

HEALTHY PARKS HEALTHY PEOPLE



SUMMER 2015

CITY OF APPLE VALLEY PARKS & RECREATION



Parks & Recreation Department
952-953-2300 • www.cityofapplevalley.org

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

General Information

Apple Valley Parks & Recreation

ADMINISTRATION

Parks and Recreation Director..... Barry Bernstein
952.953.2310 • bbernstein@cityofapplevalley.org
Parks Superintendent..... Tom Adamini
952.953.2420 • tadamini@cityofapplevalley.org
Recreation Superintendent..... Scott Breuer
952.953.2311 • sbreuer@cityofapplevalley.org
Recreation Supervisor – Seniors..... Bill Bird
952.953.2341 • bbird@cityofapplevalley.org
Recreation Supervisor – Athletics Lyndell Frey
952.953.2316 • lfrey@cityofapplevalley.org
Recreation Supervisor – Programs Marcie Padgett
952.953.2312 • mpadgett@cityofapplevalley.org
Recreation Supervisor – Aquatics Steve Skinner
952.953.2314 • sskinner@cityofapplevalley.org
Department Assistant..... Dorene Perkins Monn
952.953.2304 • dperkins@cityofapplevalley.org
Clerical Assistant..... Eva Lageson
952.953.2300 • elageson@cityofapplevalley.org
Clerical Assistant..... Debby Shepard
952.953.2300 • dshepard@cityofapplevalley.org

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road
PHONE: 952-953-2300 • FAX 952-953-2306

APPLE VALLEY SENIOR CENTER

14601 Hayes Road
PHONE: 952-953-2345

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)
Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150th Street West
PHONE: 952-953-2300

SPORTS ARENA

(Attached to the south side of Apple Valley High School)
Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2366 • FAX 952-431-8246

TEEN CENTER

14255 Johnny Cake Ridge Road
PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

Manager – P.G.A. Professional..... Jim Zinck
952.953.2320 • jzinck@cityofapplevalley.org
Food, Beverage & Rental Coordinator..... Krystal Sedwick
952.953.2335 • ksedwick@cityofapplevalley.org

VALLEYWOOD PRO SHOP PHONE

952-953-2323 • FAX 952-953-2319

Parks & Recreation Administrative Office:
Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)..... 8:00am–4:30pm
Apple Valley Community Center:
Monday-Friday 8:00am–10:00pm
Saturday 8:00am–7:30pm
Sunday 12:00pm–7:30pm
Memorial Day (Monday, May 25)..... 9:00am–10:00pm
Fourth of July (Saturday) 7:00am–12:00pm

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line
Press 2: AVCC Open Gym Schedule
Press 3: Aquatic Programs
Press 4: Adult Athletics
Press 5: Arena Programs
Press 6: Seasonal Programs & Special Events

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.



TABLE OF CONTENTS

GENERAL INFORMATION	2-3
SPECIAL EVENTS	4
AQUATICS.....	5-7
VALLEYWOOD GOLF COURSE.....	8-10
ICE SKATING LESSONS	11
YOUTH ACTIVITIES	12-23
TEEN CENTER.....	24
FAMILY ACTIVITIES.....	25-26
ADULT ACTIVITIES	27-30
SENIOR CENTER	31
PARKS & FACILITIES.....	32-34

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

FREQUENTLY CALLED COMMUNITY PHONE NUMBERS

Apple Valley Municipal Center	952-953-2500
Dakota County Parks Info Line.....	952-891-7000
VAA (Valley Athletic Association).....	952-432-5618
ISD 196 Community Education.....	651-423-7722



Facebook.com/Apple Valley Parks & Recreation

APPLE VALLEY LIVE!

UPONOR PRESENTS - Shakespeare under the Stars
Kelley Park, 6855 Fortino Street

The Apple Valley Arts Foundation is building off the successful performances of last year's "A Midsummer Night's Dream" by bringing live theatre back to our city! This year's show is "Twelfth Night", which is another play by William Shakespeare. Performance dates are scheduled for August 1-2, 8-9, 14-16, 21-23, and 28-30; all shows begin at 7:00pm. Updated information will be posted on the Foundation website at www.AVArtsFoundation.org.

REGISTER ONLINE:

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday, 8:00am-4:30pm
 Visa, MasterCard, Discover or American Express required at time of registration.

MUSIC IN KELLEY PARK SUMMER CONCERT SERIES

Kelley Park, 6855 Fortino Street

If you are looking for Free Family Fun to kick-start your summer weekends, then come to Kelley Park on Friday evenings 6:00-9:00pm. You can enjoy an evening of fantastic music coordinated by the Apple Valley Arts Foundation. Exciting prizes donated by our local businesses will be given out after each concert, including an outdoor fire pit, bicycles, and more! There will be great food and drink for sale by Vivo and Rascals - including adult beverages. Bring the whole family! For more information visit "Music in Kelley Park" on Facebook or www.AVArtsFoundation.org.



Concert Schedule:

- June 5:** Pho
- June 12:** The David Gonzalez Band
- June 19:** J.D. Steele and MacPhail Jazz
- June 26:** Circle of Heat
- July 10:** Patty Peterson, Friends and Family
- July 17:** Michael Monroe
- July 24:** Pistol Whippin' Party Penguins
- July 31:** New Sound Underground
- August 7:** Steve Sullivan and The Factory



APPLE VALLEY FREEDOM DAYS

The Freedom Days Committee is a **VOLUNTEER** organization! Find us on Facebook at "AVFreedomDays" or www.avfreedomdays.com.

The week leading up to the Fourth of July is a festive time in Apple Valley!

Tentative events that we're attempting to finalize could include:

- June 26:** Street Dance
- June 27:** Classic Car/Truck/Motorcycle Show
- June 27:** Tennis Tournaments
- June 28:** Music in the Park
- June 29:** Youth Golf Tournament
- June 29:** Concert at the Senior Center
- June 30:** Kids Fishing Derby
- July 2-5:** Carnival Rides & Games
- July 3:** Cub Foods Family Fun Night
- July 4 Activities:**

Freedom Days Fun Run

8am start; Hayes Park, 14603 Hayes Road
(See page 25 for registration and race details)

Freedom Days Parade

1pm start; Route: At Fireside Drive, north on Pennock Avenue, west on 145th Street, north on Hayes Road

Freedom Days Fireworks

Johnny Cake Ridge Park-East, 5800 140th Street West

*Fireworks Rain Date: July 5, 10pm

12pm Carnival Rides & Games

6pm Pre-Fireworks Entertainment and Food Vendors

10pm Fireworks

AQUATIC CENTER • REDWOOD POOL • SWIMMING LESSONS • GROUP RENTALS

Apple Valley Family Aquatic Center

14421 Johnny Cake Ridge Road
Open Weather Permitting

Open Regular Hours June 7-August 30

- Monday through Friday; 11:00am-8:00pm
- Saturday and Sunday; 11:00am-7:00pm

Open limited hours 11:00am to 6:00pm on the following days:

- Eastview High School Graduation, June 6
- Independence Day, Saturday July 4

Daily Admission

Individual \$9; After 5:00pm \$6
Children under 12 months are Free

Redwood Community Pool

311 150th Street West
Open Weather Permitting Daily

June 13 through September 6 • 12:30-4:00pm

- CLOSED Independence Day (July 4)

Daily Admission

Individual \$4
Children 12 months and younger are Free

**SAFETY FIRST:
NOTHING CAN
REPLACE CLOSE
PARENTAL
SUPERVISION
AROUND THE
WATER!**

PARENTS BE ADVISED:

In case of inclement weather, **PARENTS ARE STRONGLY** encouraged to pick up their children from outdoor facilities. The children will be allowed to stay at the facility until picked up, however there is only limited shelter space. Call The Weather Hotline for the latest information on weather related facility closings at **952-953-2399**.

**2015 Season “Up To 10 Entry”
Punch Cards**

Purchase your punch cards in advance at the Apple Valley Community Center, 14603 Hayes Road, and at the pools during the season.

Be advised, all cards expire after the 2015 season.

Resident Multi-Pack Punch Cards

Offered to Apple Valley residents who wish to purchase multiple punch cards. With each additional punch card up to four purchased, a substantial savings is made. If a fifth card is purchased, the pack rate will start over.

NOTE: To receive the resident multi pack rate, all purchases must be made at the same time.

Aquatic Center Multi-Pack

First “Up To 10 Entry” punch card	\$70
Second “Up To 10 Entry” punch card.....	\$60
Third “Up To 10 Entry” punch card.....	\$50
Fourth “Up To 10 Entry” punch card.....	\$40

Purchase the entire resident Multi-Pack (four punch cards) and the average price is \$5.50 per visit.

Redwood Multi-Pack Punch Cards

First “Up To 10 Entry” punch card	\$34
Second “Up To 10 Entry” punch card.....	\$31
Third “Up To 10 Entry” punch card.....	\$27
Fourth “Up To 10 Entry” punch card.....	\$23

Purchase the entire resident Multi-Pack (four punch cards) and the average price is \$2.88 per visit.

Non-Resident Punch Cards

Apple Valley Family Aquatic Center.....	\$80
for up to ten entries.	
Redwood Community Pool	\$36
for up to ten entries.	

Exclusive Use Group Rentals

June 7-August 29

If you want the whole place to yourselves, this is a great option. Groups can arrange an after-hours rental of the entire pool for a great summer gathering all season long. Whether it's slides and water play fun at the Family Aquatic Center or a more intimate poolside gathering at Redwood, we can help make it a special evening for all.

Apple Valley Family Aquatic Center

(Capacity 1900)

Monday-Friday; 9:00-10:30pm

Saturday & Sunday; 7:30-10:30pm

\$700 per hour; \$350 per half hour

(for private individual rental)

Includes lifeguard staff and Facility manager.

If Concessions are desired, please request this with your reservation.

Redwood Community Pool

Monday-Friday; 5:00-7:00pm

(Except during swimming lessons)

Monday-Friday; 7:30-9:30pm

Saturday & Sunday; 10:00am-12:00pm

5:00-7:00pm, 7:30-9:30pm throughout the summer

\$150 per 2-hour time block for up to 50 swimmers

\$190 per 2-hour time block for 51-75 swimmers

\$240 per 2-hour time block for 76-100 swimmers

Includes lifeguard staff for main pool. Kiddie pool use requires an additional lifeguard with an extra fee.

Group Reservations

If you would like to bring your group during our regular operating hours, you can make a reservation that will insure your entry to the facility even on the busiest days.

Apple Valley Family Aquatic Center

Groups of 25-250; 11:15am-Closing (daily)

Groups of 250-1000; 5:00pm-Closing Only (daily)

Redwood Community Pool

Groups of 10-100; 12:30pm-4:00pm (daily)

Picnic Table Reservations

at the Apple Valley Family Aquatic Center

Picnic Tables can be rented for three hour time blocks throughout the day. Each table has a capacity of ten persons. Tables are \$25 each. To insure that you have a table for your party or group, reserve it in advance at **952-953-2300**.

Water Walking & Lap Swimming

June 6-August 30

Monday-Sunday; 9:30-10:30am

Monday-Friday; 8:00-9:00pm

\$3 per day (Weather Permitting)

Apple Valley Family Aquatic Center

Would you like to find a cool, low impact way to stay strong this summer? Try Water Walking in the Lazy River or Lap Swimming in our leisure pool at the Apple Valley Family Aquatic Center. Appropriate for all adults, walking against the water will improve strength without the pounding of weight bearing exercise.

Junior Lifeguard Training

Ages 10-14 years

Monday - Thursday; August 17-20; 10:00am-Noon

\$79 per person

(includes materials and Pool entry for the afternoon)

Redwood Community Center & Outdoor Pool

REGISTRATION DEADLINE: August 10

If your young swimmer would like to become an American Red Cross Lifeguard soon (age 15 is the minimum for Lifeguard Training Certification through the American Red Cross), then here is a chance to get started. For children and teens ages 10 - 14 this program is appropriate for any young person living near water, as well as those interested in becoming a Lifeguard or Camp Counselor. This program is an American Red Cross introduction to living and working safely around the water. This is a fun filled program that covers a wide variety of topics relating to water safety and the physical conditioning necessary to be a top notch Lifeguard. Participants should be ready to enter the water at all class sessions. Bring sunscreen, bathing suit, a warm-up outfit and towels daily. Questions? Call Steve Skinner, Recreation Supervisor at **952-953-2300**.



