center is open

Bicycle Group:

Meet Tuesdays, weather permitting. (Beginning April 2014)

Bingo:

First and Third Fridays of the month at 12:30pm

NOTE – Apple Valley Seniors membership is required for this activity.

Blood Pressure Checks:

General Meeting days at 9:30am and preceding Catered Lunches at 11:15am

Book Club: “First Edition”

First Wednesday of the month at 1:00pm

Bowling:

Every Wednesday and Friday at 12:30pm
at Apple Place Bowl, Apple Valley.

Card Games:

Bridge – Mondays at 12:45pm

Cribbage – 2nd & 4th Tuesdays at 1:00pm

Duplicate Bridge – Thursdays at 12:30pm

Hand & Foot – Tuesdays at 1:00pm

Hearts – Mondays at 1:00pm

500 – Thursdays at 1:00pm

Pinochle – Tuesdays at 12:30pm

Catered Lunch and Program:

Third Tuesday of the month at 11:30am

(Advance registration and payment required), preceded by Blood Pressure Checks at 11:15am usually followed by a program.

Computer Discussion Group:

First Thursday of the month at 9:30am

For up to date information visit www.mycomputing101.com, follow the AVSCG link.

Diaper Sewing:

2nd & 4th Wednesdays of the month at 9:15am

Dominoes:

Wednesdays at 1:00pm

Gather Around Music:

First Wednesday of the month at 1:00pm

Musicians meet to play old time music; singers, dancers and audience members are welcome.

General Membership Meeting:

Meeting for members on the first Monday of the month at 10:00am.

Come hear the latest news, have treats and register to win door prizes. Blood Pressure screening at 9:30am

Hardangar:

Thursdays at 1:00pm

Information Please:

Speakers on a variety of topics. See Gazette newsletter for schedule.

Knitters & Crocheters:

Fourth Thursday of the month at 9:30am

Line Dancing:

Beginners meet Thursdays at 9:15am;

Intermediates meet at 10:00am

Lunch Bunch:

Occasionally at 1:00pm at local restaurants

(Advance registration required).

Mah Jongg:

Wednesdays at 1:00pm

Men’s Breakfast:

First & Third Fridays of the month at 9:00am

at the Apple Valley American Legion

(Advance registration required).

Morning Stretch Exercise Group:

Mondays, Wednesdays and Fridays at 10:00am

Quilting Bees:

Tuesdays at 9:00am



Gather Around Music

Apple Valley Seniors continued onto next page

HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY SENIORS

Painters:

Tuesdays at 1:00pm.

Painters work on individual projects in a group setting.

Painting Classes:

Fridays, 1:00pm

(Advanced registration and payment required)

Ping Pong:

scheduled play is Tuesdays at 1:00pm

The ping pong table is available on the second floor for open play during Senior Center hours.

Re-Created Cards:

First and Third Thursdays at 1:00pm.

Help prepare "re-created" cards for sale.

Stitchers:

Mondays at 1:00pm

Tap Dancing Lessons:

Thursdays at 12:30pm

(Advanced registration and payment required)

Women's Breakfast:

Third Friday of the month at 9:00am

at Perkins in Apple Valley

(Advance registration required).

Velvet Tones:

Senior choral group, practices every Wednesday at 10:00

a.m. (except during the summer months), with performances at various locations. For information please contact Rich Clausen at 952-432-1081

or by e-mail: velvettones@gmail.com

Performing Arts Previews:

Programs and plays presented at Apple Valley, Eagan, Eastview, and Rosemount High Schools (free or discounted prices on certain performances for seniors). For more information please contact the Community Education office at Independent School District #196, 651-423-7920.

Gentle Yoga

Wednesdays, January 15-February 12

9:45-10:45am

\$48 for members

\$53 for nonmembers

\$10 per class drop-in fee

REGISTRATION DEADLINE: January 10

Yoga is practiced in chairs as well as floor work. Bring a yoga sticky mat and bottle of water. Wear comfortable clothing. Register at the Apple Valley Senior Center or by phone at 952-953-2345.

