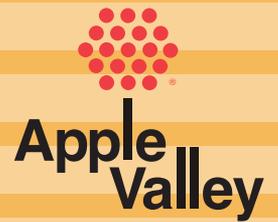
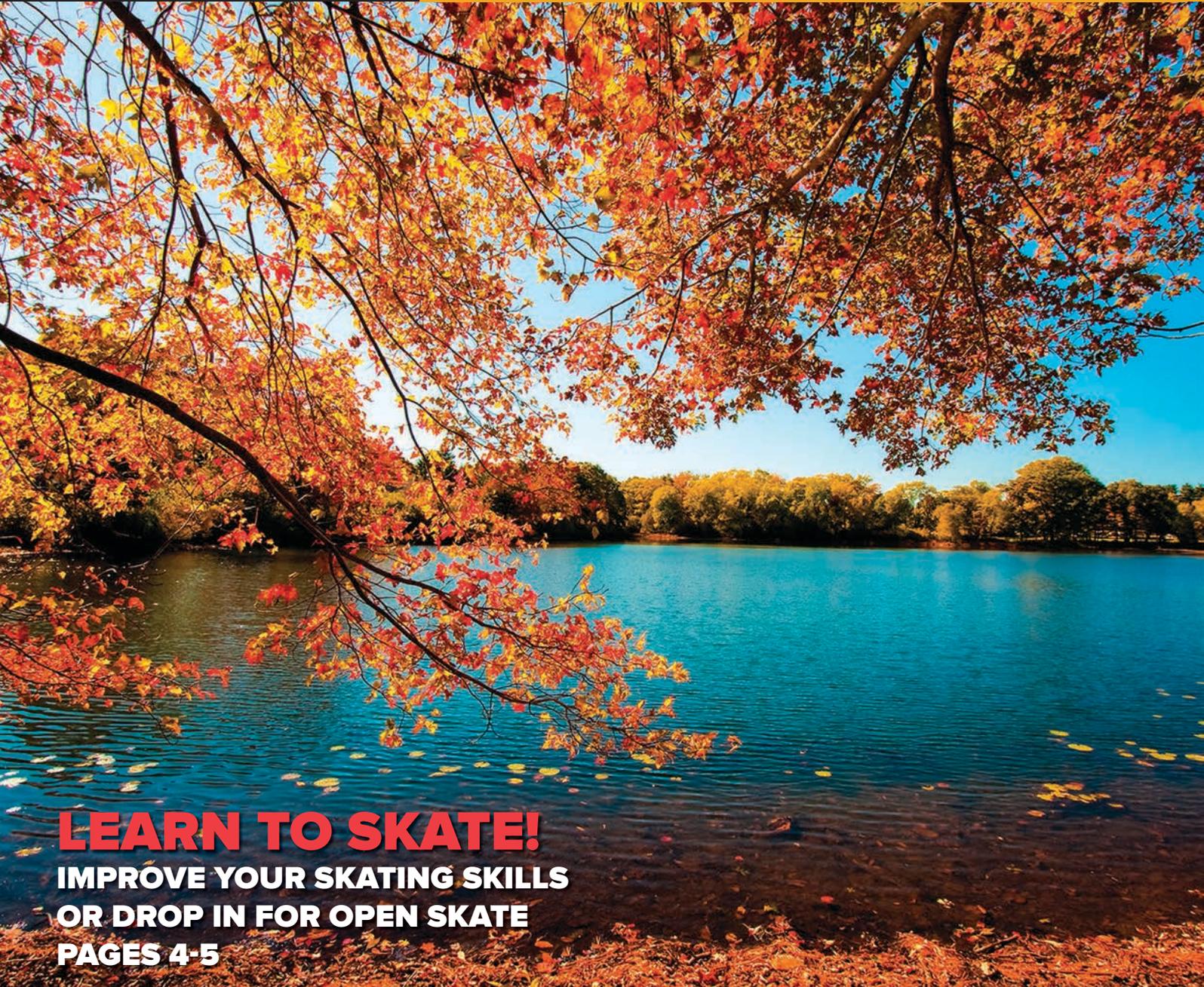


HEALTHY PARKS HEALTHY PEOPLE



FALL 2014

CITY OF APPLE VALLEY PARKS & RECREATION



LEARN TO SKATE!
IMPROVE YOUR SKATING SKILLS
OR DROP IN FOR OPEN SKATE
PAGES 4-5

Parks & Recreation Department
952-953-2300 • www.cityofapplevalley.org

HEALTHY PARKS HEALTHY PEOPLE

General Information

Apple Valley Parks & Recreation Staff

ADMINISTRATION

Parks and Recreation

Director..... Barry Bernstein
952.953.2310 • bbernstein@cityofapplevalley.org

Parks Superintendent..... Tom Adamini
952.953.2420 • tadamini@cityofapplevalley.org

Recreation Superintendent..... Scott Breuer
952.953.2311 • sbreuer@cityofapplevalley.org

Recreation Supervisor – Seniors..... Bill Bird
952.953.2341 • bbird@cityofapplevalley.org

Recreation Supervisor – Athletics..... Lyndell Frey
952.953.2316 • lfrey@cityofapplevalley.org

Recreation Supervisor – Programs/Teen Center
..... Marcie Padgett
952.953.2312 • mpadgett@cityofapplevalley.org

Recreation Supervisor – Aquatics..... Steve Skinner
952.953.2314 • sskinner@cityofapplevalley.org

Department Assistant..... Dorene Perkins Monn
952.953.2304 • dperkins@cityofapplevalley.org

Clerical Assistant..... Eva Lageson
952.953.2300 • elageson@cityofapplevalley.org

Clerical Assistant..... Debby Shepard
952.953.2300 • dshepard@cityofapplevalley.org

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road

PHONE: 952-953-2300 • FAX 952-953-2306

APPLE VALLEY SENIOR CENTER

14601 Hayes Road

PHONE: 952-953-2345

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)

Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org

PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150 Street West

PHONE: 952-953-2300

SPORTS ARENA

(Attached to the south side of Apple Valley High School)

Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org

PHONE: 952-953-2366 • FAX 952-431-8246

TEEN CENTER

14255 Johnny Cake Ridge Road

PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

4851 McAndrews Rd • Apple Valley, MN

Manager – P.G.A. Professional..... Jim Zinck
952.953.2320 • jzinck@cityofapplevalley.org

Food, Beverage & Rental Coordinator..... Krystal Sedwick
952.953.2335 • ksedwick@cityofapplevalley.org

PRO SHOP

PHONE: 952-953-2323 • FAX 952-953-2319

Parks & Recreation Administrative Office:

Apple Valley Community Center
14603 Hayes Road • **952-953-2300**
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)..... 8:00am–4:30pm

Apple Valley Community Center:

Monday-Friday..... 8:00am–10:00pm

Saturday..... 8:00am–7:30pm

Sunday..... 12:00pm–7:30pm

Labor Day (Sept. 1)..... 9:00am–10:00pm

Veterans' Day (Nov. 11)..... 9:00am–10:00pm

Thanksgiving Day (Nov. 27)..... CLOSED

Day after Thanksgiving (Nov. 28)..... 9:00am–10:00pm

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line

Press 2: AVCC Open Gym Schedule

Press 3: Aquatic Programs

Press 4: Adult Athletics

Press 5: Arena Programs

Press 6: Seasonal Programs & Special Events

FREQUENTLY CALLED COMMUNITY PHONE NUMBERS

Apple Valley Municipal Center..... 952-953-2500

Dakota County Parks Info Line..... 952-891-7000

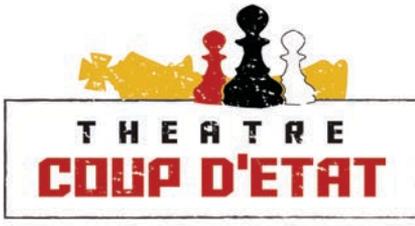
VAA (Valley Athletic Association)..... 952-432-5618

EVAA (Eastview Athletic Association)..... 952-985-3830

ISD 196 Community Education..... 651-423-7722

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Shakespeare Under the Stars

All Ages

Friday, Saturday, Sunday; 7:00-9:00pm

August 8, 9, 10

August 15, 16, 17

August 22, 23, 24

FREE

Kelley Park

Come out to Kelley Park in August to watch free live theatre! The Apple Valley Arts Foundation has selected Minneapolis-based and award-winning Theatre Coup d'Etat to perform A Midsummer Night's Dream each night for three consecutive weekends. Shows will last approximately two hours and includes a short intermission. This special event is sponsored by Uponsor. Bring your own lawn chair or blanket.