SUMMER SWIMMING LESSONS AT REDWOOD COMMUNITY POOL

All classes are Monday through Thursday for two weeks. Classes postponed due to poor weather will be made up on the Friday of that week. There are no make-up lessons for individuals who miss a class. You can only attend the class and session for which you are registered. Call the Weather Hotline for the latest information on weather related facility closings at 952-953-2399.

Registration & Costs

Register at www.cityofapplevalley.org

Parent/Child and Tadpole Splash are \$39 per eight class session.

Levels 1-6 are \$59 per eight class session.

Payment must accompany registration. Registration for each session closes one week prior to session start. Please register for all sessions in which you would like to participate. We will transfer children to other skill levels if they are not correctly assigned only if space is available in the appropriate level and the child is currently registered in a class during the same session. Children are unlikely to advance from one level to the next in a single eight class session. We recommend that they be registered in the same level each session unless you are advised otherwise by the child's instructor. We will give priority to children on the waiting list for each class if space becomes available, so we strongly encourage waiting list registration for all classes you wish to enter.

Class Cancellations: The City of Apple Valley reserves the right to cancel any class for lack of registration no later than the Thursday prior to the session start date.

Private Swimming Lessons at Redwood Pool

Having a hard time fitting swimming lessons into your summer schedule? Why not try private instruction by appointment with one of our Red Cross trained swimming instructors? Form your own class of up to three swimmers of similar ability or work one on one with one of our Red Cross trained Water Safety Instructors.

\$25 per half hour for individual Private Lesson

\$13 per person for

half hour Semi-Private Lessons or up to three students.

Contact Steve Skinner, Recreation Supervisor for details at 952-953-2300 or speak directly to the Pool Manager when you are at Redwood.

What Level is best?

Parent/Child (P/C):

For infants and toddlers ages six months to three years accompanied by parent.

Tadpole Splash (TS): For the young or fearful child.

Children must be 3 or 4 years old. Level 1 skills will be introduced at a gradual pace.

Level 1: For the child who has not yet learned to float but is not fearful of the water (we recommend Tadpole Splash for the fearful child).

Level 2: Ready to attempt floating on the front and back unsupported.

Level 3: Can swim the width of the pool using basic crawl and winging. Diving is introduced.

Level 4: Swimming widths using the front and elementary back strokes.

Level 5: Can swim the length of the pool using front crawl, back crawl, butterfly, breaststroke and elementary backstroke.

Level 6: Ready to swim laps using all strokes previously introduced.

Adult (A): For adults who wish to begin learning to swim.

If you have further questions regarding what class to register your child for, contact Steve Skinner at 952-953-2300 or sskinner@cityofapplevalley.org.

	Session One June 15 – 25			Session Two July 6 - 16			Session Three July 20 – 30			Session Four August 3 - 13		
9:00 – 9:40am	1	2	3	2	4	6	1	2	3	2	4	6
9:45 – 10:25am	1	2	4	1	3	5	1	2	4	1	3	5
10:30 – 11:10am	1	3	5	1	2	4	1	3	5	1	2	4
11:15 – 11:55am	2	4	6	1	2	3	2	4	6	1	2	3
12:00 – 12:25pm	P/C	TS		P/C	TS		P/C	TS		P/C	TS	
4:30 – 4:55pm	P/C	TS		P/C	TS		P/C	TS		P/C	TS	
5:00 – 5:40pm	1	2	4	1	2	4	1	2	4	1	2	4
5:45 – 6:25pm	1	5	6	1	2	3	1	5	6	1	2	3
6:30 – 7:10pm	2	3	A	5	6	A	2	3	A	5	6	A

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

Valleywood Golf Course

VALLEYWOOD GOLF COURSE

Information & Tee Times • www.valleywoodgolf.net

4851 McAndrews Rd • Apple Valley, MN

Phone: (952) 953-2323 for Tee Times

Jim Zinck, Manager/PGA Professional

Krystal Sedwick, Food, Beverage & Banquet Coordinator

Championship 18-Hole Golf Course

175 Seat Event Space • Bar & Grill (Food & Beverage Cart)

Driving Range & Practice Green • Golf Cart & Push

Cart Rental • Pro Shop Merchandise • Club Rental

Golf Lessons (Group or Private) • **Private Golf**

Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about Twilight and Special Rates.

2015 FEE SCHEDULE

	Regular	Patron
Weekend Fees (Saturday and Sunday)	Rate	Rate
18 Holes	\$39	\$36
9 Holes.....	\$25	\$22

Weekday Fees (Monday - Friday)

18 Holes	\$31	\$28
9 Holes	\$21	\$18
18 Holes-Senior/Junior.....	\$25	\$22
9 Holes-Senior/Junior	\$19	\$16
Patron card.....	\$40	+ Tax
Senior Patron Card	\$30	+ Tax
Resident Patron Card	\$20	+ Tax

Senior: 55 & over • **Junior:** 17 & under

Cart Fees

Pull Cart.....	\$5
18 Hole Power Cart.....	\$34
9 Hole Power Cart	\$20

Driving Range Fees

Large bucket (approx. 80 balls).....	\$8
Medium bucket (approx. 40 balls).....	\$5
Driving Range Card (10 large buckets of range balls).....	\$65

Season Pass Fees

Apple Valley Residents/ Valid anytime, anyday	
Individual	\$900 + Tax
Spouse (added to individual pass).....	\$450 + Tax
Executive (Ages 18-29).....	\$450 + Tax
Junior (Resident & Non-Resident).....	\$450 + Tax
Senior (55) 5 day	\$600 + Tax
Senior (55) 7 Day.....	\$850 + Tax

Included with your season pass

\$2 discount on golf car rental.

Golf Outings/Tournaments

Valleywood is available for private golf outings.

Call the Pro Shop at **952-953-2323** for more information. We welcome the opportunity to host local charities and Booster organizations.

GROUP GOLF LESSONS

Valleywood golf course offers group lessons to everyone from age 4 to 104! From juniors to seniors!!!

Golfers of all abilities (beginners to experienced players) will benefit from the PGA professional instruction offered at Valleywood Golf Course.

We offer an extensive selection of group lessons. Beginner classes will cover the basics, and the experienced classes focus more on the advanced fundamentals.

All classes cover:

- Short game basics, including chipping, pitching, and putting
- Basic set-up and routine • Full swing fundamentals
- Basic rules and etiquette

Classes are limited to 8 students per class with a 3 student minimum. Clubs will be provided to those students in the beginner classes that need them. Experienced classes require all students to provide their own set of clubs. Register in person at Valleywood or call the golf shop at **952-953-2323** to register with a credit card over the phone. Get started today and let Valleywood's PGA staff help you improve your scores and bring enjoyment to your game!!!

Classes offered:

Parent/Child, Adult Beginner & Experienced, Womens, Seniors, Junior Golf Schools - ages 8 – 17, Mighty munchkins - ages 4 – 7 • Parent/Child

See detailed information below.

PARENT/CHILD LESSONS

Learn the game together! Weekend classes will consist of learning the short game basics on Saturday and the full swing basics on Sunday. Children must be between the ages of 8 to 15 years old (all children under the age of 8 should take the mighty munchkins class). Mom, dad, grandma, grandpa and children should enjoy this fun family format! Clubs will be provided to those who need them. Register in person at Valleywood or over the phone with a credit card **952-953-2323**. Classes will be held on Saturdays & Sundays from 10:00 – 11:00am.

Cost: \$100 includes 2 - 9 hole vouchers

Parent - Child Sessions:

- #1 May 2 & 3; #2 June 6 & 7;
- #3 June 27 & 28; #4 July 18 & 19

Adult Beginner

Beginner golf lessons are for adults with little or no golf experience. Our PGA professionals will teach you everything you need to know to get started in the game.

Topics include:

Short Game Basics, Proper Grip, Stance, Ball Positions, and all aspects of the game.

For this class, there is no need to have clubs. If you need clubs they will be provided. Maximum of 8 students with 3 minimum. All make up days will be discussed during the class. For weather related questions you should call the Pro Shop 1 hour prior to the start of the class at **952-953-2323**. Classes will be held on Mondays and Tuesdays, 5:30 – 6:30 pm. A total of 4 one hour lessons.

Cost: \$100 includes 9 hole voucher

Beginner Sessions:

#1 May 11, 12, 18, 19; **#2** June 8, 9, 15, 16; **#3** July 13, 14, 20, 21

Adult Experienced

Experienced golf lessons are for adults that have taken lessons before or have a minimum of two years experience playing the game of golf and want to take their game to the next level. This class requires each student to have their own set of clubs. Instruction for this class will be tailored to the individual.

Advanced topics include:

Pre-shot Routine, Advanced Short Game Basics, Advanced Full Swing Fundamentals, and Golf Course Strategies.

Maximum of 8 students with a minimum of 3. All make up days will be discussed during the class. For weather related questions you should call the Pro Shop 1 hour prior to the start of the class at **952-953-2323**. Classes will be held on Mondays and Tuesdays, 7:00 – 8:00 pm. A total of 4 one hour lessons.

Cost: \$100 includes 9 hole voucher

Experienced Sessions:

#1 May 11, 12, 18, 19; **#2** June 8, 9, 15, 16; **#3** July 13, 14, 20, 21

Womens Group Lessons

Open to all women - beginner or experienced.

Basic Fundamentals Include:

Chipping, Putting, Pitching and the Full Swing

Class will provide group instruction, as well as individual attention to each student making for a comfortable and relaxing lesson environment. Maximum of 8 students with a minimum of 3. Clubs will be provided to those who need them. Register in person at Valleywood or over phone with a credit card **952-953-2323**. Classes will be held on Wednesdays, 6:30 – 7:45pm. A total of 3 one hour and fifteen minute lessons.

Cost: \$90 includes 9 hole voucher

Women only sessions:

#1 May 6, 13, 20; **#2** June 3, 10, 17; **#3** July 15, 22, 29

Senior Group Lessons:

Golf is a game that can be played by nearly all ages. Senior lessons offered by Valleywood will consist of helping all seniors with their game. Whether a beginner or experienced, these classes will focus on basics to more experienced techniques. Classes are offered to seniors age 50 + only. Maximum of 8 students with a minimum of 3. Clubs will be provided for those who need them. Classes will held on Monday, Tuesday and Wednesday mornings, 8:00 – 9:00 am. A total of 3 one hour lessons.

Cost: \$60 includes 9 hole voucher

Senior group sessions:

#1 May 11, 12, 13; **#2** May 18, 19, 20; **#3** June 8, 9, 10
#4 June 22, 23, 24

Junior Golf Schools

Age groups offered:

Ages 8–12, 10:00 – 11:00 am

Ages 13–17 11:30am – 1:00 pm

“Grab a friend and come learn about the game of golf”

Junior golf is becoming a lot more popular with todays younger crowd and is a great way to learn about patience, discipline and leadership. Classes will focus on the basics of the game to get started or if an experienced player, a great way to bring your game to next level! The group will also learn about the rules of golf and course etiquette. Classes will be tailored to fit the group with a maximum of 8 students per instructor. Clubs will be provided to those who need them. Valleywood instructors strongly encourage juniors to have their own clubs because of sizing issues. Students are encouraged to wear sunscreen and bring a water bottle. Classes will meet on Tuesday, Wednesday & Thursday.

Cost: Ages 8 – 12 \$70 includes 9 hole voucher.

Cost: Ages 13 – 17 \$85 includes 9 hole voucher & gift.

Junior Golf School Sessions:

#1 June 16, 17, 18; **#2** June 23, 24, 25; **#3** July 14, 15, 16

Mighty Munchkins:

Introductory golf lessons for ages 4 – 7

A future star is waiting to be born!

