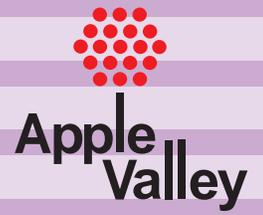


HEALTHY PARKS HEALTHY PEOPLE



WINTER 2013

CITY OF APPLE VALLEY PARKS & RECREATION



SKATING LESSONS AND ARENA INFO
pages 4-5

www.cityofapplevalley.org
952.953.2300

HEALTHYPARKS HEALTHYPEOPLE

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

Apple Valley Parks & Recreation Staff

ADMINISTRATION

Parks and Recreation Director Vacant
 Recreation Superintendent Scott Breuer
 Recreation Supervisor - Seniors Bill Bird
 Recreation Supervisor - Programs Marcie Padgett
 Recreation Supervisor - Aquatics Steve Skinner
 Recreation Supervisor - Athletics Lyndell Frey
 Department Assistant Dorene Perkins Monn
 Clerical Assistant Eva Lageson
 Clerical Assistant Debra Shepard
 Parks Superintendent Tom Adamini

PHONE: 952.953.2300 • FAX 952.953.2306

VALLEYWOOD GOLF COURSE AND PARK

Manager – P.G.A. Professional Jim Zinck
 Recreation Supervisor – P.G.A. Professional Matthew Bilek

PHONE: 952.953.2323 • FAX 952.953.2319

SPORTS ARENA

(Attached to the south side of Apple Valley High School)

Arena Manager Gary Pietig

PHONE: 952.953.2366 • FAX 952.431.8246

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)

Arena Manager Gary Pietig

PHONE: 952.953.2365

TEEN CENTER

14255 Johnny Cake Ridge Road

The Parks and Recreation Department Headquarters is located at:

Apple Valley Community Center
 14603 Hayes Road • Apple Valley
www.cityofapplevalley.org

PHONE: 952.953.2385

HOURS OF OPERATION

Administration: (weekdays) 8:00am-4:30pm

Apple Valley Community Center:

Monday - Friday 8:00am - 10:00pm

Saturday 8:00am - 7:30pm

Sunday 12 noon - 7:30pm

*The Community Center will be open until 9:00pm on Saturdays from December 15 through February 16

Holidays

Christmas Eve Dec. 24 9:00am - 2:00pm

Christmas Day Dec. 25 CLOSED

New Year's Eve Dec. 31 8:00am - 7:30pm

New Year's Day Jan. 1 12:00pm - 7:30pm

Monday, January 21 9:00am - 10:00pm

Monday, February 18 9:00am - 10:00pm

Information/Weather Phone Hotline

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at anytime for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

- Press 1: Weather Line
- Press 2: AVCC Open Gym Schedule
- Press 3: Aquatic Programs
- Press 4: Adult Athletics
- Press 5: Arena Programs
- Press 6: Seasonal Programs & Special Event

Apple Valley Parks and Recreation Mission Statement

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

Frequently Called Community Phone Numbers

Apple Valley Parks & Recreation Hotline ...	952-953-2399
Apple Valley Community Center.....	952-953-2300
Apple Valley Municipal Center	952-953-2500
Apple Valley Senior Center	952-953-2345
Apple Valley Teen Center	952-953-2385
Apple Valley Sports Arena	952-953-2366
Apple Valley Hayes Arena	952-953-2365
Dakota County Parks Info Line	952-891-7000
VAA (Valley Athletic Association).....	952-432-5618
EVAA (Eastview Athletic Association)	952-985-3830
ISD 196 Community Education	651-423-7722

On-Line Registration

Register for parks & recreation programs, classes or lessons at any time! Go to : www.cityofapplevalley.org, and then select the "Recreation" heading and select "Online Registration." Users will need to set up an account, which will be used for all future registrations. Each family member should be listed on the same account, and can be easily added at a later date. Set up your account now!

2013 Mid-Winter Fest

February 2-3, 2013

The 35th Annual Apple Valley Mid-Winter Fest is on its way! The 2013 Mid-Winter Fest promises to be even better! Don't forget to buy your official button, available starting January 15th at the following: Apple Valley Community Center, Ice Arenas, Liquor stores and Teen Center. Buttons are \$2.00 in advance or \$3.00 during the celebration. 2013 Mid-Winter Fest buttons will be required for admission to most events. Call (952) 953-2300 or visit www.cityofapplevalley.org for additional and updated information.

Tentatively, the following activities will be held throughout the celebration –

- Medallion Hunt
- Contest Prizes
- Refreshments
- Food Shelf Donations
- Open Ice Skating

Saturday, February 2

- Snow Softball Tournament*
- Face Painting Artist
- Games of Chance & Skill
- Bingo
- Cotton Candy
- Cribbage Tournament
- Ice Fishing (equipment and instruction provided)
- Adult Boot Hockey Tournament
- Indoor Mini Golf
- Inflatable Jumpers
- Chicken Wing Eating Contest
- Pie Eating Contest
- Wii Bowling Contest
- Musical Performance by Michael Monroe
- DJ Dance Party at Teen Center (Gr. 6-9)

Sunday, February 3

- Women's Indoor Volleyball Tournament*
- Co-Rec Indoor Volleyball Tournament*
- Cross Country Skiing (equipment and lessons provided)
- Snowshoeing (equipment and lessons provided)
- Indoor Ice Skating Party
- Hot Dog Roast
- Open Snow Tubing
- Super Bowl Party at Teen Center
- And a whole lot more!

*Registration details at www.cityofapplevalley.org

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Mid-Winter Fest 2013 Youth Button Design

Contest For Children in grades K-12.

Applications available from December 1-15. Application available at www.cityofapplevalley.org or by calling 952-953-2300



HEALTHYPARKS HEALTHYPEOPLE

Indoor Sports Arena

Apple Valley High School
14452 Hayes Road, Apple Valley, Phone: (952) 953-2366

Indoor Ice Skating Lessons

Saturday Classes: January 5 - February 23

Monday Classes: January 7 - February 25

The Program: The program is geared toward the recreational skater of all ages and skill level. Skaters will be evaluated throughout the season to determine if they are ready to advance. Our program consists of a maximum 12:1 student/instructor ratio to insure quality instruction except for the Pre-Beginner level which is set at an 8:1 ratio.

Costs: Unless otherwise noted, each level will be \$75 per skater which includes eight half-hour lesson/practices.

Requirements: We STRONGLY recommend that all skaters in the Pre-Beginners classes wear helmets; gloves and snow pants are required for Pre-Beginners. Freestyle skaters should wear form-fitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves and double runner skates are not permitted.

What Class Does My Skater Sign Up For?

If your Skater is 3 or 4 years old and has never skated before, you should sign up for the Pre-Beginners class. If you have previously skated in our program and are not sure what class to register for, inquire by e-mail at tpatterson@ci.apple-valley.mn.us

Please Note: There are no age requirements for levels except Pre-Beginners ages 3-4. No exceptions.



Apple Valley Learn to Skate Program

Levels

PreBeginners

Designed for ages 3-4 years old with little or no skating experience.

Beginners:

(Levels 1-4):

Designed for ages 5 and older with little or no skating experience up to those who can skate forward and backward. We will work on forward and backward skating and stopping.

Advanced Beginners A

(Levels 1-3):

Designed for those who have passed all four levels of beginners. This curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins and crossovers.

Advanced Beginners B

(Levels 4-6):

Designed for those who have passed the Advanced Beginners 3 or equivalent skills. This curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Freestyle:

This is the beginning of free style figure skating.

Pre-Hockey:

Designed for the beginning hockey player who needs to develop skating skills before playing hockey and to help with the skating skills at the Mite level.

Advanced Pre-Hockey:

Designed for the hockey player with skating experience to better develop skills for the game. This class is skating skills only, no hockey will be played.

Adults: For all ability levels

Power Edge

This class is designed for the figure skaters to build strength and power while learning the proper edge technique and skating form.

Private Lessons (Beginners & Up):

Individual skater instruction. Skaters will have a 15 minute private one-on-one lesson and a 45 minute practice each week. Cost for private lessons is: \$110.

Saturday Morning Classes

Apple Valley Sports Arena

January 5 - February 23

LEVEL	LESSON	PRACTICE
Private Lessons	8:00-8:30am	8:30am
Advanced Beginner B	8:00-8:30am	8:30am
Pre-Beginner	8:30-9:00am	8:00am
Beginners	8:30-9:00am	8:00am
Advanced Beginner A	8:30-9:00am	8:00am
Pre-Beginner	9:15-9:45am	9:45am
Beginner	9:15-9:45am	9:45am
Pre-Beginner	9:45-10:15am	9:15am
Beginner	9:45-10:15am	9:15am
Advanced Beginner A	9:45-10:15am	9:15am
Pre-Beginner	10:30-11:00am	10:00am
Beginner	10:30-11:00am	10:00am
Pre-Hockey	10:30-11:00am	10:00am
Advanced Pre-Hockey	10:30-11:00am	10:00am
Pre-Beginner	11:00-11:30am	10:30am
Beginner	11:00-11:30am	10:30am
Advanced Beginner A	11:00-11:30am	10:30am

Monday Evening Classes

Apple Valley Sports Arena

January 7 - February 25

LEVEL	LESSON	PRACTICE
Beginner	7:15-7:45pm	7:45pm
Advanced Beginner A	7:45-8:15pm	7:15pm
Advanced Beginner B	7:45-8:15pm	7:15pm
Adults	7:45-8:15pm	7:15pm
Freestyle	8:15-8:45pm	7:45pm
Power Edge	8:45-9:15pm	

NOTE: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first then lesson or lesson first then practice.)

