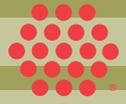


HEALTHY PARKS HEALTHY PEOPLE



Apple
Valley

FALL 2015

CITY OF APPLE VALLEY PARKS & RECREATION



Parks & Recreation Department
952-953-2300 • www.cityofapplevalley.org

Apple Valley Parks & Recreation

ADMINISTRATION

Parks and Recreation Director..... Barry Bernstein
952.953.2310 • bbernstein@cityofapplevalley.org

Parks Superintendent..... Tom Adamini
952.953.2420 • tadamini@cityofapplevalley.org

Recreation Superintendent..... Scott Breuer
952.953.2311 • sbreuer@cityofapplevalley.org

Recreation Supervisor – Seniors..... Bill Bird
952.953.2341 • bbird@cityofapplevalley.org

Recreation Supervisor – Athletics..... Lyndell Frey
952.953.2316 • lfrey@cityofapplevalley.org

Recreation Supervisor – Programs..... Marcie Padgett
952.953.2312 • mpadgett@cityofapplevalley.org

Recreation Supervisor – Aquatics..... Steve Skinner
952.953.2314 • sskinner@cityofapplevalley.org

Department Assistant..... Dorene Perkins Monn
952.953.2304 • dperkins@cityofapplevalley.org

Clerical Assistant..... Eva Lageson
952.953.2300 • elageson@cityofapplevalley.org

Clerical Assistant..... Debby Shepard
952.953.2300 • dshepard@cityofapplevalley.org

APPLE VALLEY COMMUNITY CENTER

14603 Hayes Road
PHONE: 952-953-2300 • FAX 952-953-2306

APPLE VALLEY SENIOR CENTER

14601 Hayes Road
PHONE: 952-953-2345

HAYES PARK ARENA

(Adjacent to the Apple Valley Community Center)
Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2365

REDWOOD COMMUNITY CENTER

311 150th Street West
PHONE: 952-953-2300

SPORTS ARENA

(Attached to the south side of Apple Valley High School)
Arena Manager..... Brian Christianson
952.953.2367 • bchristianson@cityofapplevalley.org
PHONE: 952-953-2366 • FAX 952-431-8246

TEEN CENTER

14255 Johnny Cake Ridge Road
PHONE: 952-953-2385

VALLEYWOOD GOLF COURSE

Manager – P.G.A. Professional..... Jim Zinck
952.953.2320 • jzinck@cityofapplevalley.org

Food, Beverage & Rental Coordinator... Krystal Sedwick
952.953.2335 • ksedwick@cityofapplevalley.org

PRO SHOP PHONE:
952-953-2323 • FAX 952-953-2319

PARKS & RECREATION ADMINISTRATIVE OFFICE:

Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)..... 8:00am–4:30pm

Apple Valley Community Center:

Monday-Friday..... 8:00am–10:00pm

Saturday..... 8:00am–7:30pm

Sunday..... 12:00pm–7:30pm

August 24-28..... Closed

Labor Day (Sep. 7)..... 9:00am–10:00pm

Veterans' Day (Nov. 11)..... 9:00am–10:00pm

Thanksgiving Day (Nov. 26)..... Closed

Day after Thanksgiving (Nov. 27)..... 9:00am–10:00pm

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line

Press 2: AVCC Open Gym Schedule

Press 3: Aquatic Programs

Press 4: Adult Athletics

Press 5: Arena Programs

Press 6: Seasonal Programs & Special Events

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APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

COMMUNITY CONTACTS

Apple Valley Municipal Center	952-953-2500
Dakota County Parks Info Line	952-891-7000
VAA	www.vaasports.org
EVAA	www.evaasports.org
ISD 196 Community Education.....	651-423-7722

REGISTER ONLINE:

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday, 8:00am-4:30pm

Visa, MasterCard, Discover or American Express required at time of registration.



[Facebook.com/Apple Valley Parks & Recreation](https://www.facebook.com/AppleValleyParks&Recreation)

APPLE VALLEY LIVE!: SHAKESPEARE UNDER THE STARS

All Ages

Weekend evenings; 7:00-9:00pm; August 1, 2 • August 8, 9 • August 14, 15, 16 • August 21, 22, 23 • August 28, 29, 30

FREE

Kelley Park; 6855 Fortino Street

Come out to Kelley Park on weekend evenings in August to watch free live theatre! The Apple Valley Arts Foundation has selected locally-based Apple Valley Live! to perform **Twelfth Night**. Shows will last approximately two hours and include a short intermission. This special event is sponsored by Uponor. Bring your own lawn chair or blanket.

APPLE VALLEY SPORTS

ARENA

(Adjoining Apple Valley High School)
14452 Hayes Road, Apple Valley, Phone: 952-953-2366

ICE SKATING LESSONS

Saturdays: October 24 – December 19
(No lessons 11/28) 8:00am-11:30am

Mondays: October 26 – December 14
7:15-9:15pm

Thursdays: October 22 – December 17 (Hayes Arena)
(No lessons 11/26) 10:00-11:00am and 12:30-1:30pm

THE PROGRAM: The program is geared toward the recreational skater of all ages and skill levels. Instructors will follow the skill progressions outlined in our program. Skaters will be evaluated throughout the session to determine if they are ready to advance. For all snowplow, Basic and Free skate classes we use U.S. Figure Skating Curriculum. More information can be found at www.usfigureskating.org. Our program consists of a 12:1 student/instructor ratio to ensure quality instruction. The exception being the Snowplow level which is an 8:1 ratio. All participants also receive 5 free open skate passes week 3 of lessons.

We reserve the right to cancel or combine classes. Any class having only one registered skater will be offered the option of a 15 minute private lesson.

REGISTRATION: Registration for our program is conducted on-line. Go to the City's website at www.cityofapplevalley.org. From the "Recreation" heading's drop-down lists, select "Recreation Programs" and then "Ice Skating Lessons". First-time users will need to set up an account to register. Each family member should be listed on the same account, and can be easily added at a later date.

REGISTRATION DEADLINE: October 22

COST:

Group Lessons	\$90.00
Power Edge	\$75.00
Private Lessons.....	\$115.00
Parent/Child Lessons	\$115.00

REQUIREMENTS: We recommend children in the Snowplow classes wear a helmet (bike helmets work well) and snow pants. Basic and Freestyle skaters should wear form fitting clothes or skating attire so instructors can view the proper movement of required elements. All skaters must wear gloves. Double runner skates are not permitted. Skate rental is available at a cost of \$2.00 per pair per session; however, there is a limited supply of skates in each size. Skate sharpening is available for \$4.00 per pair of skates.

WHAT CLASS DOES MY SKATER SIGN UP FOR?

If your skater is 3 years old you should sign up for the Parent/Child class. If your skater is 4-5 years old and has never skated before, you should sign up for the snowplow class. If your skater is 6+ years old and has never skated before, you should sign up for the Basic 1 class. If you have previously skated in our program and not sure what class to register for, please contact the Learn to Skate Director, Janelle at jwall@cityofapplevalley.org.

Note: Based on the skater's ability, the class and practice times may switch within the same hour (i.e. practice first, then lesson or lesson first, then practice.)

CLASS DESCRIPTIONS

Parent/Child Class (ages 3-5)

For ages Preschool and up. Great way for children and parents to learn together

Private Lessons (ages 6 and up)

1:1 private 15 minute lesson with 45 min practice

Snowplow Sam 1-3 (ages 4-5)

Designed to help the younger age skater develop coordination, strength, and comfort on the ice. Skills include dips, swizzles, stops, and games. Skaters who complete Snowplow Sam enter the "Basic" curriculum.

Basic 1-8 (ages 6 -17)

Learn all fundamentals of the sport including forward and backward skating techniques, stops, turns, & edges. The Basic levels prepare skaters with the basic knowledge to enable advancement into specialized areas of skating. Skaters who complete Basic 8 enter Free Skate 1.

Free Skate 1-6 (advanced)

After progressing through Basic 1-8, Skaters learn jumps, spins, footwork, and other exciting artistic and athletic moves.

FALL OPEN SKATE STARTS OCTOBER 18
APPLE VALLEY SPORTS ARENA
114452 HAYES ROAD
SUNDAYS; 3:30-5:00pm

...Class Descriptions Continued

Adult 1-4 (age 18-senior)

Designed to promote overall fitness, improving balance and coordination while mastering skating basics.

Hockey 1-6 (age 6+)

The Hockey curriculum is designed to teach the fundamentals of hockey skating. Within these 6 levels, skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus of the levels. All elements will be taught without a stick or puck but hockey gear is highly recommended. Helmet and hockey skates are required. This class is for the hockey player with skating experience.

Power Edge

This class is designed for figure skaters to build strength and power while learning proper technique and skating form.