All golfers have to start somewhere and this a great way for children to get started. Classes will focus on basic grip, stance and set-up along with some basic swing fundamentals. Clubs will be provided to those who need them. Maximum of 10 students in a class with a minimum of 4. Students can sign up for one or all 5 sessions. Parents are welcome to stay and watch. Classes are on Saturdays, 9:00 – 9:45 am

Cost: \$16 per session

Mighty Munchkin Sessions:

1 May 30; **#2** June 6; **#3** June 20; **#4** July 11; **#5** July 25



Valleywood Golf Course is a premier place to host your next special event or golf outing. A beautiful 18 hole golf course that can **Host Tournaments** as large as 144 players with rolling hills, over ten ponds and playability for a range of golf ability. Inside our new clubhouse you will find an inviting and comfortable bar & grill, as well as a banquet room with floor-to-ceiling windows over looking the 18th green. With a maximum capacity of 175 seated guests in our banquet room, you can host anything from an intimate gathering for 40 to a grand

wedding for 175. The banquet room boasts floor to ceiling windows and advanced audio visual systems. Our professional staff and culinary team **Customize your Event** to ensure it is truly personalized and memorable. Valleywood is centrally located on the northeast side of Apple Valley, just 20 minutes from St. Paul, 25 minutes from Minneapolis, and 10 minutes from the Mall of America and Airport.



To Book Your Next Event

Contact us Today!

VWevents@cityofapplevalley.org

Valleywood Upcoming Public Events

Mother's Day Brunch – Sunday May 10th

Jamaican Jam Couples Event – May 31st

Beer in the Valley Craft Beer Tasting – June 5th

Nine Wine & Dine Couples Event – June 28th

Blind Draw Couples Event – July 26th

Club Champ Weekend - August 8th & 9th

Fiesta Couples Event – August 23rd

Beer in the Valley Craft Beer Tasting – September 25th

Check out our website for more details

www.Valleywoodgolf.net

ICE SKATING LESSONS

HAYES PARK ARENA

14595 Hayes Road, Apple Valley, Phone: **952-953-2366**

Mondays; June 15 – August 10, 2015 (No classes on 6/29)

THE PROGRAM:

The program is geared toward the recreational skater of all ages and skill levels. Instructors will follow the skill progressions outlined in our program. Skaters will be evaluated throughout the session to determine if they are ready to advance. For all snowplow, Basic and Freeskate classes we use U.S. Figure Skating Curriculum. More information can be found at www.usfigureskating.org. Our program consists of a 12:1 student/instructor ratio to ensure quality instruction. The exception being the Snowplow level which is an 8:1 ratio. All participants also receive 5 free open skate passes the third week of lessons.

We reserve the right to cancel or combine classes. Any class having only one registered skater will be offered the option of a 15 minute private lesson.

REGISTRATION: Registration for our program is conducted on-line. Go to the City's website at www.cityofapplevalley.org. From the "Recreation" heading's drop-down lists, select "Recreation Programs" and then "Ice Skating Lessons". First-time users will need to set up an account to register. Each family member should be listed on the same account, and can be easily added at a later date.

REGISTRATION DEADLINE: June 12

COST:

Group Lessons	\$90
Private Lessons	\$115
Parent/Child Lessons	\$115

REQUIREMENTS: We recommend children in the Snowplow classes wear a helmet (bike helmets work well) and snow pants. Basic and Freestyle skaters should wear formfitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves. Double runner skates are not permitted. Skate rental is available at a cost of \$2 per pair per session; however, there is a limited supply of skates in each size. Skate sharpening is available for \$4 per pair of skates.

WHAT CLASS DOES MY SKATER SIGN UP FOR?

If your skater is 3 years old you should sign up for the Parent/Child class. If your skater is 4-5 years old and has never skated before, you should sign up for the snowplow class. If your skater is 6+ years old and has never skated before, you should sign up for the Basic 1 class.

If you have previously skated in our program and not sure what class to register for, please contact the Learn to Skate Director, Janelle at jwall@cityofapplevalley.org.

NOTE: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice).

CLASS DESCRIPTIONS

Parent/Child Class (ages 3-5)

For ages Preschool and up. Great way for children and parents to learn together.

Private Lessons (ages 6 and up)

1:1 private 15 minute lesson with 45 min practice.

Snowplow Sam 1-3 (ages 4-5)

Designed to help the younger age skater develop coordination, strength, and comfort on the ice. Skills include dips, swizzles, stops, and games. Skaters who complete Snowplow Sam enter the "Basic" curriculum.

Basic 1-8 (ages 6-17)

Learn all fundamentals of the sport including forward and backward skating techniques, stops, turns, & edges. The Basic levels prepare skaters with the basic knowledge to enable advancement into specialized areas of skating. Skaters who complete Basic 8 enter Freeskate 1.

Freeskate 1-6 (advanced)

After progressing through Basic 1-8, Skaters learn jumps, spins, footwork, and other exciting artistic and athletic moves.

Adult 1-4 (ages 18-senior)

Designed to promote overall fitness, improving balance and coordination while mastering skating basics.

Hockey 1-6 (ages 6+)

The Hockey curriculum is designed to teach the fundamentals of hockey skating. Within these 6 levels, skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus of the levels. All elements will be taught without a stick or puck but hockey gear is highly recommended. Helmet and hockey skates are required. This class is for the hockey player with skating experience.

6pm lesson / 6:30 practice

Snowplow • Basic 1 • Adult

6:30pm lesson / 6:00 practice

Parent/Child • Basic 2-3 • Basic 4-5 • Basic 6-8

7pm lesson / 7:30 practice

Snowplow • Basic 1 • Basic 2-3 • Free Skate 1-6

7:30pm lesson / 7:00 practice

Private Lessons • Hockey 1 • Hockey 2-3 • Hockey 4-6

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

SUMMER PLAYGROUND PROGRAM

Ages 6-12: Mondays, Tuesdays, Thursdays, Fridays
June 15-August 7

Run, jump and play with us this summer! Children ages 6-12 are invited to participate in our FREE playground program. Our program facilitates games at the parks and is open to anyone who wants to have fun outside! This three hour program runs at selected sites throughout the City of Apple Valley. **All you have to do is register your child online at cityofapplevalley.org. Sign you kids up for any and all parks they will be attending as a roster will be generated for each park location.** You will be emailed a program event calendar, program description, and behavioral expectations for the program. The summer playground program is offered for seven weeks this summer as follows:

Week 1:	June 15, 16, 18, 19
Week 2:	June 22, 23, 25, 26
Week 3:	June 29, 30; July 2, (No 3)
Week 4:	July 13, 14, 16, 17
Week 5:	July 20, 21, 23, 24
Week 6:	July 27, 28, 30, 31
Week 7:	August 3, 4, 6, 7

Morning Park Sites

9:00am-12:00pm

Briar Oaks
Cedar Isle
Redwood
Tintah
Faith

Afternoon Park Sites

1:00-4:00pm

Cobblestone
Hagemeister
Hayes
Huntington
Wildwood

* Denotes a park site with a shelter or building.
All park sites are subject to change.

Inclusion Opportunities

The playground program offers recreational opportunities to individuals with disabilities. Anyone who wishes to utilize this service can fill out an Inclusion Informational Form available at the Apple Valley Community Center and will be assigned an Inclusion Specialist who will work with them at one of our playground sites. Please contact the Apple Valley Parks and Recreation Department at 952-953-2300 if you would like more information.

Rainy Day Policy

If it begins to rain while the children are at the park, the park leaders will send the children home for the day. In case of foreseeable severe weather, parents should be on-call and available to pick their children up from the park, or make other safety arrangements for them.

WILD WEDNESDAY FIELD TRIPS

Apple Valley Community Center

Chaperones: Parks and Recreation Department Staff

Join us on Wednesdays for fun, games and FIELD TRIPS! This offering is designed with parents in mind, stretching our field trips into an all-day event that you can count on. Each session will offer games and/or crafts at the Apple Valley Community Center along with the field trip. Registration fills quickly so sign up today!

SESSION 1: Saints Baseball Game Trip

Ages 6-12

Wednesday, June 24; 9:00am-4:00pm

\$22 per person

Min. 15 Max. 25

REGISTRATION DEADLINE: May 27

Check out the St. Paul Saints brand new CHS stadium and enjoy outdoor baseball, plus all of their fun "extras" added in! Outfield Reserved Seating – Section 116. Maximum of 25 participants for this trip. Participants should bring along a bag lunch, there are concession at the ball park if you want to bring a few dollars for a snack.

SESSION 2: Sports and Games Pool Party

Ages 6-12

Wednesday, July 15; 9:00am-4:00pm

\$15 per person

Min. 25 Max. 50

REGISTRATION DEADLINE: July 8

We will spend the day out at Johnny Cake Ridge Park West (check in at the Teen Center, 14255 Johnny Cake Ridge Road in Apple Valley). We will play games, have a picnic lunch and swim at the Aquatic Center! Bring a bag lunch. There are concession at the pool if you want to bring a few dollars for a snack. Participants must be at least 48 inches tall to ride the slides. Participants should be confident and independent swimmers.

SESSION 3: St. Louis Park Pool Trip

Ages 7-12

Wednesday, July 22; 9:00am-4:00pm

\$22 per person

Min. 25 Max. 50

REGISTRATION DEADLINE: July 17

We are heading out to St. Louis Park for a day of fun at their Aquatic Center! This outdoor pool is huge and has tons of cool features like: drop slides, four-story high water slides and an aqua obstacle course, not to mention the zero depth entry, wet sand play area and water toys – what else could you want? We will have the gazebo rented to use as a meeting place and to offer a shady area to eat our lunches. Participants should bring a bag lunch, sunscreen and street clothes to play in. Participants should all be confident and independent swimmers. Must be 42 inches or taller to ride the slides.

SESSION 4: River Valley Ranch Trip

Ages 6-12

Wednesday, July 29; 9:00am-4:00pm

\$35 per person

Min. 25 Max. 50

REGISTRATION DEADLINE: July 24

At River Valley Ranch we will have an hour long trail ride, enjoy games, activities and a picnic lunch. Participants should bring along a bag lunch. Everyone must wear socks and shoes that tie onto their feet, bug spray, sun screen and longer shorts are recommended. A signed waiver is required at check in and is available during the online registration process.

SESSION 5: Vertical Endeavors Trip

Ages 6-12

Wednesday, August 5; 9:00am-4:00pm

\$25 per person

Min. 25 Max. 50

REGISTRATION DEADLINE: July 31

We are heading over to Vertical Endeavors in Minneapolis for several hours of climbing fun! We will have unlimited climbing during our visit. The kids will get suited up and be off to climb, climb, climb. Staff will be on hand to help out, instruct and guide your kids to the highest tops of the walls. A signed waiver is required at check in and is available during the online registration process. Bring along a bag lunch and a water bottle is recommended. Free cubbies are available to keep your things, if you require more security coin operated lockers are available for purchase.

Summer Surge

Ages 6-11

Monday-Thursday, June 8-11; 10:00am-4:00pm

\$45 per person

Apple Valley Community Center

REGISTRATION DEADLINE: June 3

Staff: Parks and Recreation Department Staff

Start your summer off right with our Summer Surge! We will spend our days playing games, taking trips and having tons of fun! We will take field trips to Good Times Park in Eagan (a signed waiver is required at check in and is available during the online registration process), to the French Park and take a walk to the Dairy Queen in Apple Valley. Participants should bring a bag lunch and a snack each day. An informational email will be sent out prior to camp.

Day Camp

Ages 6-11

Monday-Friday, July 6-10; 8:30am-3:30pm

\$75 per person

Apple Valley Community Center

REGISTRATION DEADLINE: June 28

Staff: Parks and Recreation Department Staff

Our week long day camp is the greatest! Enjoy five days of swimming, games, crafts and more at Cleary Lake Regional Park in Prior Lake. Plan on having tons of fun this year, the leaders have an action packed week planned, it's one you don't want to miss. Our camp combines hands-on learning with recreational activities to make a perfect balance for all. We will enjoy geocaching and outdoor survival skills training Each day your child should bring the following items: swim attire, sun block, warm weather clothes, rain gear, water bottle, a bag lunch and a snack. Camp will be held rain or shine. An informational email will be sent out prior to camp.

