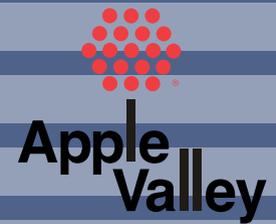


HEALTHY PARKS HEALTHY PEOPLE



WINTER 2014-2015

CITY OF APPLE VALLEY PARKS & RECREATION

**38th ANNUAL
MID-WINTER FEST CELEBRATION**

Saturday, February 7th
*Apple Valley Community Center
& Hayes Park*

The Annual Mid-Winter Fest will be a fun filled day for the entire family. Free admission to the public, this event is presented by the City of Apple Valley Parks & Recreation Department.

PLANNED HIGHLIGHTS INCLUDE:

- Horse Drawn Wagon Rides
 - Medallion Hunt (\$250 Prize!)
 - Concessions by Carbone's
 - Adult Snow Kickball Tournament
 - Face Painting
 - Hourly Prize Drawings
 - Adult Cribbage Tournament
 - Youth Hockey Jamboree (Mites)
 - Inflatable Jumpers & Games
 - "Wiggle, Jiggle & Jam" Concert; 10am
 - DJ Dance Party; 11am-2pm
 - Co-Rec Volleyball Tournament
 - Cross-County Skiing and Snow Shoeing
 - S'mores Roasting by the Fire
 - Outdoor Ice Skating
 - Coloring Contest
 - Balloon Animals Artist
 - Touch and Feel Reptiles
 - Clown, Juggler and Magician
 - FREE Photo Booth
 - Wacky Hair Booth
- Pizza Lunch with our mascot—KLONDIKE



**APPLE VALLEY PARKS & RECREATION PRESENTS
OUR FREE WINTER FESTIVAL**

MID-WINTER FEST 2015

**COME AND TAKE PART IN
THE FUN OF THE
WINTER SEASON!**

**Parks & Recreation Department
952-953-2300 • www.cityofapplevalley.org**

HEALTHY PARKS HEALTHY PEOPLE

General Information

Apple Valley Parks & Recreation Staff

ADMINISTRATION

Parks and Recreation Director..... Barry Bernstein
952.953.2310 • bbernstein@cityofapplevalley.org

Parks Superintendent..... Tom Adamini
952.953.2420 • tadamini@cityofapplevalley.org

Recreation Superintendent..... Scott Breuer
952.953.2311 • sbreuer@cityofapplevalley.org

Recreation Supervisor – Seniors..... Bill Bird
952.953.2341 • bbird@cityofapplevalley.org

Recreation Supervisor – Athletics Lyndell Frey
952.953.2316 • lfrey@cityofapplevalley.org

Recreation Supervisor – Teen Center Marcie Padgett
952.953.2312 • mpadgett@cityofapplevalley.org

Recreation Supervisor – Aquatics Steve Skinner
952.953.2314 • sskinner@cityofapplevalley.org

Department Assistant..... Dorene Perkins Monn
952.953.2304 • dperkins@cityofapplevalley.org

Clerical Assistant..... Eva Lageson
952.953.2300 • elageson@cityofapplevalley.org

Clerical Assistant..... Debby Shepard
952.953.2300 • dshepard@cityofapplevalley.org

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road
PHONE: 952-953-2300 • FAX 952-953-2306

APPLE VALLEY SENIOR CENTER

14601 Hayes Road
PHONE: 952-953-2345

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)
Arena Manager Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150th Street West
PHONE: 952-953-2300

SPORTS ARENA

(Attached to the south side of Apple Valley High School)
Arena Manager Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2366 • FAX 952-431-8246

TEEN CENTER

14255 Johnny Cake Ridge Road
PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

Manager – P.G.A. Professional Jim Zinck
952.953.2320 • jzinck@cityofapplevalley.org

Food, Beverage & Rental Coordinator Krystal Sedwick
952.953.2335 • ksedwick@cityofapplevalley.org

PRO SHOP

PHONE: 952-953-2323 • FAX 952-953-2319

Parks & Recreation Administrative Office:

Apple Valley Community Center
14603 Hayes Road • **952-953-2300**
www.cityofapplevalley.org

HOURS OF OPERATION

| | |
|---|----------------|
| Administration (<i>weekdays</i>) | 8:00am–4:30pm |
| Apple Valley Community Center: | |
| Monday-Friday | 8:00am–10:00pm |
| Saturday | 8:00am–7:30pm |
| Sunday | 12:00pm–7:30pm |

***NOTE:** the Community Center will be open until 9:00pm on Saturdays during the outdoor skating season (*tentatively December 13 – February 14*).

SPECIAL HOLIDAY HOURS

| | |
|-------------------------------|----------------|
| Wednesday, December 24 | 8:00am–4:00pm |
| Thursday, December 25 | CLOSED |
| Friday, December 26 | 9:00am–10:00pm |
| Wednesday, December 31 | 8:00am–7:30pm |
| Thursday, January 1 | 12:00pm–7:30pm |
| Monday, January 19 | 9:00am–10:00pm |
| Monday, February 16 | 9:00am–10:00pm |

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line

Press 2: AVCC Open Gym Schedule

Press 3: Aquatic Programs

Press 4: Adult Athletics

Press 5: Arena Programs

Press 6: Seasonal Programs & Special Events

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FREQUENTLY CALLED COMMUNITY PHONE NUMBERS

| | |
|--|--------------|
| Apple Valley Municipal Center | 952-953-2500 |
| Dakota County Parks Info Line..... | 952-891-7000 |
| VAA (Valley Athletic Association) | 952-432-5618 |
| EVAA (Eastview Athletic Association) | 952-985-3830 |
| ISD 196 Community Education..... | 651-423-7722 |

REGISTER ONLINE:

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday, 8:00am-4:30pm
 Visa, MasterCard, Discover or American Express required at time of registration.



[Facebook.com/Apple Valley Parks & Recreation](https://www.facebook.com/AppleValleyParks&Recreation)

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org.

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

FROZEN APPLE CONCERT SERIES

Valleywood Golf Course; 4851 McAndrews Road
FREE concerts in the Valleywood Clubhouse! Plan to treat your cabin fever by joining us in the beautiful Clubhouse at Valleywood Golf Course for three evenings of music from some of Minnesota's premier artists. There will be delicious food prepared on site by the Valleywood chef and full bar service will be available. You could win one of several prizes including electronics, books, guitars, and more; must be present at drawing time if your name is drawn. Concerts are 6:00-9:00pm on the following dates:

- Saturday, January 17** – New Sound Underground
- Saturday, February 7** – Uncommon Roots
- Saturday, March 7** – Michael Monroe

HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY SPORTS ARENA

(Adjoining Apple Valley High School)

14452 Hayes Road, Apple Valley, Phone (952) 953-2366

ICE SKATING LESSONS

Saturdays: January 3 – February 21; 8:00am – 11:30am

Mondays: January 5 – February 23; 7:15pm – 9:15pm

Thursdays: January 8 – February 26; 10:00am – 1:30pm

The Program: The program is geared toward recreational skaters of all ages and skill levels. Skaters will be evaluated throughout the season to determine if they are ready to advance. Our program consists of a maximum 12:1 student/instructor ratio to insure quality instruction except for the Pre-Beginner level which is set at an 8:1 ratio. **We reserve the right to cancel or combine classes.**

REGISTRATION: Registration for our program is now conducted online. Go to the City website: www.cityofapplevalley.org, and then under the "Recreation" heading, select "Recreation Programs / Facilities". First time users will need to set up an account, which will be used for all future registrations and rentals. Each family member should be listed on the same account, and can be easily added at a later date.

Costs: Unless otherwise noted, each level will be \$75.00 per skater which includes eight half-hour practices.

Requirements: We recommend that children in the Pre-Beginner classes wear a helmet (bike helmets work well), gloves and snow pants. Freestyle skaters should wear form-fitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves, and double runner skates are not permitted.

What Class Does My Skater Sign Up For?

If your Skater is 3 or 4 years old and has never skated before, you should sign up for the Pre-Beginners class. If you have previously skated in our program and are not sure what class to register for please email the Skating Director at tpatterson@ci.apple-valley.mn.us. **Please Note:** There are no age requirements for levels except Pre-Beginners ages 3-4.

CLASS DESCRIPTIONS

PreBeginners:

Designed for ages 3-4 years old with little or no skating experience.

Beginners: (Levels 1-4):

Designed for ages 5 and older with little or no skating experience. We will work on forward and backward skating and stopping.

Advanced Beginners A: (Levels 1-3):

Designed for those who have passed Beginners or those with some skating experience. The curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Advanced Beginners B: (Levels 4-6):

Designed for those who have passed the Advanced Beginners 3 or equivalent skills. This curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Freestyle:

This is the beginning of free style figure skating.

Pre-Hockey:

Designed for the beginning hockey player who needs to develop skating skills before playing hockey and to help with the skating skills at the Mite level. Skating experience recommended.