Indoor Public Skating:

Apple Valley Sports Arena

Wednesday: 7:15-8:45pm • Sunday: 3:30-5:00pm

Cost: \$4 per person

SKATE SHARPENING: \$4

SKATE RENTAL: \$2

Outdoor Skating Rinks

Warming House Operation Hours

Weather Permitting, rinks will open Saturday, December 15.

Rinks close Monday, February 18.

REGULAR HOURS

	Weekdays	Saturdays	Sundays
Community Center	4:00 - 9:00pm	10:30am - 9:00pm	Noon-7:00pm
Apple Valley East	4:00 - 8:00pm	10:30am - 9:00pm	Noon - 7:00pm
Delaney	4:00 - 8:00pm	10:30am - 9:00pm	Noon - 7:00pm
Galaxie	4:00 - 9:00pm	10:30am - 9:00pm	Noon - 7:00pm
Hagemeister	4:00 - 8:00pm	10:30am - 9:00pm	Noon - 7:00pm
Huntington	4:00 - 9:00pm	10:30am - 9:00pm	Noon - 7:00pm
Teen Center	4:00 - 9:00pm	10:30am - 9:00pm	Noon - 7:00pm
Valley Middle	4:00 - 8:00pm	10:30am - 9:00pm	Noon - 7:00pm

HOLIDAY/SPECIAL HOURS

(If not listed, normal hours apply)

Conferences, February 8, 10:30am - 9:00pm

President's Day, February 18, 10:30am - 9:00pm

Weather related rink closures and early closings - will be posted on www.cityofapplevalley.com and on the weather hotline (Dial 952.953.2399 - Dial 6 - Dial 1) up to one hour prior to house openings. Rinks may close if temperatures soften the ice or if wind chill temperature reaches -20 degrees or if one inch of snow accumulates on the ice surface. One inch or more snow fall may take up to 48 hours to clear the rinks.

Outdoor Skating Rinks Sites

*Key: H = Hockey / P = Pleasure Skate; (warminghouse)

Apple Valley Community Center; 14603 Hayes Road; 3H, 1P (WH)

Apple Valley East; 15335 Dodd Boulevard; 1H, 1P (WH)

Apple Valley Teen Center 14255 Johnny Cake Ridge Road; 2H, 1P (WH)

Belmont; 118 Belmont Road; 1P (No)

Briar Oaks; 12275 Safari Pass; 1P (No)

Delaney; 4745 - 147th Street West; 1H, 1P (WH)

Faith; 15539 Ferris Avenue; 1P (No)

Galaxie; 13900 Galaxie Avenue; 1H, 1P (WH)

Hagemeister; 13000 Johnny Cake Ridge Road; 1H, 1P (WH)

Huntington; 12960 Diamond Path; 1H, 1P (WH)

Heritage; 12852 Hamlet Avenue; 1P (No)

Pennock; 15445 Pennock Avenue; 1P (No)

Valley Middle; 900 Garden View Drive; 1H, 1P (WH)

HOCKEY PLAY is NOT ALLOWED ON PLEASURE RINKS



HEALTHYPARKS HEALTHYPEOPLE

Youth Activities

Holiday Parties for Tots

Ages 2 1/2-6

"Crafty Christmas" Party: Friday, December 14

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

"Happy Hearts" Party: Friday, February 8

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

"St. Pat's Hats" Party: Friday, March 15

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

"Bunny Brunch" Party: Friday, March 29

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

\$7 per session

Apple Valley Community Center

Min. 8 Max. 18 per session

REGISTRATION DEADLINE: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff

Celebrate the upcoming Winter & Spring Holidays at our special parties just for TOTS! Games, crafts, stories, and treats related to the holiday will be featured at our parties. Be a part of the holiday happenings! Pre-registration by the deadline is required. Parents can stay, but it is not required—if parents do stay; please DO NOT bring additional younger siblings along.

"Tot's Day of Fun" for Mom's on the run!

Ages 3-6

Mondays, 9:00am-12:00pm

Session 1: **January 7, 14, 21, 28**

Session 2: **February 4, 11, 18, 25**

Session 3: **March 4, 11, 18, 25**

Wednesdays, 12:30-3:30pm

Session 4: **January 9, 16, 23, 30**

Session 5: **February 6, 13, 20, 27**

Session 6: **March 6, 13, 20, 27**

\$42 per child per session of 4 dates

Apple Valley Community Center

\$12 per child per each date drop in fee payable at the AVCC

on the date of class. Call 952-953-2300 for availability per date.

(Priority will be given to those who register for the entire session)

Min. 5 Max. 10 per session and per each date

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff

Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym time, a snack, and even a short "quiet time". The activities are designed for your tots, the class is designed for parent's 'on the run', who need that little bit of extra time for errands, or just to relax! Our Instructors will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities. Lots of fun for all tots! Parents do not stay for this class! Children must be potty-trained to participate.

SIGN UP FOR BACK-TO-BACK CLASSES

on Tuesdays and have fun all morning long! OR Pick one of the fun classes listed below!

(Note: The Instructors will provide an extra activity, at 10:15am-10:30am for those who take both classes.)

Little Scientists **NEW!**

Ages 3-6

9:00-10:15am for all sessions

Session 1: **Tuesdays; January 8, 15, 22**

Session 2: **Tuesdays; January 29; February 5, 12**

Session 3: **Tuesdays; February 19, 26; March 5**

Session 4: **Tuesdays; March 12, 19, 26**

\$14 per session of 3 dates

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff

An opportunity for children to learn while getting messy, and parents do not need to clean up afterwards! Each day is a new "little scientist" experiment, plus a sticky snack to eat. Please send your child dressed to get messy! Please indicate any food/ingredient allergies that your child has so we can adjust accordingly. Science fun for everyone! Parents do not stay for this class and participants must be potty trained to sign up for this program!

(NOTE: We will accept Drop-Ins for each date, for a fee of \$5 paid at the front desk of the AVCC, on the day of class only. Call for availability at 952-953-2300)

Critter's Club

Ages 2 1/2-6

Session 1: 1:00-2:30pm

Mondays; January 7, 14, 21, 28; February 4, 11

Session 2: 10:30am-12:00pm

Tuesdays; January 8, 15, 22, 29; February 5, 12

Session 3: 1:00-2:30pm

Mondays; February 18, 25; March 4, 11, 18, 25

Session 4: 10:30am-12:00pm

Tuesdays; February 19, 26; March 5, 12, 19, 26

\$26 per session of 6 dates

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: Apple Valley Parks and Recreation Department Staff

Our recreation program, just for TOTS! Our objective is to provide a fun, active and enjoyable program in an accepting atmosphere. Emphasis will be placed on ensuring each child's self-confidence and enjoyment. Songs, crafts, games, fun projects, snacks and stories will all be included in our sessions. Parents do not stay for this class and participants must be potty trained to sign up for this program!

Little Chefs “Healthy Cooking and Creative Eats” for Tots

Ages 3-6
 Session 1: **Friday, January 11**; 11:15am-12:30pm
 Session 2: **Friday, February 15**; 11:15am-12:30pm
 Session 3: **Friday, March 1**; 11:15am-12:30pm
 \$7 per session
 Apple Valley Community Center
 Min. 8 Max. 18 per session
REGISTRATION DEADLINES: Please register at least one week prior to the start
Instructors: Apple Valley Parks and Recreation Department Staff
 Fun cooking classes featuring healthy foods and snacks for preschoolers! We will learn new recipes each session! Each “Little Chef” will take home a recipe book of all recipes that they have learned that session. Parents do not stay!

Time for Story Art

Ages 3-6 and a parent
 Session 1: **Wednesday, January 9**; 9:30am-11:00am
 Session 2: **Wednesday, February 6**; 9:30am-11:00am
 Session 3: **Wednesday, March 6**; 9:30am-11:00am
 \$4 each per session
 Apple Valley Community Center
 Min. 3 Max 8 per session
REGISTRATION DEADLINE: Please register at least one week prior to each class
Instructor: Kristy Hemphill
 Time for Story Art is a class designed to help your little ones bring the joy of books to life! The instructor will read a story, the children will then participate in art activities right from the book. They will be able to use their creativity to bring their favorite parts of the stories into reality. Parents are required to stay and help their child explore and create. Children will make 5 story crafts as well as help create their own story themed snack. The stories this session will include Shanna’s Animal Riddles, The Very Hungry Caterpillar and If you Give a Mouse a Cookie. Hope to see you there; we are going to have a blast!!



Preschool Fun and Games

Ages 3-6
 Session 1: **Wednesday, January 16**
 9:30-11:00am
 Session 2: **Wednesday, February 20**
 9:30-11:00am
 Session 3: **Wednesday, March 13**
 9:30-11:00am
 \$4 per child per class; Apple Valley Community Center
 Min. 4 Max 15 per session
REGISTRATION DEADLINE: Please register one week prior to each class
Instructor: Kristy Hemphill
 Fun and Games is designed for little ones to enjoy themselves through organized play. We’ll have large and small group games that challenge the mind as well as the body, both indoors and outside. Participants must be potty trained. Bring a water bottle as we will work up a thirst!