Saturdays: October 24 – December 19
(No lessons 11/28) 8:00am-11:30am

LEVEL.....	LESSON	PRACTICE
Snowplow	8:00-8:30	8:30-9:00
Basic 1	8:00-8:30	8:30-9:00
Basic 2-3	8:00-8:30	8:30-9:00
Basic 4-5	8:00-8:30	8:30-9:00
Basic 6-8	8:30-9:00	8:00-8:30
Free Skate 1-6	8:30-9:00	8:00-8:30
Private Lesson (15min Lesson).....	8:30-9:00	8:00-8:30

Snowplow	9:15-9:45	9:45-10:15
Basic 1	9:15-9:45	9:45-10:15
Private Lesson (15min Lesson).....	9:15-9:45	9:45-10:15
Basic 2-3	9:45-10:15	9:15-9:45
Basic 4-5	9:45-10:15	9:15-9:45
Basic 6-8	9:45-10:15	9:15-9:45
Free Skate 1-6	9:45-10:15	9:15-9:45

LEVEL.....	LESSON	PRACTICE
Snowplow	10:30-11:00	11:00-11:30
Basic 1	10:30-11:00	11:00-11:30
Basic 2-3	10:30-11:00	11:00-11:30
Parent/Child	10:30-11:00	11:00-11:30
Hockey 1	11:00-11:30	10:30-11:00
Hockey 2-3	11:00-11:30	10:30-11:00
Hockey 4-6	11:00-11:30	10:30-11:00
Basic 4-5	11:00-11:30	10:30-11:00
Basic 6-8	11:00-11:30	10:30-11:00
Free Skate 1-6	11:00-11:30	10:30-11:00

MONDAY EVENING CLASSES

Mondays: October 26 – December 14 • 7:15-9:15pm

LEVEL.....	LESSON	PRACTICE
Parent/Child	7:15-7:45	7:45-8:15
Snowplow	7:15-7:45	7:45-8:15
Basic 1	7:15-7:45	7:45-8:15
Basic 2-3	7:15-7:45	7:45-8:15
Basic 4-5	7:45-8:15	7:15-7:45
Basic 6-8	7:45-8:15	7:15-7:45
Hockey 1	7:45-8:15	7:15-7:45
Private Lessons	7:45-8:15	7:15-7:45
Adult	8:15-8:45	7:45-8:15
Free Skate 1-6	8:15-8:45	7:45-8:15
Hockey 2-3	8:15-8:45	7:45-8:15
Hockey 4-6	8:15-8:45	7:45-8:15
Power Edge	8:45-9:15	8:15-8:45

THURSDAY DAY CLASSES @Hayes Arena

Thursdays: October 22 – December 17

(No lessons 11/26) 10:00-11:00am and 12:30-1:30pm

LEVEL.....	LESSON	PRACTICE
Snowplow	10:00-10:30	10:30-11:00
Basic 1/Hockey 1	10:30-11:00	10:00-10:30
Snowplow	12:30-1:00	1:00-1:30
Basic 1/Hockey 1	1:00-1:30	12:30-1:00

REGISTRATION DEADLINE: OCTOBER 20

LEARN TO SKATE OPEN HOUSE

Hayes Park Arena
 14595 Hayes Road, Apple Valley
September 13; 3:15pm-4:45pm

Limited Skate Rentals will be available for \$2.00 per pair. Come skate for FREE and learn more about our program! Mini lessons will be given to those who are interested.

PRE-SCHOOL & YOUTH PROGRAMS

Tot's Day of Fun

Ages 3-6

Monday, 9:00am-12:00pm

SESSION 1: September 7, 14, 21, 28

SESSION 2: October 5, 12, 19, 26

SESSION 3: November 2, 9, 16, 23

SESSION 4: November 30; December 7, 14, 21

\$42 per person, per session

\$12 per person, per date, Daily Drop-In Fee

(Daily Drop-in Fee: Register at the AVCC front desk, on the date of class only;

Call for availability at 952-953-2300.)

Apple Valley Community Center

Min. 5 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: August 31; Session 2: September 28

Session 3: October 26; Session 4: November 23

Instructors: Parks & Recreation Department Staff

Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym or playground time, a snack, and even a short "quiet time". The activities are designed for your tots, the class is designed for parents who need that little bit of extra time for errands, or just to relax! Our Instructors will lead activities throughout the 3-hours, keeping the tots busy with a myriad of activities. Parents do not stay, and children must toilet independently.

Awesome Authors

Ages 3-6

Thursday, 10:00-11:30am

SESSION 1: September 10; Jon Scieszka

SESSION 2: October 8; Bill Martin, Jr.

SESSION 3: November 12; Leo Lionni

\$7 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: September 3; Session 2: October 1

Session 3: November 5

Instructor: Kristy Hemphill

Kids love books, and there are so many great writers! In this class, we will study a different author and read some of their books, and learn through crafts, story boards, creative play and dramatics. Plus, a snack will be provided, relating to a story! Parents do not stay, and children must toilet independently.



Little Chefs--Tot's Healthy Cooking Classes

Ages 3-6

Friday, 11:00am-12:15pm

SESSION 1: September 11; Fresh Fall Favorites

SESSION 2: October 9; Halloween Fun Food

SESSION 3: November 13; Thanksgiving Ideas

SESSION 4: December 11; Holiday Treats

\$8 per person, per session

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: September 4; Session 2: October 2

Session 3: November 6; Session 4: December 4

Instructors: Parks & Recreation Department Staff

Fun cooking classes featuring healthy foods and snacks for preschoolers! You'll learn new recipes each session and each "Little Chef" will take home a recipe book of the recipes that they have learned that session. Parents do not stay, and children must toilet independently.

Top Secret Travel

Ages 4-7

Thursday, 9:30-11:00am

SESSION 1: September 17; Greece

SESSION 2: October 22; Egypt

SESSION 3: November 19; Costa Rica

\$7 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINES:

Session 1: September 10

Session 2: October 15

Session 3: November 12

Instructor: Kristy Hemphill

Grab your passport and hop on board as we travel the world with Top Secret Travel! Each session we will visit a new land, learn about the country, explore its culture, sample its food and play local games. Your little voyager won't want to miss out on any of these adventures! Parents do not stay.



Apples, Apples, Apples

Ages 3-6

Friday, September 18; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: September 11

Instructor: Kristy Hemphill

Fall is here and the apples are in full bloom. In this class your little one will be making crafts, playing games and listening to stories all about apples and other seasonal themes. Apple snacks will be provided. Hope to see you there. Parents do not stay, and children must toilet independently.

Holiday Parties for Tots

Ages 2 ½-6

SESSION 1: Fall Festival Party

Friday, September 25; 9:30-10:45am

SESSION 2: Haunted Halloween Party

Friday, October 30; 9:30-10:45am

(Participants can wear a costume, if they choose to)

SESSION 3: Turkey Treats Party

Friday, November 20; 9:30-10:45am

SESSION 4: Crafty Christmas Party

Friday, December 18; 9:30-10:45am

\$7 per person, per session

Apple Valley Community Center

Min. 8 Max. 16 per session

REGISTRATION DEADLINES:

Session 1: September 18; Session 2: October 23

Session 3: November 13; Session 4: December 11

Instructors: Parks & Recreation Department Staff

Celebrate the upcoming Fall and Winter Holidays at our special parties just for TOTS! Games, crafts, stories, songs and treats related to the holiday will be featured at our parties. Be a part of the holiday happenings! Parents do not stay and children must toilet independently.

Play Doh Party

Ages 3-6

Thursday, October 1; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 12

REGISTRATION DEADLINE: September 24

Instructor: Kristy Hemphill

Every kid loves to play with play doh. Spend the morning in an open play session with tons of play doh, you can make play doh food, give play doh haircuts and even be a play doh dentist. We will make a play doh craft, read stories and have a snack. Parents do not stay, and children must toilet independently.

Skeletons

Ages 3-6

Friday, October 23; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: October 16

Instructor: Kristy Hemphill

Spooky, scary skeletons send shivers up my spine! Join us for some skeleton fun, celebrating the Halloween season with skeleton games, crafts, and snacks. Your little one will not want to miss this (not so scary) day! Parents do not stay, and children must toilet independently.

Minecraft

Ages 5-8

Thursday, November 5; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 8

REGISTRATION DEADLINE: October 29

Instructor: Kristy Hemphill

Don't look now but there's a Creeper behind you – hiss! In this Minecraft class we will have to battle a skeleton and take care of those pesky spiders. We will craft a pick axe or sword to help mine the iron and gold. We will tame a few wolves to keep as pets. And of course we will build with blocks, lots and lots of blocks! A snack will be provided. Parents do not stay.



Winnie the Pooh and Friends

Ages 3-6

Thursday, December 3; 10:45am-12:00pm

\$7 per person

Apple Valley Community Center

Min. 5 Max. 10 per session

REGISTRATION DEADLINE: November 26

Instructor: Kristy Hemphill

Join Winnie the Pooh and his friends for a fun-filled story time! We'll have tons of fun listening to Winnie the Pooh stories, providing sound effects, working with puppets and making cool crafts. A snack will be provided. Parents do not stay, and children must toilet independently.

Gingerbread Houses for Kids

Ages 3-6

Thursday, December 10; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINE: December 3

Instructor: Kristy Hemphill

Calling all kids! Come on down for a super awesome, super fun gingerbread extravaganza! We will be making gingerbread houses, gingerbread cookies, gingerbread crafts and play some gingerbread games. How fun does that sound? Sign up today as spots will fill quickly! Parents do not stay, and children must toilet independently.