Advanced Pre-Hockey:

Designed for the hockey player with skating experience to better develop skills for the game. This class is skating skills only, no hockey will be played.

Adults:

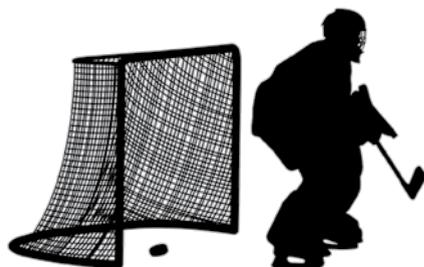
For all ability levels

Power Edge:

This class is designed for the figure skaters to build strength and power while learning the proper edge technique and skating form.

Private Lessons (Age 8 & Up):

Individual skater instruction. Skaters will have a 15 minute private one-on-one lesson and a 45 minute practice each week. Cost for private lesson is \$110.



ICE SKATING LESSONS

SATURDAY MORNING CLASSES

January 3–February 21 • Apple Valley Sports Arena

| LEVEL | Lesson | Practice |
|-----------------------------------|--------------|----------|
| Private Lesson (15 minute lesson) | 8:00-8:30 am | 8:30 am |
| Beginners | 8:00-8:30 am | 8:30 am |
| Pre-Beginners | 8:00-8:30 am | 8:30 am |
| Advanced Beginner B | 8:30-9:00 am | 8:00 am |
| Advanced Beginner A | 8:30-9:00 am | 8:00 am |

| | | |
|--------------------------------|---------------|---------|
| Pre-Beginner | 9:15-9:45 am | 9:45 am |
| Beginner | 9:15-9:45 am | 9:45 am |
| Private Lessons (15min lesson) | 9:45-10:15 am | 9:15 am |
| Advanced Beginner B | 9:45-10:15 am | 9:15 am |
| Advanced Beginner A | 9:45-10:15 am | 9:15 am |

| | | |
|---------------------|----------------|----------|
| Pre-Beginner | 10:30-11:00 am | 11:00 am |
| Beginner | 10:30-11:00 am | 11:00 am |
| Pre-Hockey Beginner | 11:00-11:30 am | 10:30 am |
| Pre-Hockey Advanced | 11:00-11:30 am | 10:30 am |
| Advanced Beginner A | 11:00-11:30 am | 10:30 am |

MONDAY EVENING CLASSES

January 5–February 23 (Note: The February 2 class will be held on February 3) Apple Valley Sports Arena

| | | |
|---------------------|--------------|---------|
| Beginner | 7:15-7:45 pm | 7:45 pm |
| Advanced Beginner A | 7:45-8:15 pm | 7:15 pm |
| Advanced Beginner B | 7:45-8:15 pm | 7:15 pm |
| Adults | 7:45-8:15 pm | 7:15 pm |

| | | |
|-----------------------------------|--------------|---------|
| Private Lesson (15 Minute Lesson) | 8:15-8:45 pm | 7:45 pm |
| Freestyle | 8:15-8:45 pm | 7:45 pm |
| Power Edge | 8:45-9:15 pm | 8:15 pm |

THURSDAY MORNING CLASSES

January 8–February 26 • Hayes Park Arena

| | | |
|---------------------|----------------|----------------|
| Pre-Beginner | 10:00-10:30 am | 10:30-11:00 am |
| Pre-Hockey Beginner | 10:00-10:30 am | 10:30-11:00 am |
| Beginner | 10:30-11:00 am | 10:00-10:30 am |

| | | |
|--------------|---------------|---------------|
| Pre-Beginner | 12:30-1:00 pm | 1:00-1:30 pm |
| Pre-Hockey | 12:30-1:00 pm | 1:00-1:30 pm |
| Beginner | 1:00-1:30 pm | 12:30-1:00 pm |

NOTE: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice).

APPLE VALLEY PUBLIC SKATING

Cost \$4 per person • Hayes Park Arena Open Skating: Thursdays Starting January 8th 11:00-12:30pm
Sports Arena Open Skating: Sundays 3:30pm-5:00pm • Wednesdays 7:15pm-8:45pm

HEALTHY PARKS HEALTHY PEOPLE

OUTDOOR SKATING RINKS

Warming House Operation Hours

Weather Permitting, rinks will open Saturday, December 13
Rinks close Monday, February 16

REGULAR HOURS December 13 to February 16
At Apple Valley Community Center, Huntington, Galaxie

Monday – Friday 4:00pm to 9:00pm
Saturday 10:30am to 9:00pm
Sunday 12:00pm to 7:00pm

At Apple Valley East, Delaney, Hagemeister, Valley Middle, Teen Center

Monday – Friday 4:00pm to 8:00pm
Saturday 10:30am to 8:00pm
Sunday 12:00pm to 7:00pm

HOLIDAY/SPECIAL HOURS for All Warming Houses

(If not listed, regular hours apply)

Christmas Eve, December 24; 10:30am – 4:00pm

Christmas Day, December 25; CLOSED

Winter Break – December 22, 23, 26, 29, 30, January 2
10:30am – 8:00pm

New Year's Eve, December 31; 10:30am – 7:00pm

New Year's Day, January 1; 12:00pm – 7:00pm

Martin Luther King Day, Jan 19; 10:30am – 8:00pm

Schools Out February 13; 10:30am – 8:00pm

President's Day, February 16; 10:30am – 8:00pm

Weather related rink closures and early closings will be posted on www.cityofapplevalley.org and on the weather hotline **952.953.2399** up to one hour prior to house opening. Rinks may close under the following conditions: Temperatures soften the ice. Wind chill temperature reaches -20 degrees, or one inch of snow accumulates on the ice surface. One inch or more of snow fall may take up to 48 hours to clear off of the rinks.



SKATING RINKS

| PARK FACILITY | ADDRESS | WARMING HOUSE | HOCKEY RINK(S) | PLEASURE RINK |
|-------------------------------|------------------------------|---------------|----------------|---------------|
| Apple Valley Community Center | 14603 Hayes Road | Yes | 2 | 1 |
| Apple Valley East | 15335 Dodd Boulevard | Yes | 1 | 1 |
| Apple Valley Teen Center | 14255 Johnny Cake Ridge Road | Yes | 2 | 1 |
| Delaney | 4745 147th Street West | Yes | 1 | 1 |
| Galaxie | 13900 Galaxie Avenue | Yes | 1 | 1 |
| Hagemeister | 13000 Johnny Cake Ridge Road | Yes | 1 | 1 |
| Huntington | 12960 Diamond Path | Yes | 1 | 1 |
| Valley Middle | 900 Garden View Drive | Yes | 1 | 1 |
| Belmont | 118 Belmont Road | No | No | 1 |
| Briar Oaks | 12275 Safari Pass | No | No | 1 |
| Faith | 15539 Ferris Avenue | No | No | 1 |
| Heritage | 12852 Hamlet Avenue | No | No | 1 |
| Pennock | 15445 Pennock Avenue | No | No | 1 |

Parks & Facilities



COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES, street shoes or boots are permitted in the gymnasium.***Offered every weekend unless there is a tournament held at the Community Center. Call the Open Gym Hotline at 952-953-2399 (option 2) to verify the gym schedule.

Free admission unless noted.

2 & Under Tot Time Open Gym

Ages 2 & under with accompanying adult

Mondays, Wednesdays, Fridays, year-round;

9:00-9:30am

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots! **NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am.**

Pre-School Open Gym

Ages 5 & under with accompanying adult

Mondays, Wednesdays & Fridays; 9:30-11:00am

Here's a great place for parents to meet other parents. Youth ages 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round, and is for pre-school aged children only. **Please do not bring snacks and drinks into the gym!**



Youth Open Gym

Grades 6-12

***Saturday 12:00–3:45pm**

***Sunday 4:00–7:15pm**

Tuesday & Thursday 2:30–4:30pm

Youth in grades 6 to 12 can come to play informal recreational basketball. The courts will be available for practice shooting or pick-up games on your own. Team practice or play is not allowed. Children in grades 5 or under must be supervised in the gym by a non-participating adult. Participants must attend school in ISD 196 or reside in Apple Valley. A current ISD 196 student ID card is required for admission to the gym. A parent must contact Scott Breuer at **952-953-2300** if their child lives in Apple Valley but does not attend an ISD 196 school.

Family Open Gym

Ages 17 & younger w/parent

***Saturday 4:00–7:15pm**

***Sunday 12:00–3:45pm**

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Home School Open Gym

Grades K-12

Wednesday and Friday; 11:15am-1:00pm

Does your home school child need a place to run or shoot basketballs during the school year? Home school students can use our gym! Parents, please accompany your child to his/her first visit so our Emergency Contact Information can be completed. A Home School Open Gym Participant Card will then be issued, which must be used for future access. Please note: a parent must remain in the gym at all times if their child is younger than 6th grade.