Super Siblings

Ages 5-7 and a sibling ages 10-12
Monday, January 21; 10:00am–2:00pm
 \$10 per sibling pair; \$5.00 per additional sibling
 Apple Valley Community Center
 Min. 4 Max. 10 pairs
REGISTRATION DEADLINE: January 7
Instructor: Kristy Hemphill
 School is out and your kids are bored, I get it. Here is a day of fun where your older and younger kids can spend some time together. You need at least one older sibling and no more than 2 younger siblings to attend this class. The older sibling will be helping the younger ones complete crafts and play games. They will make a meal together and eat together while enjoying a movie. Quality time at its best!

Animals in Winter

Ages 3-6
Friday, January 18; 10:30am-11:45am
 \$5 each; Apple Valley Community Center
 Min. 5 Max. 10
REGISTRATION DEADLINE: January 11
Instructor: Linda Runeborg
 Brrrrr.....it’s cold! What do our animal friends do during the winter? Find out in this class—using experiments, crafts, and even cookies! Learn how to track stuffed animals back to their hibernaculum. Discover the secret of frog blood! Please bring to class a small to medium stuffed bear who needs to hibernate! Parents do not stay.

HEALTHYPARKS HEALTHYPEOPLE

Youth Activities

Super Hero Celebration **NEW!**

Ages 3-6

Wednesday, January 30; 9:30–11:00am
\$4 per person; Apple Valley Community Center
Min. 5 Max 10

REGISTRATION DEADLINE: January 23

Instructor: Kristy Hemphill

Up, up and away...join us for a super-duper super hero day! We will have a great time making crafts and playing games for both sides, the good guys and the bad guys. Enjoy masks and capes, adventures and fun, along with a healthy snack for energy and healthy bodies. Parents do not stay

Hot Wheels Club **NEW!**

Ages 5-7

(DAY OFF SCHOOL today!)

Thursday, February 7; 1:00-2:15pm
\$5 each; Apple Valley Community Center
Min. 5 Max. 10

REGISTRATION DEADLINE: January 31

Instructor: Linda Runeborg

Do you have a passion for Hot Wheel cars? Join your fellow Hot Wheels car enthusiasts for lots of FREE PLAY FUN with all sorts of Hot Wheels. Plus, a Hot Wheel car craft, and some awesome Hot Wheels races! Bring your very fastest Hot Wheel car to class for this race and see how you do! (Please bring only 1 Hot Wheel car to class and label your car with your name). All participants will receive a race ribbon following the races! Parents do not stay.

Feathered Friends

Ages 3-6

Friday, February 22; 10:30-11:45am
\$5 each; Apple Valley Community Center
Min. 5 Max. 10

REGISTRATION DEADLINE February 15

Instructor: Linda Runeborg

Who are these birds that come into our yard? Find out the 3 secrets to luring the birds to your yard. Through games, songs and actual bird call recordings, learn the names of Minnesota birds, where they live and what they eat. Each participant will make a bird ID booklet to take home. Parents do not stay.

Creepy, Crawly Bugs! **NEW!**

Ages 3-6

Wednesday, February 27; 9:30–11:00am
\$4 per person; Apple Valley Community Center
Min. 5 Max 10

REGISTRATION DEADLINE: Please register at least one week prior to class

Instructor: Kristy Hemphill

Do you like bugs...all kinds of bugs? Do you like crafts and games and snacks and fun? If so then you won't want to miss this creepy, crawly class. All of our activities will focus on bugs, insects and all those creepy, crawly, many legged creatures. Buzz in and register today! Parents do not stay.

"Who Done It?" – Junior Detectives **NEW!**

Ages 5-7

(DAY OFF SCHOOL today!)

Friday, March 8; 1:00-2:15pm
\$5 each; Apple Valley Community Center
Min. 5 Max. 10

REGISTRATION DEADLINE: March 1

Instructor: Linda Runeborg

Help solve the case of the missing toys! Learn how to analyze fingerprints, inks, footprints, and other clues to catch the person "who did it"! If you are successful in solving the crime, you will be awarded the JUNIOR DETECTIVE CERTIFICATE. When arriving to class, DO NOT cross the crime scene tape! Parents do not stay.

A Year of Fun **NEW!**

Ages 3-6

Wednesday, March 20; 9:30–11:30am
\$4 per person; Apple Valley Community Center
Min. 5 Max 10

REGISTRATION DEADLINE: March 13

Instructor: Kristy Hemphill

We are so lucky to enjoy so many great holidays and experience such a variety of seasons each year—why not celebrate it? Make craft projects and play games based on every month of the year. There will be a little bit of everything going on in this class; it's one you won't want to miss! Parents do not stay.



Chugga Chugga Choo Choo

Ages 3-6

Friday, March 22; 11:00am-12:30pm

\$7 each; Apple Valley Community Center

Min. 8 Max. 14

REGISTRATION DEADLINE: March 15

Instructor: Linda Runeborg

All aboard! Join our trip into the world of trains and find out how trains help us, how they run, and what types of cargo they carry. A "Model Train Engineer" will bring his trains to help us learn. Each participant will also make some 'train crafts' to take home, to remind them of this fun day! Parents do not stay.

High Reach "Prancers"

Ages 3-6

Wednesdays, January 9, 16, 23, 30; February 6

6:00-6:45pm

\$35 for all 5 dates; Apple Valley Community Center

Min. 8 Max. 14

REGISTRATION DEADLINE: January 2

Instructor: Reach Education Solutions Staff

Grab your tutus and learn the basics of ballet! We will combine technique and fun music and wrap it up in a performance for all to see! Parents do not stay.

High Reach "Prance On" **NEW!**

Ages 3-6

Wednesdays, February 13, 20, 27; March 6, 13

6:00-6:45pm

\$35 for all 5 dates; Apple Valley Community Center

Min. 8 Max. 14

REGISTRATION DEADLINE: February 6

Instructor: Reach Education Solutions Staff

Ballerinas, who says our dancing time is over? Let's keep the fun going as we learn more simple ballet techniques and an all new routine! C'mon PRANCERS! Let's DANCE ON as we PRANCE ON! Parents do not stay.



KinderSTART **NEW!**

Ages 3-6

Tuesdays:

5:45-7:45pm; \$35 for all 4 dates

Session 1: **January 8, 15, 22, 29**

Session 2: **February 5, 12, 19, 26**

Session 3: **March 5, 12, 19, (NO 26); April 2**

Apple Valley Community Center; 14603 Hayes Road

Mondays, Wednesdays, Fridays:

9:30am-12:00pm; \$99 for all 12 dates

Session 4: **January 7 - February 1**

Session 5: **February 4 - March 1**

Session 6: **March 4 - April 5 (NO 25, 27, 29)**

"REACH with Me" Center; 15322 Galaxie Avenue; #112;

952-435-6266

Min. 7 Max. 14 for Sessions 1 & 4

Min. 4 Max. 7 for Sessions 2, 3, 5, 6

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructors: REACH Education Solutions Staff

Ready...set...WAIT! Is your little one going to kindergarten soon? Will they make new friends? Do they know their letters, numbers and shapes? Do they have anxiety? (Maybe you do too!) We'll get your little one REVIVING to go to with fun games and activities that will put your mind at ease! Kids will also bring home some cool activities that you can do together at home. Add some music and fitness to our social mix, and we'll get your little one (and you!) to the FINISH LINE in no time! Children must be potty trained, and parents do not stay for this class.

Winter "Musical Safari"

Parent/Child Pre-School Music & Movement

Ages 18 months.-6 years and a parent.

Tuesdays, February 12, 19, 26; March 5, 12, 19

Session 1: 10:00-10:45am

Session 2: 11:00-11:45am

\$60 per Parent/Child Pair; \$40 per additional sibling, for all 6 dates of the session

Apple Valley Community Center

Min. 3, Max. 6 pairs per session

REGISTRATION DEADLINE: February 5

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, go on a Musical Safari with your child! Each class will focus on a different theme (Valentine's Day, St. Patrick's Day, or animals, colors, letters, numbers, etc.) During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!

HEALTHYPARKS HEALTHYPEOPLE

Music Together Early Childhood Music Program for parents/caregivers & children

Children, birth-5 years with a parent or caregiver

Sundays:

January 20, 27; February 3, 10, 17, 24; March 3, 10

Session 1: 4:00-4:45pm

Session 2: 5:00-5:45pm

Wednesdays:

January 23, 30 February 6, 13, 20, 27; March 6, 13

Session 3: 10:15-11:00am

Session 4: 11:15am-12:00pm

Thursdays:

January 24, 31; February 7, 14, 21, 28; March 7, 14

Session 5: 10:15-11:00am

Session 6: 11:15am-12:00pm

\$149 per Adult-Child Pair for the 8-week session; \$79 per additional child; Siblings 8 months & younger are FREE with paid sibling (free sibling must be born after 5/20/12)

Apple Valley Community Center; 14603 Hayes Road

Min. 3 Max. 6 per each session

The Apple Valley Parks and Recreation Department and the District 196 Community Education Department each have six spaces out of the twelve spaces allotted for each class, so you can register with either agency. If the Parks and Recreation spots are full, there may be more space available with Community Education at <https://district196.thatscommunityed.com> (click on: "Course", then on "Youth", then on "Music").