Facebook.com/Apple Valley Parks & Recreation

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org. The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

REGISTER ONLINE:

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday, 8:00am-4:30pm
 Visa, MasterCard, Discover or American Express required at time of registration.

HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY SPORTS ARENA

(Adjoining Apple Valley High School)

14452 Hayes Road, Apple Valley, Phone (952) 953-2366

ICE SKATING LESSONS

Indoor

Saturday Classes: October 25 – December 13

Monday Classes: October 27 – December 15

The Program: You will receive a program manual during the first week of classes. The program is geared toward the recreational skater of all ages and skill level. Instructors will follow the skill progressions outlined in our program manual. Skaters will be evaluated throughout the season to determine if they are ready to advance. Our program consists of a maximum 12:1 student/instructor ratio to insure quality instruction except for the Pre-Beginner level which is set at an 8:1 ratio.

REGISTER ONLINE:

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday, 8:00am-4:30pm
Visa, MasterCard, Discover or American Express required at time of registration.

Costs: Unless otherwise noted, each level will be \$75.00 per skater which included eight half-hour practices. We will have lessons the weekend of Thanksgiving.

Requirements: We recommend that children in the Pre-Beginner classes wear a helmet (bike helmets work nice), gloves and snow pants. Freestyle skaters should wear form-fitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves and double runner skates are not permitted.

What Class Does My Skater Sign Up For?

If your Skater is 3 or 4 years old and never skated before, you should sign up for the Pre-Beginners class.

Please Note: There are no age requirements for levels except Pre-Beginners ages 3-4. No exceptions.

CLASS DESCRIPTIONS

Pre-Beginners:

Designed for ages 3-4 years old with little or no skating experience.

Beginners: (Levels 1-4):

Designed for ages 5 and older with little or no skating experience. We will work on forward and backward skating and stopping.

Advanced Beginners A: (Levels 1-3):

Designed for those who have passed Beginners or those with some skating experience. The curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Advanced Beginners B: (Levels 4-6):

Designed for those who have passed the Advanced Beginners 3 or equivalent skills. This curriculum helps the skater to become more proficient at performing basic elements of recreational figure skating, including: jumps, spins, and crossovers.

Freestyle:

This is the beginning of free style figure skating.

Pre-Hockey:

Designed for the beginning hockey player who needs to develop skating skills before playing hockey and to help with the skating skills at the Mite level.

Advanced Pre-Hockey:

Designed for the hockey player with skating experience to better develop skills for the game. This class is skating skills only, no hockey will be played.

Adults:

For all ability levels

Power Edge:

This class is designed for the figure skaters to build strength and power while learning the proper edge technique and skating form.

Private Lessons (Beginners & Up):

Individual skater instruction. Skaters will have a 15 minute private one-on-one lesson and a 45 minute practice each week. Cost for private lesson is \$110.

SATURDAY MORNING CLASSES
OCTOBER 25 – DECEMBER 13, 2014

LEVEL	Lesson	Practice
Private Lesson (15 minute lesson)	8:00-8:30 a.m.	8:30 a.m.
Advanced Beginners B	8:00-8:30 a.m.	8:30 a.m.
Pre-Beginners	8:30-9:00 a.m.	8:00 a.m.
Beginner	8:30-9:00 a.m.	8:00 a.m.
Advanced Beginner A	8:30-9:00 a.m.	8:00 a.m.
Pre-Beginner	9:15-9:45 a.m.	9:45 a.m.
Beginner	9:15-9:45 a.m.	9:45 a.m.
Pre-Beginner	9:45-10:15 a.m.	9:15 a.m.
Beginner	9:45-10:15 a.m.	9:15 a.m.
Advanced Beginner A	9:45-10:15 a.m.	9:15 a.m.
Pre-Beginner	10:30-11:00 a.m.	10:00 a.m.
Beginner	10:30-11:00 a.m.	10:00 a.m.
Pre-Hockey Beginner	10:30-11:00 a.m.	10:00 a.m.
Pre-Hockey Advanced	10:30-11:00 a.m.	10:00 a.m.
Pre-Beginner	11:00-11:30 a.m.	10:30 a.m.
Beginner	11:00-11:30 a.m.	10:30 a.m.
Advanced Beginner A	11:00-11:30 a.m.	10:30 a.m.

MONDAY EVENING CLASSES
OCTOBER 27 – DECEMBER 15, 2014

Beginner	7:15-7:45 p.m.	7:45 p.m.
Advanced Beginner A	7:45-8:15 p.m.	7:15 p.m.
Advanced Beginner B	7:45-8:15 p.m.	7:15 p.m.
Adults	7:45-8:15 p.m.	7:15 p.m.
Freestyle	8:15-8:45 p.m.	7:45 p.m.
Power Edge	8:45-9:15 p.m.	

NOTE: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice).

APPLE VALLEY PUBLIC SKATING

Begins on Wednesday, October 29

Cost \$4 per person

Apple Valley Sports Arena

Wednesday, 7:15-8:45pm • Sunday, 3:30-5:00pm

Occasionally, Public Skating will not take place due to a special event.
 For up to date Public Skating information, please call **952-953-2366**

HEALTHY PARKS HEALTHY PEOPLE

Golf

VALLEYWOOD GOLF COURSE

Information & Tee Times

www.valleywoodgolf.net

4851 McAndrews Rd • Apple Valley, MN

Phone: **952-953-2323** for Tee Times

Jim Zinck, Manager/PGA Professional

Krystal Sedwick, Food, Beverage & Rental Coordinator

Championship 18-Hole Golf Course

175 Seat Event Space

Bar & Grill (Food & Beverage Cart)

Driving Range & Practice Green

Golf Cart & Push Cart Rental

Pro Shop Merchandise

Club Rental

Golf Lessons (Group or Private)

Private Golf Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about

Twilight and Special Rates.

2014 FEE SCHEDULE

	Regular Rate	Patron Rate
Weekend Fees (Saturday and Sunday)		
18 Holes	\$38	\$35
9 Holes	\$24	\$21
Weekday Fees (Monday - Friday)		
18 Holes	\$30	\$27
9 Holes	\$20	\$17
18 Holes-Senior/Junior	\$24	\$21
9 Holes-Senior/Junior	\$18	\$15
Patron card	\$40	+ Tax
Senior Patron Card	\$30	+ Tax
Resident Patron Card	\$20	+ Tax

Senior: 55+ years of age

Junior: under 18 years of age

Cart Fees

Pull Cart	\$5
18 Hole Power Cart	\$34
9 Hole Power Cart	\$20

Driving Range Fees

Large bucket (approx. 80 balls)	\$7
Medium bucket (approx. 40 balls)	\$5
Driving Range Card (10 large buckets of range balls)	\$60.00

Season Pass Fees

Available to residents of Apple Valley only

Valid anytime, any day

Individual	\$895	+ Tax
Spouse (added to individual pass)	\$450	+ Tax
Executive (Ages 18-29)	\$600	+ Tax
Senior (55)	\$750	+ Tax
Junior (Resident & Non-Resident)	\$450	+ Tax

Included with your season pass

• \$2.00 discount on golf car rental.

Golf Outings/Tournaments

Valleywood is available for private golf outings.

Call the Pro Shop at **952-953-2323** for more information.

We welcome the opportunity to host local charities and

Booster organizations.

Valleywood Golf Course TWO FOR ONE COUPON

Purchase (1) Regular 18 Hole Green Fee
and Rent (1) 18 Hole Riding Cart and
YOUR PARTNER PLAYS FREE!

Not valid for league play or golf outings.
Offer valid only with coupon from City of Apple Valley Healthy
Parks Booklet. Coupon may not be photo copied or reproduced.
Valid through the 2014 Season.



TOT/YOUTH ACTIVITIES

Tot's Day of Fun

Ages 3-6

Monday, 9:00am-12:00pm

Session 1: September 8, 15, 22, 29

Session 2: October 6, 13, 20, 27

Session 3: November 3, 10, 17, 24

Session 4: December 1, 8, 15, 22

\$42 per person, per session

\$12 per person, per date, Daily Drop-In Fee

(Daily Drop-in Fee: Register at the AVCC front desk, on the date of class only; Call for availability at 952-953-2300.)

Apple Valley Community Center

Min. 5 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: September 1; Session 2: September 29

Session 3: October 27; Session 4: November 24

Instructors: Parks & Recreation Staff

Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym or playground time, a snack, and even a short “quiet time”. The activities are designed for your tots, the class is designed for parents who need that little bit of extra time for errands, or just to relax! Our Instructors will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities. Parents do not stay, and children must be potty-trained.