HEALTHY PARKS HEALTHY PEOPLE



Adult Open Volleyball

Ages 18 & over

Saturday & Sunday; 3:00-6:00pm (3 courts available)

Monday; 6:30-9:30pm (6 courts available)

\$3 per person per date (players and spectators)

OR- \$30 for a Punch Card

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate. Courts will be shared equally between all participants in attendance. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Saturday & Sunday: A 63 player capacity at one time will be followed. Note: Participants are required to fill out a "Participant Registration Card", show an ID, and pay the \$3 fee prior to participation. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.



Adult 40 & Over, Noon - Time Open Basketball

Ages 40 & over

Tuesday & Thursday; 11:30am-1:30pm

\$3 per person per date (players and spectators)

Apple Valley Community Center gyms;

14603 Hayes Road

Adult 40 & Over Noon Time Open Basketball will be offered twice per week over the lunchtime. This program began this past Fall and will hopefully have enough interest to be a year-round program! Break out your basketball shoes and enjoy a couple of hours of weekday hoops. Participants will be required to show a valid driver's license ID with proof of age. Participants will be required to fill out a "Participant Registration Card" on your first visit and also be required to show your ID on each visit thereafter. Be part of a developing new program while enjoying some pick-up basketball. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Adult Open Badminton

Ages 18 & over

Wednesday; 6:30-9:30pm

(six courts available)

\$3 per person per date (players and spectators)

OR - \$30 for a Punch Card

Apple Valley Community Center

This is an adult program; children will not be permitted in the gym. Unsupervised children under age 10 are not allowed at the Community Center.

Adult Open Pickleball

Ages 18 & over

Monday-Friday; 9:00am-12:30pm

(six courts available)

Sunday; 12:15-2:15pm

\$3 per person per date (players and spectators) OR - \$30 for a Punch Card

Apple Valley Community Center

Come inside this fall and play this fast growing and popular game. Sunday Players Note: Call us to be sure the facility will be available on a given Sunday.

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Tom Adamini, Parks Superintendent at **952-953-2420**.

The following groups have volunteered to adopt city parks:

| ORGANIZATION | LEADER | LOCATION |
|---|-----------------------|-------------------------------------|
| Flight Club & AVDGL | Derek Lusk | Alimagnet Park |
| Geek Squad | Matthew Schultz | Alimagnet Park |
| A.V. American Legion Auxiliary, Unit 1776 | Jan Lauby | Apple Grove Park |
| Apple Valley Guitar & Piano Academy | Laureen Markert | Apple Valley East |
| The Adventure Zone | Jim Nordberg | Belmont & Chaparral Parks |
| Catholic Order of Foresters Court 332 | Alma Kremer | Cedar Knolls Park |
| Wings Financial CU | Cari Fougner | Cobblestone Lake Pathway |
| Girl Scout-Brownie Troop 55075 | Nicole Bohlig | Delaney Park |
| South Metro ATV Club | Jay Peterson | Duchess Park |
| Farquar Park Helpers | Jeff Christianson | Farquar Park |
| Midwest Special Services, Inc. | Sherry Ginder | Farquar and Johnny Cake Ridge Parks |
| Southcross Community Church | Jennifer Largen | Fred J. Largen Park |
| MOMS Club – Apple Valley North | Amanda Contino | Heritage Park |
| Girl Scout Troop #54077 | Nancy Smoley | Huntington Park |
| Uponor, Inc. | Daniel Perez | Johnny Cake Ridge Park |
| Shaver Group | Connie Shaver | Keller Park |
| MRCI Work Force | | Kelley Park Flower Beds |
| Boy Scout Troop #293 | Paul Chellsen | Long Lake, Moeller, Greenleaf |
| Boy Scout Troop #293 | | Faith, Nordic and Hagemesiter |
| Nordic Woods Neighborhood | John Santi | Nordic Park |
| Rotary Club of Apple Valley | Tom Lawell | Redwood & Kelley Parks |
| Garland Group | Michelle Markov | Scott Park |
| Stael Family | Anthony Stael | Sunset Park |
| Hansen Family | Bill and Julie Hansen | Wallace Park |
| The Wild Things of Wildwood | Shawnessy Schwartz | Wildwood Park |

If you know any of these folks, thank them for helping keep your park system looking good!

HEALTHY PARKS HEALTHY PEOPLE



Valleywood Golf Course is a premier place to host your next special event or golf outing. A beautiful 18 hole golf course that can **Host Tournaments** as large as 144 players with rolling hills, over ten ponds and playability for a range of golf ability. Inside our new clubhouse you will find an inviting and comfortable bar & grill, as well as a banquet room with floor-to-ceiling windows overlooking the 18th green. With a maximum capacity of 175 seated guests in our banquet room, you can host anything from an intimate gathering for 40 to a grand wedding for 175.

The banquet room boasts floor to ceiling windows and advanced audio visual systems. Our professional staff and culinary team **Customize your Event** to ensure it is truly personalized and memorable.

- ☆ *Weddings*
- ☆ *Corporate Meetings*
- ☆ *Anniversary Parties*
- ☆ *Grooms Dinners*
- ☆ *Graduation Parties*
- ☆ *Charity Events*
- ☆ *Bachelor Parties*
- ☆ *Company Picnics*
- ☆ *Holiday Parties*
- ☆ *Employee Appreciation Events*



Valleywood is centrally located on the northeast side of Apple Valley, just 20 minutes from St. Paul, 25 minutes from Minneapolis, and 10 minutes from the Mall of America and Airport.

To Book Your Next Event

Contact us Today!



VWevents@cityofapplevalley.org

Valleywood Event & Tournament Showcase

February 21, 2015
10am-2pm

The 2015 Event & Tournament Showcase Event will display over 3500 square feet of exhibit space filled with the South Metro's best professionals! The Showcase Event will also provide a unique opportunity for tournament, wedding, and party professionals to meet with potential clients and showcase their products and services in an intimate and interactive setting.

Enjoy food, beverages, and free samples while you learn about local vendors and register to win some of the great door prizes that will be raffled off throughout the event!



10:00 am

Vendor Showcase begins

Join us in our banquet room to meet with the best local vendors for weddings, corporate events and tournaments. Photographers, printers, bakers & cake decorators, musicians & entertainers, florists and more!

10-10:30 am

Seminar: Introduction to Tournament Planning—

Looking at starting a tournament or already a tournament chair? This seminar is for you! Topics covered include: Planning, Organization and Execution for tournaments from 40-140 players.

11:30 am

Butler Passed Appetizers & Entrée Samples

11:30-12 pm

Seminar: Advanced Tournament Planning—

Are you looking to raise money at your tournament or is it for a non-profit or charity? Topics covered include: Sponsorships, how to raise funds at your next tournament, creating a partnership with the golf course & event staff, as well as promotion & day of execution details.

12 pm

Event Raffle—must be present to win

Dessert Display

1-1:30 pm

Seminar: Event Logistics—Golf & Non-Golf Related Events

This seminar will cover menu selections, room setups, day of logistics, organization, use of volunteers, auctions & raffles.

2pm

Showcase Ends



Valleywood Golf Course
4851 McAndrews Road
Apple Valley, MN 55124

**Complimentary
Event!**

HEALTHY PARKS HEALTHY PEOPLE

TOTS/YOUTH ACTIVITIES



Youth Activities

Holiday Parties for Tots

Ages 2 ½ -6

Crafty Christmas Party: Friday, December 19

Session 1: 9:30am-10:45am

Session 2: 11:00am-12:15pm

Happy Hearts Party: Friday, February 13

Session 1: 9:30am-10:45am

Session 2: 11:00am-12:15pm

St. Pat's Hats Party: Friday, March 13

Session 1: 9:30am-10:45am

Session 2: 11:00am-12:15pm

Bunny Brunch Party: Friday, April 3

Session 1: 9:30am-10:45am

Session 2: 11:00am-12:15pm

\$7 per person, per session

Apple Valley Community Center

Min. 6 Max. 14 per session

REGISTRATION DEADLINES:

Session 1: December 12

Session 2: February 6

Session 3: March 6

Session 4: March 27

Instructors: Parks and Recreation Department Staff

Celebrate the upcoming Winter & Spring Holidays at our special parties just for TOTS! Games, crafts, stories, music and treats related to the holiday will be featured at our parties. Be a part of the holiday happenings! Pre-registration by the deadline is required. Participants must be potty trained. Parents can stay, but it is not required—if parents do stay; please **DO NOT** bring additional non-registered siblings along.

Tot's Day of Fun

Ages 3-6

Mondays, 9:00am-12:00pm

Session 1: January 5, 12, 19, 26

Session 2: February 2, 9, 16, 23

Session 3: March 2, 9, 16, 23

\$42 per person, per session

\$12 per child, per each date; drop-in fee payable on the date of class

Call 952-953-2300 for drop-in availability per date

Apple Valley Community Center

Min. 6 Max. 12 per session, and per each date

REGISTRATION DEADLINES:

Session 1: December 29

Session 2: January 26

Session 3: February 23

Instructors: Parks and Recreation Department Staff

Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym time, a snack, and even a short "quiet time". The activities are designed for your tots, the class is designed for parent's 'on the run', who need that little bit of extra time for errands, or just to relax! Our Instructors will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities. Lots of fun for all tots! Participants must be potty trained. Parents do not stay.