Registration Deadline: Monday, January 14

Instructor: "Music Together" Instructor, Laurie McFaul

Share the joy of making music! Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting. Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical. They can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's - one for home and one for on-the-go. Music Together in the Valley, directed by Clarice Auluck-Wilson, Ph.D.; visit www.musictogetherclasses.com

Music Together Demonstrations

TRY A **FREE** DEMO "Music Together" CLASS. Experience the joy of making music! Only 1 DEMO class per family; register your child(ren) only. This DEMO Class is for those interested in checking out this music program!

All DEMOS are held at the Apple Valley Community Center; 14603 Hayes Road.

Space is limited, so register soon.

Session A: **Sunday, January 13;** 5:00-5:45pm

Session B: **Wednesday, January 16;** 10:15-11:00am

Session C: **Thursday, January 17;** 10:15-11:00am

Max. 6 pairs per each FREE DEMO only!

Little Ninjas Introductory Classes: "Intro to Martial Arts" for youngsters

Ages 4-6

Session 1: 6:00pm-6:30pm

Mondays, January 14, 21, 28; Feb. 4

Session 2: 6:00-6:30pm

Wednesdays, January 23, 30; February 6, 13

Session 3: 10:15-10:45am

Saturdays, February 9, 16, 23; March 2

\$25 per session for the 4 dates, includes a uniform

Classes are held at MN Valley Martial Arts; 14050 Pilot Knob Rd, #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

The Little Ninja program will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games. Parents are able to stay and observe the classes. This is an introductory offer, continuing classes will be offer through MN Valley Martial Arts.

NOTE – Our classes are set up as "ONE-TIME Introductory Classes", which will allow the child to experience one 4-week series of Martial Arts Classes without a huge commitment, to see if he/she enjoys the classes. After the 1st Introductory Class, additional classes can be scheduled at the MN Valley Martial Arts Studio. ONLY ONE Introductory class per each child please!



Ages 2-5 and a parent or adult

Abrakadoodle is a special art program developed for children age 2-5. Our fabulous winter 2013 session is filled with new projects and art lessons led by our fabulous teachers! Children will develop their creativity through imaginative lessons in our unique classes. Each lesson introduces children to new techniques and artist's styles. Children will create unique masterpieces using tempera paints, markers, oil pastels, clay and other art materials. Most projects are framed. In our fun winter sessions we will once again have all new lessons.

Min. 3 Max. 6 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructors: Abrakadoodle Art Enrichment Staff

"Art for Little Doodlers" – Session 1

Saturdays, January 19, 26; February 2, 9; 9:30-10:15am
 \$59 for 1st child for all 4 dates; \$49 for an additional child;
 Greenleaf Elementary, 13333 Galaxie Avenue
 In "Little Doodler's Art Camp" 1, kids will use torn papers to make a picture, learn how to mix secondary colors while making a colorful ice cream cone, create a mouse collage, and much more. Abrakadoodle introduces children to a wide variety of art materials and art techniques.

"Art for Little Doodlers" - Session 2

Saturdays, February 23; March 2, 9, 16; 9:30-10:15am
 \$59 for 1st child for all 4 dates; \$49 for an additional child;
 Greenleaf Elementary, , 13333 Galaxie Avenue
 "Little Doodler's Art Camp" - Session 2 will include a special oil pastel lesson, sculpting coil baskets or pots, painting flower pots with clay flowers and more. Come join us for some art-rageous fun.

Abrakadoodle "Gift Making Camp"

Ages 4-9

Saturday, December 15; 9:00am-12:00pm
 \$45 per 1st child registered; \$40 for additional sibling
 Greenleaf Elementary , 13333 Galaxie Avenue
 Min. 3 Max. 10

REGISTRATION DEADLINE: December 7

Instructors: Abrakadoodle Staff

Do you want to make some fun gifts for the holidays, and get a jump start on your holiday gift making? In this fun camp, we will decoupage a flower vase, paint a colorful canvas, and make holiday ornaments, perfect gifts for those on your list! Plus, we'll make gift wrap and gift boxes for your gifts. This camp gives your mom and dad a chance to drop off the kids and do some holiday shopping and preparation of their own.

Science Explorers Classes for Tots

Ages 3 ½ - 6

Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. They believe science sparks wonder and imagination in children and allows them to use their natural curiosity for discoveries. Science Explorers' activities challenge children by providing a different hands-on activity each week, and encouraging them to try different solutions. Science Explorers is dedicated to helping children learn about their world through science

Min. 3 Max. 5 per class

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructors: Science Explorer's Staff

Kitchen Science

Thursdays, January 24, 31; February 7, 14

10:00-11:30am

\$55 includes all 4 dates

Apple Valley Community Center

Our kitchens can be an amazing science lab. Join Science Explorers as we experiment with ingredients you can find in your kitchen. We will experiment with mixtures that fizzle, pop and stretch while learning about chemistry through solids, liquids and gasses. Then investigate biology and physics with bread, bubbles and sticky bricks. Be sure to dress so you can get messy. Note: Corn, wheat and dairy may be used in this class, but not consumed.

Amazing Animals around the World **NEW!**

Thursdays, February 21, 28; March 7, 14

10:00-11:30am

\$55 includes all 4 dates; Apple Valley Community Center
 Join Science Explorers as we travel the world visiting all 7 continents, along with a dip into the surrounding oceans, to discover their most amazing and unique animals. Our adventure will have you hopping along, climbing steep cliffs, ducking for cover, and more through stories, games and art projects.

HEALTHYPARKS HEALTHYPEOPLE

Personalized Letters from Santa Claus

Ages 3-10

Letters to be mailed by December 14

\$4 per letter mailed

REGISTRATION DEADLINE: December 3

Children love to receive mail, especially from Santa Claus! To add your child's name to Santa's list, register with the Apple Valley Parks & Recreation Department at the Apple Valley Community Center. To assist Santa in composing his letter, a special registration form will need to be filled out. The following information will be requested: Child's full name and nickname; child's age; boy or girl; city that he/she will be in on Christmas morning; address to send the letter to; names of other family member; items that the child will definitely be receiving from Santa; child's favorite activities/hobbies; others who Santa should say "Hi" to; and any special messages that you would like added.

Young Rembrandt's Winter 2013 "Magnificent Drawings" Class

Ages 6-12

Tuesday, February 5, 12, 19, 26; March 5, 12;

6:30-7:30pm

\$59 per session; Apple Valley Community Center

Min. 6 Max. 20

REGISTRATION DEADLINE: January 29

Instructor: Young Rembrandt's Staff

Encourage your elementary student's enthusiasm for art and help develop their drawing skills with a Young Rembrandts drawing class. Your student will learn the concept of Still Life drawings, as well as exploring color with our lessons.

KIDCREATE STUDIO Art Classes & Camps for TOTS & YOUTH!

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged.

Instructors: Kidcreate Staff

MOMMY & ME CLASSES: Valentine's Day Craft Party **NEW!**

Ages 18 months-6 years & a parent

Thursday, February 14; 9:00-10:00am

\$15 per parent/child; Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: February 7

Kids love Valentine's Day and so do we! Join us for a Valentine's Day story and craft making party! We'll create valentine cards, clay hearts and more. Say "I love you" with a homemade craft! Come create right along with your child, children must be accompanied by a caregiver.

Everyday Heroes **NEW!** Firefighters Art Class

Ages 18 months-6 years & a parent

Thursday, March 7; 9:30-10:15am

\$15 per parent/child; Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: February 28

Firefighters are brave and strong. They fight fires and keep us safe. They're everyday heroes! Plus, they drive a really awesome truck! Join us as we create a cool painting of a fire truck that your little firefighter fanatic will love. Come and create right along with your child, children must be accompanied by a caregiver.

Breakfast with Santa Claus sponsored by McDonald's of Apple Valley

Ages 3-10 & parent(s)

Saturday, December 1

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per child per session; Apple Valley Community Center

Min. 20 Max. 50 youth per session only

REGISTRATION DEADLINE: November 19

Instructors: Apple Valley Parks and Recreation Department Staff & Santa Claus

All children 3-10 years old are invited to spend an hour with Santa Claus on Saturday, December 1st. Come to the Apple Valley Community Center where Santa will visit with you and your family while you enjoy special treats, sponsored by McDonald's of Apple Valley. Following breakfast, each child will take part in a variety of holiday activities, crafts, games, and have their picture taken with Santa. Parents, don't forget to bring your camera to take extra pictures.



Breakfast with the Bunny & Egg Hunt sponsored by McDonald's of Apple Valley

Ages 2-7 & parent(s)

Saturday, March 30

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per child per session; Apple Valley Community Center

Min. 20 Max. 50 youth per session only

REGISTRATION DEADLINE: March 18

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

All 2-7 year old children are invited to join the Easter Bunny on Saturday, March 30th for an Easter egg-stravaganza! We'll begin the morning with pictures with the Easter Bunny, plus juice and snacks from McDonald's of Apple Valley. Next is an outdoor (weather permitting) egg hunt for candy and prizes, done by age groups (2-3, 4-5, 6-7 years old). Afterwards, participants can enjoy a wide variety of activities including face painting/nail polishing, games, open gym, and craft projects. Register early!