Teen Camp Quest

Ages 12-15

Monday-Friday, July 6-10; 9:00am-3:00pm

\$75 per person

Camp Sacajawea

REGISTRATION DEADLINE: June 28

Staff: Parks and Recreation Department Staff

This newly added camp is geared toward the kids who are just "too big" for our regular Day Camp. We will meet out at Camp Sacajawea, 5121 McAndrews Road in Apple Valley all week. We have the lodge reserved so that camp can be held rain or shine. We will work on a variety of "life skills", outdoor survival skills and of course fun and games (a signed waiver is required at check in and is available during the online registration process). We will also go on a field trip to enhance the camp which may include rock climbing, zip lining, archery, team building group, orienteering and/or geocaching, fishing and fire building. Your older kids will not want to miss out on this experience! Camp start/end time is staggered from our Day Camp to accommodate families who may have multiple kids in multiple camps. Hope to see you there!



Awesome August Adventure

Ages 6-12

Monday-Friday, August 10-14; 10:00am-4:00pm

\$55 per person

Apple Valley Community Center

REGISTRATION DEADLINE: August 2

Staff: Parks and Recreation Department Staff

Join us for an awesome August Adventure! We will spend the week playing your favorite playground games, making crafts, taking field trips, watching movies and much, much more. You really don't want to miss this action packed week filled with fun! Our three field trips are to Minnehaha Falls, Schultz Beach and Como Zoo. Participants should bring a bag lunch and a snack daily. An informational email will be sent out prior to camp.

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

Apple Valley Puppet Wagon

37th Anniversary Year

'Official Goodwill Ambassadors of Apple Valley'

Youth & Families

Monday-Friday; June 15-August 7 (No 7/3)

FREE SHOWS!

Come out and enjoy the FUN this summer as the Apple Valley Puppet Wagon brings eight weeks of new shows to a park in your neighborhood. Check the schedule below to see when the Puppet Wagon will be in your neighborhood.

Monday

- 11:15am** **Westview Elementary**
225 Garden View Drive (near Parking lot)
- **1:00pm** **Valley Middle Park**
1040 Baldwin Drive (near ball fields)
- **1:45pm** **Delaney Park**
4745 147th Street West (near playground)
- **2:30pm** **Kelley Park**
6855 Fortino Street (near Splash Pad)

Tuesday

- 9:30am** **Longridge Park**
6830 160th Street West (near playground)
- 10:15am** **Apple Ponds Park**
15834 Garrett Drive (off Garrett Path)
- 11:00am** **Regatta Park**
15596 Finch Avenue (near Fjord Avenue)
- **1:00pm** **Alimagnet Park**
211 Ridgeview Drive (near playground)
- **1:45pm** **Cedar Knolls Park**
17094 127th Street West (near parking lot)
- **2:30pm** **Heritage Park**
12852 Hamlet Avenue (Path off Palomino Drive)

Wednesday

- **9:30am** **Apple Grove Park**
14904 Hayes Road (behind Fire Station)
- **10:15am** **Faith Park**
15539 Ferris Avenue (near ball field)
- **11:00am** **Johnny Cake Ridge Park East;**
5800 140th Street (south Parking Lot)
- 1:00pm** **Cobblestone Park**
15601 Cobblestone Lake Pkwy (near Eagle Bay Drive)
- 1:45pm** **Kelley Park**
6855 Fortino Street (near Splash pad)
- 2:30pm** **Greenleaf Park**
13590 Fordham Ave. (near ballfield)



Thursday

- **9:30am** **Farquar Park**
13266 Pilot Knob Road (near playground)
- **10:15am** **Tintah Park**
4839 142nd Street West (near playground)
- **11:15am** **Redwood Park**
311 150th Street West (east of building)
- 1:00pm** **Wildwood Park**
8266 137th Street West (near playground)
- 1:45pm** **Hagemeister Park**
13000 Johnny Cake Ridge Road (park lot)
- 2:30pm** **Huntington Park**
12960 Diamond Path (near playground)

Friday

- **9:30am** **Briar Oaks Park**
12275 Safari Path (near playground)
- **10:15am** **Nordic Park**
13161 Foliage Avenue (near playground)
- **11:00am** **Cedar Isle Park**
14400 Freeport Trail (near playground)
- 12:45pm** **Fred J. Largen Park**
7368 142nd Street West (near ball field)
- 1:30pm** **Galaxie Park**
13900 Galaxie Avenue (playground off Garrett Ave.)
- 2:15pm** **Apple Valley Community Center**
14603 Hayes Road (NE near Parking Lot)

NOTE: Shows will be cancelled in the event of rain and will not be rescheduled. For cancellation information call **952-953-2399**, Option #1, then #6.

Aroma's Art Sites—stay after the show for a **FREE Aroma's Art Project! (Details on next page)

AROMA'S ART "TRAVELING PUPPET WAGON SHOW & CRAFT"

2-6 years old & a parent
June 15 - August 7, 2015

Mondays

1:00pm Valley Middle; 1040 Baldwin Drive
1:45pm Delaney Park; 4745 147th Street West
2:30pm Kelley Park; 6855 Fortino Street

Tuesdays

1:00pm Alimagnet Park; 211 Ridgeview Drive
1:45pm Cedar Knolls Park; 17094 127th Street West
2:30pm Heritage Park; 12852 Hamlet Avenue

Wednesdays

9:30am Apple Grove Park; 14904 Hayes Road
10:15am Faith Park; 15539 Ferris Avenue
11:00am Johnny Cake Ridge Park-East; 5800 140th Street

Thursdays

9:30am Farquar Park; 13266 Pilot Knob Road
10:15am Tintah Park; 4839 142nd Street West
11:15am Redwood Park; 311 150th Street West

Fridays

9:30am Briar Oaks Park; 12275 Safari Path
10:15am Nordic Park; 13161 Foliage Avenue
11:00am Cedar Isle Park; 14400 Freeport Trail

FREE PROGRAM

to those who watch the Puppet Wagon Show! Aroma's Art is scheduled immediately after the Puppet Show ends. Come out and watch our adorable puppets this summer, and at the parks listed above, we will have a special Art program, now in it's 12th year –AROMA'S ART! Our traveling Puppet Show Craft Staff will be there after the Puppet Show with a craft project related to that week's show. Crafts will be available all 8 weeks of the scheduled puppet shows.

NOTE: Aroma's Art will not be available if the Puppet Shows have been cancelled due to bad weather! There will be no make-ups scheduled.

Tot's Day of Fun

Ages 3-6

SESSION 1: Wednesdays, June 3, 10, 17, 24
9:00am-12:00pm

SESSION 2: Wednesdays, July 1, 8, 15, 22
9:00am-12:00pm

SESSION 3: Wednesdays, July 29; Aug. 5, 12, 19
9:00am-12:00pm

\$42 per person per session

\$12 daily drop-in fee; payable at the front desk of the AVCC, on the day of class only

(Call for availability before coming, at 952-953-2300)

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: May 27; Session 2: June 24

Session 3: July 22

Instructors: Apple Valley Parks and Recreation Staff

Our 3-hour-long program for tots that includes music, play time, arts & crafts, story time, games, outdoor fun, gym time, a snack, and even a short "quiet time". The activities are designed for your tots, the class is designed for parents 'on the run', who need that little bit of extra time for errands, or just to relax! Our Instructors and assistants will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities—lots of fun for all tots! Children must be potty trained to participate and parents do not stay for this class.

Eric Carle – Story Time & More

Ages 3-6

Tuesday, Wednesday, Thursday;
June 16, 17, 18; 10:00-11:00am

\$18 per person, for all 3 dates

Apple Valley Community Center

Min. 5 Max. 10

REGISTRATION DEADLINE: June 8

Instructor: Ashley Branstad

Join us for great stories, laughs, snacks and crafts – all related to children's books authored by Eric Carle, featuring some of his favorite books "If you give a...." On Tuesday, we will explore the story, "The Very Hungry Caterpillar" with a craft, games and a snack. On Wednesday, we will explore the story, "The Grouchy Ladybug" with a craft, games and a snack. And, on Thursday, we will explore the story, "The Tiny Seed" with a craft, games and a snack. Great fun for your little one! Participants must be potty trained. Parents do not stay.



HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

Youth Activities

SIGN UP FOR BACK-TO-BACK CLASSES

on Tuesdays & Thursdays, and have fun all morning long! We will provide an activity on Tuesdays & Thursdays, 10:30-10:45am for those who take 2 back-to-back classes. Parents do not stay and children must be potty trained. Also, please indicate any food/ingredient allergies that your child has so we can adjust accordingly; and send your child 'dressed to get messy'!

Critters Club

Ages 2 ½-6

SESSION 1: Tuesdays & Thursdays, June 2, 4, 9, 11
9:00-10:30am

SESSION 2: Tuesdays & Thursdays, June 16, 18, 23, 25
9:00-10:30am

SESSION 3: Tuesdays & Thursdays, July 7, 9, 14, 16
9:00-10:30am

SESSION 4: Tuesdays & Thursdays, July 21, 23, 28, 30
9:00-10:30am

SESSION 5: Tuesdays & Thursdays, August 4, 6, 11, 13
9:00-10:30am

\$18 per person per session

\$5 daily drop-in fee; payable at the front desk of the AVCC, on the day of class only
(Call for availability before coming, at 952-953-2300)
Apple Valley Community Center
Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: May 26; Session 2: June 9

Session 3: June 30; Session 4: July 14

Session 5: July 28

Instructors: Apple Valley Parks and Recreation Staff

Our recreation program, just for TOTS! Our objective is to provide a fun, active and enjoyable program in an accepting atmosphere. Emphasis will be placed on ensuring each child's self-confidence and enjoyment. Songs, crafts, games, fun projects, snacks and stories will all be included in our sessions.

Little Scientists

Ages 3-6

SESSION 1:

Tuesdays & Thursdays; July 7, 9, 14, 16
10:45am-12:00pm

SESSION 2:

Tuesdays & Thursdays; July 21, 23, 28, 30
10:45am-12:00pm

\$18 per person per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: June 30; Session 2: July 14

Instructors: Apple Valley Parks and Recreation Staff

An opportunity for children to learn while getting messy, and parents do not need to clean up afterwards! Each day includes new "little scientist" experiments, plus we will learn about "food science" in the creation of tasty snacks to eat. Please send your child dressed to get messy! Science fun for everyone!

Ooey Goey Artists

Ages 3-6

Tuesdays & Thursdays; August 4, 6, 11, 13
10:45am-12:00pm

\$18 per person

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINE: July 28

Instructors: Apple Valley Parks and Recreation Staff

An opportunity for children to create while getting messy, and parents do not need to clean up afterwards! Each day is a new "Ooey Goey" Art Project, plus a sticky snack to eat.

Icky, Sticky, Slimy Fingers

Ages 3-6

SESSION 1: Tuesdays & Thursdays, June 2, 4, 9, 11
10:45am-12:00pm

SESSION 2: Tuesdays & Thursdays: June 16, 18, 23, 25
10:45am-12:00pm

\$18 per person per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: May 26; Session 2: June 9

Instructors: Apple Valley Parks and Recreation Staff

Let's get messy with some icky, sticky projects! A chance for children to learn while getting messy, and parents do not need to clean up afterwards! Each day includes new activities plus a sticky treat to eat.



Summer Chefs - Creative Cooking Class for Tots

Ages 3-6

SESSION 1: Friday, June 12; 11:00am-12:30pm

'Fresh Fruits & Veggies'

SESSION 2: Friday, July 10; 11:00am-12:30pm

'Ice Cream Creations'

SESSION 3: Friday, August 7; 11:00am-12:30pm

'Picnic Favorites'

\$8 per person per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: June 5

Session 2: July 3

Session 3: July 31

Instructors: Apple Valley Parks and Recreation Staff

Our fun tot's cooking classes featuring summer foods and snacks for preschoolers! We will try new recipes each session, and each "Little Chef" will take home a recipe book including recipes from that session. Parents do not stay. Please indicate any food/ingredient allergies that your child has so we can adjust accordingly.