Little Chefs-Tot's Healthy Cooking Classes

Ages 3-6

Session 1: Friday, January 9; 11:15am-12:30pm

"Winter Treats Cookbook"

Session 2: Friday, February 6; 11:15am-12:30pm

"Valentine's Cookbook"

Session 3: Friday, March 6; 11:15am-12:30pm

"St. Pat's Cookbook"

\$7 per person per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: January 2

Session 2: January 26

Session 3: February 27

Instructors: Parks and Recreation Department Staff

Fun cooking classes featuring healthy foods and snacks for preschoolers! We will learn new recipes each session! Each "Little Chef" will take home a recipe book of all recipes that they have learned that session. **Please indicate any food/ingredient allergies that your child has, so we can adjust accordingly.** Participants must be potty trained. Parents do not stay.

Top Secret Travel

Ages 4-7

Thursdays, 9:30-11:00am

Session 1: January 29; Antarctica

Session 2: February 26; Japan

Session 3: March 19; Italy

\$7 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: January 22

Session 2: February 19

Session 3: March 12

Instructor: Kristy Hemphill

Grab your passport and hop on board as we travel the world with Top Secret Travel! Each session we will visit a new land, learn about the country, explore its culture, sample its food and play local games. In Antarctica, we will see polar bears and puffins. Japan will teach us origami and we will learn about the samurai. And in Italy, we'll study famous artists and squish some grapes! Your little voyager won't want to miss out on any of these adventures! Participants must be potty trained. Parents do not stay.

Wintertime Bliss

Ages 4-7

Thursday, January 8; 9:30-10:45am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: January 1

Instructor: Kristy Hemphill

Winter is here to stay, at least for a few more months. Why not have some fun with it? We will be making "snow many" crafts, such as scarves, snowflakes and snowmen. And we may even have an indoor snowball fight! To fight off the cold, we'll enjoy a nice mug of hot chocolate, with marshmallows of course! Participants must be potty trained. Parents do not stay.



Super Hero!

Ages 3-6

Thursday, January 15; 10:00-11:30am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: January 8

Instructor: Kristy Hemphill

Up, up and away...join us for a super-duper super hero day! We will have a great time making crafts and playing games for both sides, the good guys and the bad guys. Enjoy masks and capes, adventures and fun, along with a healthy snack for energy and healthy bodies. Participants must be potty trained. Parents do not stay.

Curious George

Ages 3-6

Thursday, January 22; 10:00-11:30am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 12

REGISTRATION DEADLINE: January 15

Instructor: Kristy Hemphill

Spend the morning enjoying Curious George, the mischievous monkey and his friend, the man in the yellow hat. We will go on adventures with George and have fun recreating his antics. Stories, crafts and games will fill our day, along with a snack fit for any hungry monkey. Participants must be potty trained. Parents do not stay.



Valentine Cards for Kids

Ages 4-7

Thursday, February 5; 10:00-11:15am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: January 29

Instructor: Kristy Hemphill

Hey kids! Join us for a morning of Valentine card making fun, where you can make Valentine cards for your loved ones. Your little ones will be able to use their imagination and creativity through design, and they will definitely leave their mark on your heart this Valentine's Day! Participants must be potty trained. Parents do not stay.

HEALTHY PARKS HEALTHY PEOPLE

Youth Activities

Hot Wheels

Ages 3-6

Thursday, February 12; 10:00-11:15am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 12

REGISTRATION DEADLINE: February 5

Instructor: Kristy Hemphill

Race on in, for a day of Hot Wheels fun! We'll have tracks set up, obstacle courses for your car, and of course, RACES! Bring in your favorite car or use one of ours. We'll be in 'speedy pursuit' of fun, crafts and a snack. Join us for some fast-paced fun! Participants must be potty trained. Parents do not stay.



Dino Dig

Ages 4-7

Thursday, March 5; 10:00-11:15am

\$7 per person

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: February 26

Instructor: Kristy Hemphill

Let's explore dinosaurs together! We will dig for bones, learn about different types of dinosaurs, recreate our fossil-friends, study footprints, and hunt for dino eggs. Snack will be provided. Participants must be potty trained. Parents do not stay.



Under the Big Top

Ages 4-7

Thursday, February 19; 10:30am-12:00pm

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: February 12

Instructor: Kristy Hemphill

Step right up and get your ticket to our little circus. Learn about what it's like to be a ring master. Enjoy the animals, perform and applaud the stunts, and 'ooh and aah' at the clowns. We will also enjoy some circus snacks – yummy! Sign up today as spots will fill quickly! Participants must be potty trained. Parents do not stay.



Little People® Party

Ages 3-6

Friday, February 27; 10:00-11:30am

\$6 per person

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: February 20

Instructor: Kristy Hemphill

Spend the morning in an open play format with tons of Little People toys! There will be a farm, an airport and a house, just to name a few. We will play and explore, read books and see a short video, and craft and snack. We will be busy little people! Participants must be potty trained. Parents do not stay.



Ages 3-6

Friday, March 20; 10:00-11:15am

\$7 per person

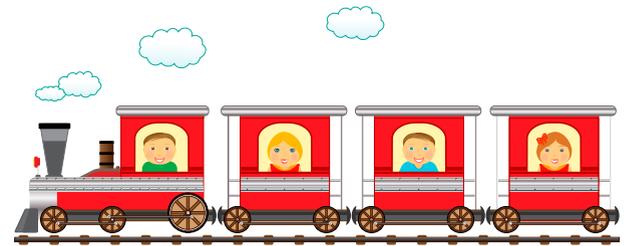
Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: March 13

Instructor: Kristy Hemphill

Chugga chugga choo choo! All aboard the Preschool Express, we are going to have a great time! We will be playing with and learning about trains. Trains are used for all sorts of important jobs, which we will learn together through books, crafts and hands-on fun. Participants must be potty trained. Parents do not stay.



Mo Willems Books – Story Time & More

Ages 3-6

**Session 1: Monday & Tuesday, December 22 & 23;
10:00-11:30am**

**Session 2: Monday & Tuesday, December 29 & 30;
10:00-11:30am**

\$8 per person, per session

Apple Valley Community Center

Min. 5 Max. 10 per session

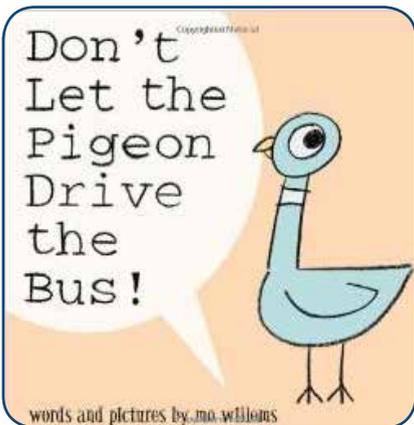
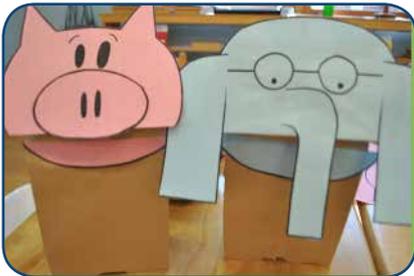
REGISTRATION DEADLINES:

Session 1: December 15

Session 2: December 22

Instructor: Ashley Branstad

Join us for great stories, laughs, snacks and crafts – all related to children’s books authored by Mo Willems, featuring some of his favorite characters, Elephant & Piggie, and the Pigeon. Sign up for either Session 1 or 2! On Monday, we will explore Elephant & Piggie by reading 2 books, and creating Elephant & Piggie crafts and a snack. On Tuesday, we will explore the Pigeon by reading more, and creating a Pigeon snack and some craft projects. Great fun for your little one! Participants must be potty trained. Parents do not stay.



We Love Music - Musical Safari Classes

Ages 18 months-6, with a parent

Tuesdays, February 3, 10, 17, 24; 10:00-10:45am

\$40 per parent/child pair; \$25 per additional sibling

Apple Valley Community Center

Min. 3 Max. 6 pairs

REGISTRATION DEADLINE: January 27

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, go on a Musical Safari with your child and discover your love of music, together! During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!



Little Doodler’s “I Love Art” Classes

Ages 2-5 with a parent or adult

In the Little Doodler Art Classes, children are introduced to a wide variety of art materials, and they are encouraged to create unique art.

Session 1: Saturdays, January 17, 24, 31; February (NO 7), 14; 9:30-10:15am

Apple Valley Community Center

In this session, children will paint a colorful cupcake with fluffy frosting on canvas, collage an owl, use model magic to make silly monkeys, and more!

