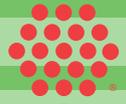


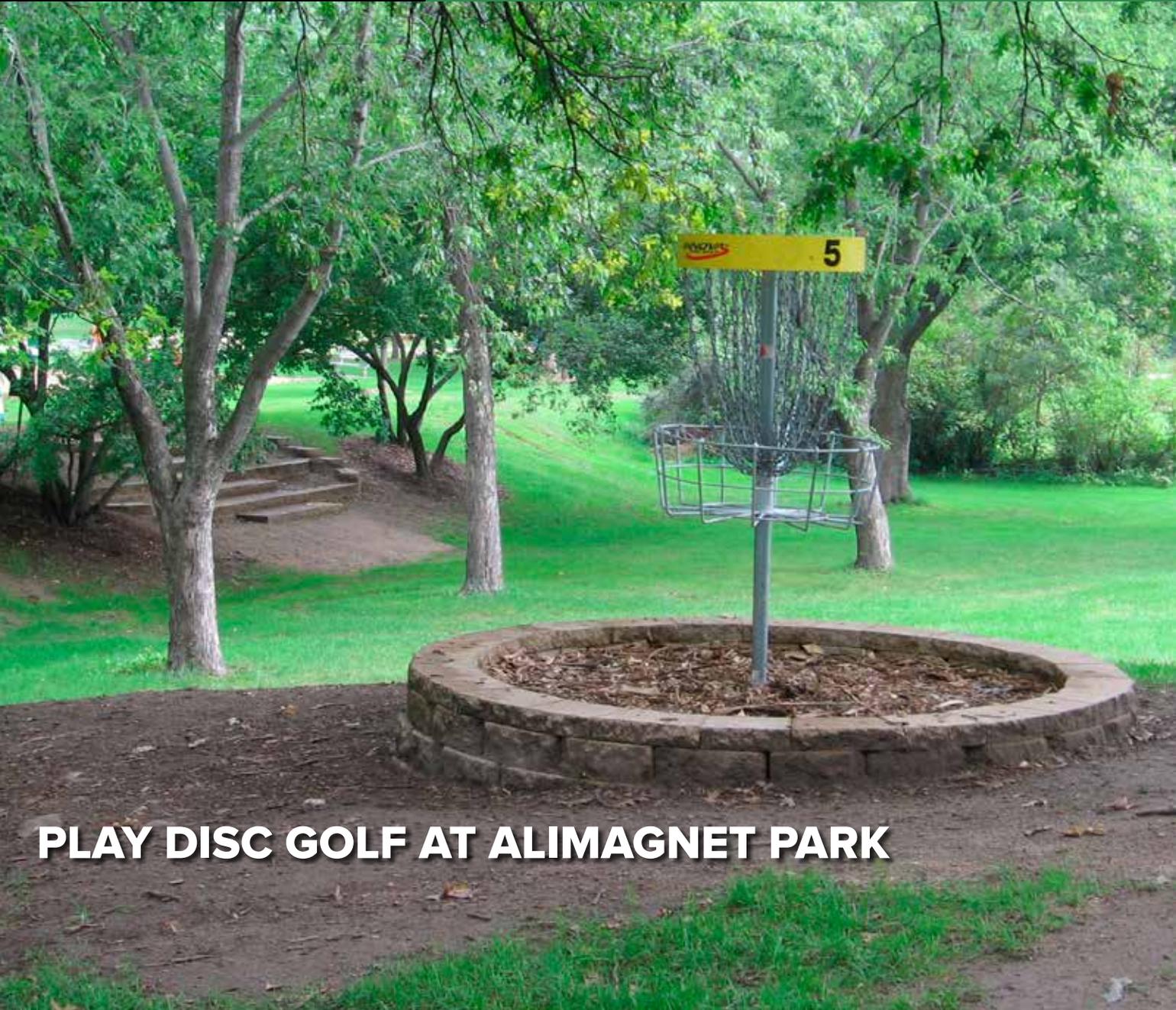
HEALTHY PARKS HEALTHY PEOPLE



Apple
Valley

SPRING 2016

CITY OF APPLE VALLEY PARKS & RECREATION



PLAY DISC GOLF AT ALIMAGNET PARK

Parks & Recreation Department
952-953-2300 • www.cityofapplevalley.org

APPLE VALLEY PARKS & RECREATION STAFF

- ADMINISTRATION**
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Clerical Support Clerk.....**Debby Shepard**
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APPLE VALLEY COMMUNITY CENTER
14603 Hayes Road
Phone: 952-953-2300 • Fax: 952-953-2306

APPLE VALLEY SENIOR CENTER
14601 Hayes Road
Phone: 952-953-2345

HAYES PARK ARENA
14595 Hayes Road
Arena Manager.....**Brian Christianson**
952.953.2367 • bchristianson@cityofapplevalley.org
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REDWOOD COMMUNITY CENTER
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SPORTS ARENA
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TEEN CENTER
14255 Johnny Cake Ridge Road
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VALLEYWOOD GOLF COURSE
4851 McAndrews Road
Manager – P.G.A. Professional.....**Jim Zinck**
952.953.2320 • jzinck@cityofapplevalley.org
Food, Beverage & Rental Coordinator.....**Krystal Sedwick**
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Pro Shop
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PARKS & RECREATION ADMINISTRATIVE OFFICE:
Apple Valley Community Center
14603 Hayes Road • 952-953-2300
www.cityofapplevalley.org