Flashlight Egg Hunt & Easter Crafts/Coloring Contest

Ages 7-12

Tuesday, March 26; 7:15pm start

(Alternate RAIN DATE is Thursday, March 28)

\$9 each

Meet at the Redwood Community Center, Elm Drive & Co. Rd. 42

Min. 20 Max. 50

REGISTRATION DEADLINE: March 18

Instructors: Apple Valley Parks and Recreation Staff

Meet in the Redwood Community Center at 7:15pm (sunset is at 7:42pm) for some Easter crafts and a coloring contest, followed by an Egg Hunt with a bit of a challenge when the sun sets, for youth 7-12 years old. Bring your flashlight and a basket, the eggs will be hidden in the DARK! Join us for this unique egg hunt by moonlight and win some fun prizes too! Parents can stay to assist their child, as needed.

Easter Basket Delivery

Ages 2-7

Session 1: **Thursday, March 28;** delivery 12:30-3:30pm

Session 2: **Friday, March 29;** delivery 1:00-4:00pm

Session 3: **Saturday, March 30;** delivery 1:00-4:00pm

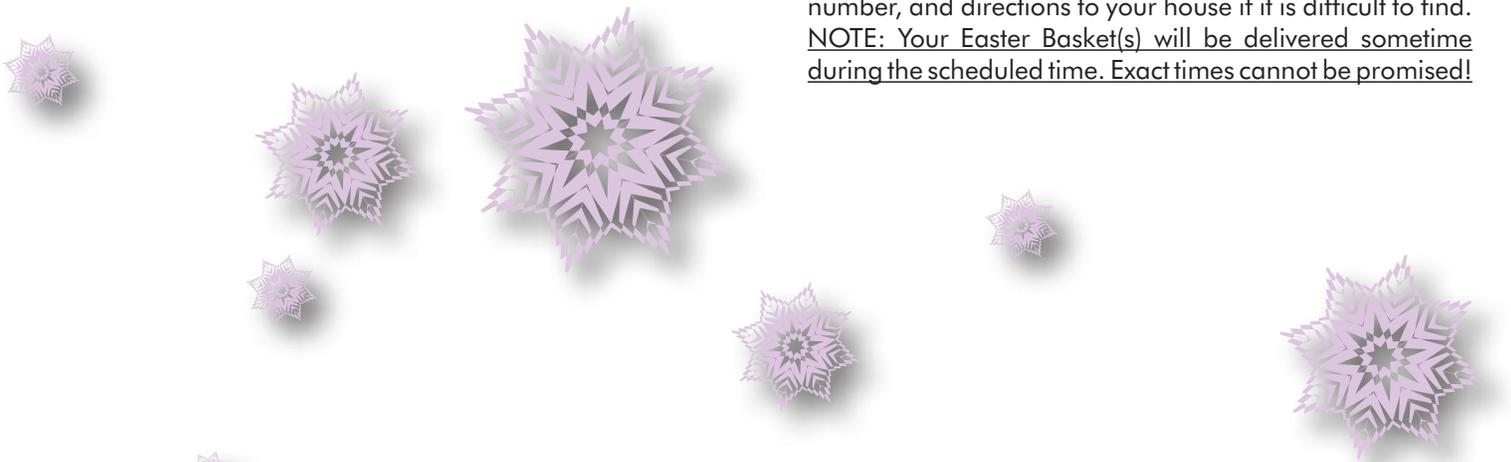
\$9 per Easter Basket delivered to your home.

Max. 35 baskets delivered per session only!

REGISTRATION DEADLINE: Monday, March 18

Instructors: Apple Valley Parks and Recreation Department Staff & Easter Bunny

The Easter Bunny will be hopping around Apple Valley with baskets full of goodies. Order an Easter Basket, to be delivered to your child(ren) by our Easter Bunny. This program is recommended for children ages 2-7, but additional baskets can be ordered for their older siblings as well. Please indicate your child(ren)'s name, age, gender, address (must be a 55124 zip code), phone number, and directions to your house if it is difficult to find. NOTE: Your Easter Basket(s) will be delivered sometime during the scheduled time. Exact times cannot be promised!



HEALTHYPARKS HEALTHYPEOPLE

Valentine Cards for School

Ages 7-11

Friday, January 25; 10:00-11:30am

\$9 per person; Apple Valley Community Center

REGISTRATION DEADLINE: January 14

Min. 4 Max 12

Instructor: Kristy Hemphill

Hey girls! Make a change – be different, don't buy a cookie cutter box of Valentine cards this year...make your own! Join us for a morning of Valentine card making fun where you will be able to make unique Valentine cards for everyone in your class, including your teacher. You will have a variety of card choices where you get to choose how many of each kind you make (includes the candy), all ready to take to school to deliver to your friends!

“Introduction to Martial Arts” Classes for youngsters

The objective of MN Valley Martial Arts is to provide a positive, exciting environment for our school-age students. The Introduction to Martial Arts Classes will enhance the development of basic good habits such as paying attention, following instructions, cooperating with others, and practicing self-discipline and control. Each class will begin with fun physical warm ups and basic martial arts moves, and will also include fun and engaging games! Parents stay and observe the classes.

NOTE: Our classes are set up as “ONE-TIME Introductory Classes”, which will allow the child to experience one 4-week series of Martial Arts Classes without a huge commitment, to see if he/she enjoys the classes. After the 1st Introductory Class, additional classes can be scheduled at the MN Valley Martial Arts Studio – ONLY ONE Introductory class per each child please!

Tae Kwon Do Beginners Class

Ages 7-15

Session 1: 5:15-6:00pm

Mondays, January 14, 21, 28; February 4

Session 2: 5:15-6:00pm

Wednesdays, January 23, 30; February 6, 13

Session 3: 10:15-11:00am

Saturdays, February 9, 16, 23; March 2

\$25 per session for the 4 dates, includes a uniform

Classes are held at the MN Valley Martial Arts; 14050 Pilot Knob Road #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Tae Kwon Do is not only a good physical workout, but you will enjoy other benefits of the discipline including respect, focus, self-control and more. The studio supplies the uniform and children receive a White belt upon course completion. Continuing classes are available through the studio. Come enjoy a family-friendly atmosphere.

Rainbow Connection

Ages 8-12

Monday & Tuesday, March 18 & 19; 6:00-7:30pm

\$10 per person; Apple Valley Community Center

Min. 4 Max 10

REGISTRATION DEADLINE: March 4

Instructor: Kristy Hemphill

Everyone loves a rainbow! We will be using the rainbow as our artistic inspiration. We will make a rainbow tie-dye shirt, air brush a rainbow pillow case and make a rainbow puffy paint shirt. Sounds great, right? Participants will need to bring 2 new white t-shirts, we will supply the rest. Hope to see you there!

Wushu Martial Arts for Kids

Ages 7-15

6:00-7:00pm for all sessions

Session 1: **Monday, January 14, 21, 28; February 4**

Session 2: **Wednesday, January 23, 30; February 6, 13**

\$25 per session for the 4 dates, includes a uniform.

Classes are held at the MN Valley Martial Arts; 14050 Pilot Knob Road #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructor: Scott Folke, Certified under Shifu Paul Fendos with the Korean Wushu Federation

Looking for something fun, different, and exciting to get you into great shape while learning a Martial Art? Wushu is all of that and more. This Martial Art has a long traditional history and has been adapted to become the most popular sport all over Asia. Wushu is finding it's following here in the US. Wushu develops dynamic leg and core strength along with giving you a great aerobic workout. This program is for the beginner to advanced levels. Come and enjoy a great workout!

"Tween Center" at the "REACH WITH ME" Center

Ages 9-12

Tuesdays 4:00-7:00pm

FREE Program

REACH with Me" Center

15322 Galaxie Avenue #112; 952-435-6266

Instructors: REACH WITH ME Staff

If you're not quite old enough to go to the TEEN CENTER yet, who says you can't have fun? Come hang out at the 'REACH With Me Tween Center' on Tuesdays. Bring your friends and watch movies, play games, and make fun treats! No cost-it's free!

Apple Valley Teen Center

14255 Johnny Cake Ridge Rd.

952-953-2385: www.cityofapplevalley.org

Teens in grades 6-12 reign exclusively over this unique facility, that is managed by Apple Valley Parks and Recreation Department.

Hours: (School Days)

Monday-Thursday 2:30-7:00pm (*2:30-9:00pm)

Friday 2:30-9:00pm

Saturday 1:00-9:00pm

Sunday 1:00-6:00pm (*1:00-7:00pm)

(*Hours when the Warming House for the Skating Rink is open.)

Hours: (School Holiday/Vacation Hours)

Monday-Thursday 2:30-7:00pm

Friday 2:30-9:00pm

Saturday 1:00-9:00pm

Sunday 1:00-6:00pm

Thanksgiving; Nov. 22 CLOSED

Christmas Eve Dec. 24 CLOSED

Christmas Day Dec. 25 CLOSED

Dec. 26, 27, 28, 31; Jan. 1 1:00-9:00pm

January 21, 25 1:00-9:00pm

February 7, 8, 18 1:00-9:00pm

March 25, 26, 27, 28, 29 1:00-9:00pm

April 26 1:00-9:00pm

May 27 1:00-9:00pm

What is there to do at the Teen Center?

- Guitar Hero • Birthday Parties • Pizza, Hot Pockets, Hot Chocolate • Watch Movies • PS3 • Xbox 360 • Wii • Ping Pong • Foosball • Air Hockey • Dances • Skateboard (April-October) • Gardening • N64 • PS2

Basketball and other outdoor sports equipment available
Various 'Special Event Days'; and ARTS Program/Special Events
Poetry and Rap Jams

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. Contact Marcie at mpadgett@ci.apple-valley.mn.us OR 952-953-2312 for more information and to book your party!