Critter's Crafts & Gifts for Christmas

Ages 4-7

Thursday, December 17; 9:00-10:30am

\$9 per person

Apple Valley Community Center

Min. 4 Max. 8

REGISTRATION DEADLINE: December 10

Instructors: Parks & Recreation Department Staff

Attention all last-minute Holiday Shoppers: Do you still have shopping & wrapping to do? We have an answer for you! Drop your tots off at our Critter's Crafts & Gifts Class, and get it all done! Your tots will make holiday decorations, gifts for mom & dad, and holiday cards for the family while you finish your shopping and/or gift wrapping! Plus, enjoy a tasty holiday treat! Great fun! Parents do not stay.

Horse Camp at Sunnyside Stables

Ages 7-15

Thursday, October 15 & Friday, October 16

10:00am-3:00pm

\$125 per person (both days)

Meet at Sunny Side Stables,

15400 Emery Avenue East; Rosemount

Min. 10 Max. 15

REGISTRATION DEADLINE: October 5

Instructors: Sunnyside Stables Staff

Experience your love for horses! Each day includes riding - rain or shine. Discover the basics of grooming, saddling, body language, posture, contact and balance. Horses are assigned according to each rider's ability. Bring a lunch and snack each day. Wear long pants and low-heeled boots or laced shoes. Equestrian helmets are required, bring your own, or one will be provided. Permission forms are required to participate and are available during your online registration. Bring these forms on the first day.

MEA Break Class!

Dakota County 4-H's 'Anything Goes' Camp 1 or 2-Day Camp, all Day!

Ages 6-11

Thursday, October 15; 8:00am-5:00pm

with drop-off beginning at 7:30am

Apple Valley Community Center

14603 Hayes Road; Apple Valley

Friday, October 16; 8:00am-5:00pm;

with drop-off beginning at 7:30am

Diamondhead Education Center,

200 West Burnsville Parkway; Burnsville

\$42 per person, for 1 day

\$62 per person, includes both days

Min. 5 Max. 15, per each date

REGISTRATION DEADLINE: October 8

Instructors: Dakota County 4-H, University of MN Extension Staff

Join Dakota County 4-H staff and volunteers during MEA break! Campers will experience two very different days of fun, friends, and activities. Youth will enjoy hands-on experiments and challenges. Each day will feature science, games, snacks, and LIVE, small animals! Choose to either attend one day in your community or take advantage of the two-day camp savings by joining Burnsville youth at their Diamondhead location. Participants are responsible for their own transportation, each day.

MEA Break Class!





Musical Safari's 'Fun in Fall' Parent/Child Pre-School Music & Movement Classes

Ages 1½ -6 with parent

Tuesdays, 10:00-10:45am

SESSION 1: October 6, 13, 20, 27

SESSION 2: November 3, 10, 17, 24

\$40 per Parent/Child Pair; \$25 per additional sibling

Apple Valley Community Center

Min. 3, Max. 6 pairs per session

REGISTRATION DEADLINES:

Session 1: September 29

Session 2: October 27

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, explore music and movement as you go on a "FUN IN FALL" Musical Safari with your child! Each class will focus on a different theme related to FALL! During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!



Abrakadoodle Art Classes for Tots & a Parent

A fun, imaginative art program for children, ages 2-5. Abrakadoodle introduces children to a wide variety of art materials and art techniques, and inspire them to reach beyond and create unique art. Parents stay to assist their child.

Fall Art Camp for Little Doodlers

Ages 2-5 with a parent

Saturdays, October 3, 10, 17, 24; 9:30-10:15am

\$59 per 1st child registered; \$49 per additional sibling

Apple Valley Community Center

Min. 3 Max. 6 pairs

REGISTRATION DEADLINE: September 26

Instructor: Abrakadoodle Staff

In Fall Art Camp for Little Doodlers, we'll sculpt some turkey bowls with model magic, print a bee hive with bubble wrap and make some silly bees, create a cute mouse collage, and more! We'll use lots of art materials to create our masterpieces this fall!



Holiday Art Camp for Little Doodlers

Ages 2-5 with a parent

Saturdays, November 21, 28; December 5, 12;

9:30-10:15am

\$59 per 1st child registered; \$49 per additional sibling

Apple Valley Community Center

Min. 3 Max. 6 pairs

REGISTRATION DEADLINE: November 14

Instructor: Abrakadoodle Staff

In our ALL-NEW Holiday Art class for Little Doodlers, we'll create some awesome projects for the holidays. We'll collage a Santa project, make angels, sculpt a clay Christmas tree, and more. Create some cool holiday projects that everyone will enjoy.



KIDCREATE STUDIO

ART CLASSES

NEW TOTS & SIBLING CLASSES!

Kidcreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins.

Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. Curriculum is age appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments. Making a mess is the best with Kidcreate Studio!

Art with the Very Hungry Caterpillar

18 months-6 years and a parent

Wednesdays, September 9, 16, 23, 30; 9:30-10:15am

\$59 per child

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 2

Instructor: Kidcreate Staff

Eric Carle's books, such as The Very Hungry Caterpillar and The Grouchy Ladybug, will be the inspiration for this bug filled class! The children will learn how Eric Carle creates his amazing images. They will paint, cut, tear, paste, collage and sculpt, as they create their own masterpieces. Come and create right along with your child in these hands on classes! This is a great class for siblings to take together! Children must be accompanied by a caregiver.



Artsy Zoo

18 months-6 years and a parent

Wednesdays, October 7, 14, 21, 28; 9:30-10:15am

\$59 per child

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 30

Instructor: Kidcreate Staff

We're going to the zoo, zoo, zoo. How about you, you, you? Join us as we explore the wonder and beauty of zoo animals. We will take a virtual zoo tour each day as we learn about animals and create animal inspired art. We'll use a variety of art media to create "wild" projects the children can look at, play with, or wear. Come and create right along with your child in these hands on classes! Children must be accompanied by a caregiver.



Keepsake Halloween Craft

18 months-6 years and a parent

Friday, October 30; 9:30-10:30am

\$15 per child

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: October 23

Instructor: Kidcreate Staff

Park your broom at the door and come on in! Together, you and your child will create an adorable picture of a haunted house, complete with spooky handprint ghosts. What a great keepsake! The kids are welcome to wear costumes to class. Children must be accompanied by a caregiver.



Happily Ever After Art Class

Ages 3-6

Tuesday, October 6; 9:00-12:00pm

\$35 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: September 29

Instructor: Kidcreate Staff

Once upon a time, there was an art class where all the young children of the land got to imagine themselves living in a castle as a royal prince or princess. In this class, we will use a variety of painting techniques to create a castle scene complete with a fire breathing dragon. How does class end? With everyone living happily ever after, of course! Please pack a nut free snack and drink for your child.



Date with a Dino Art Class - NEW

Ages 3-6

Tuesday, November 3; 9:00am-12:00pm

\$35 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: October 27

Instructor: Kidcreate Staff

Tyrannosaurs Rex, Triceratops and Diplodocus . . . Is your child dazzled by dinosaurs? This is their chance to have a play date with a dino and create a fantastic work of dinosaur art. This is a great class for siblings to attend together! Please pack a nut free snack and drink for your child.



Holiday Gift Making

Ages 3-6

Tuesdays, December 1 & 8; 9:30-11:30am

\$59 per person (both days)

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: November 24

Instructor: Kidcreate Staff

Come and create hand-crafted gifts just in time for the holidays. Great gifts for mom, dad, grandma, grandpa and of course that favorite teacher. We'll make picture frames, wooden trinket boxes, clay mosaics and more in this class. What great keepsakes! This is a very popular class. Register early to ensure your child's spot.



Messiest Art Class Ever!

Ages 4-9

Thursday and Friday, October 15 & 16; 9:00am-12:00pm

\$69 per person (both days)

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: October 8

Instructor: Kidcreate Staff

Does your young artist love to get messy? So do we! Sign your kids up to have some messy fun! We will be sculpting with gooey gunk, flinging paint like Jackson Pollock and we will even learn a few things along the way. These are not projects to tackle at home – leave the mess with us. Please pack a nut free snack and drink for your child.



Glow-in-the-Dark Art Camp

Ages 4-9

Thursday and Friday, October 15 & 16; 1:00-4:00pm

\$69 per person (both days)

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: October 8

Instructor: Kidcreate Staff

These projects will ROCK your child's world long after the lights go out at night. You guessed it, all the projects we create in this camp will glow-in-the-dark! How cool is that?!?!?! We will be working with a variety of different art supplies including clay, paint and other luminescent materials to create masterpieces your child will be ready to show off in the dark! Please pack a nut free snack and drink for your child each day.



MEA Break Class!

MEA Break Class!

Glow-in-the-Dark Halloween Scene

Ages 4-9

Friday, October 16; 9:00am-12:00pm

\$35 per person

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: October 9

Instructor: Kidcreate Staff

This is your child's chance to paint on a real canvas board. During this guided painting lesson, your child will create a Halloween scene featuring a spooky, swirly, starry night sky that glows in the dark! Children are welcome to wear Halloween costumes to class! Please pack a nut free snack and drink for your child.