Little Chefs–Tot's Healthy Cooking Classes

Ages 3-6

Friday, 11:15am-12:30pm

Session 1: September 12 – Fresh Fall Favorites

Session 2: October 10 – Halloween Fun Food

Session 3: November 14 – Thanksgiving Ideas

Session 4: December 12 – Holiday Treats

\$7 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: September 5

Session 2: October 3

Session 3: November 7

Session 4: December 5

Instructors: Parks & Recreation Department Staff

Fun cooking classes featuring healthy foods and snacks for preschoolers! You'll learn new recipes each session and each “Little Chef” will take home a recipe book of the recipes that they have learned that session. Parents do not stay, and children must be potty-trained.

Top Secret Travel

Ages 4-7

Thursday, 9:30-11:00am

Session 1: September 25; Spain

Session 2: October 23; Russia

Session 3: November 20; Madagascar

\$7 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: September 18

Session 2: October 16

Session 3: November 13

Instructor: Kristy Hemphill

Grab your passport and hop on board as we travel the world with Top Secret Travel! Each session we will visit a new land, learn about the country, explore its culture, sample its food and play local games. Your little voyager won't want to miss out on any of these adventures! Parents do not stay.

Apples, Apples, Apples

Ages 3-6

Friday, September 19; 10:00-11:30am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: September 12

Instructor: Kristy Hemphill

Fall is here and the apples are in full bloom. In this class your little one will be making crafts, playing games and listening to stories all about apples and other seasonal themes. Apple snacks will be provided. Hope to see you there. Parents do not stay, and children must be potty-trained.

Play Doh Party

Ages 3-6

Friday, October 3; 10:00-11:30am

\$5 per person

Apple Valley Community Center

Min. 4 Max. 12

REGISTRATION DEADLINE: September 26

Instructor: Kristy Hemphill

Every kid loves to play with play doh. Spend the morning in an open play session with tons of play doh, you can make play doh food, give play doh haircuts and even be a play doh dentist. We will make a play doh craft, read stories and have a snack. Don't miss the out, sign up today! Parents do not stay, and children must be potty-trained.

HEALTHY PARKS HEALTHY PEOPLE

Star Wars Adventure

Ages 3-6

Thursday, October 9; 9:30-11:00am

\$6 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: October 2

Instructor: Kristy Hemphill

Join us for a fun filled day of Star Wars adventures. We will make Millennium Falcon ships, light sabers and Droids. We will complete a Jedi Training course and feast on Jedi snacks. May the force be with you, always! Parents do not stay, and children must be potty-trained.



Monster Mash

Ages 3-6

Friday, October 24; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: October 17

Instructor: Kristy Hemphill

I was working in the lab late one night, when I decided to host a monster mash party – and you are invited! We will play games, make crafts and have a monster-licious snack. Maybe we can get in a few scares – BOO! Parents do not stay, and children must be potty-trained.



Minecraft

Ages 4-8

Friday, November 7; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 12

REGISTRATION DEADLINE: October 31

Instructor: Kristy Hemphill

Don't look now but there's a Creeper behind you – hiss! In this Minecraft class we will have to battle a skeleton and take care of those pesky spiders. We will craft a pick axe or sword to help mine the iron and gold. We will tame a few wolves to keep as pets. And of course, we will build with blocks, lots and lots of blocks! A snack will be provided. Parents do not stay.



Gingerbread Houses for Kids - NEW

Ages 3-6

Thursday, December 4; 10:00-11:30am

\$9 per person

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINE: November 27

Instructor: Kristy Hemphill

Calling all kids! Come on down for a super awesome, super fun gingerbread extravaganza! We will be making gingerbread houses, gingerbread cookies, gingerbread crafts and play some gingerbread games. How fun does that sound? Sign up today as spots will fill quickly! Parents do not stay, and children must be potty-trained.



Critter's Crafts & Gifts for Christmas

Ages 4-7

Thursday, December 18; 9:00-10:30am

\$9 per person

Apple Valley Community Center

Min. 4 Max. 8

REGISTRATION DEADLINE: December 11

Instructors: Parks & Recreation Staff

Attention all last-minute Holiday Shoppers: Do you still have shopping & wrapping to do? We have an answer for you! Drop your tots off at our Critter's Crafts & Gifts Class, and get it all done! Your tots will make holiday decorations, gifts for mom & dad, and holiday cards for the family while you finish your shopping and/or gift wrapping! Plus, enjoy a tasty holiday treat! Great fun! Parents do not stay.

Winnie the Pooh and Friends

Ages 3-6

Thursday, December 18; 10:45am-12:00pm

\$6 per person

Apple Valley Community Center

Min. 5 Max. 10 per session

REGISTRATION DEADLINE: December 11

Instructor: Kristy Hemphill

Join Winnie the Pooh and his friends for a fun-filled story time! We'll have tons of fun listening to Winnie the Pooh stories, providing sound effects, working with puppets and making cool crafts. A snack will be provided. Parents do not stay, and children must be potty-trained.

Holiday Parties for Tots

Ages 2 ½-6

Friday, September 26 - Fall Festival Party

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

Friday, October 31 - Haunted Halloween Party

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

(Participants can wear a costume, if they choose to)

Friday, November 21 - Turkey Treats Party

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

Friday, December 19 - Crafty Christmas Party

Session 1: 9:30-10:45am; Session 2: 11:00am-12:15pm

\$7 per person, per session

Apple Valley Community Center

Min. 8 Max. 16 per session

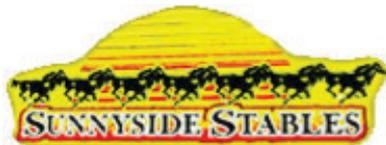
REGISTRATION DEADLINES:

Session 1: September 19; Session 2: October 24

Session 3: November 14; Session 4: December 12

Instructors: Parks & Recreation Department Staff

Celebrate the upcoming Fall and Winter Holidays at our special parties just for TOTS! Games, crafts, stories, songs and treats related to the holiday will be featured at our parties. Be a part of the holiday happenings! Parents do not stay and children must be potty trained.



Horse Camp at Sunnyside Stables – **NEW LOCATION!**

Ages 7-15

Thursday, October 16 & Friday, October 17

10:00am-3:00pm

\$139 per person

Meet at Sunny Side Stables,

15400 Emery Avenue East in Rosemount

Min. 10 Max. 15

5 REGISTRATION DEADLINE: October 6

Instructors: Sunnyside Stables Staff

Experience your love for horses! Each day includes riding - rain or shine. Discover the basics of grooming, saddling, body language, posture, contact and balance. Horses are assigned according to each rider's ability. Bring a lunch and snack each day. Wear long pants and low-heeled boots or laced shoes. Equestrian helmets are required. Bring your own, or one will be provided. Permission forms are required to participate and are available during your online registration. Bring these papers on your first day.



Musical Safari's 'Fun in Fall' Parent/Child Pre-School Music & Movement Classes

Ages 1½ -6 with parent

Tuesday, 10:00-10:45am

Session 1: October 7, 14, 21, 28

Session 2: November 4, 11, 18, 25

\$40 per Parent/Child Pair; \$25 per additional sibling

Apple Valley Community Center

Min. 3, Max. 6 pairs per session

REGISTRATION DEADLINES: Session 1: September 30

Session 2: October 28

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, explore music and movement as you go on a "FUN IN FALL" Musical Safari with your child! Each class will focus on a different theme related to FALL! During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!



Abrakadoodle Art Class for Tots & a Parent

Abrakadoodle is a special art program developed for children. Through imaginative lessons, children develop creativity. Parents stay to assist their child.

Fabulous Fall Art for Little Doodlers

Ages 2-5 with parent

Saturday, October 25; November 1, 8, 15

9:30-10:15am

\$59 per 1st child registered; \$49 per additional sibling

Falcon Ridge Middle School

Min. 3 Max. 6 pairs

REGISTRATION DEADLINE: October 18

Instructor: Abrakadoodle Staff

This fall in Fabulous Fall art, we'll sculpt some pumpkins and ghosts with model magic, learn about printing and create a colorful canvas, make a caterpillar collage and more! We'll use lots of paint and model magic to create our masterpieces this fall!



HEALTHY PARKS HEALTHY PEOPLE



KIDCREATE STUDIO Art Classes NEW TOTS & SIBLING CLASSES!

Kidcreate Studio launches children into the incredible world of art! Our energized classes offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our Instructors provided a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. Parents do not stay.

Lego Dino Land

Age 3-6

Tuesday, September 23; 9:00am-12:00pm

\$33 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 16

Instructor: Kidcreate Staff

What does your child love more, Legos® or Dinosaurs? Combine these popular themes and create a land any Dino would love to explore. Paint a mural and build with Legos too, in this class. Please pack a nut-free snack and drink for your child.