Kidz Kan Act - Youth Theatre Group

Ages 5-8

Monday & Tuesday, June 29 & 30; 1:00-3:00pm daily

NOTE: The Play Performance is at 3pm on June 30th; Parents, siblings, relatives & friends are invited to attend!

\$8 per person

Apple Valley Community Center

Min. 10 Max. 18

REGISTRATION DEADLINE: June 22

Instructors: Apple Valley Parks and Recreation Staff

This is your opportunity to "star in a play"! All participants will be involved in the writing, costuming, make-up, props, staging, and acting in our play, **"THE BEST OF DR. SEUSS"**. On Monday, all parts will be cast, the background and sets will be created, costuming and make-up decisions made, and rehearsals will begin. On Tuesday, we will finish everything up, rehearse the play some more, and at 3:00pm, present the play to your family/friends, when they arrive to pick you up! Lots of fun for all as you experience all that goes in to a play production. Register early, spaces are limited!

Little Luau for Tots

Ages 3-6

Friday, July 31; 11:00am-12:15pm

\$7 per person

Redwood Park Pavilion, 311 150th Street West

(Indoors if it's raining)

Min. 6 Max. 12

REGISTRATION DEADLINE: July 24

Instructors: Apple Valley Parks and Recreation Staff

A Luau and cookout, just for tots! We'll do the limbo, make cool crafts to wear, and have tasty Luau snacks at NOON! Wear your best Luau outfit today! Parents do not stay.

Little Explorers Club

Ages 3-6

Friday, August 14; 10:30am-12:00pm

\$7 per person

Redwood Park Pavilion, 311 150th Street West

Min. 6 Max. 12

REGISTRATION DEADLINE: August 7

Instructors: Apple Valley Parks and Recreation Staff

A wonderful program for all little ones, age 3-6 years, who want to be little explorers! Meet at the Redwood Community Center, under the pavilion where we will explore the park, and create some wonderful nature masterpieces. Lots of fun for tots who love flowers, bugs, leaves, rocks, sand, and everything in nature! Dora the Explorer stories will be read and we will end with a tasty treat. We will meet indoors, if it is raining. Parents do not stay.



Kid's Acrylics or Watercolor Painting Classes

Ages 7 & over

SESSION 1: Wednesday, July 15; 1:00-3:00pm

"Blue Birch" Acrylic Painting

SESSION 2: Wednesday, July 22; 1:00-3:00pm

"Sunset Docks" Watercolor Painting

SESSION 3: Wednesday, August 5; 1:00-3:00pm

"Stormy Sky" Acrylics Painting

SESSION 4: Wednesday, August 12; 1:00-3:00pm

"Sun Wave" Watercolor Painting

\$21 per person per session

Apple Valley Community Center

Min. 3 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: July 8; Session 2: July 15;

Session 3: July 29; Session 4: August 5

Instructor: Tina Sheppard

Let your child get creative and enjoy the wonderful world of art in our painting class for kids, including opportunities to paint with acrylics or watercolors. They will learn about shading and hi-lighting, color mixing, and the proper use of materials. But most of all, they will have fun in this informative but low key painting class. All levels of painters are welcome, and all supplies are included.

Grubby Day Camp

Ages 5-11

Wednesday, July 15; 9:00am-3:00pm

\$25 per person

Apple Valley Community Center

Min. 10 Max. 40

REGISTRATION DEADLINE: July 8

Instructors: Dakota County 4-H Staff

Join Dakota County 4-H Camp Counselors for a fun and exciting day-long event! Campers will spend their day getting grubby, learning new things, playing games, enjoying hands-on activities, and having FUN! We'll do a variety of activities which range from field games, messy relays, science experiments, flower planting, and other things that require some dirt! Snacks, beverages, and prizes will be provided.

Please have your child wear clothes that can get dirty, and bring their own brown bag lunch.



Abrakadoodle Art Enrichment is a program that strives to inspire creativity in every child through imaginative lessons, and fun Art Classes!

'Frozen Art' Summer Art Camp

Ages 3-6

Session 1: Monday & Wednesday, July 20 & 22

9:30am-12:00pm

Session 2: Tuesday & Thursday, July 21 & 23

9:30am-12:00pm

\$58 per person per session

Apple Valley Community Center

Min. 8 Max. 12

REGISTRATION DEADLINE: July 13

Instructor: Abrakadoodle Staff

Celebrate all things "FROZEN" in this fun summer camp inspired by the hit movie "Frozen"! We'll make crowns for our princes and princesses, sculpt a silly snowman, and we'll even create a snowy scene using fluffy snow, glitter, and more. Please bring a beverage and a nut free snack to class.

'Crazy about Clay' Summer Art Camp

Ages 5-11

Monday & Wednesday, July 20 & 22

12:30-3:00pm

\$58 per person

Apple Valley Community Center

Min. 8 Max. 12

REGISTRATION DEADLINE: July 13

Instructor: Abrakadoodle Staff

Do you love working with clay and creating 3-D art? Then this is the camp for you! We'll use air dry clay and model magic. We'll sculpt and use clay tools to add texture. Our colorful creations will include clay birds, pot, turtles, and more. In this fun 2-day camp, we'll make lots of clay creations to take home! Please bring a beverage and a nut free snack to class.



Cheer America in Apple Valley

Ages 4-8

SESSION 1: Tuesdays, June 16, 23, 30; July 7, 14, 21, 28; August 4; 6:00-6:45pm

\$56 per person, for all 8 dates

SESSION 2: Tuesday, June 16; 6:00-6:45pm

\$8 per person

SESSION 3: Tuesday, June 23; 6:00-6:45pm

\$8 per person

SESSION 4: Tuesday, June 30; 6:00-6:45pm

\$8 per person

SESSION 5: Tuesday, July 7; 6:00-6:45pm

\$8 per person

SESSION 6: Tuesday, July 14; 6:00-6:45pm

\$8 per person

SESSION 7: Tuesday, July 21; 6:00-6:45pm

\$8 per person

SESSION 8: Tuesday, July 28; 6:00-6:45pm

\$8 per person

SESSION 9: Tuesday, August 4; 6:00-6:45pm

\$8 per person

Ages 9-16

SESSION 10: Tuesdays, June 16, 23, 30; July 7, 14, 21, 28; August 4; 7:00-7:45pm

\$56 per person, for all 8 dates

SESSION 11: Tuesday, June 16; 7:00-7:45pm

\$8 per person

SESSION 12: Tuesday, June 23; 7:00-7:45pm

\$8 per person

SESSION 13: Tuesday, June 30; 7:00-7:45pm

\$8 per person

SESSION 14: Tuesday, July 7; 7:00-7:45pm

\$8 per person

SESSION 15: Tuesday, July 14; 7:00-7:45pm

\$8 per person

SESSION 16: Tuesday, July 21; 7:00-7:45pm

\$8 per person

SESSION 17: Tuesday, July 28; 7:00-7:45pm

\$8 per person

SESSION 18: Tuesday, August 4; 7:00-7:45pm

\$8 per person

Apple Valley Community Center

Min. 10 Max. 30 per Sessions 1 & 10

(NOTE: FOR Sessions 2-9 & 11-18, we will register individuals, up to a max. of 30 on that day, which includes those registered for Session 1 or Session 10)

REGISTRATION DEADLINE: June 8

Instructors: Cheer America Instructors

Cheer America, a Minnesota Non-Profit Corporation, is an exciting cheerleading and dance program for children ages 4 to 16. Students learn popular cheers, chants, jumps, leaps, choreographed pom pom/dance routines, parade marching techniques, and other skills involved in performances, competitions and school cheerleading team tryouts. The program also promotes improved coordination and physical fitness, personal esteem, and working as a cooperative team member with other children on the cheerleading squad. At the conclusion of the 8-week session, the Cheer America team has a recital for parents, families, friends, and others. Awards are given to each child at the recital. Students also have the option to march in parades, attend special clinics, and participate in national and international competitions and festivals.



'I Love to Draw' Summer Art Camp

Ages 6-11

Tuesday & Thursday, July 21 & 23
12:30-3:00pm

\$58 per person

Apple Valley Community Center
Min. 8 Max. 12

REGISTRATION DEADLINE: July 13

Instructor: Abrakadoodle Staff

Do you love drawing? Do you want to learn how to draw wild animals? 3-D objects? Cartoon characters? If the answer is YES, then this is the camp for you! We'll learn to use shapes to draw the things around us, and we'll learn drawing techniques to bring your art to life. Please bring a beverage and a nut free snack to class.



KIDCREATE STUDIO

Art Classes for Tots & Youth

Our energized classes offer an exciting format for art exploration, as we focus on art creation and art education. Lesson plans, are age appropriate and devised to inspire the individual child. Our Instructors provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts, in a supportive environment where giggles and grins are encouraged.

MOMMY (OR DADDY) AND ME WORKSHOPS



A Father's Day Gift for Dad

Ages 18 months-6 & a parent
Monday, June 15; 10:00-11:00am
\$15 per child

Apple Valley Community Center
Min. 6 Max. 10

REGISTRATION DEADLINE: June 8

Instructor: Kidcreate Studio Staff

What dad wouldn't love a gift made just for him? Let your little one surprise dad this Father's Day with a hand-made gift. Come and create right along with your child as you help them create a portrait of dad.... tie and all! All children must be accompanied by a caregiver.

'Superhero to the Rescue' Art Class

Ages 18 months-6 & a parent
Monday, June 22; 10:00-11:00am
\$15 per child

Apple Valley Community Center
Min. 6 Max. 10

REGISTRATION DEADLINE: June 15

Instructor: Kidcreate Studio Staff

If your child could have a superpower, what would it be? In this class, we'll imagine ourselves as superheroes and then create our own superhero attire. Whether your child wants superhuman strength or the power of invisibility, we'll be sure to channel their super creativity into making awesome works of art that they get to wear home. Come and create right along with your child. All children must be accompanied by a caregiver.



Goo Factory

Ages 18 months-6 & a parent
Monday, June 29; 10:00-11:00am
\$15 per child

Apple Valley Community Center
Min. 6 Max. 10

REGISTRATION DEADLINE: June 22

Instructor: Kidcreate Studio Staff

Let your child discover the messier side of art. We will mix up a batch of finger paint, silly putty and other homemade messy concoctions. Making a mess is the best, especially when you leave the mess with us! Come ready to get messy while you play right along with your child. All children must be accompanied by a caregiver.



PRESCHOOL WORKSHOPS

'Ahoy Matey' Art Class

Ages 3-6
Monday, July 6; 9:00am-12:00pm
\$28 per person

Apple Valley Community Center
Min. 6 Max. 10

REGISTRATION DEADLINE: June 29

Instructor: Kidcreate Studio Staff

A pirate in training needs to be able to talk the talk! "Shiver me timbers" and "me hearty" are just a few of the phrases we will practice as we make pirate ships out of clay and decorate them with jewels and doodads. We'll even create an ocean with bubble paint for the ships to sail on. Please pack a nut free snack and a drink for your child.



'Princess Power' Art Class

Ages 3-6
Monday, July 13; 9:00am-12:00pm
\$28 per person

Apple Valley Community Center
Min. 6 Max. 10

REGISTRATION DEADLINE: July 6

Instructor: Kidcreate Studio Staff

Come and enjoy the power of the princess! We will draw portraits of ourselves as princesses. Then to finish our masterpieces, we will add all the royal accessories every princess needs like crowns and jewelry. Please pack a nut free snack and a drink for your child.



'Icky Poo' Art Class

Ages 3-6

Monday, July 20; 9:00am-12:00pm

\$28 per person

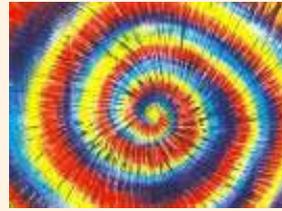
Apple Valley Community Center

Min. 6 Max. 10

REGISTRATION DEADLINE: July 13

Instructor: Kidcreate Studio Staff

Mom, you deserve a break! Let your kids express their creativity while you enjoy some time to yourself. Kids, this is your chance to do some super-duper unbelievably messy art! We'll create a project your mom would never let you do at home! Please dress your child for a mess and pack a nut free snack and a drink for your child.