Session 2: Saturdays, February 21, 28; March 7, 14; 9:30-10:15am

Apple Valley Community Center

In this session, children will paint with fish, decorate some mittens, make a funny frog with model magic, and more!

\$59 per child, per session for 1st child; \$49 per each additional child in the same session

Min. 3 Max. 6 per session

REGISTRATION DEADLINES:

Session 1: January 9

Session 2: February 13

Instructor: Abrakadoodle Art Staff

HEALTHY PARKS HEALTHY PEOPLE

KIDCREATE STUDIO ART CLASSES FOR TOTS & YOUTH!

Kidcreate Studio launches children into the incredible world of art! Our energized classes and our lesson plans, designed by an art education professional, are age appropriate and devised to inspire each child. We provide a supportive, positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Giggles and grins are always encouraged!



Big and Messy Art Classes

Ages 18 months - 6 with a parent
Mondays, February 2, 9, 16, 23;
9:30-10:15am
\$59 per 1st child;
\$55 per additional sibling
Apple Valley Community Center
Min. 3 Max. 5

REGISTRATION DEADLINE: January 26

Instructor: Kidcreate Staff

Let your little artist explore the messier side of art in a big way! Your child will enjoy many sensory experiences as they create enormous works of art, painting, sculpting, scribbling, and giggling their way to discovering a grander scale of art. Come and create right along with your child in these hands-on classes! This is a great class for siblings to take together! **Children must be accompanied by a caregiver.**



Art Play Classes

Ages 18 months - 6 with a parent
Mondays, March 2, 9, 16, (NO 23), 30;
9:30-10:15am
\$59 per 1st child;
\$55 per additional sibling
Apple Valley Community Center
Min. 3 Max. 5

REGISTRATION DEADLINE: February 23

Instructor: Kidcreate Staff

Clay play day, print making fun, capturing bubbles, and building roller coasters are just a few reasons why art play is the best! Each day, we'll explore a new creative art experience as your young artist discovers a variety of interesting ways to play while making art. We'll paint, sculpt, & make collages and costumes! Create along with your child in these hands-on classes! **Children must be accompanied by a caregiver.**

Messy Monsters Class

Ages 3-6
Monday, February 16; 9:00am-12:00pm
(DAY OFF SCHOOL)
\$33 per 1st child; \$29 per additional sibling
Apple Valley Community Center
Min. 3 Max. 5

REGISTRATION DEADLINE: February 9

Instructor: Kidcreate Staff

Hey kids, do you love to get messy? Then this is the art class for you! We'll use paper mache, paint and more simply sloppy supplies to make a project your mom would never let you do at home! We'll become masters at making a mess, learn some pretty cool stuff, and have lots of fun while doing it! **Please pack a nut free snack and drink for your child.** Parents do not stay.



Hello Kitty Clay Creation

Ages 3-6
Friday, March 13; 9:00am-12:00pm
(DAY OFF SCHOOL)
\$33 per 1st child; \$29 per additional sibling
Apple Valley Community Center
Min. 3 Max. 5

REGISTRATION DEADLINE: March 6

Instructor: Kidcreate Staff

Does your child love Hello Kitty? Do they love playing with clay too? If so, this is the perfect class for them! We will learn simple clay techniques and then use our new skills to create the cutest kitty ever. **Please pack a nut free snack and drink for your child.** Parents do not stay.



How to Train Your Dragon Art Class

Ages 4-9 (a class for siblings to attend together!)

Monday, March 23; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$33 per 1st child; \$29 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 16

Instructor: Kidcreate Staff

The movie 'How to Train Your Dragon 2' inspires the project for this class. Hiccup and all his dragon-training friends would love this! We will learn a new art term and then use Model Magic clay to sculpt our own pet dragon. **Please pack a nut free snack and drink for your child.** Parents do not stay.



How to Draw a Horse Art Class

Ages 4-9 (a class for siblings to attend together!)

Tuesday, March 24; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$33 per 1st child; \$29 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 17

Instructor: Kidcreate Staff

In this popular class, the kids will learn how to draw a horse using a simple step-by-step process. The final project will then be painted on a real canvas board! This artwork is sure to win a blue ribbon! **Please pack a nut free snack and drink for your child.** Parents do not stay.



Getting Artsy with my Doll Art Class

Ages 4-9

(a class for siblings to attend together!)

Wednesday, March 25;

9:00am-12:00pm

(DAY OFF SCHOOL)

\$33 per 1st child;

\$29 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 18

Instructor: Kidcreate Staff

It's time for your child and her American Girl® Doll (or another favorite doll), to get artsy together! A variety of art materials will be used to create mini doll-sized art supplies such as an easel, a paint palette and a brush. These cool projects will surely inspire your child and her doll to create some wonderful masterpieces together! Bring your doll to class so she can join in the fun. **Please pack a nut free snack and drink for your child.** Parents do not stay.

This program is not affiliated with, endorsed by or sponsored by, American Girl Brands, LLC.



Star Wars-R2D2 Art Class

Ages 4-9 (a class for siblings to attend together!)

Thursday, March 26; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$33 per 1st child; \$29 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 19

Instructor: Kidcreate Staff

Obi Wan Kenobi and Anakin would be proud of the Star War masterpiece your young Jedi will create in this class. The kids will be constructing their own mini R2D2 out of Model Magic clay. Leave the light sabers at home, our creativity will be our weapon of choice. May the force be with you! **Please pack a nut free snack and drink for your child.** Parents do not stay.

HEALTHY PARKS HEALTHY PEOPLE



Music Together Early Childhood Music Program

for parents/caregivers & children

Children, birth-5 years with a parent or caregiver

Wednesdays, January 21, 28; February 4, 11, 18, 25;

March 4, 11

Session 1: 10:15-11:00am

Session 2: 11:15am-12:00pm

Session 3: 5:15-6:00pm

Session 4: 6:15-7:00pm

Thursdays, January 22, 29; February 5, 12, 19, 26;

March 5, 12

Session 5: 10:15-11:00am

Session 6: 11:15am-12:00pm

Sundays, January 25; February 1, 8, 15, 22;

March 1, 8, 15

Session 7: 4:00-4:45pm

Session 8: 5:00-5:45pm

\$149 per adult-child pair for the 8-week session

\$79 per additional child;

Siblings 8 months & younger are FREE with paid sibling (free sibling must be born after 5/22/14)

Apple Valley Community Center; 14603 Hayes Road

Min. 3 Max. 6 Parent/Child pairs per each session

REGISTRATION DEADLINE: January 14

Instructor: "Music Together" Staff, Laurie McFaul

Share the joy of making music! Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting. Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical. They can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's - one for home and one for on-the-go. Music Together in the Valley, directed by Clarice Auluck-Wilson, Ph.D.

Free Demo "Music Together" Classes

Birth-Age 5 (and a Parent)

Session A:

Wednesday, January 14; 10:15-11:00am

Session B:

Wednesday, January 14; 6:15-7:00pm

Session C:

Thursday, January 15; 11:15am-12:00pm

Session D:

Sunday, January 18; 4:00-4:45pm

Session E:

Sunday, January 18; 5:00-5:45pm

Apple Valley Community Center

FREE, but only 1 demo per family please!

Min. 3 Max. 6 pairs per each demo

REGISTRATION DEADLINE: January 7

Experience the joy of making music. Space is limited so register soon! Register your child(ren) only, but parents still attend. Call **952-953-2300** with questions; or register on line at: www.cityofapplevalley.org.





Science Explorers Classes for Tots

Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. They believe science sparks wonder and imagination in children and allows them to use their natural curiosity for discoveries. Science Explorers' activities challenge children by providing a different hands-on activity each week, and encouraging them to try different solutions. Science Explorers is dedicated to helping children learn about their world through science. Parents do not stay.

African Safari

Ages 3 ½ - 6

Wednesdays, January 28 & February 4;

12:30-2:00pm

\$29 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: January 21

Instructors: Science Explorer's Staff

Discover the wonders of Africa on an imaginary safari as you explore the grasslands of the Savannah. As we camp beside a waterhole, we will learn about the amazing animals that come to drink. In the early morning hours, we will see elephants and giraffes. During the hot afternoon, we will watch as wild warthogs lay in the mud. As night approaches, we will keep our distance as the predators come to drink. Please join us for this fun and fascinating class on the African Savannah.



Wet and Wild Minnesota

Ages 3 ½ - 6

Wednesdays, March 4, 11; 12:30-2:00pm

\$29 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: February 25

Instructors: Science Explorer's Staff

Lakes, rivers, fish, trees, and eagles are all a part of our wonderful state of Minnesota. Join us as we follow the Mississippi River from Lake Itasca through the wetlands, lakes, and bluffs of Minnesota. We will explore the planets and animals of these ecosystems, and how they survive the summer heat and the long winters of Minnesota.