Halloween Craft Party

Ages 4-9

Thursday, October 16; 9:00am-12:00pm

\$33 per person Apple Valley Community Center

Min. 4 Max. 7

REGISTRATION DEADLINE: October 9

Instructor: Kidcreate Studio Staff

What's the best part about Halloween? The candy, of course! We'll create a spooky graveyard scene out of tons of "sweet" art supplies including some Halloween candy favorites like candy corn! Please pack a nut-free snack and drink for your child.

Cinderella Dreams Art

Age 3-6

Tuesday, October 21

9:00am-12:00pm

\$33 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 14

Instructor: Kidcreate Staff

Who's your favorite princess? If Cinderella, then this art class will be a dream come true! Create a masterpiece using paint, Model Magic® and other art materials as you turn Cinderella's pumpkin into a beautiful coach. Please bring a nut-free snack and beverage.



Keepsake Art Class

18 months-6 with parent

Monday, November 10, 17, 24

December 1; 9:30-10:30am

\$55 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: November 3

Instructor: Kiccreate Staff

Just in time for the holiday gift giving season. Make precious masterpieces to display at home or give away as a special gift. Use paint, clay and other creative materials to make an array of cute keepsakes such as picture frames, paintings on a real canvas and so much more! Create right along with your child in this 'hands on' class!



Thanksgiving Craft Party

Age 4-9

Wednesday, November 26

9:00am-12:00pm

\$33 per person

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: November 19

Instructor: Kidcreate Staff

While mom and dad are getting the turkey stuffed, you will be cooking up some art. Celebrate Thanksgiving early by creating a turkey that will be a wonderful addition to any Thanksgiving table! Please bring a nut-free snack and beverage.



Frozen Art Camp

Age 4-9

Monday & Tuesday, December 29 & 30

9:00am-12:00pm

\$65 per person

Falcon Ridge Middle School

Min. 3 Max. 7

REGISTRATION DEADLINE: December 22

Instructor: Kidcreate Staff

Come experience the magic of winter in a whole new way! Inspired by the Disney movie Frozen, this camp will entertain and delight you. Create snow globes, clay sculptures, sparkly castle scenes and more, all featuring their favorite characters from the movie. Work with a variety of different art supplies as you create masterpieces fit for royalty! Please pack a nut-free snack and drink for your child.



Candy Craft Art Camp

Age 4-9

Monday & Tuesday, December 22 & 23

9:00am-12:00pm

\$65 per person

Falcon Ridge Middle School

Min. 3 Max. 7

REGISTRATION DEADLINE: December 15

Instructor: Kidcreate Staff

The holidays are a magical and candy filled time. Create art out of candy and other sweet art supplies! The art materials of choice will be frosting, gummy bears, gumdrops, marshmallows and other candy treats along with clay and paint. Create a candy kaleidoscope, winter wonderland scene, a jumbo piece of candy and more. Please bring a nut-free snack and beverage



Paint on Canvas 'Snow Day'

Age 5-12

Tuesday, December 30

9:00am-12:00pm

\$33 per person

Falcon Ridge Middle School

Min. 3 Max. 10

REGISTRATION DEADLINE: December 23

Instructor: Kidcreate Staff

During this guided painting lesson, your child will create a scene on a real canvas board, featuring one of his or her favorite days of the year...a snow day! Please bring a nut-free snack and beverage.



Amazing Tots Program

Ages 20 months-3 with parent

Thursday, 9:20-9:50am

Session 1: September 25; October 2, 9, 16, 23, 30

Session 2: November 6, 13, 20, (NO 27);

December 4, 11, 18

\$52 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

REGISTRATION DEADLINES:

Session 1: September 18; Session 2: October 30

Instructor: Amazing Athletes of SW Metro Staff

Discover sports that will get your toddler moving. Enjoy physical challenges and organized physical exploration activities that increase major motor development. Explore and learn 4 sports with your child.



Amazing Athletes Program

Ages 3-6

Thursday, 10:00-10:45am

Session 1: September 25; October 2, 9, 16, 23,

30 Session 2: November 6, 13, 20, (NO 27);

December 4, 11, 18

\$59 per person, per session

Apple Valley Community Center

Min. 3 Max. 5 per session

REGISTRATION DEADLINES:

Session 1: September 18

Session 2: October 30

Instructor: Amazing Athletes of SW Metro Staff

Engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of nine different sports including: baseball, volleyball, lacrosse, football, soccer, golf, hockey, basketball and tennis! Build self-confidence, practice teamwork, and improve fine and large motor skills. Increase cardiovascular fitness, muscle tone, hand-eye coordination and reaction time. Lots of sports fun! Parents are not required to stay, but can if they choose.

HEALTHY PARKS HEALTHY PEOPLE



Science Explorers Classes for Tots

Science Explorers is a unique program designed to provide children with hands-on fun while learning about science and the world around them. Science Explorers' activities challenge children by providing a different hands-on activity each week and encouraging them to try different solutions. Parents do not stay.

Silly Sloppy Slimes

Ages 3 ½ - 6

Thursday, September 25; 10:00-11:30am

\$15 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 19

Instructor: Science Explorer's Staff

Are you ready for some gooey, sloppy experiments? Then slide right into this exciting, hands-on lab as we experiment with gooey, silly and slimy mixtures. Be sure to dress so you can get messy as we learn why mixtures act the way they do.

Creepy, Spooky Science

Ages 3 ½ - 6

Thursday, October 2, 9, (no 16), 23; 10:00-11:30am

\$45 per person Apple

Valley Community Center Min. 3 Max. 5

REGISTRATION DEADLINE: September 25

Instructor: Science Explorer's Staff

It's a little spooky, a little creepy and a lot of science! Chase away the darkness and explore shadows while learning about bats and other night creatures. Discover a desert full of slithering snakes and Komodo dragons. Creep along with itsy bitsy and great big spiders. You will have a creepy good time when you join Science Explorers Creepy, Spooky Science.



Wheels, Wings, Sails and Rails

Ages 3 ½ - 6

Thursday, October 30; November 6, 13, 20; 10:00-11:30am

\$59 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: October 23

Instructor: Science Explorer's Staff

Do you ever wonder how a plane flies or how a train is powered? Join Science Explorers as we discover how cars, planes and trains work and why they are important to our everyday life. With fun and engaging experiments and Lego activities, we will learn how boats can cruise over the water without sinking, how planes and rockets fly and more amazing transportation wonders. Then we will follow the tracks to learn about steam engines, train signals and more as we take our first step into science and engineering.

Amazing Me

Ages 3 ½ - 6

Thursday, December 4, 11, 18; 10:00-11:30am

\$45 per person

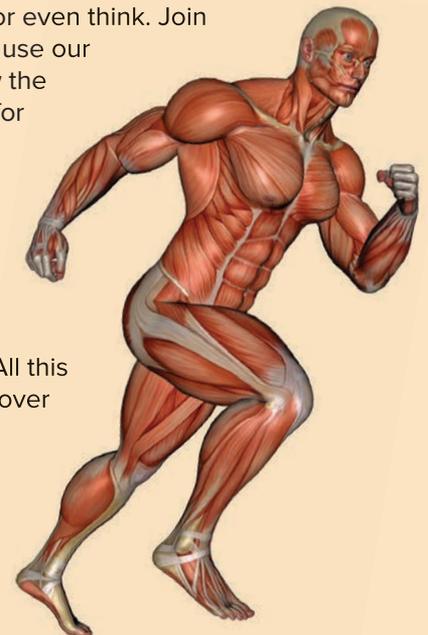
Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: November 27

Instructor: Science Explorer's Staff

Without your body you would not be able to run, jump, breath or even think. Join "Amazing Me" as we use our cranium to learn how the heart is responsible for pumping blood all around our bodies, plus we will investigate what happens to the food we eat and how our lungs are similar to a sponge. All this and more as we discover what really happens beneath our skin.





Music Together - Early Childhood Music for parents/ caregivers & children

Birth-5 years, with parent/caregiver

Sunday; September 21, 28; October 5, 12, 19, 26; November 2, 9;

Session 1: 4:00-4:45pm • Session 2: 5:00-5:45pm
Monday; September 22, 29; October 6, 13, 20, 27; November 3, 10;

Session 3: 5:15-6:00pm • Session 4: 6:15-7:00pm
Wednesday; September 24; October 1, 8, 15, 22, 29; November 5, 12;

Session 5: 10:15-11:00am • Session 6: 11:15am-12:00pm
Session 7: 5:15-6:00pm • Session 8: 6:15-7:00pm
Thursday, September 25; October 2, 9, 16, 23, 30; November 6, 13;

Session 9: 10:15-11:00am • Session 10: 11:15am-12:00pm

\$149 per Adult-Child Pair; \$79 per additional child
Siblings 8 months & under are FREE with paid sibling (born on or after 1/21/14)

NOTE: To register a FREE sibling, contact Clarice at 651-432-4219 or at clarice@musictogetherclasses.com.