Tie Dye Party

Ages 4-9

Wednesday, July 1; 9:00am-12:00pm

\$28 per child

Apple Valley Community Center

Min. 6 Max. 15

REGISTRATION DEADLINE: June 24

Instructor: Kidcreate Studio Staff

This is NOT a project you want your kids doing at home! Send your kids to class to make a tie dyed shirt they will wear all summer long. Children must bring their own white t-shirt to class. Please pack a nut free snack and a drink for your child.

SIBLING WORKSHOPS

SIBLINGS CAN ATTEND THESE CLASSES TOGETHER!



Make a Father's Day Gift

Ages 4-9

Wednesday, June 17; 9:00am-12:00pm

\$28 per child

Apple Valley Community Center

Min. 6 Max. 15

REGISTRATION DEADLINE: June 10

Instructor: Kidcreate Studio Staff

Show your dad how much you love him by making a Father's Day gift with your own two hands! We'll draw self-portraits and make the frames to put them in. This project is sure to put a smile on dear old dad's face! Please pack a nut free snack and a drink for your child.

'Happy Hamster's Habitat' Art Class

Ages 4-9

Wednesday, June 24; 9:00am-12:00pm

\$28 per child

Apple Valley Community Center

Min. 6 Max. 15

REGISTRATION DEADLINE: June 17

Instructor: Kidcreate Studio Staff

Every kid dreams of having a hamster! In this class, their dream will come true...sort of. The kids will create a pet hamster out of clay and then make a diorama for it to live in. No trips to the pet store required! Please pack a nut free snack and a drink for your child.



'Mischievous Minions' Art Class

Ages 4-9

Wednesday, July 8; 9:00am-12:00pm

\$28 per child

Apple Valley Community Center

Min. 6 Max. 15

REGISTRATION DEADLINE: July 1

Instructor: Kidcreate Studio Staff

Those Minions are mischievous, marvelous and darn right silly. In this class, the kids will create a throwing game inspired by the Minions from the movie Despicable Me. Please pack a nut free snack and drink for your child.





Science Explorers

is a unique program designed to provide children with hands-on fun while learning about science. Children are naturally drawn to science because of its almost magical qualities, which sparks wonder and imagination in children. The

curriculum has been designed to help children develop problem solving and creative thinking skills, and to challenge children by providing a different hands-on activity each day, encouraging them to try different solutions. Parents do not stay.

Buggy for Bugs

Ages 3 ½-6

Tuesday-Thursday, June 9, 10, 11

10:00am-12:00pm

\$55 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: June 2

Instructor: Science Explorer's Staff

Are you buggy for bugs? Do you like the creepy crawlers of the immense insect world? Then join us as we investigate the two types of metamorphosis, discover how some bugs live in colonies, and learn how bugs eat, smell and survive. You will construct your own bugs, weave a web, and much more in this hands-on class.

Mixture Madness

Ages 3 ½-6

Tuesday-Thursday, August 4, 5, 6

10:00am-12:00pm

\$59 per person

Falcon Ridge Middle School

12900 Johnny Cake Ridge Road

Min. 4 Max. 5

REGISTRATION DEADLINE: July 28

Instructor: Science Explorer's Staff

Pour, mix, measure and stir! In Mixture Madness, we will explore the world of chemistry by mixing together safe ingredients. You will create slime, have fun with magical crystals, plus formulate your own mixtures through exploration. Be sure to dress to get messy as we explore many fascinating mixtures!



Amazing Tots Program – Summer Session

Ages 20 months-3 years & a parent

Tuesdays, July 7, 14, 21, 28; August 4, 11

9:20-9:50am

\$52 per person

Apple Valley Community Center

Min. 6 Max. 10

REGISTRATION DEADLINE: June 30

Instructor: Amazing Athletes of SW Metro Staff

Discover sports that will get your toddler moving. Enjoy physical challenges and organized physical exploration activities that increase major motor development. Explore and learn 4 sports with your child.

Amazing Athletes Program – Summer Session

Ages 3-6

Tuesdays, July 7, 14, 21, 28; August 4, 11

10:00-10:45am

\$59 per person

Apple Valley Community Center

Min. 6 Max. 10

REGISTRATION DEADLINE: June 30

Instructor: Amazing Athletes of SW Metro Staff

Engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of nine different sports including: baseball, volleyball, lacrosse, football, soccer, golf, hockey, basketball and tennis! Build self-confidence, practice teamwork, and improve fine and large motor skills. Increase cardiovascular fitness, muscle tone, hand-eye coordination and reaction time. Lots of sports fun! Parents are not required to stay, but can if they choose.



Music Together in the Valley - Early Childhood Music Program for parents & children

Ages Birth-5 & a parent

Wednesdays, June 24; July 1, 8, 15, 22, 29; August 5, 12;

SESSION 1: 9:15-10:00am

SESSION 2: 10:15-11:00am

SESSION 3: 5:15-6:00pm

SESSION 4: 6:15-7:00pm

\$149 per Child-Parent Pair for the 8-week session

(only register the child, not the parent)

\$79 per additional sibling for the 8-week session

FREE with a paid sibling: Siblings 8 months & younger, must be born after 10/24/14

NOTE: To register your FREE sibling, contact Clarice at 651-432-4219, or email her at:

clarice@musictogetherclasses.com.

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINE: June 17

Instructor: Music Together Instructor, Kevalin Aulandez

Music Together is an award-winning, internationally acclaimed early childhood music and movement program for children from birth to kindergarten and the grownups who love them. In class, you'll dance, sing, play rhythm instruments and share 45 minutes of pure fun with your child each week for 8 weeks while supporting your child or children's cognitive, verbal, physical, emotional, social, and music development. Receive an illustrated songbook and two CDs—one for home and one for on-the-go. All classes are mixed-age, so siblings can participate together. Register your child(ren) only. Infants under eight months (on the first day of the session) are free with a paying sibling.



Youth Activities

Free Demo "Music Together" Classes

Ages Birth-5 & a Parent

SESSION A: Wednesday, June 10; 9:15-10:00am

SESSION B: Wednesday, June 10; 5:15-6:00pm

SESSION C: Wednesday, June 17; 10:15-11:00am

SESSION D: Wednesday, June 17; 6:15-7:00pm

FREE, but only 1 demo per family please!

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

SESSIONS 1 & 2: June 3

SESSIONS 3 & 4: June 10

Instructor: "Music Together" Instructor

Experience the joy of making music. These free classes are for those who are seriously considering registering for an 8-week session but would like to try a class with their child(ren) first. Only one demo per family, register your child(ren) only, but parents still attend. Space is limited so register soon!

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015



Teens going into Grades 6-12 reign exclusively over this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department. We are open 7 days each week except for some holidays.

WHAT CAN YOU DO AT THE TEEN CENTER?

**Birthdays Parties • Guitar Hero
Pizza, Hot Pockets, Corn Dogs,
Ice Cream Treats • Watch DVD Movies
PS3, Xbox 360, Wii**

**Special Events/Programs scheduled
Pong, Foosball & Air Hockey • Wifi
Skateboard Park (open April-October)
Outdoor Skating Rinks (Dec.-Feb.)**

**Basketball, soccer and other outdoor sports
equipment available for use**

Hours: May 1-June 11

Monday-Thursday	2:30-7:00pm
Friday	2:30-8:00pm
Saturday	1:00-8:00pm
Sunday	1:00-6:00pm
Memorial Day (May 26)	1:00-7:00pm

Hours: June 12-September 1

Monday-Thursday	1:00-8:00pm
Friday	1:00-9:00pm
Saturday	1:00-9:00pm
Sunday	1:00-7:00pm
Independence Day (July 4)	CLOSED
Labor Day (September 7)	1:00-7:00pm

HAVE YOUR PARTY AT THE TEEN CENTER

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun!

As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. Contact

Marcie at: mpadgett@cityofapplevalley.org or **952-953-2312** for more information or to book a party! A \$25 fee and refundable \$50 deposit are required.



Apple Valley Teen Center: “Edible Garden” – 2nd year of GARDENING!

Again this year, the Teens will have the responsibility of helping the Teen Center Staff create our “Edible Garden” right at the Teen Center! We will prepare the soil, plant, weed, and eventually harvest vegetables and fruits, great

healthy treats! Learn about gardening, be a part of our **GARDENING TEAM!**

Sign up at the Teen Center, and help out when you can! FREE!



5th Grade ‘Open House’ in May, at the Teen Center

All current 5th Graders & Parents

May 1-31, 2015

drop in & check it out, during our scheduled hours...

**Apple Valley Teen Center;
14255 Johnny Cake Ridge Road**

Hosts: Teen Center Staff

Fifth grade students will soon be eligible to use the Apple Valley Teen Center. Parents are encouraged to stop by with their “soon-to-be-6th-grader” and take a tour of the facility, meet the Teen Center Staff, and ask questions! No appointments necessary.





2015 GROUND POUNDERS GRAND PRIX RUNNING SERIES

The Ground Pounders “Grand Prix Running & Active Living Series” is a series of 7 prestigious events sponsored by the South of the River (S.O.R.R.) Communities of Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount and Savage. Runners may participate in as many of the races as they choose. Participate in 3 or more of the 7 events listed below and you will be eligible for a drawing for grand prizes from Runner’s Gate, and other sponsors, at the end of the season. Open to all ages...

The following 7 races are scheduled this summer:

Saturday, June 6:

Burnsville: 5K Run

952-895-4500 or www.burnsville.org

Saturday, June 20:

Farmington: 1 & 4 Mile Runs, ½ Mile Junior Jog

651-280-6850 or www.ci.farmington.mn.us

Saturday, June 27:

Dan Patch 5K Pace & 1-Mile Fun Run

Savage Lifetime Fitness

6554 Loftus Lane West; North Park Lot.

952-224-3420 or www.cityofsavage.com

Saturday, July 4:

Apple Valley: 2 & 5 Mile Runs, Youth ½ Pint ½ Mile

952-953-2300 or www.cityofapplevalley.org

Saturday, July 11:

Lakeville: 1 & 4 Mile Runs, ½ Mile Fun Run

952-985-4600 or www.lakevillemn.gov

Saturday July 18:

Rosemount: 1 & 4 Mile Runs, 1 & 4 Mile Fitness Walks

½ mile Youth Sprint, ½ Mile Youth Sprint;

651-322-6000 or

www.ci.rosemount.mn.us

Tuesday, July 28:

Runner’s Gate 5K Trail Run:

Rough Terrain 5K Run

Ritter Farm Park;

19300 Ritter Trail; Lakeville

952-985-4600

www.lakevillemn.gov



Freedom Days 2 & 5 Mile Fun Runs

All ages

Saturday, July 4; 8:00am SHARP start for both runs

\$7 Advance Fee - Race Only

\$15 Advance Fee - Race plus T-shirt

\$15 Day of Event Fee - Race only;

\$25 Day of Event Fee - Race plus a T-shirt

ADVANCE REGISTRATION DEADLINE:

Wednesday, July 1 at 8:00am

RACE DAY REGISTRATION:

July 4; 6:30-7:45am ONLY

Half-Pint Half-Mile Run

Ages 10 & Under

Saturday, July 4: Approximately 9:30-9:45am start

FREE Event

Register on Race Day, prior to start of the race

Apple Valley Community Center/Hayes Park

14603 Hayes Road

FOR MORE INFORMATION:

Call **952-953-2300**; or www.cityofapplevalley.org

Our 2-Mile and 5-Mile Runs will be offered again in conjunction with the ‘FREEDOM DAYS’ 4th of July Celebration; plus, in its 13th year, our FREE ‘½ Pint ½ Mile’ Run for youth ages 10 years & under. Awards will be presented afterwards in age and gender categories, to the top 5 finishers in the 2 & 5-Mile Runs; all participants in the Youth ‘½ Pint ½ Mile’ Run will receive a participation ribbon. T-shirts are limited and will be available on a first-come-first-serve basis.

½ Pint ½ mile racers sprint to the finish line.