Thanksgiving Craft Party

Ages 4-9

Saturday, November 21; 9:00am-12:00pm

\$35 per person

Falcon Ridge Middle School-Room 151

Min. 3 Max. 7

REGISTRATION DEADLINE: November 14

Instructor: Kidcreate Staff

Do you need a little more time to get that turkey stuffed? Sign your kids up for some art fun and get some cooking done. The kids will start celebrating Thanksgiving early by creating a turkey that will be a wonderful addition to any Thanksgiving table! This is a great class for siblings to attend together! Please pack a nut free snack and drink for your child.



Olaf Bobble Head Art Class

Ages 4-9

Saturday, December 5; 9:00am-12:00pm

\$35 per person

Falcon Ridge Middle School-Room 147

Min. 3 Max. 7

REGISTRATION DEADLINE: November 28

Instructor: Kidcreate Staff

Your kids will love this project! We'll create Olaf bobble heads with Model Magic® clay. Sign up early for this one; it'll fill up fast! Please pack a nut free snack and drink for your child.





Paint on Canvas - Reindeer Games

Parents, spend your morning shopping!
Ages 5-12

Saturday, December 12; 9:00am-12:00pm

\$35 per person

Falcon Ridge Middle School-Room 151

Min. 3 Max. 10

REGISTRATION DEADLINE: December 5

Instructor: Kidcreate Staff

Who's the most famous reindeer of all time? Rudolph, of course! During this popular class your child will learn how to paint Rudolph the Red-Nosed Reindeer step-by-step as they create on a real canvas board. Please pack a nut free snack and drink for your child.



Santa's Toy Shop Art Camp – XMAS Break Class!

Ages 4-9

Monday and Tuesday, December 28 & 29

9:00am-12:00pm

\$69 per person

Apple Valley Community Center

Min. 3 Max. 10

REGISTRATION DEADLINE: December 21

Instructor: Kidcreate Staff

This is your child's chance to be Santa's little helper! In this camp the kids will use their imaginations to design, create and build a variety of toys. They will explore all sorts of materials to make toys they can really play with like a board game, snow globe, bobble head and more! Please pack a nut free snack and drink for your child each day.



How the Grinch Stole Christmas Art Class

Parents, spend your afternoon shopping!
Ages 4-9

Saturday, December 12; 1:00-4:00pm

\$35 per person

Falcon Ridge Middle School-Room 151

Min. 3 Max. 7

REGISTRATION DEADLINE: December 5

Instructor: Kidcreate Staff

"The Grinch hated Christmas! The whole Christmas season!" In this class, Dr. Seuss's classic Christmas tale How the Grinch Stole Christmas will be our inspiration. This art masterpiece is sure to help the Grinch's heart grow three sizes bigger! Please pack a nut free snack and drink for your child.



Lego Minecraft Art Class – XMAS Break Class!

Ages 5-12

Monday, December 28; 1:00-4:00pm

\$35 per person

Apple Valley Community Center

Min. 3 Max. 10

REGISTRATION DEADLINE: December 21

Instructor: Kidcreate Staff

Legos and Minecraft what an amazing combination! In this class, the kids will create multiple projects inspired by Creepers, the popular Minecraft characters. We will use air-dry clay, paint and Legos to create these explosive masterpieces. Please pack a nut free snack and drink for your child.

Music Together – 10-week Sessions!

Early Childhood Music for parents/ caregivers & children 8 months-5 years, with parent/caregiver

Sundays; September 20, 27;

October 4, 11, 18, 25;

November 1, 8, 15, 22

SESSION 1: 4:00-4:45pm

SESSION 2: 5:00-5:45pm

Wednesdays; September 23, 30;

October 7, 14, 21, (NO 28);

November 4, 11, 18, (NO 25); December 2, 9

SESSION 3: 10:15-11:00am

SESSION 4: 11:15am-12:00pm

SESSION 5: 5:15-6:00pm

SESSION 6: 6:15-7:00pm

Thursdays, September 24; October 1, 8, 15, 22, 29;

November 5, 12, 19, (NO 26); December 3

SESSION 7: 10:00-10:45am

SESSION 8: 11:00-11:45am

\$176 per Adult-Child Pair; \$99 per additional child Siblings 8 months & under are FREE with paid sibling (born on or after 1/19/15)

NOTE: To register a FREE sibling, contact Clarice at 651-432-4219 or at clarice@musictogetherclasses.com

Apple Valley Community Center

Min. 3 Max. 6 per each session

REGISTRATION DEADLINE: September 14

Instructor: Music Together Instructors

Laurie McFaul, Sessions 1-4, 7-8;

Kevalin Aulandez, Sessions 5-6. Share the delight of making music in these joy-filled, research-based classes!

Infants, toddlers and preschoolers participate at their own developmental level, sharing songs, instrument play, rhythmic rhymes and movement activities in a relaxed, playful, non-performance-oriented setting. Classes are mixed-age so siblings can participate together. Music Together classes are based on the recognition that all children are musical. They can learn to sing in tune, keep a beat and participate with confidence, provided that their early environment supports such learning. This curriculum supports children's overall development—their cognitive, social, physical, verbal and music development. Receive an illustrated songbook filled with music-making ideas and two new CD's - one for home and one for on-the-go. Music Together is directed by Clarice Auluck-Wilson, Ph.D.



Music Together - FREE Demonstration Classes

Birth-5 years with parent/care-giver

SESSION A: Wednesday, September 9; 10:15-11:00am

SESSION B: Wednesday, September 9; 6:15-7:00pm

SESSION C: Thursday, September 10; 10:00-10:45am

SESSION D: Sunday, September 13; 5:00-5:45pm

FREE Demos (1 Demo per family ONLY)

Apple Valley Community Center

Min. 3 Max. 6 per session

REGISTRATION DEADLINE: September 2

Instructors: Music Together Instructors

Laurie McFaul, Sessions A, C-D;

Kevalin Aulandez, Session B

Daddy-Daughter 'Princess Ball' with Belle, Sleeping Beauty & Queen Elsa

Girls ages 3-8, with an Adult Date

Friday, September 25; 6:30-8:00pm

\$29 per pair

Apple Valley Senior Center

(next to the AV Community Center)

Min. 12 Max. 20 pairs per session

REGISTRATION DEADLINE: September 18

Instructors: 'Once Upon a Star' Staff

Join ONCE UPON A STAR'S Princesses: Belle, Aurora & Queen Elsa for an enchanting evening with your special adult-date! We'll enjoy fairy tale BINGO, beading a jewelry craft, dancing and more royal fun! Each princess will receive her own personalized princess tote bag and a castle gift to take home. All 'couples' will have a photo taken with adult-date with next-day proof access. Adults – please bring your camera for memorable photo opportunities ...including a group-princess photo with your daughter.



Let It Go, with Queen Elsa

Ages 2 ½-8, with a parent

Saturday, October 3; 10:00-11:00am

\$19 per child

Apple Valley Community Center

Min. 7 Max. 15 pairs

REGISTRATION DEADLINE: September 26

Instructors: 'Once Upon a Star' Staff

You are invited to Queen Elsa's FROZEN SNOW Party! Come help Elsa make MAGIC snow and build an OLAF Snowman. Participants will play FROZEN fun games, make an ice-fun craft & even get a sparkly snowflake painted on cheeks! Sing-a-long and dance to "Let It Go". Bring your camera – kids will have a special photo opportunity with 'Once Upon a Star's' own QUEEN ELSA!



HEALTHY PARKS HEALTHY PEOPLE

FALL 2015

Youth Activities

Amazing Tots Program

Ages 20 months-3 years with a parent

Thursday, 9:20-9:50am

SESSION 1: September 17, 24;

October 1, 8, 15, 22

SESSION 2: October 29;

November 5, 12, 19, (NO 26);

December 3, 10

\$59 per person, per session

Apple Valley Community Center

Min. 3 Max. 6 per session

REGISTRATION DEADLINES:

Session 1: September 10; Session 2: October 22

Instructor: Amazing Athletes of SW Metro Staff

This discovery-based program is designed to get your toddler moving! These activities focus on helping your child meet his or her major motor development goals. Four different sports are covered including basketball, football, soccer, and baseball. Parent/guardian participation is highly encouraged.



Amazing Athletes Program

Ages 3-6

Thursday, 10:00-10:45am

SESSION 1: September 17, 24; October 1, 8, 15, 22

SESSION 2: October 29; November 5, 12, 19, (NO 26);

December 3, 10

\$65 per person, per session

Apple Valley Community Center

Min. 3 Max. 6 per session

REGISTRATION DEADLINES:

Session 1: September 10

Session 2: October 22

Instructor: Amazing Athletes of SW Metro Staff

Let's get active! A wonderful opportunity for your young child to engage in an educational sports and fitness program that introduces and teaches the basic fundamentals and mechanics of nine different ball sports & seven key areas of motor development. In this course we will cover: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, and tennis. Build self-confidence, practice teamwork and improve fine and gross motor skills with us! In this non-competitive environment, children increase their cardiovascular fitness, muscle tone, hand-eye coordination, and reaction time.

Science Explorers

is a unique program designed to provide children with hands-on fun while learning about science. Children are naturally drawn to science because of its almost magical qualities, which sparks wonder and imagination in children. The curriculum has been designed to help children develop problem solving and creative thinking skills, and to challenge children by providing a different hands-on activity each day, encouraging them to try different solutions. Parents do not stay.