Amazing Tots Program

Ages 20 months-3 years & a parent

Session 1: Thursdays, January 15, 22, 29;

February 5, 12, 19; 9:20-9:50am

Session 2: Thursdays, February 26; March 5, 12, 19, 26;

April 2; 9:20-9:50am

\$52 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

REGISTRATION DEADLINES: Session 1: January 8;

Session 2: February 19

Instructors: Amazing Athletes of SW Metro Staff

Discover sports that will get your toddler moving. Enjoy physical challenges and organized physical exploration activities that increase major motor development. Explore and learn 4 sports with your child.

Amazing Athletes Program

Ages 3-6

Session 1: Thursdays, January 15, 22, 29;

February 5, 12, 19; 10:00-10:45am

Session 2: Thursdays, February 26; March 5, 12, 19, 26;

April 2; 10:00-10:45am

\$59 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

REGISTRATION DEADLINES: Session 1: January 8;

Session 2: February 19

Instructors: Amazing Athletes of SW Metro Staff

Engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of nine different sports including: baseball, volleyball, lacrosse, football, soccer, golf, hockey, basketball and tennis! Build self-confidence, practice teamwork, and improve fine and large motor skills. Increase cardiovascular fitness, muscle tone, hand-eye coordination and reaction time. Lots of sports fun! Parents are not required to stay, but can if they choose.

HEALTHY PARKS HEALTHY PEOPLE

Youth Activities

Personalized Letters from Santa Claus

Ages 3-10

Letters to be mailed by **December 15**

\$6 per each letter mailed

REGISTRATION DEADLINE: December 1

Children love to receive mail, especially from Santa Claus! To add your child's name to Santa's list, register with the Apple Valley Parks & Recreation Department at the Apple Valley Community Center.

To assist Santa in composing his letter, a special registration form will need to be filled out. The following information will be requested: Child's full name and nickname; child's age; boy or girl; city that he/she will be in on Christmas morning; address to send the letter to; names of other family member; items that the child will definitely be receiving from Santa; child's favorite activities/hobbies; others who Santa should say "Hi" to; and any special messages that you would like added.



Breakfast with Santa Claus, sponsored by McDonald's of Apple Valley

Ages 3-10 & parent

Saturday, December 6

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

**\$10 per child, per session; parents attend free
Apple Valley Community Center**

Min. 20 Max. 40 youth per session

REGISTRATION DEADLINE: November 28

(Call for availability, 952-953-2300)

Instructors: Parks and Recreation Department Staff & Santa Claus

All children 3-10 years old are invited to spend an hour with Santa Claus on Saturday, December 6th. Come to the Apple Valley Community Center where Santa will visit with you and your family while you enjoy special treats, **sponsored by McDonald's of Apple Valley**. Following breakfast, each child will take part in a variety of holiday activities, crafts, games, and have their picture taken with Santa. **Parents, don't forget to bring your camera to take extra pictures.**

Breakfast with the Bunny & Egg Hunt, sponsored by McDonald's of Apple Valley

Ages 2-7 & parent

Saturday, April 4

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am



**\$10 per child, per session; parent(s) attend free
Apple Valley Community Center**

Min. 20 Max. 50 youth per session

REGISTRATION DEADLINE: March 23

Instructors: Parks and Recreation Department Staff & Easter Bunny

All 2-7 year old children are invited to join the Easter Bunny on Saturday, April 4th for an Easter egg-stravaganza! We'll begin the morning with pictures with the Easter Bunny, plus juice and snacks from **McDonald's of Apple Valley**. Next is an outdoor (weather permitting) egg hunt for candy and prizes, done by age groups (2-3, 4-5, 6-7 years old). Afterwards, participants can enjoy a wide variety of activities including face painting/nail polishing, games, open gym, and craft projects. **REGISTER EARLY!**



Flashlight Egg Hunt & Easter Crafts/Coloring Contest

Ages 7-12

Tuesday, March 31; 7:15pm

**(Alternate RAIN or BAD WEATHER DATE is
Thursday, April 2)**

\$9 per person

**Redwood Community Center,
311 150th Street West**

Min. 20 Max. 30

REGISTRATION DEADLINE: March 23

Instructors: Parks and Recreation Department Staff
Meet in the Redwood Community Center at 7:15pm (sunset is at 7:39pm) for some Easter crafts and a coloring contest, followed by an Egg Hunt with a bit of a challenge when the sun sets, for youth 7-12 years old. **Bring your flashlight and a basket**, the eggs will be hidden in the DARK! Join us for this unique egg hunt by moonlight and win some fun prizes too! Parents can stay to assist their child, as needed.



Easter Basket Delivery

Ages 2-7

Session 1: Friday, April 3; delivery 1:00-4:00pm

Session 2: Saturday, April 4; delivery 1:00-4:00pm

\$9 per each Easter Basket delivered to your home.

Max. 35 baskets delivered per session only!

REGISTRATION DEADLINE: March 23

Instructors: Parks and Recreation Department Staff & Easter Bunny

The Easter Bunny will be hopping around Apple Valley with baskets full of goodies. Order an Easter Basket, to be delivered to your child(ren) by our Easter Bunny. This program is recommended for children ages 2-7, but additional baskets can be ordered for their older siblings as well. Please indicate your child(ren)'s name, age, gender, address (**must be a 55124 zip code**), phone number, and directions to your house if it is difficult to find. Register early! **NOTE: Your Easter Basket(s) will be delivered sometime during the scheduled time. Exact times cannot be promised!**

The "Passport To Paris"

Daddy & Daughter Dances

Girls ages 3-12 years old & dad or male guest

Dance #1 Friday, February 6

5:30 – 8:00 pm, check-in begins at 5:15 pm

**Banquet Hall at the Rosemount Community Center
13885 South Robert Trail, Rosemount 55068**

REGISTRATION DEADLINE FOR DANCE 1:

Friday, January 23.

Dance #2 Sunday, February 8

2:30 – 5:00pm; check-in begins 2:15 pm

**Banquet Hall at the Eagan Community Center,
1501 Central Parkway, Eagan, 55121**

REGISTRATION DEADLINE FOR DANCE 2:

Friday, January 23

\$30/couple

(register under child's name and provide adult's name)

\$10/each additional child

Bon Voyage! Travel across the globe with us to Paris and join us for a magical evening of making memories at our upcoming Daddy/Daughter Dance! Girls along with their dad, uncle, grandfather or other male role model will enjoy dancing, music, fun activities, crafts and much more. Girls dress in their favorite fancy dress and men in dress-up attire. Don't forget your camera. Upon arrival you will receive a "passport" to fill with stamps as you experience all the fun activities in store for you.

This event fills up very quickly so please don't wait to register. This event is hosted by S.O.R.R. (South of the River Recreators) consisting of the Parks and Recreation Departments of Eagan, Rosemount, Farmington, Lakeville, Apple Valley & Savage.

Please note: *there are two dates/locations to choose from this year due to demand. Please register for one date, both events will be similar.*

The event includes:

- Paris themed invitation and boarding pass mailed to the adult to give to their little girl prior to the dance
- A passport for activity stamps
- A photo of the couple taken by a professional photographer and printed on site
- DJ and dancing to kid friendly tunes
- Multiple crafts & cupcake decorating
- A special take home keepsake
- Light snacks and beverage will be served
(we recommend eating dinner before coming)

HEALTHY PARKS HEALTHY PEOPLE



APPLE VALLEY TEEN CENTER

14255 Johnny Cake Ridge Road
952-953-2385; www.cityofapplevalley.org

Teens in Grades 6-12 reign exclusively at this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.

HOURS - SCHOOL DAYS

(Beginning December 13)

| | |
|---------------------|-------------|
| Monday-Friday | 2:30-8:00pm |
| Saturday | 1:00-8:00pm |
| Sunday | 1:00-7:00pm |

HOURS - SCHOOL HOLIDAY/VACATION HOURS

| | |
|-------------------------------------|-------------|
| Monday-Friday | 1:00-8:00pm |
| Thanksgiving Day; November 27 | Closed |
| Christmas Eve; December 24 | Closed |
| Christmas Day; December 25 | Closed |
| November 6, 7, 26, 28 | 1:00-9:00pm |
| December 22, 23, 26, 29, 30 | 1:00-7:00pm |
| December 31; January 1 | 1:00-7:00pm |
| January 2, 19, 23 | 1:00-8:00pm |
| February 12, 13, 16 | 1:00-8:00pm |
| March 13, 23, 24, 25, 26, 27 | 1:00-8:00pm |
| April 24; May 25 | 1:00-8:00pm |

HELP US Decorate the Teen Center for the Holidays!

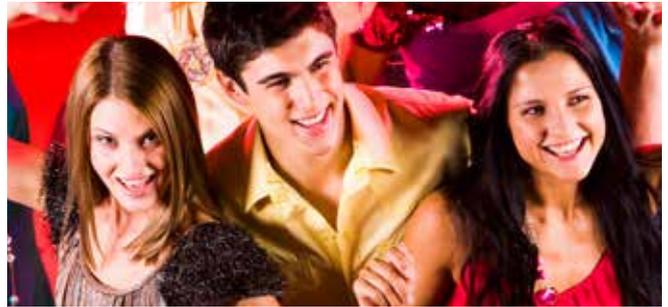
Grades 6-12

Saturday, December 6; 2:00-4:00pm

Come on over to the Teen Center on December 6th, and help decorate for the Holidays! Hot chocolate and other snacks will be provided to those who help!