HS HealthSource®
Chiropractic & Progressive Rehab™

corepower
YOGA
LIVE AN EXTRAORDINARY LIFE



2 FAMILY FIELD TRIPS

to St. Paul Saints Baseball Games at their NEW STADIUM!

Join us for a Fun, Family Field TRIP - if children attend, they must be accompanied by an adult. Check out the St. Paul Saints brand-new CHS Stadium, and enjoy outdoor baseball at this AWESOME NEW STADIUM, plus all of their fun "extras" added in!

ST. PAUL SAINTS VS SIOUX CITY CANARIES

Wednesday, June 24

11:45am departure; 1:05pm game; return afterwards

BUS DEPARTS FROM & RETURNS TO:

Apple Valley Community Center

\$22 per person includes admission, transportation, chaperones, and parking.

Outfield Reserved Seating – Section 116, Rows 3-7.
Max. 25 ONLY

REGISTRATION DEADLINE: May 27

Chaperones: Parks & Recreation Department Staff

ST. PAUL SAINTS VS WINNIPEG GOLDEYE

Wednesday, July 22

11:45am departure; 1:05pm game; return afterwards

BUS DEPARTS FROM & RETURNS TO:

Apple Valley Community Center

\$24 per person includes admission, transportation, chaperones and parking.

Infield Reserved Seating – Section 105, Rows 10-15.
Min. 35 Max. 50

REGISTRATION DEADLINE: June 24

Chaperones: Parks & Recreation Department Staff

It's summer, and time to enjoy SAINTS BASEBALL at their awesome new Outdoor CHS Stadium, in St. Paul! Just hop on the bus at the Apple Valley Community Center and leave the reserved tickets, driving and parking to us!

**SIGN UP SOON,
TICKETS ARE LIMITED!**



2 FAMILY FIELD TRIPS

to MN Twins Baseball Games

Join us for a Fun, Family Field TRIP to Target Field - if children attend, they must be accompanied by an adult.

MN TWINS VS ST. LOUIS CARDINALS

Thursday, June 18

10:45pm departure; 12:10pm game; return afterwards

BUS DEPARTURE FROM & RETURNS TO:

Apple Valley Community Center

\$29 per person includes admission, transportation, chaperones and parking.

Home Plate View Seating

Section 312, Rows 1-5 & Section 314, Rows 2-5.

Min. 40 Max. 60

REGISTRATION DEADLINE: May 27

Chaperones: Parks & Recreation Department Staff

MN TWINS VS TEXAS RANGERS

Thursday, August 13

10:45pm departure; 12:10pm game; return afterwards

BUS DEPARTURE FROM & RETURNS TO:

Apple Valley Community Center

\$29 per person includes admission, transportation, chaperones and parking.

Home Plate View Seating – Section 321, Rows 1-7.

Min. 40 Max. 60

REGISTRATION DEADLINE: July 22

Chaperones: Parks & Recreation Department Staff

It's summer, and time to enjoy TWINS BASEBALL at our awesome Outdoor Stadium, TARGET FIELD! Join us for a trip to see our Minnesota Twins this summer. Just hop on the bus at the Apple Valley Community Center and leave the tickets, driving and parking to us!

**SIGN UP SOON,
SPACE IS LIMITED!**



Adult Watercolors Painting Class

Ages 18 & over

SESSION 1: Thursday, June 11; 6:00-8:00pm

'Geraniums' Painting

SESSION 2: Thursday, June 25; 6:00-8:00pm

'Sunset Docks' Painting

SESSION 3: Thursday, July 16; 6:00-8:00pm

'Rocky Waterfall' Painting

SESSION 4: Thursday, July 23; 6:00-8:00pm

'Sunset Sail' Painting

SESSION 5: Thursday, August 6; 6:00-8:00pm

'Sun Wave' Painting

SESSION 6: Thursday, August 20; 6:00-8:00pm

'August Mountain' Painting

\$21 per person per session, includes all painting supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES:

Session 1: June 4; Session 2: June 18

Session 3: July 9; Session 4: July 16

Session 5: July 30; Session 6: August 13

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable! Learn all about color mixing, shading and hi-lighting, and controlling your water and paint to create dynamic paintings. All levels of painters are welcome.

Accessing Your Inner Dreams through Art An Adult Meditation/Art Class

Ages 18 & over

SESSION 1: Thursday, June 18; 6:00-8:00pm

SESSION 2: Thursday, July 30; 6:00-8:00pm

SESSION 3: Thursday, August 13; 6:00-8:00pm

\$21 per person per session, includes all art supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES:

Session 1: June 11

Session 2: July 23

Session 3: August 6

Instructor: Tina Sheppard

It's time to access your dreams to create your life the way you want it to be. Putting our dreams into physical form can help us to realize them. In this class you will participate in a guided meditation for your future, and then actually create it on paper. This is different than other Canvas and Soul classes. It focuses on bringing your inner knowing into focus and materializing it with no art experience required. Paper, colored pencils and pastels will be all provided.



Adult Tennis: Ready, Set, Rally!

Ages 18 & over

Wednesdays, June 10–July 15

Beginners: 6:00–7:00pm; Intermediate: 7:15–8:15pm

\$60 per person

Hagemeister Park, 13000 Johnny Cake Ridge Rd

Min. 4 Max. 12

REGISTRATION DEADLINE: June 3

Instructor: USTA Staff

Whether you want to learn basic skills, lob a few over the net with a friend, or enjoy friendly competition, Ready, Set, Rally! is for you! A USTA-trained instructor will teach you the basics, and more, with this new and innovative curriculum so you are rallying back and forth in no time. Have fun staying in shape and burning those unwanted calories while playing the life time sport of tennis. *Participants are required to bring their own tennis racquet. Balls will be provided. Please dress appropriately for the weather, wear proper footwear, and bring water.

Beginner: For the player who has little or no tennis experience. Instruction includes basic strokes, strategy and scoring.

Intermediate: For the player with prior tennis experience. Students will focus on stroke technique and consistency, and begin match play, concentrating on game strategy.

Foam Rolling Class: The How and Why

Ages 16 through adult

SESSION 1: Thursday, June 25; 6:30-8:30pm

SESSION 2: Thursday, July 30; 6:30-8:30pm

\$12 per person per session –OR–

\$27 per person per session, includes a foam roller

Apple Valley Community Center

Min. 6 Max. 15 per session

REGISTRATION DEADLINES:

Session 1: June 18; Session 2: July 23

Instructor: Dr. Tony Felten D.C.

Come learn the benefits of foam rolling on the body. Learn how to use a foam roller to help with flexibility, range of motion, muscle knots, posture, activity warm up, injury care, pain, and performance enhancement. Each session, Dr. Felten will explain dos and don'ts, demonstrate, and guide you through the proper use of the foam roller on different areas of the body. Participants should wear comfortable clothes such as sweat pants, gym shorts, and a tee shirt, as this is an interactive class.



HS HealthSource®
Chiropractic & Progressive Rehab™

HEALTHY PARKS HEALTHY PEOPLE

SUMMER 2015

Adult Activities

Adult Summer Indoor & Outdoor Volleyball Leagues

Age 18 & Older

Outdoor Co-Rec "B-C"; 6-person (Intermediate)

Tuesday (Begins 6/9/15);

JCRP/RW Cts. \$100 per team

Outdoor Co-Rec "C-D"; 6-person (Recreational)

Wednesday (Begins 6/10/15)

JCRP/RW Cts. \$100 per team

Indoor Women's Leagues; 6-person (A1/ A2, B1/ B2, C)

Thursday (Begins 6/11/15)

AVCC Cts. \$100 per team

NOTE: An additional \$25 per team Non-Resident Fee will be charged to teams with less than 51% of their rostered players living or working full-time in Apple Valley.

REGISTRATION DEADLINE: May 14; 7:00pm

Interested teams should contact Lyndell Frey (Recreation Supervisor) at **952-953-2316** or lfrey@cityofapplevalley.org at the Apple Valley Parks and Recreation Department for league information and registration materials.

Indoor leagues will play 9 league matches plus play-offs, at the Apple Valley Community Center. Outdoor leagues will play for 12 league matches (with multiple nights of back to back doubleheaders played plus play-offs at Johnny Cake Ridge Park, 140th Street & Johnny Cake Ridge Rd, and at Redwood Park, 311 Elm Drive. 1st and 2nd place in league, plus 1st place in play-offs will receive a team gift card as well as Championship T-shirts for the 1st place team in league play.

NOTE: New outdoor lights, new sand, and running water (to wash sand off) have all been added to the Johnny Cake Ridge Park Volleyball Facility. League play on Tuesday & Wednesday evenings. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.



Fall Softball Leagues

Parks and Recreation Department is offering evening Adult Softball leagues for Men's and Co-rec teams this fall. Leagues will begin the 3rd week of August. Interested teams should contact Lyndell Frey (Recreation Supervisor) at **(952)-953-2316** or lfrey@cityofapplevalley.org by June 21 for league information and registration materials.

NOTE: Teams that participated in the 2014 Fall or 2015 Spring/Summer leagues will automatically receive this information.

Registration Deadline: 7:00pm on Thursday July 16 (or until full). Registrations will be accepted after the registration deadline on an as needed basis.

Men's Doubleheader Leagues:

Rec & Intermediate levels:

Sunday-Thursday's

Men's Doubleheader, One Pitch, 9 Inning League:

Wednesday's

Co-Rec Doubleheader Leagues:

Recreational & Intermediate levels:

Friday's

S.O.R.R. Adult Fall Dodgeball League

Age 18 & older

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs.

The league starts on September 10.

Game start times are between 6:30-9 pm.

The Dodgeball League is self-officiated.

Cost per team is \$120

Team registration dates are as follows:

Returning team registration July 14 – August 7.

Open team registration August 11 - 21.

For more information and to register a dodgeball team call the Lakeville Parks and Recreation Department at **(952) 985-4615**.

**S.O.R.R. Adult Co-Rec “Self-Officiated”
Fall Kickball Leagues**

Age 18 & older

**Wednesday Evenings beginning August 12
6:30pm-10:30pm games**

“C” League –“Very Recreational”

(for new teams or teams with records below a 500 winning percentage in previous years) at Apple Valley-JCRP

**Thursday Evenings beginning August 13
6:15pm-10:15pm games**

“B” League –“Recreational”

at Apple Valley–JCRP

**Thursday Evenings beginning August 13
6:15pm-10:15pm games**

“B” League –“Recreational”

at Savage–Community Park Fields

\$175 per team

REGISTRATION DEADLINE: July 16 at 7:00pm

New team League Manager’s Meeting:

Wednesday, July 22; 6:30pm;

Apple Valley Community Center

Do you remember your Grade School Days on the playground and in the gym, playing everyone’s favorite PE game - KICKBALL?! It’s a game that nearly everyone has played and enjoyed at some point in their lives. We will offer a Fall season of opportunities for you to relive the days of kickball as you rediscover the fun you had as a youngster.

The “C” League is for **NEW** very Recreational level teams or for teams who have played in our leagues before and have had a 500 percent win/loss (or lower) record in previous year’s leagues; the “B” Leagues are also for more recreational level teams. All leagues will not be Self-officiated.

Individual players looking for a Kickball team can call the Apple Valley Parks & Recreation Office to be included on our “draft” list.

KICKBALL is tons of fun-get your team together NOW!

Includes 8 games plus play-offs, and awards. Registration information will be available beginning in June 2015 at the Apple Valley Parks & Recreation Department, or call for a registration packet at **952-953-2316**; or check our website at: www.cityofapplevalley.org.

**2015 PREVIEW OF FALL
PARKS & RECREATION
ATHLETIC LEAGUES**

**Recreational Volleyball Leagues
Women’s and Co-Rec**

Age 18 & older

**Thursday evenings for Women’s A/B/C
(September 17 start)**

**Friday evenings for Co-Rec A/B/C/D
(September 18 start)**

\$100 per team

(plus a \$25 per team fee for non-resident teams

Apple Valley Community Center gyms;

14603 Hayes Road

REGISTRATION DEADLINES: Returning Teams:

Thursday, August 20

New Teams: Tuesday, August 25

**(Teams will be accepted after the registration
deadline on an as needed basis.)**

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday (Women’s) and Friday (Co-rec) evenings.