Apple Valley Community Center

Min. 3 Max. 6 per each session

REGISTRATION DEADLINE: September 14

Instructor: Laurie McFaul, Music Together Instructor

Share the delight of making music in these joy-filled, research-based classes! Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting.

Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical. They can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's - one for home and one for on-the-go. Music Together is directed by Clarice Auluck-Wilson, Ph.D. The Apple Valley Parks and Recreation Department and District 196 Community Education each have 6 spaces out of the 12 spaces allotted for each class, so you can register with either agency; go to: www.cityofapplevalley.org.

Music Together - FREE Demonstration Classes

Ages 8 months-5 with parent/care-giver

Session A: Monday, September 8; 6:15-7:00pm

Session B: Wednesday, September 10; 10:15-11:00am

Session C: Wednesday, September 10; 6:15-7:00pm

Session D: Thursday, September 11; 10:15-11:00am

Session E: Sunday, September 14; 4:00-4:45pm

Session F: Sunday, September 14; 5:00-5:45pm\$

FREE Demos (only 1 Demo per family ONLY)

Apple Valley Community Center

Min. 3 Max. 6 per session

REGISTRATION DEADLINE: September 1

Instructors: Music Together Instructors,

Diane Smith for Sessions 3-4,

Laurie McFaul for Sessions 1-2, 5-10



Wooden Picture Frame Painting Classes

Ages 10 & over

Saturday, 2:00-4:00pm

Session 1: September 6

Session 2: September 13

Session 3: September 27

\$37 per person, per session, includes all the supplies

Apple Valley Community Center

Min. 3 Max. 18 per session

REGISTRATION DEADLINES

Session 1: August 30

Session 2: September 6

Session 3: September 20

Instructor: Nidhi Namdev

The Madhubani Style of Painting is a fun and very colorful form of art. Join Nidhi and learn how to paint your own beautiful and unique 4 X 6 picture frame, to take home with you after class. Try something new! New designs offered each session.

HEALTHY PARKS HEALTHY PEOPLE

Mom & Me 'Frozen-Fancy Princess Party' with Princess Anna

Ages 2 ½ -8, with a parent

Saturday, September 27; 10:00-11:00am

\$19 per pair

Apple Valley Community Center

Min. 7 Max. 12 pairs

REGISTRATION DEADLINE: September 20

Instructors: 'Once Upon a Star' Staff

Dress FANCY & bring Mom (or your favorite adult-date) to our NEW FROZEN-FANCY Princess Party! Princess Anna will lead the group with FROZEN & OLAF-themed games and a special snow-fun craft. Join Anna for a sing-a-long and dance to "Let It Go". Bring your camera – kids will have a special photo opportunity with Once Upon A Star's own PRINCESS ANNA!



Cinderella's Daddy-Daughter 'Frozen Princess Ball'

Girls ages 3 -8, with an Adult Date

Friday, October 10; 6:30-8:00pm

\$29 per pair

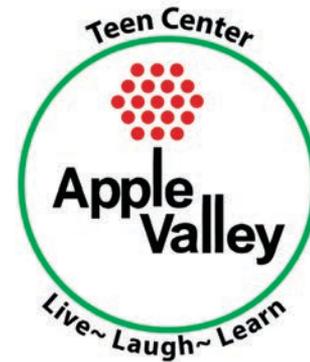
Apple Valley Community Center

Min. 12 Max. 20 pairs

REGISTRATION DEADLINE: October 3

Instructors: Once Upon a Star' Staff

Join Once Upon A Star's own Cinderella and her Frozen Friends, Anna & Elsa, for an enchanted evening with your special 'adult date'! You'll enjoy a Frozen" craft, snack, dancing and more royal fun. Each princess receives her own personalized princess tote bag, a jewelry craft project, and a castle gift to bring home. All couples will have their photo taken, with next-day proof access. Bring your own camera for more memorable photo opportunities, including a group-princess photo, with your daughter!



Apple Valley Teen Center

Grades 6-12

FREE!

14255 Johnny Cake Ridge Road

952-953-2385 • www.cityofapplevalley.org

Staff: Teen Center Supervisors

Teens going into Grades 6-12 reign exclusively over this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.

SUMMER HOURS (through September 1)

Monday-Saturday 1:00-9:00pm

Sunday 1:00-7:00pm

SCHOOL YEAR HOURS (BEGINNING SEPTEMBER 2)

Monday-Thursday..... 2:30-7:00pm

Friday..... 2:30-9:00pm

Saturday..... 1:00-9:00pm

Sunday 1:00-6:00pm

Thanksgiving Day; November 27 Closed

Christmas Eve & Day; December 24, 25 Closed

School Vacation Days 1:00-9:00pm

October 10, 16, 17; November 6, 7, 26, 28

December 22, 23, 26, 29, 30, 31; January 1, 2, 19, 23

February 12, 13, 16; March 13, 23, 24, 25, 26, 27

April 24; May 25.

WHAT IS THERE TO DO AT THE TEEN CENTER?

Guitar Hero • Birthdays Parties

Pizza, Hot Pockets, Quesadillas, Ice Cream Treats, etc.

Watch DVDs • Play Station 3 • Nintendo 64 • Xbox 360

• WiiTable Tennis • Foosball • Air Hockey • Dances

Skateboard Park (April-October) • Basketball and

other outdoor sports equipment available

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours.

Contact Marcie at mpadgett@cityofapplevalley.org OR **952-953-2312** for more information and to book your party!

Outdoor Skate Park

All Ages

FREE!

**Johnny Cake Ridge Park West
14255 Johnny Cake Ridge Road**

Come on out to our Outdoor Skate Park, located next to the Teen Center, open April through October! Participants are highly encouraged to wear a helmet and pads. Skate Park hours are the same as City Park hours, daily 7:00am-10:00pm (during daylight hours only—no lights available at Skate Park!)

Dances for Teens With Disabilities

High School age through Transition

Friday, September 5; 7:00–9:00pm

Friday, October 3; 7:00–9:00pm

Friday, November 7; 7:00–9:00pm

\$5 per Teen Participant in advance/ \$8 at the door.

Apple Valley Teen Center, behind Eastview High School.

Parents and PCAs Welcome. Refreshments and Music provided. A supportive social atmosphere for teens of all abilities.



FAMILY ACTIVITIES

Treats, Not Tricks - Cookie Bake & Take

Family Event, All Ages

Saturday, October 25

Session 1: 9:30am start

Session 2: 10:00am start

Session 3: 10:30am start

Session 4: 11:00am start

\$14 per family, per session

Apple Valley Community Center

Min. 1 family Max. 2 families per each session

REGISTRATION DEADLINE: October 17

Instructors: Parks and Recreation Department Staff

Spend some time on Saturday decorating cookies with your children for the upcoming Halloween holiday!

Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated Halloween cookies. Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

11th Annual Halloween Hand-Me-Downs

FREE PROGRAM!

Family Event, All Ages

Monday through Friday, October 20-24

8:00am-4:00pm

"Gently used" Costume Drop off at AVCC

Pick-up a "New Costume"

Saturday, October 25; 10:00-11:30am

Apple Valley Community Center

Instructors: Parks and Recreation Department Staff

Avoid "frightful" prices on Halloween costumes this year by participating in our 11th Annual "Halloween Hand-Me-Downs" Costume Exchange at the Apple Valley Community Center. Drop off your "gently used" costumes at the AVCC, October 20-24; and then - pick-up a new costume on October 25! NOTE: Those who cannot find a "new" costume will receive a "Halloween Surprise Grab Bag" instead.

HEALTHY PARKS HEALTHY PEOPLE

Breakfast with Santa Claus Sponsored by McDonalds of Apple Valley

Ages 3-10 with parent(s)

Saturday, December 6

Session 1: 8:30-9:30am

Session 2: 9:30-10:30a

Session 3: 10:30-11:30am.

\$10 per child per session

(parents can attend for FREE!)

Apple Valley Community Center

Min. 20 Max. 40 per session

REGISTRATION DEADLINE: November 28

Instructors: Parks & Recreation Staff & Santa Claus

All children 3-10 years old are invited to spend an hour with Santa Claus on Saturday, December 7th. Come to the Apple Valley Community Center where Santa will visit with you and your family while you enjoy special treats. Following breakfast, each child will take part in a variety of holiday activities, crafts, games, and have their picture taken with Santa.