Fall into Science

Ages 3 1/2-6

Friday, October 16; 10:00am-12:00pm

\$19 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: October 9

Instructor: Science Explorer's Staff

As fall arrives in Minnesota, we will learn how nature responds to the changes happening all around us as we investigate how animals prepare for the upcoming winter through migration, hibernation and adaptation.

Silly Sloppy Slimes

Ages 3 1/2-6

Friday, November 6; 10:00am-12:00pm

\$19 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: October 30

Instructor: Science Explorer's Staff

Are you ready for some gooey, sloppy experiments? Then slide into this exciting hands-on lab as we experiment with gooey, silly and slimy mixtures. Be sure to dress so you can get messy!



Musical Science

Ages 3 ½-6

Tuesday, December 29; 10:00am-12:00pm

\$19 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: December 22

Instructor: Science Explorer's Staff

Do you like music and enjoy playing instruments and making your own music? If so, this class is for you! In Musical Science, you will learn how sound travels learn about octaves, plus make your own simple musical instrument. So, join us for some beautiful, yet scientific music!



Sloppy, Goopy Slimes!

Ages 6-11

Tuesday, December 29; 1:00-3:00pm

\$19 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: December 22

Instructor: Science Explorer's Staff

It's time to get mixed-up in some ooey, goopy, slimy science! Join Science Explorers for experiments that are icky, sticky and sloppy. You will explore the properties of a polymer by making and experimenting with different slimes, including one that glows in the dark. This class is more than hands-on, it's hands in! Come prepared to have fun and get messy!



BRAND-NEW DANCE CLASSES!

All Classes at the Apple Valley Community Center

Ballet/Tap Combo – 10-Week Sessions

Age 3

SESSION 1:

Mondays, September 14, 21, 28; October 5, 12, 19, 26;

November 2, 9, 16

5:45-6:30pm

SESSION 2:

Saturdays, September 19, 26

October 3, 10, 17, 24, 31; November 7, 14, 21

9:00-9:45am

Age 4

SESSION 1: Tuesdays, September 15, 22, 29

October 6, 13, 20, 27; November 3, 10, 17

5:45-6:30pm



SESSION 2:

Saturdays, September 19, 26; October 3, 10, 17, 31;

November 7, 14, 21, 28

9:45-10:30am

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 8 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

Dancers will practice coordination, rhythm, balance, and flexibility through fun music, dances, and games. Both ballet and tap technique and terminology will be introduced in this class. Leotard, tights, shorts or skirt, ballet shoes, tap shoes are preferred.

Ballet/Tap/Jazz Combo Class

10-Week Sessions

Ages 5 & 6

SESSION 1:

Wednesdays, September 16, 23, 30;

October 7, 14, 21, 28; November 4, 11, 18

5:45-6:45pm

SESSION 2:

Saturdays, September 19, 26; October 3, 10, 17, 31;

November 7, 14, 21, 28

10:30-11:30am

Ages 7 & 8

SESSION 1:

Mondays, September 14, 21, 28; October 5, 12, 19, 26;

November 2, 9, 16

6:30-7:30pm

SESSION 2:

Saturdays, September 19, 26; October 3, 10, 17, 31;

November 7, 14, 21, 28

11:30am-12:30pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 10 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

Dancers will practice coordination, rhythm, balance, and flexibility through fun music, dances, and games. Jazz, ballet, and tap technique and terminology are introduced in this class. Dancers will begin learning combinations across and center floor. Leotard, tights, shorts or skirt, ballet shoes, tap shoes preferred.



Continued on pages 16 & 17

Jazz – 10-Week Sessions

Ages 9-12

Tuesdays, September 15, 22, 29;
October 6, 13, 20, 27; November 3, 17, 24
8:00-8:30pm

Ages 13-18

Mondays, September 14, 21, 28; October 5, 12, 19, 26;
November 2, 9, 16
8:30-9:00pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

Dancers will explore jazz dance technique through across the floor and center combinations. Jazz is a high energy class that is perfect for any dancer looking for a place to strut their stuff. Tight fitting top and bottoms, hair secured away from face, jazz shoes are required.



Ballet – 10-Week Sessions

Ages 9-12

Tuesdays, September 15, 22, 29;
October 6, 13, 20, 27; November 3, 17, 24
7:30-8:00pm

Ages 13-18

Mondays, September 14, 21, 28;
October 5, 12, 19, 26; November 2, 9, 16
8:00-8:30pm

Ages 18 & Older

Wednesdays, September 16, 23, 30;
October 7, 14, 21, 28; November 4, 11, 18
7:30-8:00pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

Dancers will learn proper technique and ballet terminology while improving flexibility, balance, and strength. The class incorporates classical music and movement. Combinations at the barre, across the floor, and center are taught. Leotard, tights, skirt or shorts, hair secured away from face, ballet shoes are preferred.



Tap – 10-Week Sessions

Ages 9-12

Tuesdays, September 15, 22, 29;
October 6, 13, 20, 27; November 3, 17, 24
8:30-9:00pm

Ages 13-18

Mondays, September 14, 21, 28;
October 5, 12, 19, 26; November 2, 9, 16
9:00-9:30pm

Ages 18 & Older

Wednesdays, September 16, 23, 30;
October 7, 14, 21, 28; November 4, 11, 18
8:00-8:30pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

A class that focuses on both Broadway and rhythm tap techniques. Techniques will be practiced and explored through combinations and improvisation. Tight fitting top and bottoms, hair secured away from face, tap shoes preferred.



Lyrical – 10-Week Sessions

Ages 9-18

Thursdays, September 17, 24;
October 1, 8, 15, 22, 29; November 5, 12, 19
8:30-9:00pm

Ages 18 & Older

Wednesdays, September 16, 23, 30;
October 7, 14, 21, 28; November 4, 11, 18
9:00-9:30pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

A combination of jazz and ballet techniques with emphasis on expression. Dancers will learn tricks and skills that will be practiced and explored through combinations and improvisation. Tight fitting top and bottoms, hair secured away from face, jazz shoes, pirouettes, barefoot preferred.



Hip Hop – 10-Week Sessions

Ages 7 & 8

Thursdays, September 17, 24;

October 1, 8, 15, 22, 29; November 5, 12, 19

6:30-7:00pm

Ages 9-12

Thursdays, September 17, 24; October 1, 8, 15, 22, 29;

November 5, 12, 19

7:30-8:00pm

Ages 13-18

Thursdays, September 17, 24; October 1, 8, 15, 22, 29;

November 5, 12, 19

8:00-8:30pm

Age 18 & Older

Wednesdays, September 16, 23, 30;

October 7, 14, 21, 28; November 4, 11, 18

8:30-9:00pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 8 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

This class focuses on the diverse and always changing style of hip hop dance. Dancers will learn tricks and skills through combinations and improvisation. This is a high energy class that focuses on age appropriate music and movement. Long pants, clean tennis shoes or dance boots preferred.

Pom & Kick – 10-Week Sessions

Ages 7 & 8

Thursdays, September 17, 24;

October 1, 8, 15, 22, 29; November 5, 12, 19

6:00-6:30pm

Ages 9-12

Thursdays, September 17, 24; October 1, 8, 15, 22, 29;

November 5, 12, 19

7:00-7:30pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 12 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

This class is designed for those interested in high school, college, or professional cheer and dance teams. Dancers will learn proper arm motions, kick technique, and jumps, as well as, showmanship and audition skills. These skills will be practiced and applied in across floor



and center floor combinations. Tight fitting top and bottoms, hair secured away from face and shoulders, jazz or tennis shoes preferred.

Stretch/Leaps/Turns

Ages 9-18

SESSION 1:

Mondays, September 14, 21, 28;

October 5, 12, 19, 26; November 2, 9, 16

7:30-8:00pm

SESSION 2:

Tuesdays, September 15, 22, 29;

October 6, 13, 20, 27; November 3, 17, 24

6:30-7:30pm

Ages 18 & Older

Wednesdays, September 16, 23, 30;

October 7, 14, 21, 28; November 4, 11, 18

6:45-7:30pm

\$45 per person, per session

Apple Valley Community Center

Min. 4 Max. 15 per session

REGISTRATION DEADLINE: August 20

Instructor: Holly Williams

This class is designed to help with flexibility and strength. It will also focus on building on technique to learn a variety of leaps and turns both across and center floor. Tight fitting top and bottoms, hair secured away from face, jazz shoes, pirouettes, or barefoot preferred. It is recommended that dancers register for any other dance class take at least one stretch/leaps/turns class. It is most beneficial when taken the same day as ballet, jazz, and tap classes.