What is there to do at the Teen Center?

Guitar Hero • Watch Movies • Birthdays Parties
PS3 • Xbox 360 • Wii • Ping Pong • Foosball
Air Hockey • Dances • Crafts • Gardening
Pizza, Hot Pockets, Hot Chocolate • N64
Skateboard Park (April-October) • PS2
Basketball and other outdoor sports
equipment available & Various 'Special Events



Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. The fee is only \$25, plus a \$50 refundable deposit. Contact Marcie at **952-953-2312** –OR- mpadgett@cityofapplevalley.org for more information and to book your party!

Social Dances For Teens With Disabilities

Friday, December 5 – HOLIDAY DANCE; 7:00-9:00pm
Friday, January 9 – SNOW DAYS DANCE; 7:00-9:00pm
Friday, February 6 – MID WINTER DANCE; 7:00-9:00pm
\$5 per Teen in advance; \$8 at the door

Snacks provided. Join your friends and make new ones at these special Teen Center Dances. Parents and PCAs welcome.



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Easy online registration!

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 Volleyball Lacrosse Softball Wrestling
 Cross Country Tennis

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and In-House Programs!*

WWW.EVAASPORTS.ORG

Love Sports? Have Fun And Play With EVAA!

| | | | |
|-----------------------|-----------------------|----------|---------------|
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| Basketball | Dakota Rev | Soccer | Volleyball |
| Cross Country Running | Football | Softball | Wrestling |
| | Eastview Hockey Assn. | Tennis | |

evaa-admin@evaasports.org | P.O. Box 240392 Apple Valley, MN 55124

HEALTHY PARKS HEALTHY PEOPLE

Family Activities

FAMILY PROGRAMS

Explore the Cosmos

Family Event; Parents & children 5 and older

Friday, February 20; 7:00-8:30pm

(Make-up Date, if it's cloudy: Friday, February 27)

\$20 per family

Apple Valley Community Center

Min. 4 Max. 10 families

REGISTRATION DEADLINE: February 13

Instructor: Stephen Engel, educational background in physics, astronomy and computer science

Join us as we also explore the visible planets, constellations and more, from the Big Dipper to Taurus the Bull, and Orion the Hunter. Explore the Pleiades Cluster, the Great Orion Nebula, and the red giant star Betelgeuse. At least one 13" telescope will be provided for viewing. This is a fun, educational family opportunity. The class meets outdoors, so please dress accordingly. The community center will be open for us to warm up periodically. Class will meet regardless of the weather. In the event of cloudy weather, indoor activities are planned. A make-up date for outside observing with telescopes is scheduled for February 27, same time and location.



Cookies for Santa - Cookie Bake & Take

Family event

Saturday, December 13

Session 1: 9:30am start

Session 2: 10:00am start

Session 3: 10:30am start

\$14 per family, per session

(for approximately 3-4 dozen cookies)

Apple Valley Community Center

Min. 1 family Max. 2 families, per each session

REGISTRATION DEADLINE: December 5

Instructors: Parks and Recreation Department Staff

Spend some time on Saturday morning, decorating cookies with your children for the upcoming holidays! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated "Cookies for Santa" or for your family! Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies and ingredients are provided.



Skating with Santa Claus

All ages welcome!

Sunday, December 21; 3:30-5:00pm

\$4 per person, payable at the door for the Public Skating Session

Apple Valley Sports Arena; 14452 Hayes Rd (adjoining the AVHS)

Your chance to spend some time skating at the Apple Valley Sports Arena, with everyone's favorite person, especially in December, Santa Claus! Skate with Santa during our regular scheduled Open Skating time on Sunday, December 21; 3:30-5:00pm. The cost is only \$4 per person for Open Skating, payable at the arena. There is no need to pre-register. Free apple cider and treats, Christmas music, and Christmas face painting will also be featured. Make this a 'family event' and bring everyone!

JUMP INTO WINTER!



MID-WINTER FEST, SATURDAY, FEBRUARY 7

(see front cover and www.cityofapplevalley.org)

TARGET CENTER & XCEL ENERGY CENTER

Tickets for upcoming scheduled winter events...

ATTENTION: APPLE VALLEY RESIDENTS:

The Apple Valley Parks and Recreation Department is offering residents the opportunity to purchase discounted tickets to events scheduled at Target Center & Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally, the seats have already been reserved, and get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline. Those who purchase tickets will be called when your tickets come in and are ready for pick up at the Apple Valley Community Center. NOTE: Transportation to and from the events is the responsibility of the purchaser.



Varekai Cirque Du Soleil

Target Center

Friday, December 26; 4:00pm:

\$57 per ticket; Section 133; Rows J-L

Sunday, December 28; 1:30pm;

\$59 per ticket; Section 136; Rows N & P

REGISTRATION DEADLINE: December 11

NOTE: Purchasers of tickets will be called once the tickets arrive at our office.



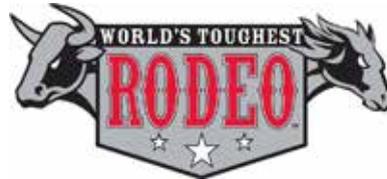
Trans-Siberian Orchestra Concert Xcel Energy Center

Tuesday, December 30; 7:30pm:

\$39 per ticket; Section C11; Rows 3-4

REGISTRATION DEADLINE: December 18

NOTE: Purchasers of tickets will be called once the tickets arrive at our office.



World's Toughest Rodeo 2015 Xcel Energy Center

Friday, January 30; 7:30pm;

\$29 per Adult; \$19 per Youth 12 & Under
Section 115; Row 11

Saturday, January 31; 7:30pm;

\$29 per Adult; \$19 per Youth 12 & Under
Section 115; Row 14

REGISTRATION DEADLINE: January 15

NOTE: Purchasers of tickets will be called once the tickets arrive at our office.



HEALTHY PARKS HEALTHY PEOPLE



Wine Glass Painting Class

Adults

Thursday, January 22; 6:00-8:00pm

\$21 per person, includes all painting supplies & snacks

Apple Valley Community Center

Min. 5 Max. 15

REGISTRATION DEADLINE: January 15

Instructor: Tina Sheppard

Join us and get creative, painting a wine glass to take home with you. Great creative and relaxing fun for all! All supplies are included, and snacks will be available.

Watercolors Painting Classes

Adults

Session 1: Thursday, January 15; 6:00-8:00pm

“Winter Thaw” Painting

Session 2: Thursday, February 12; 6:00-8:00pm

“Snowy Tree” Painting

Session 3: Thursday, February 26; 6:00-8:00pm

“Sunny Stream” Painting

Session 4: Thursday, March 12; 6:00-8:00pm

“Woodland Visitors” Painting

\$21 per person, per session includes all painting supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable! Learn all about color mixing, shading and hi-lighting, and controlling your water and paint to create dynamic paintings. All levels of painters are welcome.

ADULT ATHLETICS

Recreational Volleyball Leagues

Ages 18 & over

WOMEN’S “A1”, “A2”, “A3”, “B1”, “B2”, “C” LEAGUES:

Thursday (begins 1/8/15)

CO-REC “A1”, “A2” “B1”, “B2”, “C1” “C2”, “D”

LEAGUES: Friday (begins 1/9/15)

\$100 per team per League (plus a \$25 per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINE:

New and Returning Resident Teams:

Wednesday, December 3

New and Returning Non-Resident Teams:

Wednesday, December 10

Recreation Supervisor: Lyndell Frey

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday (Women’s Leagues) and Friday (Co-Rec Leagues) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Teams can register until Wednesday, December 10; play begins on January 9 (Co-Rec) & January 8 (Women’s); Team registrations will still be accepted after the Dec. 10th deadline if room is still available. The leagues will consist of 9 matches plus play-offs. Last year over 50 women’s and 50 Co-rec teams participated in winter league play. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our “draft” list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Mid-Winter Fest Adult

Pickleball Tournament

(Skill Levels 2.0 to 3.5, 3.5 to 5.0, Co-Rec, Men’s or Women’s teams welcome)

Ages 18 & over

Friday, February 6

\$19 per Team

Apple Valley Community Center

REGISTRATION DEADLINE: January 30 (or until filled)

Come inside for a day of Pickleball in the middle of Winter. In the warmth of the Sport Court Gym we’ll compete for the Mid-Winter Fest Pickleball Championship. Snacks and Prizes.