Chocolate & Hearts: How Sweet It Is

A Music, Magic and Chocolate Extravaganza

Ages 55+

Friday, February 14; 3:00-5:00pm

\$12 per person

Apple Valley Senior Center

REGISTRATION DEADLINE: February 7

This Valentine's Day treat yourself (or your special someone) to something more than just a greeting card. At this Valentine's Day celebration, your heart may melt, but the chocolate buffet certainly will not. This celebration – filled with music, magic, entertainment, dancing, CHOCOLATE and more – is for the young at heart. Indulge in hors d'oeuvres and a chocolate buffet. Tap your feet or dance away the afternoon to "Golden Oldies" by the original beach boy, Bob the Beachcomber. Do you believe in Magic? Other special activities are planned, so sign up today! Register at the Apple Valley Senior Center or by calling 952-953-2345

Driver Improvement Course

The Senior Center is partnering with Minnesota Highway Safety and Research Center / AAA to offer driver improvement courses for mature drivers. As with all driver improvement courses sanctioned by the State Department of Public Safety, drivers over 55 may be entitled to a 10% discount on their auto insurance. An eight-hour course is initially required, followed by a four-hour refresher class every three years. A limited number of walk-in registrations will be accepted at the discretion of the instructor. AAA members receive a \$2 discount at registration with the appropriate coupon.

4-hour Refresher

Tuesday, December 3, Noon-4:00pm

Tuesday, December 10, 5:30-9:30pm

Thursday, December 12, 9:00am-1:00pm

Wednesday, January 8, 5:30-9:30pm

Thursday, January 9, Noon-4:30pm

Tuesday, January 21, 9:00am-1:00pm

\$20 per person; Apple Valley Senior Center

REGISTER: 1-888-234-1294

8-Hour Initial Class

Monday & Tuesday,

January 13 & 14 (2-Part Class/Must Attend Both Classes)

5:30-9:30pm

\$24 per person

Held at the Apple Valley Senior Center

REGISTER: 1-888-234-1294

PARKS AND FACILITIES

COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. NO BLACK SOLED SHOES, street shoes or boots are permitted in the gymnasium.

Call the Open Gym Hotline at 952-953-2399 (option 2) to verify the gym schedule, as tournaments are occasionally held at the Community Center.

*Family Open Gym and Youth Open Gym will be offered at least two weekends each month.

Free admission unless noted

Family Open Gym

***Saturday 4:00pm–7:15pm & *Sunday 12:00pm–3:45pm**

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Youth Open Gym

***Saturday 12:00pm–3:45pm; *Sunday 4:00pm–7:15pm
Tuesday & Thursday 2:30pm–4:30pm**

Youth ages 10 to 18 (high school seniors and younger) are invited to play informal basketball or volleyball. The courts will be available for practice shooting or pick up games on your own. **Team practice or play is not allowed.** Children under age 10 must be supervised by a non-participating adult. Participants must attend school in ISD 196 or reside in Apple Valley. A current ISD 196 student ID card is required for admission to the gym. A parent must contact Scott Breuer at **952-953-2300** if their child lives in Apple Valley but does not attend an ISD 196 school.

2 & Under Tot Time Open Gym

Age 2 & under with accompanying adult(s)

Monday, Wednesday, Friday, 9:00-9:30am

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots!

NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am.

Pre-School Open Gym

Ages 5 & under with accompanying adult(s)

Monday, Wednesday & Friday, 9:30-11:00am

Here's a great place for parents to meet other parents. Youth ages 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All pre-schoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round, and is for pre-school aged children only. Please do not bring snacks and drinks into the gym!

Adult Open Volleyball

Ages 18 and Older

Saturday & Sunday, 3:00-6:00pm; Monday 6:30-9:30pm

\$3 per person (players and spectators) –OR–\$30 for a Punch Card (10 times)

The Apple Valley Community Center is "Volleyball Central" on Saturdays, Sundays, and Mondays. Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy this informal open volleyball program. All skill levels are welcome to participate; at least three nets will be set up at all times. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center.

Adult Open Badminton

Wednesday 6:30–9:30pm

\$3 per person

Six courts will be set up on Wednesday nights for open play!

This is an adult program; children will not be permitted in the gym. Unsupervised children under age 10 are not allowed at the Community Center.