A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Play begins on September 17 & 18. The leagues will consist of 9 league matches plus playoffs.

Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our “draft” list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.



Women's Power Volleyball Leagues

Women age 18 & older

Tuesday evenings, beginning September 22; 6:30, 7:30, 8:30pm games

\$190 per team

(plus a \$15 fee per team for non-resident teams)

Apple Valley Community Center Gyms;

14603 Hayes Road

REGISTRATION DEADLINES: Returning Teams: Tuesday, August 25

New Teams: Tuesday, September 1

(Teams will be accepted after the registration deadline on an as needed basis.)

Our six-on-six officiated Volleyball Leagues for women 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Play begins on Tuesday, September 22, with practice times available on September 15.

A Women's A (Competitive League) and a Women's B (Intermediate League) will be offered. The leagues will consist of 9 league matches plus playoffs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Officiated Adult 5 on 5 Basketball

Adults 18 & older

(Full Court) Basketball Leagues

Tuesday evening for "C" (Intermediate) and "D" (Recreational) Leagues.

League play begins Tuesday November 3 thru January 27 (Session 1) Two separate divisions.

FEE: \$510 per team (Resident teams)

\$560 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE: Tuesday, October 20 (Teams will be accepted after the registration deadline on an as needed basis.)

Our five-on-five, officiated Basketball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Tuesday evenings. All games will be officiated by registered HS or college officials. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card. All registered teams will also have an opportunity to participate in the MRPA State tournament.

Self-Officiated Adult 5 on 5 Basketball

Adults 18 & older

(Full Court) Basketball Leagues

Wednesday evening for "D" (Recreational) teams and "35 and Over" teams starts November 4 thru January 19 (Session 1) Two separate divisions.

FEE: \$250 per team (Resident teams)

\$275 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$25.00 non-resident team fee.

REGISTRATION DEADLINE: Tuesday, October 20 (Teams will be accepted after the registration deadline on an as needed basis.)

Our five-on-five, self-officiated Basketball Leagues will offer two separate divisions for adults 18 years and over.

Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or **(952)-953-2316**.

Individual players note:

Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our "draft" list.

APPLE VALLEY SENIOR CENTER

14601 Hayes Road - Apple Valley

952-953-2345

Join area adults age 55 and older for social, educational, recreational and service oriented activities, programs and events. The Apple Valley Senior Center is the home of the "Apple Valley Seniors" organization. Senior Center hours are Monday-Friday, from 9:00am-4:00pm.

Please call **952-953-2345** if you would like to receive a complimentary newsletter or to arrange a tour of the facility. If you are in the neighborhood, please drop in!



SENIOR SHOWCASE

Friday, May 8

11:00am-2:00pm

Apple Valley Senior Center

14601 Hayes Road

Free Event

Learn what goes on at the Apple Valley Senior Center! Join Senior Center members and the public as over 45 activities and committees will be on display.

*Register for door prizes.
Refreshments will be provided.
Information: 952-953-2345*



Take the first step.

Join Dakota County's
Simple Steps Walking Program
April 1-July 31

Benefits of joining:

- ✓ Boost energy
- ✓ Reduce stress
- ✓ Improve health
- ✓ Explore your neighborhood

How it works:

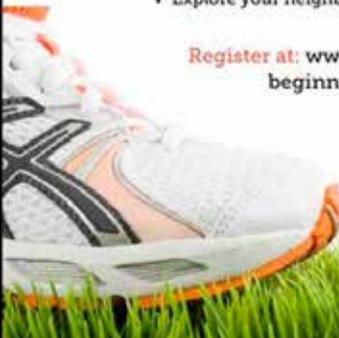
- ✓ Walk with friends
- ✓ Track minutes
- ✓ Get rewarded
- ✓ Share your success

Register at: www.dakotacounty.us (search "Simple Steps")
beginning **March 15** or call 651-554-6100.



 Find us on Facebook

Simple Steps is sponsored by the Dakota County Public Health Department. Partners include cities, parks, businesses and organizations in Dakota County.



COMMUNITY CENTER OPEN GYM 14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. No black soled shoes, street shoes or boots are permitted on the gymnasium court. Family and Youth Open Gym are offered every weekend unless there is a tournament held at the Community Center. Call the Open Gym Hotline at **952-953-2399 (#2)** to verify the gym schedule. Free admission unless noted.

Family Open Gym

Saturday; 8:30am–1:30pm

Sunday; 4:00–7:00pm

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Youth Grade Open Gym

Saturday; 2:00–7:00pm

Sunday; 12:30–3:30pm

Monday-Friday; 12:30pm–5:30pm

Youth in grades 6 to 12 can come to play informal recreational basketball. The courts will be available for practice shooting or pick-up games on your own. Team practice or play is not allowed. Children in grades 5 or under must be supervised in the gym by a non-participating adult.

Participants must attend school in ISD 196 or reside in Apple Valley. A current ISD 196 student ID card is required for admission to the gym. A parent must contact Recreation Superintendent Scott Breuer at **952-953-2311** if their child lives in Apple Valley but does not attend an ISD 196 school.

Adult Open Badminton

Ages 18 & over

Wednesdays; 6:30-9:30pm

\$3 per person per date (players and spectators)

OR \$30 for a 10 Pass Punch Card

Apple Valley Community Center

Six courts will be set up on Wednesday nights for open play! This is an adult program; children will not be permitted in the gym, and unsupervised children under age 10 may not be brought to the Community Center.

2 & Under Tot Time Open Gym

Ages 2 & under with accompanying adults

Mondays, Wednesdays, Fridays; 9:00-9:30am

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots!

NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am.

Pre-School Open Gym

Ages 5 & under with accompanying adults

Mondays, Wednesdays & Fridays; 9:30-11:00am

Here's a great place for parents to meet other parents. Youth ages 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All pre-schoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. **NOTE:** This program is year-round and is for pre-school aged children only. Please do not bring snacks and drinks into the gym!

Adult Open Volleyball

Ages 18 & older

Saturday & Sunday, year-round; 3:00-6:00pm

(3 courts available)

Monday, year-round, 6:30-9:30pm (6 courts available)

\$3 per person per date (players and spectators)

–OR– \$30 for a 10 Pass Punch Card

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate. Courts will be shared equally between all participants in attendance. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Saturday & Sunday: A 63 player capacity at one time will be followed.

NOTE: Participants are required to fill out a "Participant Registration Card", show an ID, and pay the \$3 fee prior to participation. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Outdoor Tennis Courts

PARK SITES	ADDRESS	NUMBER OF COURTS
Belmont	118 Belmont Rd	1
Cedar Knolls	7094 127th St W	2
Delaney	4745 147th St W	2
Farquar	13266 Pilot Knob Rd	2
Greenleaf	134th St W & 134th Ct W	2
Hagemeister	13000 Johnny Cake Ridge Rd	4 (w/lights)
Heritage	12852 Hamlet Ave	1
Pennock	15445 Pennock Ave	2
Rdwood	311 150th St W	2
Scott	14125 Galaxie Ave	2 (Lights & Rally Boards)
Wildwood	8266 137th St W	2
SCHOOL SITES		
Apple Valley High	14450 Hayes Rd	4
Eastview High	6200 140th St W	8 (+Rally Boards)
Scott Highlands Middle	14011 Pilot Knob Rd	4 (+Rally Boards)
Valley Middle	900 Garden View Dr	4
Falcon Ridge Middle is at the same site as Hagemeister Park (2 Park/2 School)		

Outdoor Pickleball Courts

Hayes Park

Six designated outdoor Pickleball courts are now available on the south side of the Apple Valley Community Center during regular park hours. Locker rooms and bathroom facilities are available in the AVCC (during building hours), as well.

Pennock & Hagemeister Parks

Pickleball lines have been marked on the tennis courts.

Outdoor Skate Park

Johnny Cake Ridge Park
14255 Johnny Cake Ridge Road

Free

8:00am-DUSK

Disc Golf Course

In addition to being a great location for a group picnic or a walk through the woods, Alimagnet Park is also a great location to play disc golf (aka Frisbee golf). The course has 12 holes; the first seven have concrete tees and open fairways with lots of big mature trees, while the last five holes are more tightly wooded. Discs specially designed for disc golf or any regular Frisbee may be used to play the game. Come out and try the fun recreational fame of Disc Golf! Please, respect other park users.

Picnic Game Rentals

Adults & Families

\$5 per game per day for AV residents

\$10 per game per day for non-residents

\$25 damage deposit is required along with your payment, refundable when games are returned

A variety of picnic games are available for rent through the Apple Valley Parks and Recreation Department. Equipment can be reserved on a first-come-first-serve basis by calling **952-953-2300**.

Equipment Available

Gunny Sacks (set of 6), Bocce Ball Set, Bag Toss Set, Volleyball Set (standards, net and ball), Croquet Set, Tug-O-War Rope, Softball Set (12 inch ball, bat & bases), Disc Golf Set, Horseshoe Set (stakes and horseshoes), Ladder Golf Set

Chuckwagon Barbeque Rentals

\$30 per day • \$25 damage deposit

Cook up to 100 hamburgers at one time on the 24"x 72" cooking surface of the Parks and Receptions portable barbecue grill. Available for rent on first come-first serve basis within any City of Apple Valley Park for your family/ group picnic by calling 952-953-2300

Park Shelter Rentals



REDWOOD PARK
(1 large + 1 small shelters)



FARQUAR PARK
(1 large + 2 small shelters)



ALIMAGNET PARK



LAC LAVON PARK **

These four parks have open-air shelters equipped with picnic tables and small barbecue grills. Facilities are available on a first come-first serve basis, unless they are reserved. If you are interested in reserving a park shelter for your group, contact Parks & Recreation Department at **953-953-2300**. The rental rates vary from \$40 to \$60 per day. ****No restroom building at this location, only portable.**

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Parks Superintendent Tom Adamini, at **952-953-2420**.

The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	LOCATION
A.V. American Legion Auxiliary, Unit 1776	Jan Lauby	Apple Grove Park
Apple Valley Guitar & Piano Academy	Laureen Markert	Apple Valley East
Girl Scout Troop #54086	Christina Wetenkamp	Cedar Isle Park
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls Park
Wings Financial CU	Cari Fougner	Cobblestone Lake Pathway
South Metro ATV Club	Jay Peterson	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.	Betsy Koss	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
MOMS Club – Apple Valley North	Erin Morris	Heritage Park
Uponor, Inc.	Nathan Breuer	Johnny Cake Ridge Park
Shaver Group	Connie Shaver	Keller Park
Boy Scout Troop #293	Paul Chellsen	Long Lake, Moeller, Greenleaf,
Boy Scout Troop #293		Findlay, Faith, Nordic and Hagemesiter
Nordic Woods Neighborhood	John Santi	Nordic Park
FRC Team 2667, Knights of the Valley	Joey Lake	Pennock Park
Rotary Club of Apple Valley	Greg Higgins	Redwood & Kelley Parks
Garland Group	Michelle Markov	Scott Park
Stael Family	Tony Stael	Sunset Park
Hansen Family	Bill and Julie Hansen	Wallace Park
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood Park

If you know any of these folks, thank them for helping keep your park system looking good!



**Sign Up,
Register,
Get Involved.**

Easy online registration!

www.vaasports.org

Follow us on Facebook & Twitter!



<http://facebook.com/vaaeagles>



<http://twitter.com/vaaeagles>

Baseball

Football

Track

Basketball

Soccer

Volleyball

Lacrosse

Softball

Wrestling

Cross Country

Tennis



*Check out our Traveling
and In-House Programs!*

WWW.EVAASPORTS.ORG

Love Sports? Have Fun And Play With EVAA!

Baseball

Cross Country Skiing

Lacrosse

Track & Field

Basketball

Dakota Rev

Soccer

Volleyball

Cross Country Running

Football

Softball

Wrestling

Eastview Hockey Assn.

Tennis

evaa-admin@evaasports.org | P.O. Box 240392 Apple Valley, MN 55124