Decorate the Teen Center for the Holidays!

Grades 6-12

Saturday, December 1; 2:00-5:00pm

Come on over to the Teen Center on December 1st, and help decorate for the Holidays! Hot chocolate and other snacks will be provided to those who help!

Babysitter Training Course

Ages 11-17

Saturday, January 19; 9:00am-4:00pm

\$56 each & BRING YOUR OWN LUNCH

Apple Valley Community Center

Min. 7 Max. 10

REGISTRATION DEADLINE: January 11

Instructor: Ronna Johnson, Red Cross Certified Instructor

Students in our Red Cross Certified Course will learn the following:

- Interviewing Skills
- Overall safety
- Selecting the appropriate toys and games
- Handling emergencies
- Treating illnesses
- Basic First Aid
- Diapering, feeding and dressing babies
- Bed time procedures

NOTE: You must be 11 years old in order to become officially certified. The course fee includes instruction, a work book, DVD, and a take home kit.

Mid-Winter Fest DJ Dance

Grades 6-9

Saturday, February 2; 6:00-9:00pm

FREE!

A fun night of great music and dancing for all youth in Grades 6-9. Come out to the Teen Center and dance, dance, dance! Snacks will be provided.

Super Bowl Party

FREE!

All Teens Welcome

Sunday, February 3

4:30pm start

Munchies/Prizes/Contests/Fun!

HEALTHYPARKS HEALTHYPEOPLE

ADAPTED PROGRAMS FOR TEENS

Creative Christmas Gifts for your family & friends

Age 13 and older

Saturday, December 8; 9:00am-12:00pm

\$15 per person

Apple Valley Community Center; 14603 Hayes Road
Min. 5 Max. 10

REGISTRATION DEADLINE: November 30

Instructor: Linda Runeborg

Don't know what to give family and friends as holiday gifts? Take this opportunity to make your own truly personalized gifts. You will make three projects which can be given to the people you care about for Christmas. Have fun while you create great gifts for others! All gifts will be wrapped, and home-made cards made for each gift.

Movie Night & a Snack Night!

Teens

Session 1: **Sunday, January 20;** 5:00-8:00pm

Session 2: **Sunday, February 17;** 5:00-8:00pm

Session 3: **Sunday, March 17;** 5:00-8:00pm

\$5 per session; Teen Center, 14255 Johnny Cake Ridge Road

Min. 5 Max. 15 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Linda Runeborg

Come on out to the Teen Center on the 3rd Sunday of each month for our "Movie Night & a Snack". Each session, you will prepare a different fun snack to enjoy while you sit with your friends and watch a cool movie of your choice.

Social Dances for Teens with Disabilities

Friday, December 7 – HOLIDAY DANCE

Friday, January 4 – SNOW DAYS DANCE

Friday, February 1 – MID WINTER FEST DANCE

Apple Valley Teen Center behind Eastview High School

Dance 7:00 – 9:00pm

\$5 per Teen Participant in Advance / \$8 at the Door

Parents and PCAs Welcome. Refreshments and Music provided.

Family Activities

Little Sweetheart Fairytale Princess Ball A Daddy & Daughter Dance Event

Girls ages 3 – 12 years old & dad or male guest

Friday, February 15

5:30 – 8:00 pm, check-in begins 5:15 pm

REGISTRATION DEADLINE: Friday, January 25

\$30/couple (register under child's name and provide adult's name) \$10/each additional child

MAX: 18 couples

Eagan Community Center, 1501 Central Parkway, Eagan, 55121

Gowns, crowns and castles too, nothing short of a royal fairytale celebration will do. Join us for this most magical of moments with your little sweetheart at this year's enchanted fairytale princess ball. Girls along with their dad, uncle, grandfather or other male role model will enjoy dancing, fairytale activities, crafts and more. Girls dress in their favorite fancy dress or princess costume and men in dress-up attire. Don't forget your camera. This event fills up very quickly so please don't wait to register. Each year the theme changes so the event is always a new experience.

This event is hosted by S.O.R.R. (South of the River Recreators) consisting of the parks and recreation cities of Eagan, Rosemount, Farmington, Lakeville, Apple Valley, Burnsville & Savage.

Include in this special night:

- Fairytale themed invitation mailed to the adult to give to their girl one week prior to the Ball
- A free photograph keepsake - additional photos available for order for a fee onsite
- DJ and dancing to kid friendly tunes
- Decorating a valentine cookie snack
- Crafts
- Take home favor bag
- Light snacks & lemonade (we recommend eating dinner before coming)



“Cookies for Santa” Cookie Bake & Take

Family event

Saturday, December 15

Session 1: 9:00am start; Session 2: 9:30am start;

Session 3: 10:00am start

\$14 per family per session (for approximately 3-4 dozen cookies)

Apple Valley Community Center

Min. 1 family Max. 2 families per each session

REGISTRATION DEADLINE: December 7

Instructors: Apple Valley Parks and Recreation Department Staff

Spend some time on Saturday decorating cookies with your children for the upcoming holidays! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated “Cookies for Santa” or for your family! Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

Skate with Santa Claus

All ages welcome!

Sunday, December 16; 3:30-5:00pm

\$4 per person payable at the door for the Public Skating

Apple Valley Sports Arena-Apple Valley High School

14452 Hayes Road

Your chance to spend some time skating at the Apple Valley Sports Arena, with everyone’s favorite person, especially in December, Santa Claus! Skate with Santa during our regular scheduled Open Skating time on Sunday, December 16; 3:30pm-5:00pm. The cost is only \$4 per person for Open Skating, payable at the arena. There is no need to pre-register. Free apple cider and treats, Christmas music, and Christmas face painting will also be featured. Make this a ‘family event’ and bring everyone!

Explore the Cosmos

Family Event; Parents & children 5 and older

Friday, March 8; 7:30-9:00pm

(Make-up Date, if it’s cloudy: Friday, March 15)

\$20 per family; Apple Valley Community Center

Min. 4 Max. 10 families

REGISTRATION DEADLINE Friday, March 1

Instructor: Stephen Engel, educational background in physics, astronomy and computer science, with a lifelong interest in space exploration and astronomy

The largest planet, Jupiter, headlines our winter sky, shining high and mighty, but soon fades into the sunset. Join us as we also explore Taurus the Bull, Leo the Lion, Orion the Hunter and Pegasus the winged steed, shine brightly. Explore the Pleiades Cluster, the Great Orion Nebula and the Andromeda Galaxy as it looked two million years ago. At least one 13” telescope will be provided for viewing. This is a fun, educational family opportunity. The class meets outdoors, so please dress accordingly. The Apple Valley Community Center is located at 14603 Hayes Road and will be open for us to warm up periodically. Class will meet regardless of the weather. In the event of cloudy weather, indoor activities are planned. A make-up date for outside observing with telescopes is scheduled for March 15, at the same time and place.



HEALTHYPARKS HEALTHYPEOPLE

Target Center, HHH Metrodome, & XCEL Energy Center Tickets for upcoming scheduled events—this winter and spring...

ATTENTION: APPLE VALLEY RESIDENTS: The Apple Valley Parks and Recreation Department is offering residents the opportunity to purchase discounted tickets to events scheduled at Target Center, the Metrodome (Mall of America Field) & Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally, the seats have already been reserved, and get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline. Your tickets can be picked up at the Apple Valley Community Center beginning on the date indicated. NOTE: Transportation to and from the events is the responsibility of the purchaser.

TARGET CENTER EVENTS

SESAME STREET LIVE presents...“Can’t Stop Singing”

Thursday, January 10; 10:30am; \$10 per ticket

Friday, January 11; 10:30am; \$10 per ticket

Saturday, January 12; 2:00pm; \$16 per ticket

Sunday, January 13; 1:00pm; \$16 per ticket

(ALL Lower Level Reserved Seating)

REGISTRATION DEADLINE: December 21

TICKET PICK-UP: Beginning January 7

DISNEY ON ICE Presents...“Worlds of Fantasy” ALL NEW SHOW!

Thursday, February 28; 10:30am; \$12 per ticket

Friday, March 1; 7:00pm; \$12 per ticket

Saturday, March 2; 11:00am; \$18 per ticket

Sunday, March 3; 1:00pm; \$18 per ticket

All lower level reserved seating.