Family Badminton Sundays

12:00-2:30pm

\$3 per person

NOTE: Alternating Sundays during Winter tournament season. Call 952-953-2399 to verify Badminton is taking place.

Open Pickleball

Monday Through Friday; 9:00am-12:30pm

\$3 per day

Six courts will be designated for Beginner/Intermediate and Advanced players four mornings a week. Come inside this fall and play this fast growing and popular game. Beginners welcome.

Family Pickleball Sundays

12:00-2:30pm

\$3 per person

NOTE: Alternating Sundays during Winter tournament season. Call 952-953-2399 to verify Pickleball is taking place.

HEALTHY PARKS HEALTHY PEOPLE

OUTDOOR SKATING RINKS

Warming House Operation Hours

Weather Permitting, rinks will open Saturday, December 14.

Rinks close Monday, February 16

REGULAR HOURS December 14 to February 18

At Apple Valley Community Center, Huntington, Galaxie, Teen Center,

Monday – Friday 4:00pm to 9:00pm

Saturday 10:30am to 9:00pm

Sunday 12:00pm to 7:00pm

At Apple Valley East, Delaney, Hagemeister, Valley Middle

Monday – Friday 4:00pm to 8:00pm

Saturday 10:30am to 8:00pm

Sunday 12:00pm to 7:00pm

HOLIDAY/SPECIAL HOURS

for All Warming Houses

(If not listed, regular hours apply)

Christmas Eve, December 24 CLOSED except Apple Valley Community Center Open 9:00am to 2:00pm

Christmas Day, December 25 CLOSED

Winter Break – December 23,26,27,30

10:30am – 9:00pm

New Year's Eve, December 31 12:00pm – 7:00pm

New Year's Day, January 1 12:00pm – 7:00pm

Martin Luther King Day, Jan 20 10:30am – 9:00pm

Schools Out February 14 10:30am – 9:00pm

President's Day, February 17 10:30am – 9:00pm

Weather related rink closures and early closings will be posted on www.cityofapplevalley.org and on the weather hotline **952.953.2399** up to one hour prior to house opening. Rinks may close under the following conditions: Temperatures soften the ice. Wind chill temperature reaches -20 degrees. One inch of snow accumulates on the ice surface. One inch or more of snow fall may take up to 48 hours to clear off of the rinks.



SKATING RINKS

PARK FACILITY	ADDRESS	WARMING HOUSE	HOCKEY RINK(S)	PLEASURE RINK
Apple Valley Community Center	14603 Hayes Road	Yes	2	1
Apple Valley East	15335 Dodd Boulevard	Yes	1	1
Apple Valley Teen Center	14255 Johnny Cake Ridge Road	Yes	2	1
Delaney	4745 – 147th Street West	Yes	1	1
Galaxie	13900 Galaxie Avenue	Yes	1	1
Hagemeister	13000 Johnny Cake Ridge Road	Yes	1	1
Huntington	12960 Diamond Path	Yes	1	1
Valley Middle	900 Garden View Drive	Yes	1	1
Belmont	118 Belmont Road	No	No	1
Briar Oaks	12275 Safari Pass	No	No	1
Faith	15539 Ferris Avenue	No	No	1
Heritage	12852 Hamlet Avenue	No	No	1
Pennock	15445 Pennock Avenue	No	No	1

Parks & Facilities



ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Tom Adamini, Superintendent of Park Maintenance at 952-953-2420.