Personalized Letters from Santa Claus

Ages 3-10

\$6 per letter mailed

Letters will be mailed by December 15

REGISTRATION DEADLINE: December 1

Children love to receive mail - especially from Santa Claus! To add your child's name to Santa's list, register with the Apple Valley Parks and Recreation Department at the Apple Valley Community Center. To assist Santa in composing his letter, a special registration form will need to be filled out. The following information will be requested: Child's full name and nickname; child's age; boy or girl; city that he/she will be in on Christmas morning; address to send the letter to; names of other family member; items that the child will definitely be receiving from Santa; child's favorite activities/hobbies; others who Santa should say "Hi" to; and any special messages that you would like added.



Candy Covered Houses for Families

Family Event, All Ages

Tuesday, December 9; 6:00-8:00pm

\$35 per family

Apple Valley Community Center

Min. 3 Max. 6

REGISTRATION DEADLINE: December 2

Instructor: Kristy Hemphill

Join us as we make gorgeous gingerbread like houses to celebrate the season. We will begin with a basic house, and then spend the next few hours decorating your house and lawn with frosting, pretzels, gum drops, marshmallows, candy canes, M&M's, coconut...you name it, we've got it. You can make it as simple or as extravagant as you like, from a basic house in a snowy yard to a bejeweled house in a yard with a fence, trees, snowmen, pond and walking path, it's all up to you. You will be truly amazed at how beautiful your candy house looks! Register today as spaces are limited, you do not want to miss out on this wholesome family activity. All supplies are included in the cost; finished house is approximately 18 in. x 18 in. x 24 in. Hope to see you there!



TARGET CENTER & XCEL ENERGY CENTER

Tickets available for Upcoming Events...The Apple Valley Parks and Recreation Department is offering to residents of Apple Valley, the opportunity to purchase discounted tickets to events scheduled at the Target Center & the Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally - the seats have already been reserved - get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline. Your tickets can be picked up at the Apple Valley Community Center beginning on the date indicated. NOTE: Transportation to and from the events is the responsibility of the purchaser.

TARGET CENTER EVENTS:

Professional Bull Riders Blue DEF Velocity Tour

During this one-day event, the best up & coming Bull Riders in the world will face off with foes nearly 10 times their own weight, during the most thrilling 8 seconds in sports! The Velocity Tour showcases the World's Top Cowboys, and will include a rock and roll environment with professional pyrotechnics, sound and video elements to this awesome event!

Saturday, September 20; 7:00pm

\$49 per ticket

(Lower Level Sides; Section 110; Row F)

\$34 per ticket

(Lower Level Corners & Ends; Section 138; Row K)

DEADLINE TO PAY: September 8

TICKET PICK-UP: Beginning September 15

Disney Live! Mickey's Musical Festival

Mickey Mouse and friends will ROCK THE WORLD with the stars from the Little Mermaid, Aladdin, and Toy Story! (More than 25 Disney Stars included!)

Sunday, October 12; 1:00pm

\$26 per ticket

(Lower Level Reserved: Section 106; Rows R-T)

Sunday, October 12; 4:00pm

\$26 per ticket

(Lower Level Reserved: Section 136; Rows S-T)

DEADLINE TO PAY: September 25

TICKET PICK-UP: Beginning October 6

Zuhrah Shrine Circus

The Circus is back in town – presenting the ultimate in exciting entertainment, with an all new show! From the delightful antics of the Shriner clowns to the spellbinding feats of the acrobats, you will be thoroughly entertained!

Friday, November 28; 1:30pm

\$16 per ticket *(Lower Level Reserved)*

Saturday, November 29; 10:30am

\$16 per ticket *(Lower Level Reserved)*

Sunday, November 30; 1:00pm

\$16 per ticket *(Lower Level Reserved)*

DEADLINE TO PAY: November 10

TICKET PICK-UP: Beginning November 17

Disney on Ice - FROZEN (BRAND-NEW SHOW!)

The heart-warming, Academy Award-winning tale you love is now LIVE at the Target Center! Get whisked away into the wintery world of Arendelle, along with Elsa & Anna, Olaf, Kristoff, Sven and the mystical trolls as they journey to discover that true love is ultimately the most magical power of all.

Thursday, April 9; 10:30pm

\$15 per ticket

(Lower Level Reserved; Section 104, Rows R-T)

Saturday, April 11; 7:00pm

\$29 per ticket

(Lower Level Reserved; Section 138; Rows W-Y)

Sunday, April 12; 11:00am

\$29 per ticket

(Lower Level Reserved; Section 101; Rows Y-Z)

DEADLINE TO PAY: September 29

NOTE EARLY DEADLINE!

TICKET PICK-UP: Purchasers will be called when their tickets are in at the AVCC.



HEALTHY PARKS HEALTHY PEOPLE

XCEL ENERGY CENTER EVENT:

Disney on Ice presents: "Worlds of Fantasy"

Rev up for non-stop fun with 4 of your favorite Disney Stories-Cars, the Little Mermaid, Tinkerbell & Toy Story.

Friday, December 12; 10:00am

\$13 per ticket - Section 116; Rows 5-6

Saturday, December 13; 3:00pm

\$24 per ticket - Section 116: Rows 9-10

Sunday, December 14; 1:00pm

\$24 per ticket - Section 116; Row 9

REGISTRATION DEADLINE: November 18

TICKET PICK-UP: Beginning December 5



Watch for more info on this Event
in the 2014-15 Winter Recreation Program
Brochure: World's Toughest Rodeo
coming on January 30-31, 2015

Who Done It Hike-24th Annual

All ages welcome

Saturday, September 13; 10:00am

FREE and Open to the Public

Ritter Farm Park, 19300 Ritter Trail, Lakeville

REGISTRATION: Day of only, 9:30-9:50 am

Play Sherlock Holmes by collecting clues, gathering information and solving mysteries, while walking the trails at Ritter Farm Park. When the end is near and you think you have it solved, you'll have a chance to guess "who done it." For those who guessed correctly, there will be another mystery—who will be a winner in the prize drawing? Pack a picnic for your family to enjoy after the hike!

S.O.R.R. Mother-Son Morning of Fun LEGO® Party

10 & Under with an adult

Saturday, November 8; 10:00am-12:00pm

Apple Valley Senior Center

\$30 per couple; \$10 per additional child

REGISTRATION DEADLINE: October 31

(registration will close when all spaces are filled)

We're building a great party and you are a very important piece! Moms (or aunts, older sisters, grandmothers, caregivers, etc.) and their sons are invited to celebrate a morning of fun with other Lego enthusiasts. Dress in bright colors, just like LEGO's! Our party will include upbeat music, dancing, exciting games, group building projects, and more! A DJ will have everyone up and dancing to old and new favorites and each couple will receive a special keepsake photo taken by a professional photographer. A pizza lunch and refreshments will be served. We've got lots of excitement in store for you and it's sure to a stack up to a lot of fun! This special event is being hosted by the SORR communities of Apple Valley, Eagan, Farmington, Lakeville, Rosemount and Savage. We have teamed up to offer a series of family-oriented dances and special events to celebrate togetherness and strengthen the special bond between family members. We'll have details in our winter brochure for the father/daughter event planned for February 2015.

Archery for The Whole Family - Beginners

Ages 9 & Over

Tuesday, September 9; 6:00-8:00pm

\$35 first family member; \$20 each additional family member

Apple Valley Parks Archery Range in

Scott Park, Galaxie Ave. at 140th Street.

REGISTRATION DEADLINE: September 5

A great family activity. Learn it together. Archers ages 9 and up are encouraged to participate in this exciting program. This short course is designed to provide hands-on experience with learning how a bow works, how to select appropriate archery equipment, the basic techniques to accurately shoot the bow and an introduction to equipment care. Ages: 9 to adult, or with instructor permission (younger children require an adult to participate with them). Children under 18 require adult permission. No equipment required for this beginner course. Personal equipment can be used with instructor approval. For further information contact Steve Skinner, Recreation Supervisor at **952-953-2314** or sskinner@cityofapplevalley.org.

ADULT ACTIVITIES

Watercolors Painting Classes

Ages 18 & Over

- Session 1: Thursday, September 18; 6:00-8:00pm
- Session 2: Thursday, September 25; 6:00-8:00pm
- Session 3: Thursday, October 9; 6:00-8:00pm
- Session 4: Thursday, October 23; 6:00-8:00pm
- Session 5: Thursday, November 6; 6:00-8:00pm
- Session 6: Thursday, November 13; 6:00-8:00pm
- Session 7: Thursday, December 4; 6:00-8:00pm
- Session 8: Thursday, December 11; 6:00-8:00pm

\$21 per person, per session

includes all painting supplies & appetizers

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES: Please register at least one week prior to the start

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable as you learn about color mixing, shading and hi-lighting and controlling your water and paint to create dynamic paintings. All levels of painters are welcome. Appetizers will be served.