REGISTRATION DEADLINE: February 11

TICKET PICK-UP: Beginning February 25

Harlem Globetrotters—2013 Tour

Friday, April 12; 7:00pm; \$27 per ticket

Saturday, April 13; 1:00pm; \$27 per ticket

All lower level reserved seating

REGISTRATION DEADLINE: Monday, March 25

TICKET PICK-UP: Beginning Monday, April 8

XCEL ENERGY CENTER EVENTS:

Trans-Siberian Orchestra

Saturday, December 29; 3:00pm

\$36 per ticket (Section C13; Rows 5-6)

REGISTRATION DEADLINE: December 10

TICKET PICK-UP: Beginning December 17

World’s Toughest Rodeo

Friday, February 1; 7:30pm

Saturday, February 2; 7:30pm

FEES: Adults \$18 per ticket

Youth 12 and under \$13 per ticket

Section 112; rows 14-15

REGISTRATION DEADLINE: January 14

TICKET PICK-UP: Beginning January 28

HHH METRODOME (Mall of America Field) Events:

Monster Jam

Saturday, January 19; 7:00pm; \$19 per ticket, Adults
\$10 per ticket, Youth 12 & Under (Section 111; Rows 3-4)

REGISTRATION DEADLINE: December 31

TICKET PICK-UP: Beginning January 14

AMA Supercross – FIM World Championship

Saturday, April 13; 7:00pm; \$18 per ticket, Adults

\$13 per ticket, Youth 12 & Under (Section 208; Rows 2-3)

REGISTRATION DEADLINE: March 25

TICKET PICK-UP: Beginning April 8



Adult Activities

ADULT MARTIAL ARTS CLASSES:

Cardio Kickboxing

Age 16 and Older

Session 1: **Monday, January 7–Saturday, February 2**

Session 2: **Monday, February 4–Saturday, March 2**

Session 3: **Monday, March 4–Saturday, March 30**

\$49 per session for the entire 4-weeks

Classes are held at the MN Valley Martial Arts

14050 Pilot Knob Road #124; 952-423-5600

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructors: Lisa Brockman & MN Valley Martial Arts Staff

Cardio Kickboxing is one of the best total body workouts! We work on balance, strength, flexibility, endurance and bag work to help relieve the stress of your day! We have five different instructors to offer a great variation of workouts. Gloves are included.

Work out up to 5 times a week. **Monday through Thursday, 7:00-8:00pm, and Saturday, 8:00-9:00am**, during the scheduled dates. You decide which days fit into your schedule.

Jeet Kune Do

Age 18 and older

6:00-7:30pm for all sessions

Session 1: **Tuesdays, January 15, 22, 29; February 5**

Session 2: **Thursdays, February 7, 14, 21, 28**

Session 3: **Tuesdays, February 26; March 5, 12, 19**

\$40 per session; **Pre-registration is required at the Apple Valley Community Center**

Classes are held at the MN Valley Martial Arts

14050 Pilot Knob Road, #124; 952-423-5600

Min. 4 Max. 12 per session

Instructor: SiFu Michael O'Melia is a certified instructor under Dan Inosanto of Los Angeles, CA and has over 25 years of martial arts experience.

The Cornerstone Mixed Martial Arts Program presents a wellrounded program for the beginner or the experienced martial artist. Bruce Lee's Jeet Kune Do emphasizes all ranges of emptyhand combat from kickboxing to hand-trapping and groundfighting. Cornerstone's Filipino Martial Arts are weapons-based systems that teach mobility and sophisticated timing. Areas of training include stick, double stick, dagger and flexible weapons as well as empty hands. Using injury-free training methods, the student will develop flexibility, endurance and overall physical conditioning. Arts we teach include but are not limited to Jeet Kune Do, Filipino Martial Arts (Kali), Thai Kickboxing, ground fighting including Ju Jitsu, shoot wrestling and JKD Grappling.

Intro to Kettlebell – Beginner Seminar

Age 18 & Older

12:00-2:00pm for all sessions

Session 1: **Saturday, January 12**

Session 2: **Saturday, February 2**

Session 3: **Saturday, March 2**

\$50 per session, for the 2-hour workshop

Classes are held at the MN Valley Martial Arts

14050 Pilot Knob Road, #124

Min. 4 Max. 20 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start.

Instructor: Thanh Lo, Minnesota Valley Martial Arts

Learn the nuances, and the safe and effective way to work out with kettlebells. The kettlebell looks like a cannon ball with a handle and is possibly one of the best fitness tools ever used. This ancient tool is like a handheld gym, you only need one kettlebell, a few simple exercises, and a little space to transform your body and take back your fitness. Learn to Swing, Press, Squat and Get Up with Thanh, and never have to pay for a gym membership again

Body Bootcamp

Age 18 and Older

Monday, January 7–Saturday, March 2

Class Days:

Mon., Tues., Wed. & Thurs., 8:00pm

Fri., 6:00pm (optional day)

Participants can also attend the Sat., 8:00am Kickboxing sessions.

\$199 for all 8 weeks of classes (50 total classes available to you!)

Classes are held at the MN Valley Martial Arts

14050 Pilot Knob Road #124

Min. 4 Max. 20

REGISTRATION DEADLINE: Please register at least one week prior to the start

Instructors: Thanh Lo & MN Valley Martial Arts Staff

Want to see a significant difference in your body? This body sculpting class will get you in the best shape of your life. The mix of both cardio, weight/resistance training, with flowing Yoga work will do the trick. We will offer diet suggestions for the best results. Work at your fitness level, and with the help of the instructors, learn to challenge yourself for great results. Change your life, change your body, change your lifestyle!

HEALTHYPARKS HEALTHYPEOPLE

Wine Glass Painting Class

Age 21 & Older

Session 1: Valentine's Day Designs! (His and Hers)

Thursday, February 7; 6:30pm-8:00pm

Session 2: Easter Designs!

Thursday, March 21; 6:30pm-8:00pm

\$24 per session

Redwood Community Center; 311 150th Street West

Min. 6 Max. 16 per session

REGISTRATION DEADLINES: Please register at least one week prior to the class start

Instructor: Tina Sheppard

A fun painting class for adults, now with a "holiday theme" added! Join us and get creative, painting a wine glass to take home with you. Plus, wine tasting afterwards as we relax and enjoy a night out! Great creative and relaxing fun for all! All supplies are provided.



Adult Athletic Leagues

ADULT TABLE TENNIS LEAGUE

Ages 18 and up (17 with High School Diploma)

Wednesdays Starting January 9

Apple Valley Senior Center; 14601 Hayes Road

\$15 per player

REGISTRATION DEADLINE: January 2

Open ages 18 and up (17 with High School Diploma).

Test your skill against other local table tennis players for a chance at calling yourself Apple Valley Champion. Game start times will be no earlier than 6:00 pm and no later than 9:00 pm. All players will be assigned to the same league for the first full round. The playoff round will be divided into more than one division to promote balanced play.

Women's Officiated Power Volleyball League

Adults 18 and Older

Our six-on-six officiated Volleyball League for female players 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Teams can register until Monday, November 26; **play begins on Tuesday, January 8;** Practice time available on Thursday, December 27 or Friday Dec. 28th. The leagues will consist of 8-9 matches plus play-offs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list.

LEAGUE: Tuesday evenings for Women's Power League

FEE: \$155 per team (plus a \$25 per team non-resident fee if there are less than 50% Apple Valley residents on your team)

REGISTRATION DEADLINES:

New and Returning Resident Teams:

Monday, November 19

New and Returning Non-Resident Teams:

Monday, December 26

Recreational Volleyball Leagues: Women's and Co-Rec Recreational Teams

Adults 18 and Older

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Thursday (Women's Leagues) and Friday (Co-Rec Leagues) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Teams can register until Monday, November 26; **play begins on January 3 & 4;** Practice time available on Thursday, December 27 and Friday, December 28. The leagues will consist of 8-9 matches plus play-offs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list.

LEAGUES: Thursday evenings for Women's A1, A2, B1, B2, or C Leagues Friday evenings for Co-Rec A1, A2, B1, B2, C1, C2/D Leagues

FEE: \$85 per team (plus a \$25 per team non-resident fee if there are less than 50% Apple Valley residents on your team)

NOTE – personal checks are no longer accepted!

REGISTRATION DEADLINES:

New and Returning Resident Teams:

Monday, November 19

New and Returning Non-Resident Teams: Monday, November 26

Officiated Adult 5 on 5 Basketball

Adults 18 and older

(Full Court) Basketball Leagues

Tuesday evening for "C" (Intermediate) and "D" (Recreational) and "35 and Over" teams starts February 5. Three separate divisions.

FEE: \$450 per team

Teams without at least 50% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE: Friday January 18

Our five-on-five, officiated Basketball Leagues for adults 18 years and older will be played at the Apple Valley Community Center on Tuesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

Self-Officiated Adult 5 on 5 Basketball

Adults 18 and older

(Full Court) Basketball Leagues

Wednesday evening for "C" (Intermediate) and "D" (Recreational) and "35 and Over" teams starts February 6. Three separate divisions.

FEE: \$250 per team

Teams without at least 50% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE: Friday January 18

Our five-on-five, self-officiated Basketball Leagues will offer three separate divisions for adults 18 years and older. Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:30pm and no later than 9:30pm. The Leagues will consist of 8 games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@ci.apple.valley.mn.us or (952)-953-2316. Individual players note: Those of you looking for a basketball team, please call the Recreation Office at 952-953-2300 to be included on our "draft" list.

S.O.R.R. Winter Dodgeball

Adults 18 and older

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs. The league starts on **Thursday, January 3**. Game start times are between 6:30-9:00pm. The Dodgeball League is self-officiated. Cost per team is \$114. Team registration dates are as follows: Returning team registration is November 12-30. **Open team registration is December 1-14**. For more information or to register a dodgeball team, please call the Lakeville Parks and Recreation Department at 952-985-4615.

Men's Wiffleball League

Adults 18 and older

Sundays, February 17- April 21

5:15pm & 6:15pm games scheduled

\$55 per team; Apple Valley Community Center

Min. 4 Max. 8 teams

REGISTRATION DEADLINE: Friday, February 1

Manager's Meeting for registered teams:

Sunday, February 17; 4:30pm; AVCC

Another blast from the past-WIFFLE BALL! Get your team together for an evening of one of your favorite games as a youngster. Games will be played at the Apple Valley Community Center gyms, on Sunday evenings, for approximately 5-6 weeks plus playoffs. Leagues are scheduled to begin on February 17 ending on April 21, with playoffs. Equipment will be provided. Teams will consist of 5 players per team and the game is similar to softball except you do not have to run the bases. Try a new sport!