Women's Officiated Power Volleyball Leagues

Women Ages 18 & over

Women's Power League: Tuesday (begins 1/6/14)

\$185 per team per League

(plus a \$15 fee per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINE: New and Returning

Resident Teams: Tuesday, December 9

New and Returning Non-Resident Teams:

Wednesday, December 10

Recreation Supervisor: Lyndell Frey

Our six-on-six officiated Volleyball League for female players 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Teams can register until Tuesday, December 9; play begins on Tuesday, January 6. Team registrations will still be accepted after the Dec. 9th deadline if room is still available. The leagues will consist of 9 league matches plus play-offs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Men's Wiffleball League

Ages 18 & over

Sundays, February 8 – April 19

5:15pm & 6:15pm games scheduled

\$70 per team (or \$85 per team if a non-resident team)

Apple Valley Community Center (AVCC)

Minimum 6 teams; Maximum 14 teams

REGISTRATION DEADLINE: Wednesday, January 21

Manager's Meeting for registered teams:

Sunday, February 8; 4:00pm; AVCC

Another blast from the past—WIFFLE BALL! Get your team together for an evening of one of your favorite games as a youngster. Games will be played at the Apple Valley Community Center gyms, on Sunday evenings, for 7 weeks plus playoffs. Leagues are scheduled to begin on February 8th ending on April 19, with playoffs. Equipment will be provided. Teams will consist of 5 players per team and the game is similar to softball except you do not have to run the bases. Try a new sport! For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Winter Dodgeball League

Ages 18 & over

S.O.R.R. ADULT CO-REC WINTER DODGEBALL LEAGUE: Thursday evenings (begins 1/8/15)

\$120 per team

Century Middle School in Lakeville

REGISTRATION DEADLINE: Open team registration Nov. 10- Dec. 12.

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or coed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. Your team will play on eight regular season dates plus playoffs. The league starts on Thursday, January 8. Game start times are between 6:30-9:00pm. The Dodgeball League is self-officiated. For more information or to register a dodgeball team, please call the Lakeville Parks and Recreation Department at **952-985-4615**.

Officiated Adult 5 on 5 Basketball

Ages 18 and over

Basketball League (Full Court): Tuesday evening for "C" (Intermediate) and "D" (Recreational) League play begins Tuesday, January 27. Two separate divisions.

\$500 per team (Resident teams)

\$550 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE: Thursday, January 15

Recreation Supervisor: Lyndell Frey

Our five-on-five, officiated Basketball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Tuesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or **(952)-953-2316**. Play-off Champions will receive a team gift card. Individual players note: Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our "draft" list.

HEALTHY PARKS HEALTHY PEOPLE

Self-Officiated Adult 5 on 5 Basketball

Ages 18 and over

Basketball Leagues (Full Court) Wednesday evening for "D" (Recreational) teams and "35 and Over" teams starts January 28. Two separate divisions.

\$250 per team (Resident teams)

\$275 per team (Non-resident teams) Teams without at least 51% of players either working full time or living in Apple Valley must add the \$25.00 non-resident team fee.

REGISTRATION DEADLINE: Thursday, January 16

Recreation Supervisor: Lyndell Frey

Our five-on-five, self-officiated Basketball Leagues will offer two separate divisions (a Men's D-Recreational & a Men's 35 and over league). Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive league champ T-Shirt & a gift card.



Mid-Winter Fest Adult Kickball Tournament

Each player asked to bring a canned food donation

(Co-Rec)

Ages 18 & over

Saturday, February 7; 10:00am-4:00pm

(Game times contingent on number of teams)

\$50 per team

REGISTRATION DEADLINE: January 22 (or until filled)

The Apple Valley's Parks and Recreation Department will be hosting an Adult Co-Rec outdoor recreational Kickball tournament on Saturday February 7th. Each team will be guaranteed 3 games. Invite your neighbors, co-workers, friends; everyone can enjoy a fun day of being young again! Tournament format to be determined once we know the total number of teams registered. Prizes will be awarded to the 1st and 2nd place team in play-offs. All games will be played outdoors on the Hayes field complex. (4 fields available) Local summer and fall league rules will apply. All games will be self-officiated.

For Information: <http://www.cityofapplevalley.org> or contact Lyndell Frey (Recreation Supervisor) at lfrey@cityofapplevalley.org or **(952)-953-2316**.

Mid-Winter Fest Adult Volleyball Tournament



Each player asked to bring a canned food donation

(Women's and Co-Rec)

Ages 18 & over

Co-Rec: Saturday, February 7; 3:00-10:00pm

(Game times contingent on number of teams)

\$80 per team for 2015 Apple Valley Winter League Teams

\$100 Other Teams

Women's: Sunday, February 8; 9:00-4:00

(Game times contingent on number of teams)

\$80 for 2015 Apple Valley Winter League Teams

\$100 Other Teams

REGISTRATION DEADLINE: January 22 (or until filled)

The Apple Valley Parks and Recreation Department will be hosting an (Adult Co-Rec Sat. Feb. 7th) (and Adult Women's Sunday Feb. 8th) Volleyball tournament. Several divisions will be offered including Co-Rec upper (intended for A and B level teams) and Co-Rec lower (Recreational teams) (intended for C and D level teams.) As well as a Women's upper and a Women's lower division of play. All matches will be played indoors at the Apple Valley Community Center (6 courts) This tournament will be a 6 game guarantee with a round robin format (pool play –two games to 21) with the top teams in each pool advancing to a single elimination championship series. 12 teams per division (48 team's total). Awards will be given to 1st and 2nd place in each division.

For Information: <http://www.cityofapplevalley.org> or contact Lyndell Frey (Recreation Supervisor) at lfrey@cityofapplevalley.org or **(952)-953-2316**.

2015 ADULT SPRING/ SUMMER SOFTBALL LEAGUES

The City of Apple Valley Parks & Recreation Department is looking to expand its current Adult Softball Summer League Program. Several new leagues will be formed for the 2015 season. In addition to our current Men's and Co-Rec Intermediate Level and Recreational Level Leagues offered Sunday through Friday, we will now offer a Men's Recreational Church league on Tuesdays & a Men's 9 inning, one pitch double-header league in both the Summer and Fall. 5 plus months of one pitch league! These leagues will be offered for the 2015 Spring/Summer Season. For registration information check out the City's website at <http://www.cityofapplevalley.org> or for additional information contact Lyndell Frey (Recreation Supervisor) at lfrey@cityofapplevalley.org or **(952)-953-2316**. It's never too soon to start planning for Summer! Play Ball!

APPLE VALLEY SENIORS

Join area seniors (55 or better) for social, educational and recreational activities at the Apple Valley Senior Center, home of the Apple Valley Seniors. The center, located at 14601 Hayes Road is open Monday through Friday from 9:00am-4:00pm. Please stop by if you would like to take a tour. If you have questions about activities or would like to receive a complimentary GAZETTE newsletter please call us at **952-953-2345**.

The GAZETTE newsletter is also found on the City of Apple Valley website: www.cityofapplevalley.org.
Regularly Scheduled Activities (All activities are at the Apple Valley Senior Center unless otherwise noted)

Gentle Yoga

Ages 55 & over

Wednesdays, December 10-January 21
(No class on December 24) 9:45-10:45am

\$48 Member; \$53

Non-Member; \$10 drop-in per class

REGISTRATION DEADLINE: December 3

We have all heard that Yoga improves flexibility, balance, strength and coordination. Recently studies have proven Yoga can act as a natural aid in boosting immunity, improved sleep patterns, reducing migraines and controlling food cravings. Yoga is practiced in chairs and as floor work. Bring a yoga sticky mat and bottle of water. Wear comfortable clothing. Register at the Apple Valley Senior Center or by phone at **952-953-2345**.

Christmas At The American Swedish Institute

Ages 55 & over

Thursday, December 11

Depart: 9:45am • Return: 12:45pm

\$17 per person includes transportation & tour.

REGISTRATION DEADLINE: December 4

A Christmas tour of the American Swedish Institute! All the rooms at the Institute will be beautifully decorated with Christmas decorations. The guided tour will be an hour in length allowing for plenty of time to shop in their gift store. Come join us and get into the holiday spirit!

Register at the Apple Valley Senior Center or by phone at **952-953-2345**.

TRAVEL SHOW

January 13th, 2015
at 7:00 PM



Apple Valley Seniors

Join Apple Valley Seniors on **Tuesday, January 13th, 2015** where local tour operator Landmark Tours will present their 2015 travel season. Learn about their inclusive air/motorcoach vacations to destination across North America. Literature will be available onsite.

If you are unable to attend, contact Landmark Tours for a catalog.

SOME OF THE FEATURED TRIPS:

Washington DC
Cherry Blossoms



Savannah,
Charleston & Asheville



TRIP COST INCLUDES:

- Roundtrip Airfare from MSP
- Quality Hotel Accommodations
- Deluxe Motorcoach & Professional Tour Director
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Canyonlands



Canadian Rockies



New Orleans,
Memphis & Nashville



New York City



The California Coast



For more information, contact Landmark Tours at **651-490-5408**
or Bill Bird at the Apple Valley Senior Center **952-953-2341**

Visit www.landmark-tours.com