Wine Glass Painting Classes

Ages 18 & Over

- Session 1: Thursday, October 2; 6:00-8:00pm
- Session 2: Thursday, November 20; 6:00-8:00pm

\$21 per person, per session

includes all painting supplies & appetizers

Apple Valley Community Center

Min. 5 Max. 15 per session

REGISTRATION DEADLINES: Session 1: September 25

Session 2: November 6

Instructor: Tina Sheppard

A fun painting class offered this Fall for adults! Join us and get creative, painting a wine glass to take home with you. Enjoy a night out! Great creative and relaxing fun! All painting supplies & a wine glass will be provided. Appetizers will be served.



Pairs Pickleball Tournaments

Ages 18 & Over

Tuesday, September 16, A & B Tournament

12:00pm Start

Thursday, September 18, C & Novice Tournament;

12:00pm Start

\$19 per team

REGISTRATION DEADLINE: Thursday, September 11

Outdoor Courts at the Apple Valley Community

Center (indoor rain-out in Sport Court Gym) Want to test your Pickleball prowess? Here's your chance. Play opponents of similar ability on our newly built outdoor courts. And if the weather is bad, we have indoor courts too.



Recreational Volleyball Leagues

Ages 18 & Over

WOMEN'S "A", "B", "C" LEAGUES:

Thursday (begins 9/11/14)

CO-REC "A", "B", "C", "D" LEAGUES:

Friday (begins 9/12/14)

\$100 per team per League

(plus a \$25 per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINES:

Returning Teams: Thursday, August 14

New Teams: Tuesday, August 19

Recreation Supervisor: Lyndell Frey

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Thursday (Women's) and Friday (Co-rec) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Play begins on September 11 & 12, with practices times available on September 4 & 5. The leagues will consist of 9 league matches plus playoffs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

HEALTHY PARKS HEALTHY PEOPLE

Women's Power Volleyball Leagues

Women Ages 18 & Over

Women's Power League: Tuesday (begins 9/23/14)

\$185 per team per League

(plus a \$15 fee per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINES:

Returning Teams: Tuesday, August 26

New Teams: Wednesday, September 3

Recreation Supervisor: Lyndell Frey

Our six-on-six officiated Volleyball Leagues for women 18 years and over will be played at the Apple Valley Community Center, on Tuesday evenings. Games are at 6:30pm, 7:30pm, 8:30pm and 9:30pm. Play begins on Tuesday, September 23, with practice times available on September 16. A Women's A (Competitive League) and a Women's B (Intermediate League) will be offered. The leagues will consist of 9 league matches plus playoffs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.



Adult 3 on 3 Indoor Basketball Fall League

Ages 18 & Over

INTERMEDIATE LEAGUE: Tuesday evenings

September 16 - October 28

RECREATIONAL LEAGUE: Wednesday evenings

September 17 - October 29

35 AND OVER LEAGUE: Wednesday evenings

September 17 - October 29

\$50 per team per League (teams without at least 51% of players either working full-time or living in Apple Valley must add a \$25 non-resident team fee)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINE: Thursday, September 4

Recreation Supervisor: Lyndell Frey

Game Start Times: 6:15pm, 7:10pm, 8:05pm, 9:00pm.

League Minimum 5 teams per division, League Maximum 10 teams per division. Games each week will consist of two 20 minute halves. Roster limit is 10 players. Our new three-on-three, self-officiated Intermediate League for adults 18 years and over will be played at the Apple Valley Community Center on Tuesday evenings. Our three-on-three, self-officiated 35 and Over and Recreational Leagues will be played at the Apple Valley Community Center on Wednesday evenings. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. League championship t-shirts awarded for 1st place in each division. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Officiated Adult 5 on 5 Basketball

Ages 18 & Over

(Full Court) Basketball League:

Tuesday evening for “C” (Intermediate) and “D” (Recreational) League play begins Tuesday November 4. Two separate divisions.

\$500 per team (Resident teams)

\$550 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINES:

Returning Teams: Monday, October 20

New Teams: Thursday, October 24

Recreation Supervisor: Lyndell Frey

Our five-on-five, officiated Basketball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Tuesday evenings. All games will be officiated by registered HS or college officials. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card. All registered teams will also have an opportunity to participate in the MRPA State tournament. For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or **952-953-2316**. Individual players note: Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our “draft” list.

Self-Officiated Adult 5 on 5 Basketball

Ages 18 & Over

(Full Court) Basketball Leagues

Wednesday evening for “D” (Recreational) teams and “35 and Over” teams starts November 5. Two separate divisions.

\$250 per team (Resident teams)

\$275 per team (Non-resident teams) Teams without at least 51% of players either working full time or living in Apple Valley must add the \$25.00 non-resident team fee.

REGISTRATION DEADLINES:

Returning Teams: Monday, October 20

New Teams: Thursday, October 24

Recreation Supervisor: Lyndell Frey

Our five-on-five, self-officiated Basketball Leagues will offer two separate divisions for adults 18 years and over. Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card. For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or **952-953-2316**. Individual players note: Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our “draft” list.

Fall Dodgeball League

Ages 18 & Over

S.O.R.R. ADULT CO-REC FALL DODGEBALL LEAGUE

Thursday evenings; begins 9/4/14

\$114 per team, per League

Century Middle School in Lakeville

REGISTRATION DEADLINES:

Returning team registration; July 14 – August 7

Open team registration; August 11 - 21

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs. The league starts on September 4. Game start times are between 6:30-9:00 pm. The Dodgeball League is self-officiated. For more information and to register a dodgeball team call the Lakeville Parks and Recreation Department at **952-985-4615**.



HEALTHY PARKS HEALTHY PEOPLE

APPLE VALLEY SENIOR CENTER

14601 Hayes Road - Apple Valley • 952-953-2345

Join area adults age 55 and older for social, educational, recreational and service oriented activities, programs and events. The Apple Valley Senior Center is the home of the "Apple Valley Seniors" organization. Senior Center hours are Monday-Friday, from 9:00am-4:00pm. Please call **952-953-2345** if you would like to receive a complimentary newsletter or to arrange a tour of the facility. If you are in the neighborhood, please drop in!

Gentle Yoga

Ages 55 & Over

Wednesday, September 24-October 29; 9:45-10:45am

\$48 for members; \$53 for nonmembers

\$10 drop-in fee

Apple Valley Senior Center

Min. 6 Max. 20

REGISTRATION DEADLINE: September 17

Yoga is practiced in chairs as well as floor work. Bring a yoga sticky mat and bottle of water. Wear comfortable clothing. Register at the Apple Valley Senior Center or by phone at **952-953-2345**.

Segway Tour

Ages 55 & Over

Wednesday, September 10

11:00am & 12:30pm

\$28 per person

Lac Lavan Park, 15610 Highview Drive

Min. 8 Max. 8

REGISTRATION DEADLINE: September 3

Have you always wanted to ride a Segway? This is a perfect opportunity that is both convenient and a value. Initially you will be trained how to operate a Segway, followed by a 1-hour trip, around Lac Lavan Park and Lake. Participants should wear tennis shoes, appropriate clothing for the weather and a bike helmet. If you do not have a helmet, All American Segway will provide you with one. For more information or to register over the phone please contact the Apple Valley Senior Center at **952-953-2345**.

TRAVEL SHOW

September 17th, 2014
at 2:00 PM

Apple Valley Seniors

&
**Landmark
TOURS**

Join Apple Valley Seniors on **Wednesday, September 17th, 2014** where local tour operator Landmark Tours will unveil their 2015 travel season. Landmark's presentation will include information on their inclusive air/motorcoach vacation packages and a question/answer session. Literature will be available onsite. If you are unable to attend, you can contact Landmark Tours for a catalog.

SOME OF THE FEATURED TRIPS:

Washington DC
Cherry Blossoms



Savannah,
Charleston & Asheville



Canyonlands



Canadian Rockies



New Orleans,
Memphis & Nashville



New York City



The California Coast



TRIP COST INCLUDES:

- Roundtrip Airfare from MSP
- Quality Hotel Accommodations
- Deluxe Motorcoach & Professional Tour Director
- Most Meals / Baggage Handling

For more information, contact Landmark Tours at 651-490-5408
or Bill Bird at the Apple Valley Senior Center 952-953-2341
Visit www.landmark-tours.com

COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. NO BLACK SOLED SHOES, street shoes or boots are permitted in the gymnasium. Call the Open Gym Hotline at **952-953-2399** (option 2) to verify the gym schedule, as tournaments are occasionally held at the Community Center.