CHEER AMERICA IN APPLE VALLEY

Ages 4-8

SESSION 1:

Tuesdays, September 22, 29;
October 6, 13, 20, 27; November 3, 10, 17, 24
6:00-6:45pm

\$72 per person, for all 10 dates

SESSION 2:

Tuesday, September 22; 6:00-6:45pm; \$8 per person

SESSION 3:

Tuesday, September 29; 6:00-6:45pm; \$8 per person

SESSION 4:

Tuesday, October 6; 6:00-6:45pm; \$8 per person

SESSION 5:

Tuesday, October 13; 6:00-6:45pm; \$8 per person

SESSION 6:

Tuesday, October 20; 6:00-6:45pm; \$8 per person

SESSION 7:

Tuesday, October 27; 6:00-6:45pm; \$8 per person

SESSION 8:

Tuesday, November 3; 6:00-6:45pm; \$8 per person

SESSION 9:

Tuesday, November 10; 6:00-6:45pm; \$8 per person

SESSION 10:

Tuesday, November 17; 6:00-6:45pm; \$8 per person

SESSION 11:

Tuesday, November 24; 6:00-6:45pm; \$8 per person

Ages 9-16

SESSION 12:

Tuesdays, September 22, 29;
October 6, 13, 20, 27; November 3, 10, 17, 24
7:00-7:45pm

\$72 per person, for all 10 dates

SESSION 13:

Tuesday, September 22; 7:00-7:45pm; \$8 per person

SESSION 14:

Tuesday, September 29; 7:00-7:45pm; \$8 per person

SESSION 15:

Tuesday, October 6; 7:00-7:45pm; \$8 per person

SESSION 16:

Tuesday, October 13; 7:00-7:45pm; \$8 per person

SESSION 17:

Tuesday, October 29; 7:00-7:45pm; \$8 per person

SESSION 18:

Tuesday, October 27; 7:00-7:45pm; \$8 per person

SESSION 19:

Tuesday, November 3; 7:00-7:45pm; \$8 per person

SESSION 20:

Tuesday, November 10; 7:00-7:45pm; \$8 per person

SESSION 21:

Tuesday, November 17; 7:00-7:45pm; \$8 per person

SESSION 22:

Tuesday, November 24; 7:00-7:45pm; \$8 per person

Apple Valley Community Center

Min. 10 Max. 30 per Sessions 1 & 12

(NOTE: FOR Sessions 2-11 & 13-22, we will register individuals, up to a max. of 30 for that day, which includes those registered for Session 1 or Session 12)

REGISTRATION DEADLINE

for Session 1 & 10: September 14

Instructors: Cheer America Instructors

Cheer America, a Minnesota Non-Profit Corporation, is an exciting cheerleading and dance program for children ages 4 to 16. Students learn popular cheers, chants, jumps, leaps, choreographed pom pom/dance routines, parade marching techniques, and other skills involved in performances, competitions and school cheerleading team tryouts. The program also promotes improved coordination and physical fitness, personal esteem, and working as a cooperative team member with other children on the cheerleading squad. At the conclusion of the 8-week session, the Cheer America team has a recital for parents, families, friends, and others. Awards are given to each child at the recital. Students also have the option to march in parades, attend special clinics, and participate in national and international competitions and festivals.

APPLE VALLEY TEEN CENTER

Grades 6-12

FREE!

**14255 Johnny Cake Ridge Road;
952-953-2385**

www.cityofapplevalley.org

Staff: Teen Center Supervisors

Teens going into Grades 6-12

reign exclusively over this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.



Summer Hours (through September 7)

Monday- Thursday1:00-8:00pm

Friday-Saturday1:00-9:00pm

Sunday1:00-7:00pm

School Year Hours (beginning September 8)

Monday-Thursday 2:30-7:00pm

Friday2:30-8:00pm

Saturday1:00-8:00pm

Sunday1:00-6:00pm

Thanksgiving Day; November 26..... Closed

Christmas Eve & Day; December 24, 25..... Closed

School Vacation Days1:00-8:00pm

October 9, 15-16; **November** 5, 6, 27

December 28-31; **January** 1, 18, 22;

February 11, 12, 15; **March** 11, 21-25; **April** 22; **May** 30.

WHAT IS THERE TO DO AT THE TEEN CENTER?

- Drop-In Staffed Facility for all TEENS
- CONCESSIONS: Pizza, Hot Pockets, Corn Dogs, Quesadillas, Ice Cream Treats, etc.
- Watch DVDs; Play Station 3, Nintendo 64, Xbox 360,
- Wii, Guitar Hero, Table Tennis, Foosball, Air Hockey
- Skateboard Park (April-October)
- Basketball, Soccer, Football and other outdoor sports equipment available

Have Your Party at the Teen Center!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. Contact Marcie at **952-953-2312** or at: mpadgett@cityofapplevalley.org for more information, and to book your party!



Outdoor Skate Park

All Ages

FREE!

Johnny Cake Ridge Park West

14255 Johnny Cake Ridge Road

Come on out to our Outdoor Skate Park, located next to the Teen Center, open April through October! Participants are highly encouraged to wear a helmet and pads. Skate Park hours are the same as City Park hours, daily 7:00am-10:00pm (during daylight hours only—no lights available at Skate Park!)

Dances for Teens With Disabilities

High School age through Transition

Friday, September 4

Friday, October 2;

Friday, November 6;

7:00–9:00pm

**\$5 per Teen Participant in advance; \$8 at the door
Apple Valley Teen Center**

Parents and PCAs Welcome. Refreshments and Music provided. A supportive social atmosphere for teens of all abilities

FAMILY EVENTS

Treats, Not Tricks – Family Cookie Bake & Take

Family Event, All Ages

Saturday, October 24

Session 1: 9:30am start

Session 2: 10:00am start

Session 3: 10:30am start

Session 4: 11:00am start

\$14 per family, per session

Apple Valley Community Center

Min. 1 family Max. 2 families per each session

REGISTRATION DEADLINE: October 17

Instructors: Parks and Recreation Department Staff

Spend some time on Saturday decorating cookies with your children for the upcoming Halloween holiday! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated Halloween cookies. Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

12th Annual Halloween Hand-Me-Downs FREE PROGRAM!

Family Event, All Ages

“Gently used” Costume Drop off at AVCC:

Monday through Friday, October 19-23

8:00am-4:00pm

Pick-up a “New Costume”

Saturday, October 24; 10:00-11:30am

Apple Valley Community Center

Instructors: Parks and Recreation Department Staff

Avoid “frightful” prices on Halloween costumes this year by participating in our 14th Annual “Halloween Hand-Me-Downs” Costume Exchange at the Apple Valley Community Center. Drop off your “gently used” costumes at the AVCC, October 19-23; and then - pick-up a new costume on October 24th!

NOTE: Those who cannot find a “new” costume will receive a “Halloween Surprise Grab Bag” instead.

Breakfast with Santa Claus – Sponsored by McDonalds of Apple Valley

Ages 3-10 with parent(s)

Saturday, December 5

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per child, per session

(parents can attend for FREE!)

Apple Valley Community Center

Min. 20 Max. 40 per session

REGISTRATION DEADLINE: November 27

**Instructors: Parks & Recreation Department Staff &
Santa Claus**

All children 3-10 years old are invited to spend an hour with Santa Claus on Saturday, December 5th. Come to the Apple Valley Community Center where Santa will visit with you and your family while you enjoy special treats. Following breakfast, each child will take part in a variety of holiday activities, crafts, games, and have their picture taken with Santa.

Personalized Letters from Santa Claus

Ages 3-10

Letters will be mailed by

December 15

\$6 per letter mailed

REGISTRATION DEADLINE:

December 1

Children love to receive mail - especially from Santa Claus!

To add your child’s name to Santa’s list, register with the Apple Valley Parks and Recreation Department at the Apple Valley Community Center.

To assist Santa in composing his letter, a special registration form will need to be filled out. The following information will be requested: Child’s full name and nickname; child’s age; boy or girl; city that he/she will be in on Christmas morning; address to send the letter to; names of other family member; items that the child will definitely be receiving from Santa; child’s favorite activities/hobbies; others who Santa should say “Hi” to; and any special messages that you would like added.



Who Done It Hike-25th Annual

All ages welcome

Saturday, September 12; 10:00am

FREE and Open to the Public

Ritter Farm Park, 19300 Ritter Trail, Lakeville

REGISTRATION: Day of only, 9:30-9:50am

Play Sherlock Holmes by collecting clues, gathering information and solving mysteries, while walking the trails at Ritter Farm Park. When the end is near and you think you have it solved, you'll have a chance to guess "who done it." For those who guessed correctly, there will be another mystery—who will be a winner in the prize drawing? Pack a picnic for your family to enjoy after the hike!

S.O.R.R. Mother-Son Morning of Fun

Saturday, November 7; 10:00am–12:00pm

Lakeville Heritage Center, 20110 Holyoke Ave.

Lakeville, MN 55044. (952) 985-4620

\$30 per couple; \$10 per additional child

REGISTRATION DEADLINE: October 30

(registration will close when all spaces are filled)

"Look, up in the sky, it's a bird, it's a plane, and it's a Super SORR Party!"

Calling all Super Heroes and their mothers (or aunts, older sisters, grandmothers, caregivers, etc.) who are cordially invited to attend a fun filled morning together while dancing, playing superhero games, creating fun projects and much more! A DJ will have everyone up and dancing to old and new favorites. Each couple will receive a special photo taken by a professional photographer and snacks will be served. Kids and Moms are asked to dress in their favorite Super Hero costume. So save the date and register today for a morning of fun!