HEALTHYPARKS HEALTHYPEOPLE

Apple Valley Seniors

Join area seniors (55 or better) for social, educational and recreational activities at the Apple Valley Senior Center, home of the Apple Valley Seniors. The center, located at 14601 Hayes Road is open Monday through Friday from 9 a.m. to 4 p.m. We offer everything from Bingo to Computer Discussion; Book Club to Exercise classes. Call 952-953-2345 for further information and to receive a complimentary newsletter.

Driver Improvement Course

The Senior Center is partnering with Minnesota Highway Safety and Research Center / AAA to offer driver improvement courses for mature drivers. As with all driver improvement courses sanctioned by the State Department of Public Safety, drivers over 55 may be entitled to a 10% discount on their auto insurance. An eight-hour course is initially required, followed by a four-hour refresher class every three years. To register for these classes, call the MHSRC at 1-888-234-1294. A limited number of walk-in registrations will be accepted at the discretion of the instructor. AAA members receive a \$3 discount at registration with the appropriate coupon. All classes are held at the Apple Valley Senior Center.

8-hour Program

Monday, February 11 & Tuesday, February 12 (2 part)

6:00-10:00pm

\$24

This eight-hour program offers a learning experience for participants by providing instruction from a certified professional who uses the most up-to-date research in the field. Topics covered include but are not limited to: visual scanning techniques, steering techniques, antilock brake systems, airbag safety and new vehicle technology.

4-hour Refresher

Monday, January 7; Noon-4:00pm

Friday, February 22; 9:00am-1:00pm

\$20

This four-hour program is open to anyone who has taken an eight-hour course within the last three years. Participants of any eight-hour class are welcome. This course has demonstrated a reduction in accidents and traffic violations and is designed to meet the needs of the mature driver. Topics reviewed include but are not limited to: visual scanning techniques, antilock brake systems, airbag safety and new vehicle technology.

Gentle Yoga

Wednesdays:

December 12, 19, 26, January 2, 9, 16

9:45-10:45am

\$48 for members, \$53 for nonmembers, \$10 drop-in fee

REGISTRATION DEADLINE: December 6

Apple Valley Senior Center

Yoga is practiced in chairs as well as floor work. Bring a yoga sticky mat and bottle of water. Wear comfortable clothing. Register at the Apple Valley Senior Center or by phone at 952-953-2345.



Youth Sports Opportunities

A wide variety of sports are offered by the Apple Valley youth athletic associations that serve the youth in ISD 196. Many of the sports have both traveling and in-house opportunities. These associations use city facilities (gyms, fields, ice) but are separate entities from the City of Apple Valley. Please contact the desired association directly for additional information.

Valley Athletic Association

www.vaasports.org; 952-432-5618

Sports offered: baseball, basketball, cross country running, football, lacrosse, soccer, softball, tennis, track, volleyball, wrestling

Eastview Athletic Association

www.evaasports.org; 952-985-3830

Sports offered: baseball, basketball, cross country running, cross country skiing, football, lacrosse, soccer, softball, tennis, track, volleyball, wrestling

Apple Valley Hockey Association

www.applevalleyhockey.com

Sport offered: hockey

Eastview Hockey Association

www.eastviewhockey.net

Sport offered: hockey

Apple Valley Senior Center Meeting & Banquet Space

14601 Hayes Road

952-953-2345

The Apple Valley Senior Center (Formerly called the Hayes Community and Senior Center), provides modern amenities and spacious areas for meetings and special events with seating for up to 224. We have the perfect spot for a company training, townhouse association meeting or a formal wedding. Wireless internet and Audio-Visual equipment is available. Call 952-953-2345 for rental information, prices and availability.



ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Tom Adamini, Superintendent of Park Maintenance at 952-953-2420. The following groups have volunteered to adopt city parks:

Geek Squad	Matt Schultz	Alimagnet Park
Flight Club & AVDGL	Derek Lusk	Alignment Park
MRCI Worksource	Bill Schwartz	Apple Valley East & Cobblestone Lake Parks
The Adventure Zone	Jim Nordberg	Belmont & Chaparral Parks
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls Park
Girl Scout-Brownie Troop 55075	Nicole Bohlig	Cedar Knolls Park
South Metro ATV Club	Jay Peterson	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.	Sherry Ginder	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
.....	William Block	Greenleaf & Wildwood Parks
Girl Scout Troop #54077	Nancy Smoley	Huntington Park
River Valley Church	Lisa Engelking	Johnny Cake Ridge Park
Uponor, Inc.	Daniel Perez	Johnny Cake Ridge Park
Shaver Group	Connie Shaver	Keller Park
Boy Scout Troop #293	Paul Chellsen	Long Lake, Moeller, & Hagemeister Parks
Minnesota Zoo Gifts	Laurel Wright	Long Lake, Moeller, Hagemeister, & Farquar Parks
Gracelyn Group	Joel Seguin	Moeller Park
Nordic Woods Neighborhood	John Santi	Nordic Park
South Metro Ultimate	David Nguyen	Quarry Point and Kelley Parks
Rotary Club of Apple Valley	Tom Lawell	Redwood & Kelley Parks
Stael Family	Anthony Stael	Sunset Park
Apple Valley Lions Club	Hans Student	Valley Middle Park
The Wild Things of Wildwood	Shawnessy Schwartz	Valley Middle Park
Hansen Family	Bill and Julie Hansen	Wallace Park

If you know any of these folks, thank them for helping keep your park system looking good!

HEALTHYPARKS HEALTHYPEOPLE

Parks & Facilities

Community Center Open Gym 14603 Hayes Road

Family Open Gym

Saturday, 4:00pm-7:15pm

Sunday, 12:00pm-3:45pm

FREE

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Youth Open Gym

Saturday, 12:00pm-3:45pm

Sunday, 4:00pm-7:15pm

Tuesday & Thursday 2:30pm-4:30pm

FREE

Youth ages 10 to 18 (2012 high school graduates and younger) can come to play informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Children under age 10 must be supervised by a non-participating adult. Participants must attend a District 196 school and must submit his/her school ID to enter the gym.

Pre-School Open Gym

Age 5 & under with accompanying adult(s)

Mondays, Wednesdays, Fridays; 9:30am-11:00am

FREE; Apple Valley Community Center

Here's a great place for parents to meet other parents. Youth age 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round and is for pre-school aged children only. Please do not bring snacks and drinks into the gym!

Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES**, street shoes or boots are permitted in the gymnasium.

Call the Open Gym Hotline at 952-953-2399 to verify the gym schedule, as tournaments are occasionally held at the Community Center.

Adult Open Volleyball

Age 18 & older

Saturdays & Sundays, 3:00-6:00pm;

Mondays, 6:30-9:30pm

\$3 per person (players and spectators)

The Apple Valley Community Center is "Volleyball Central" on Saturdays, Sundays, and Mondays. Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy this informal open volleyball program. All skill levels are welcome to participate; at least three nets will be set up at all times. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Participants will be required to fill out a "Participant Registration Card" and show an ID on their first day of attendance. And, each date, players must be checked in when paying their \$3 fee. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@ci.apple-valley.mn.us or call 952-953-2316.

Adult Open Badminton

Wednesdays 6:30-9:30 pm

\$3 per person

Now at the Apple Valley Community Center, Badminton. Six courts will be set up on Wednesday nights for open play! This is an adult program; children will not be permitted in the gym, and unsupervised children under age 10 may not be brought to the Community Center.

Badminton Sunday

12:00-2:30pm.

\$3 per person

Six courts will be set up for open play! Teach your children this family friendly game in the warmth of our sport court gym this winter.

Open Pickleball

Monday Through Thursday

9:00am-Noon

\$3 per day

Six courts will be designated for Beginner/Intermediate and Advanced players four mornings a week. Come inside this fall and play this fast growing and popular game. Beginners welcome.

Sign Up, Register, Get Involved!

Valley Athletic Association provides athletic and social development through sports

Sports Offered			Registration Opens
	Baseball	Community (Grades Pre K – 11) Traveling (Ages 9 – 15)	December
	Basketball	Community (Grades Pre K – 6) Traveling (Grades 4 – 6)	June
	Cross Country	Community (Grades 4 – 6)	June
	Football	Community (Grades 1 – 6) Traveling (Grades 7 – 8)	May
	Lacrosse	Community Spring (Grades K – 10) Community Summer (Grades 3 – 8)	January & March
	Soccer	Community, Summer (Grades Pre K – 12) Community, Fall (Grades Pre K – 7) Traveling, Summer (Ages U9 – U19) Traveling, Fall (Ages U9 – U14)	January & June
	Softball	Community, Slow Pitch (Grades K – 12) Traveling, Fast Pitch (Ages K – U14)	January
	Tennis	Community (Grades Pre K – 9) Traveling (Ages 8U – 18U)	January
	Track	Community (Grades K – 6)	January
	Volleyball	Community, Spring & Fall (Grades 2 – 12)	January & June
	Wrestling	Community (Grades K – 6)	December

Valley Athletic Association | admin@vaasports.org | 952-432-5618 | Register online at www.vaasports.org