Preschool Open Gym / 2 & Under Tot Time

Ages 2 & Under with accompanying adult

Monday, Wednesday, Friday; 9:00-9:30am

FREE

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots! NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am.

Pre-School Open Gym

Ages 5 & Under with accompanying adult

Monday, Wednesday, Friday; 9:30-11:00am

FREE

Here's a great place for parents to meet other parents. Youth age 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round and is for pre-school aged children only. Please do not bring snacks and drinks into the gym!

Youth Open Gym

Grades 6-12 Plus School ID

Saturday 12:00–3:45pm

Sunday 4:00–7:15pm

Monday–Friday 2:30–4:30pm

Youth in grades 6 to 12 can come to play informal recreational basketball. The courts will be available for practice shooting or pick-up games on your own. Team practice or play is not allowed. Children in grades 5 or under must be supervised in the gym by a non-participating adult. Participants must attend a District 196 school or live in Apple Valley, and must also submit his/her school ID to enter the gym. *FREE*

Family Open Gym

Ages 17 & Under with parent

Saturday 4:00–7:15pm • Sunday 12:00–3:45pm

The whole family can participate in informal recreational basketball, or can just use the gym to run around! The courts will be available for practice shooting or games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

FREE

Adult 40 & Over Noon Time Open Basketball (Year Round)

Ages 40 & Over

Tuesday & Thursday; 11:30am-1:30pm

\$3 per person per date (players and spectators)

Apple Valley Community Center gyms

14603 Hayes Road

Adult 40 & Over Noon Time Open Basketball will be offered each week beginning Tuesday, September 23 and Thursday, September 25. Break out your basketball shoes and enjoy a couple of hours of weekday hoops. Participants will be required to show a valid driver's license ID with proof of age. Participants will be required to fill out a "Participant Registration Card" on your first visit and also be required to show your ID on each visit thereafter. Be part of a developing new program while enjoying some pick-up basketball. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Adult Table Tennis League

Ages 18 & Over (17 with High School Diploma)

Wednesdays Evenings Starting September 10

\$15 per player

Apple Valley Community Center

REGISTRATION DEADLINE: Sunday September 7

Test your skill against other local table tennis players for a chance at calling yourself Apple Valley Champion. Game start times will be no earlier than 6:00 pm and no later than 9:00 pm. All players will be assigned to the same league for the first full round. The playoff round will be divided into more than one division to promote balanced play.

Open Table Tennis

Ages 18 & Over

\$3 per person

Thursday, September 4 through November 20

6:30-9:30pm

Apple Valley Community Center

Two tables will be set up for open play!

continued on
next page

HEALTHY PARKS HEALTHY PEOPLE

Adult Open Volleyball

Ages 18 & Over

Saturday & Sunday, year-round; 3:00-6:00pm

(3 courts available)

Monday, year-round; 6:30-9:30pm

(6 courts available)

\$3 per person per date (players and spectators)

OR- \$30 for a Punch Card

Apple Valley Community Center

Recreation Supervisor: Lyndell Frey

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate. Courts will be shared equally between all participants in attendance. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Saturday & Sunday: A 63 player capacity at one time will be followed. Note: Participants are required to fill out a "Participant Registration Card", show an ID, and pay the \$3 fee prior to participation. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Open Badminton

Ages 18 & Over

Wednesdays 6:30-9:45pm

\$3 per person

Apple Valley Community Center

Badminton on Six courts will be set up on Wednesday nights for open play! This is an adult program; children will not be permitted in the gym, and unsupervised children under age 10 may not be brought to the Community Center.

Open Pickleball

Ages 18 & Over

\$3 per person

Monday through Friday; 9:00am-12:30pm

Apple Valley Community Center

Sport Court Gym

Come play the exciting game that is keeping folks on the move nationwide. Played with a paddle and Pickleball whiffle ball on a court similar to those used for badminton, it's deceptively fun and habit forming. Give it a try.

Pickleball Sundays

Ages 18 & Over

Sundays; 12:00-2:00pm

\$3 per person

(barring tournament use of facility)

Call our Hotline **952-953-2399** for the latest gym schedule. Six courts will be set up on for open play!

Home School Open Gym

Grades 6-12

Wednesday and Friday; 11:15am-1:30pm

Does your home schooler need a place to run during the school year? Grades 6 through 12 home school students can play basketball and get a good workout in the gym. Parents, please accompany your teen for the first Open Gym. Emergency contact information will be requested and a Home School Open Gym Participant card will be issued.

Outdoor Tennis Courts

Park Sites	Address	# of Courts
Belmont	118 Belmont Rd	1
Cedar Knolls	7094 127 th St W	2
Delaney	4745 147 th St W	2
Farquar	13266 Pilot Knob Rd	2
Greenleaf	134 th St W & 134 th Ct W	2
Hagemeister	13000 Johnny Cake Ridge Rd	4 (2 w/ lights)
Heritage	12852 Hamlet Ave	1
Pennock	15445 Pennock Ave	2
Redwood	311 150 th St W	2
Scott	14125 Galaxie Ave	2 (lights & rally boards)
Wildwood	8266 137 th St W	2
School Sites		
Apple Valley High	14450 Hayes Rd	4
Eastview High	6200 140 th St W	8 (+ rally boards)
Scott Highlands Middle	14011 Pilot Knob Rd	4 (+ rally boards)
Valley Middle	900 Garden View Dr	4
Falcon Ridge Middle	is at the same site as Hagemeister Park (2 Park / 2 School)	

Outdoor Pickleball Courts

Six new Pickleball courts have been constructed at Hayes Park (south side of community center). Pickleball lines have been also been marked on the tennis courts at Pennock and Hagemeister Parks.

Disc Golf Course

In addition to being a great location for a group picnic or a walk through the woods, Alimagnet Park is also a great location to play disc golf (aka Frisbee golf). The course has 12 holes; the first seven have concrete tees and open fairways with lots of big mature trees, while the last five holes are more tightly wooded. Discs specially designed for disc golf or any regular Frisbee can be used to play the game. Come out and try the fun recreational game of Disc Golf! Please respect other park users.

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure. If you would like to take part and help your community, please contact Tom Adamini, Parks Superintendent at **952-953-2420**.

The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	LOCATION
Flight Club & AVDGL.....	Derek Lusk	Alimagnet Park
Geek Squad.....	Matthew Schultz	Alimagnet Park
A.V. American Legion Auxiliary, Unit 1776	Jan Lauby	Apple Grove Park
Apple Valley Guitar & Piano Academy	Laureen Markert	Apple Valley East
The Adventure Zone	Jim Nordberg	Belmont & Chaparral Parks
Catholic Order of Foresters Court 332	Alma Kremer.....	Cedar Knolls Park
Wings Financial CU	Cari Fougner.....	Cobblestone Lake Pathway
Girl Scout-Brownie Troop 55075	Nicole Bohlig	Delaney Park
South Metro ATV Club.....	Jay Peterson.....	Duchess Park
Farquar Park Helpers	Jeff Christianson	Farquar Park
Midwest Special Services, Inc.....	Sherry Ginder.....	Farquar and Johnny Cake Ridge Parks
Southcross Community Church	Jennifer Largen	Fred J. Largen Park
MOMS Club – Apple Valley North	Amanda Contino	Heritage Park
Girl Scout Troop #54077	Nancy Smoley	Huntington Park
Uponor, Inc	Daniel Perez	Johnny Cake Ridge Park
Shaver Group.....	Connie Shaver	Keller Park
Boy Scout Troop #293.....	Paul Chellsen	Long Lake, Moeller, Greenleaf,
Boy Scout Troop #293.....		Faith, Nordic and Hagemesiter
Nordic Woods Neighborhood	John Santi	Nordic Park
Rotary Club of Apple Valley	Tom Lawell	Redwood & Kelley Parks
Garland Group.....	Michelle Markov	Scott Park
Stael Family.....	Anthony Stael.....	Sunset Park
Hansen Family	Bill and Julie Hansen	Wallace Park
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood Park

If you know any of these folks, thank them for helping keep your park system looking good!

HEALTHY PARKS HEALTHY PEOPLE



Check out our Traveling
and In-House Programs!

WWW.EVAASPORTS.ORG

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	Eastview Hockey Assn.	Tennis	

evaa-admin@evaasports.org | P.O. Box 240392 Apple Valley, MN 55124

Youth Athletics



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Basketball
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Soccer
Volleyball
Wrestling**

**Community (Pre-K – 6th)
Traveling (4th – 6th)
Community (4th – 6th)
Community (1st – 6th)
Traveling (7th & 8th)
Community (Pre-K – 7th)
Traveling (U9 – U14)
Community (2nd – 12th)
Community (K – 6th)**

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