This special event is being hosted by the SORR communities of Apple Valley, Eagan, Farmington, Lakeville, Rosemount and Savage. We are teaming up to offer a series of family-oriented dances and special events to celebrate togetherness and strengthen the special bond between family members. We'll have details in our winter brochure on the father/daughter event planned for February.

Archery for The Whole Family - Beginners

Ages 9 to Adult

Tuesday, September 8; 5:00–7:00pm

\$35 first family member

\$20 each additional family member.

Apple Valley Parks Archery Range in Scott Park, Galaxie Ave at 140th Street

REGISTRATION DEADLINE: September 1

A great family activity. Learn it together. Archers ages 9 and up are encouraged to participate in this exciting program. This short course is designed to provide hands-on experience with learning how a bow works, how to select appropriate archery equipment, the basic techniques to accurately shoot the bow and an introduction to equipment care. Ages: 9 to adult, or with instructor permission (younger children require an adult to participate with them). Children under 18 require adult permission. No equipment required for this beginner course. Personal equipment can be used with instructor approval. For further information contact Steve Skinner, Recreation Supervisor at **952-953-2314** or sskinner@cityofapplevalley.org.

HS HealthSource® Chiropractic & Progressive Rehab™

Foam Rolling Class: The How and Why

Ages 16 through adult

SESSION 1: Thursday, September 24; 6:00-8:00pm

SESSION 2: Thursday, October 29; 6:00-8:00pm

\$12 per person, per session -OR-

\$27 per session, includes a foam roller to take home

Apple Valley Community Center

Min. 6 Max 15 per session

REGISTRATION DEADLINES: Session 1: September 17

Session 2: October 22

Instructor: Dr. Tony Felten D.C.

Come learn the benefits of foam rolling on the body. Learn how to use a foam roller to help with flexibility, range of motion, muscle knots, posture, activity warm up, injury care, pain, and performance enhancement. Each session, Dr. Felten will explain dos and don'ts, demonstrate, and guide you through proper use of the foam roller on different areas of the body. Participants should wear comfortable clothes such as sweat pants, gym shorts, and a tee shirt, as this is an interactive class.

TARGET CENTER & XCEL ENERGY CENTER

Tickets available for Upcoming Events...

The Apple Valley Parks and Recreation Department is offering to residents of Apple Valley, the opportunity to purchase discounted tickets to events scheduled at the Target Center & the Xcel Energy Center! Save yourself the handling fees, phone calls and hassles. Buy your tickets locally - the seats have already been reserved - get better seats at better prices! Simply pay the fee(s) due for the tickets to the event(s) of your choice, by the set deadline.

NOTE: Transportation to and from the events is the responsibility of the purchaser.

TARGET CENTER EVENTS:

Nitro Circus Live!

Nitro Circus Live returns to Minneapolis after a monster sell-out show at Target Center in 2014!

Saturday, October 24; 7:30pm

\$38 per ticket; Upper Level Bowl Ends/Corners

DEADLINE TO PAY: October 12

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

Alvin & the Chipmunks: Live on Stage! All New Show!

For the first time ever, Alvin & The Chipmunks will hit the road on a nationwide tour. Produced by Twentieth Century FOX and Iconic Entertainment Studios.

Sunday, November 22; 2:00pm

\$47 per ticket; Section 111; Rows 2-4

\$23 per ticket; Section 136; Rows K-M

DEADLINE TO PAY: November 9

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

Zuhrah Shrine Circus

Friday, November 27; 1:30pm

\$16 per ticket (Lower Level Reserved Tickets)

Saturday, November 28; 10:30am

\$16 per ticket (Lower Level Reserved Tickets)

Sunday, November 29; 1:30pm

\$16 per ticket (Lower Level Reserved Tickets)

DEADLINE TO PAY: November 16

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

XCEL ENERGY CENTER EVENTS:



Disney Live... "Three Classic Fairy Tales"

Sunday, October 18; 12:30pm

\$26 per ticket; Section 109; Rows 10-11

Sunday, October 18; 3:30pm

\$26 per ticket; Section 109; Rows 10-11

REGISTRATION DEADLINE: October 6

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.



Disney on Ice presents... "Dare To Dream"

Friday, December 11; 10:00am

\$13 per ticket; Section 115; Rows 8-9

Saturday, December 12; 3:00pm

\$25 per ticket; Section 115; Rows 8-9

Sunday, December 13; 1:00pm

\$25 per ticket; Section 115; Rows 8-9

REGISTRATION DEADLINE: November 24

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

ADULT ACTIVITIES

Watercolors Painting Classes

Adults

SESSION 1: Thursday, September 10; 6:00-8:00pm

“Purple Waterfall” Painting

SESSION 2: Thursday, September 24; 6:00-8:00pm

“Moon Rise” Painting

SESSION 3: Thursday, October 8; 6:00-8:00pm

“Pumpkins on a Sill” Painting

SESSION 4: Thursday, October 22; 6:00-8:00pm

“Loose Leaves” Painting

SESSION 5: Thursday, November 5; 6:00-8:00pm

“Autumn Falls” Painting

SESSION 6: Thursday, November 19; 6:00-8:00pm

“Fall Colors” Painting

SESSION 7: Thursday, December 17; 6:00-8:00pm

“The Christmas Tree” Painting

\$24 per person, per session includes all painting supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES:

Please register at least one week prior to the start

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable as you learn about color mixing, shading and hi-lighting and controlling your water and paint to create dynamic paintings. All levels of painters are welcome.



#1



#2



#3



#4



#5



#6



#7

Palette Knife Acrylic Workshop

Adults

Saturday & Sunday,

September 26-27

9:30am-12:30pm

\$55 for both days

Saturday, September 26 only

9:30am-12:30pm

\$33 for Saturday ONLY

Apple Valley

Community Center

Min. 5 Max. 15 TOTAL

REGISTRATION DEADLINE: September 19

Instructor: Tina Sheppard

Learn to achieve striking paintings with just a palette knife in this weekend workshop. The first day will focus on getting comfortable with the palette knife by creating a simple painting. The second day we will perfect our skills by finessing a more detailed creation. At the end of the workshop you will leave with two beautiful palette knife paintings. There is the option of just attending Saturday's class and making one simpler painting. You must attend Saturday to join us on Sunday.



Adult Activities



Wine Glass Painting Class

Adults

Thursday, December 10; 6:00-8:00pm

\$24 per person, includes all painting supplies

Apple Valley Community Center

Min. 5 Max. 15

REGISTRATION DEADLINE: December 3

Instructor: Tina Sheppard

Learn to paint on glass! Choose from a wide variety of designs or create your own unique wine glass. All materials will be provided. No experience is required for this fun, relaxing evening class.

ADULT ATHLETICS/PROGRAMS

Adult Table Tennis League

Open to all adults ages 18 and up
(17 with High School Diploma)

Wednesdays Evenings (begins 9/9/15)

\$15 per player

Apple Valley Community Center

REGISTRATION DEADLINE: Friday September 4

Test your skill against other local table tennis players for a chance at calling yourself Apple Valley Champion. Game start times will be no earlier than 6:00 pm and no later than 9:00 pm. All players will be assigned to the same league for the first full round. The playoff round will be divided into more than one division to promote balanced play.

Recreational Volleyball Leagues

Ages 18 & over

WOMEN'S "A", "B", "C" LEAGUES:

Thursday Evenings (begins 9/10/15)

CO-REC "A", "B", "C", "D" LEAGUES:

Friday Evenings (begins 9/11/15)

\$100 per team per League

(plus a \$25 per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINE:

Returning Teams: Thursday, August 20

New Teams: Tuesday, August 25

Recreation Supervisor: Lyndell Frey

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Thursday (Women's) and Friday (Co-rec) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Play begins on September 10 & 11. The leagues will consist of 9 league matches plus up to 2 weeks of playoffs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.



Women's Power Volleyball Leagues

Women Ages 18 & over

Women's Power League:

Tuesday Evenings (begins 9/22/15)

\$190 per team per League

(plus a \$15 fee per team fee for non-resident teams)

Apple Valley Community Center gyms

14603 Hayes Road

REGISTRATION DEADLINE:

Returning Teams: Tuesday, September 8

New Teams: Thursday, September 10

Recreation Supervisor: Lyndell Frey

Our six-on-six officiated Volleyball Leagues for women 18 years and over will be played at the Apple Valley Community Center, on Tuesday evenings. Games are at 6:30pm, 7:30pm, 8:30pm and 9:30pm. Play begins on Tuesday, September 22, with practice times available on September 15. A Women's A (Competitive League) and a Women's B (Intermediate League) will be offered. The leagues will consist of 9 league matches plus playoffs. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Fall Dodgeball League

Ages 18 & over

S.O.R.R. ADULT CO-REC FALL DODGEBALL LEAGUE:

Thursday evenings (begins 9/10/15)

\$120 per team per League

Century Middle School in Lakeville

REGISTRATION DEADLINE:

Returning team registration deadline August 6.

Open team registration deadline August 21.

Dodgeball, the game where you are the target! We are looking for teams of at least six male, female, or mixed players willing to take one on the chin for the team. Actually, no head shots will be allowed. The ball is soft foam and they claim it does not sting. The league plays on Thursday evenings at Century Middle School in Lakeville. Your team will play on eight regular season dates plus playoffs.