The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	LOCATION
Flight Club & AVDGL	Derek Lusk	Alimagnet Park
Geek Squad	Matthew Schultz	Alimagnet Park
Apple Valley Guitar & Piano Academy	Laureen Markert	Apple Valley East
The Adventure Zone	Jim Nordberg	Belmont & Chaparral Parks
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls Park
Girl Scout-Brownie Troop 55075	Nicole Bohlig	Delaney Park
South Metro ATV Club	Jay Peterson	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.	Sherry Ginder	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
Cub Scout Pack #290	Dan Klein	Galaxie Park
MOMS Club – Apple Valley North	Amanda Contino	Heritage Park
Girl Scout Troop #54077	Nancy Smoley	Huntington Park
Uponor, Inc.	Daniel Perez	Johnny Cake Ridge Park
Shaver Group	Connie Shaver	Keller Park
Minnesota Zoo Gifts	Laurel Wright	Long Lake, Moeller, Hagemeister, & Farquar Parks
Boy Scout Troop #293	Paul Chellsen	Long Lake, Moeller, Greenleaf, Faith, Nordic and Hagemesiter
Nordic Woods Neighborhood	John Santi	Nordic Park
	Mary Davis	Robert L. Erickson & Tintah Parks
Rotary Club of Apple Valley	Tom Lawell	Redwood & Kelley Parks
Garland Group	Michelle Markov	Scott Park
Stael Family	Anthony Stael	Sunset Park
Hansen Family	Bill and Julie Hansen	Wallace Park
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood Park

If you know any of these folks, thank them for helping keep your park system looking good!

HEALTHY PARKS HEALTHY PEOPLE

Youth Sports



Have fun and play with EVAA!

Check out our In House and Traveling Programs:
 Baseball Basketball Cross Country Running
 Cross Country Skiing Football Soccer Softball Tennis
 Track Volleyball Wrestling Dakota Rev Soccer

WWW.EVAASPORTS.ORG

evaa-admin@evaasports.org | P.O. Box 240392 Apple Valley, MN 55124

Sign Up, Register, Get Involved

Valley Athletic Association provides athletic and social development through sports

Sports offered



Baseball

Community (Grades Pre K – 11)
Traveling (Ages 9 – 15)

December



Basketball

Community (Grades Pre K – 6)
Traveling (Grades 4 – 6)

June



Cross Country

Community (Grades 4 – 6)

June



Football

Community (Grades 1 – 6)
Traveling (Grades 7 – 8)

May



Lacrosse

Community Spring (Grades K – 10)
Community Summer (Grades 3 – 8)

January & March



Soccer

Community, Summer (Grades Pre K – 12)
Community, Fall (Grades Pre K – 7)
Traveling, Summer (Ages U9 – U19)
Traveling, Fall (Ages U9 – U14)

January & June



Softball

Community (Grades K – 12)
Traveling (Ages K – U14)

January



Tennis

Community (Grades Pre K – 9)
Traveling (Ages 8U – 18U)

January



Track

Community (Grades K – 6)

January



Volleyball

Community, Spring & Fall (Grades 2 – 12)

January & June



Wrestling

Community (Grades K – 6)

December



Valley Athletic Association

www.vaasports.org

admin@vaasports.org

952-432-5618

Register online at www.vaasports.org

VAA - volunteer-run since 1969!

** Please consider volunteering your talents this year **



APPLE VALLEY PARKS & RECREATION presents

MID-WINTER FEST 2014

37th ANNUAL CELEBRATION

All activities take place on Saturday February 1, at the Apple Valley Community Center & Hayes Park, unless otherwise noted (in blue text).

The 37th Annual Mid-Winter Fest will be a fun filled day for the entire family. Free admission to the public, this event presented by the City of Apple Valley Parks & Recreation Department will share the fun of the Winter Season with the entire community. Highlights include:

- Horse Drawn Sleigh or Wagon Rides
- Medallion Hunt
- Prizes
- A variety of food concessions
- A "Winter in Apple Valley" Photo Contest
- Adult Snow Kickball Tournament
- Face Painting
- Pickleball Tournament (Friday January 31)
- Cotton Candy
- Cribbage Tournament
- Ice Fishing with Equipment and Instruction Provided
- Indoor Mini-Golf
- Inflatable Jumpers
- Youth Mites Hockey Jamboree
- DJ Dance Party with Total Entertainment
- Women's Volleyball Tournament (Sunday, February 2)
- Co-Rec Volleyball Tournament
- Try Cross-County Skiing and Snow Shoe (compliments of Valley Bike & Ski)
- Indoor Ice Skating Party
- Hot Dog and Smores Roasting by the Fire
- Frozen Apple Concert Series appearance by

Michael Monroe. (Concert held at Valleywood Golf Course Clubhouse, 4851 McAndrews Road, Apple Valley.)



952-953-2300 / www.cityofapplevalley.org