The league starts on September 10. Game start times are between 6:30-9 pm. The Dodgeball League is self-officiated. For more information and to register a dodgeball team call the Lakeville Parks and Recreation Department at **(952) 985-4615**.

Officiated Adult 5 on 5 Basketball

Ages 18 and over

(Full Court) Basketball League:

Tuesday evening for “C” (Intermediate) and “D” (Recreational) League

League play begins Tuesday October 27.

Two separate divisions.

\$500 per team (Resident teams)

\$550 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$50.00 non-resident team fee.

REGISTRATION DEADLINE:

Returning Teams: Tuesday, October 6

New Teams: Thursday, October 8

Recreation Supervisor: Lyndell Frey

Our five-on-five, officiated Basketball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Tuesday evenings. All games will be officiated by registered HS or college officials. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card. Session 2 will begin Tuesday January 19, 2016. All registered teams will also have an opportunity to participate in the MRPA State tournament. For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or (952)-953-2316.

Individual players note:

Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our “draft” list.

Self-Officiated Adult 5 on 5 Basketball

Ages 18 and over

(Full Court) Basketball Leagues

Wednesday evening for “D” (Recreational) teams and “35 and Over” teams starts October 28.

Two separate divisions.

\$250 per team (Resident teams)

\$275 per team (Non-resident teams)

Teams without at least 51% of players either working full time or living in Apple Valley must add the \$25.00 non-resident team fee.

REGISTRATION DEADLINE:

Returning Teams: Tuesday, October 6

New Teams: Thursday, October 8

Recreation Supervisor: Lyndell Frey

Our five-on-five, self-officiated Basketball Leagues will offer two separate divisions for adults 18 years and over. Games will be played at the Apple Valley Community Center on Wednesday evenings. Game start times will be no earlier than 6:15pm and no later than 9:15pm. The Leagues will consist of 8 League games, plus play-offs. League Champions will receive a team gift card, plus Championship t-shirts. League Runners-up will receive a team gift card. Play-off Champions will receive a team gift card.

Session 2 will begin Wednesday January 27, 2016.

For additional information, please contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or (952)-953-2316.

Individual players note:

Those of you looking for a basketball team, please call the Recreation Office at **952-953-2300** to be included on our “draft” list.

APPLE VALLEY SENIOR CENTER

14601 Hayes Road - Apple Valley • 952-953-2345

Join area adults age 55 and older for social, educational, recreational and service oriented activities, programs and events. The Apple Valley Senior Center is the home of the “Apple Valley Seniors” organization. Senior Center hours are Monday-Friday, from 9:00am-4:00pm.

Please call **952-953-2345** if you would like to receive a complimentary newsletter or to arrange a tour of the facility. If you are in the neighborhood, please drop in!



COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES**, street shoes or boots are permitted in the gymnasium. Please do not bring food or drinks into the gym! Call the Open Gym Hotline at **952-953-2399** (option 2) to verify the gym schedule, as tournaments are occasionally held at the Community Center.

Family Open Gym

Saturday; 4:00–7:15pm

Sunday; 12:00–3:45pm

The whole family can participate in informal recreational basketball, or can just use the gym to run around! The courts will be available for practice shooting or games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child. *FREE*

Youth Open Gym

Saturday; 12:00–3:45pm

Sunday; 4:00–7:15pm

Monday–Friday 2:30–4:30pm

Youth in grades 6 to 12 can come to play informal recreational basketball. The courts will be available for practice shooting or pick-up games on your own. Team practice or play is not allowed. Children in grades 5 or under must be supervised in the gym by a non-participating adult. Participants must attend a District 196 school or live in Apple Valley, and must also submit his/her school ID to enter the gym. *FREE*

Home School Open Gym

Grades K-12

Wednesday & Friday; 11:15am-1:30pm

Open to the public. Parents must accompany children in grade K-5. *FREE*

Adult Open Volleyball

Ages 18 & over

Saturday & Sunday, year-round; 3:00-6:00pm

(3 courts available)

Monday, year-round; 6:30-9:30pm

(6 courts available)

**\$3 per person per date (players and spectators) OR-
\$30 for a Punch Card**

Apple Valley Community Center

Recreation Supervisor: Lyndell Frey

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate. Courts will be shared equally between all participants in attendance. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center. Saturday & Sunday: A 63 player capacity at one time will be followed. Note: Participants are required to fill out a "Participant Registration Card", show an ID, and pay the \$3 fee prior to participation. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Adult Open Badminton

Ages 18 & over

Wednesdays 6:30-9:30pm

\$3 per person

Apple Valley Community Center

Badminton on Six courts will be set up on Wednesday nights for open play! This is an adult program; children will not be permitted in the gym, and unsupervised children under age 10 may not be brought to the Community Center.

Adult Open Pickleball

Ages 18 & over

Monday through Friday; 9:00am-12:30pm

Some Sundays 12:15–2:15pm

Please call for availability

\$3 per person

Apple Valley Community Center, Sport Court Gym

Come play the exciting game that is keeping folks on the move nationwide. Played with a paddle and Pickleball (whiffle ball) on a court similar to those used for badminton, it's deceptively fun and habit forming. Give it a try.

2 & Under Tot Time

Ages 2 & under with accompanying adult

Monday, Wednesday, Friday; 9:00-9:30am

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots! NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am. *FREE*

Pre-School Open Gym

Ages 5 & under with accompanying adult

Monday, Wednesday, Friday; 9:30-11:00am

Here's a great place for parents to meet other parents. Youth age 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes. Note: This program is year-round and is for pre-school aged children only. Please do not bring snacks and drinks into the gym! *FREE*

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure. If you would like to take part and help your community, please contact Parks Superintendent Tom Adamini, at **952-953-2420**.

The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	PARK LOCATION
A.V. American Legion Auxiliary, Unit 1776	Jan Lauby	Apple Grove
Redemption Ministries	Mark Dahlen	Apple Ponds
Apple Valley Guitar & Piano Academy	Laureen Markert	Apple Valley East
Zoch Family	Justin Zoch	Belmont Park
Girl Scout Troop 54086	Christina Wetenkamp	Cedar Isle
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls
Wings Financial CU	Cari Fougner	Cobblestone Lake Pathway
South Metro ATV Club	Jay Peterson	Duchess
Farquar Park Helpers	Jeff Christianson	Farquar
Midwest Special Services, Inc.	Betsy Koss	Farquar
Southcross Community Church	Jennifer Largen	Fred J. Largen
MOMS Club – Apple Valley North	Michelle Doepke	Heritage
LIFEWORKS	Andrea Otterness	Huntington
Uponor, Inc.	Nathan Breuer	Johnny Cake Ridge
Shaver Group	Connie Shaver	Keller
Boy Scout Troop #293	Paul Chellsen	Long Lake, Moeller, Greenleaf
Boy Scout Troop #293	Paul Chellsen	Faith, Nordic and Hagemeister
Nordic Woods Neighborhood	John Santi	Nordic
FRC Team 2667, Knights of the Valley	Joey Lake	Pennock
MOMS Club – Apple Valley South	Jennifer Peacock	Quarry Point
Rotary Club of Apple Valley	Greg Higgins	Redwood & Kelley
Garland Group	Michelle Markov	Scott
Stael Family	Tony Stael	Sunset
Hansen Family	Bill and Julie Hansen	Wallace
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood

If you know any of these folks, thank them for helping keep your park system looking good!

HEALTHY PARKS HEALTHY PEOPLE

FALL 2015

VALLEYWOOD GOLF COURSE

Information & Tee Times www.valleywoodgolf.net

4851 McAndrews Rd • Apple Valley, MN Phone: **952-953-2323**

Jim Zinck, Manager/PGA Professional **Krystal Sedwick**, Food, Beverage & Rental Coordinator

Championship 18-Hole Golf Course—175 Seat Event Space Bar & Grill (Food & Beverage Cart)

Driving Range & Practice Green—Golf Cart & Push Cart Rental—Pro Shop Merchandise—Club Rental

Golf Lessons (Group or Private)—Private Golf Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about Twilight and Special Rates.



2015 FEE SCHEDULE

Senior: 55+ years of age **Junior:** under 18 years of age

Weekend Fees (Saturday and Sunday) Regular/Patron

18 Holes \$39/\$36

9 Holes \$24/\$21

Weekday Fees (Monday - Friday)

18 Holes \$31/\$28

9 Holes \$21/\$18

18 Holes-Senior/Junior \$25/\$22

9 Holes-Senior/Junior \$19/\$16

Patron card \$40+ Tax

Senior Patron Card \$30+ Tax

Resident Patron Card \$20+ Tax

Cart Fees Pull Cart —\$5 18 Hole Power Cart—\$34 9 Hole Power Cart—\$20

Driving Range Fees: Large bucket (approx. 80 balls)—\$8 Medium bucket (approx. 40 balls)—\$5

Driving Range Card (10 large buckets of range balls)—\$65



Winter Events at Valleywood



Contact Valleywood to Host Your Next Event!

VWEvents@CityofAppleValley.org

952-953-2334

More Information at

www.Valleywoodgolf.net