HOURS OF OPERATION

Administration: (weekdays)..... 8:00am–4:30pm

Apple Valley Community Center:

Monday-Friday..... 8:00am–10:00pm

Saturday..... 8:00am–7:30pm

Sunday..... 12:00pm–7:30pm

Easter (Sunday, March 27)..... Closed

INFORMATION/WEATHER PHONE HOTLINE

To better serve our customers, the Parks and Recreation Department has an information/weather phone line. Call **952-953-2399** at any time for a recorded message regarding facility hours and various programs. In the event of inclement weather, facility closure and program cancellation information is also available.

Stay informed – call our Hotline at 952-953-2399

Press 1: Weather Line
Press 2: AVCC Open Gym Schedule
Press 3: Warming Houses
Press 4: Aquatic Programs
Press 5: Arena Programs
Press 6: Seasonal Programs & Special Events

TABLE OF CONTENTS

GENERAL INFORMATION	2-3
PARKS & FACILITIES	4-6
YOUTH ACTIVITIES	7-17
TEEN CENTER	16-17
FAMILY ACTIVITIES	18-20
ADULT ACTIVITIES	20-23
SENIOR CENTER	24-26
VALLEYWOOD GOLF COURSE	27-29

REGISTER ONLINE

Visit www.cityofapplevalley.org

- On left side, click **Online Services**
- Under **Parks Program Registrations**, click on **On-line Registrations**.

This will take you to a new website to register. User will need to set up an account their first time, which will be used for all future registrations. Each family member should be listed on the same account, although they can be easily added at a later date. Set up your account now!

BY PHONE:

Call **952-953-2300** Monday-Friday,
8:00am-4:30pm
Visa, MasterCard, Discover
or American Express required
at time of registration.



[Facebook.com/Apple Valley Parks & Recreation](https://www.facebook.com/AppleValleyParks&Recreation)

JOB OPENINGS

For job openings, please see the Apple Valley website at www.cityofapplevalley.org

The City of Apple Valley is committed to the policy that all persons shall have equal access to its programs, facilities and employment without regard to race, creed, color, sex, national origin or handicap.

APPLE VALLEY PARKS AND RECREATION MISSION STATEMENT

Our purpose is to provide recreation and leisure opportunities which:

- Promote positive growth of individuals and communities.
- Contribute to the social, physical, educational, mental, emotional, cultural, and general well-being of the community and its people.
- Help people achieve fuller, happier, and more harmonious and effective lives.
- Promote family units and develop understanding and positive interaction among people.
- To provide adequate physical facilities and program opportunities, which encourage people of the community to become more self-sustaining in their leisure.
- To preserve and hold for the future our natural environment to assure freedom of choice in recreational experiences.

EARTH DAY CLEAN-UP AND CELEBRATION FOR ADOPT-A-PARK VOLUNTEERS

SATURDAY, MAY 21

Join other Adopt-A-Park volunteers of Apple Valley and let's clean up our neighborhood parks. Call Steve Skinner, Recreation Supervisor, at **952-953-2314** to find out how you can volunteer for the Adopt-A-Park program in the effort to keep our parks a great place to recreate and enjoy.

PARKS AND FACILITIES

COMMUNITY CENTER OPEN GYM

14603 HAYES ROAD

Please wear non-marking soled athletic shoes in the gymnasium. **NO BLACK SOLED SHOES**, street shoes or boots are permitted in the gymnasium. Offered every weekend, unless there is a tournament held at the Community Center. Call the Open Gym Hotline at **952-953-2399** (option 2) to verify the gym schedule. **FREE ADMISSION UNLESS NOTED**

Family Open Gym

Saturday 4:00–7:15pm

Sunday 2:45–4:45pm

The whole family can participate in informal recreational basketball. The courts will be available for practice shooting or pick up games on your own. Team practice or play is not allowed. Families of two or more are welcome (adults with their children or spouse); no individuals. Children 17 years of age or younger must be accompanied by a parent. The parent must actively participate on the court with the child.

Youth Open Gym

Grades 6-12

Saturday 12:00–3:45pm

Sunday 12:00–2:30pm

Tuesday & Thursday 2:30–4:30pm

Youth in grades 6 to 12 can come to play informal recreational basketball. The courts will be available for practice shooting or pick-up games on your own. Team practice or play is not allowed. Children in grades 5 or under must be supervised in the gym by a non-participating adult. Participants must attend school in ISD 196 or reside in Apple Valley. A current ISD 196 student ID card is required for admission to the gym. A parent must contact Recreation Superintendent Scott Breuer at **952-953-2300** if their child lives in Apple Valley but does not attend an ISD 196 school.

Home School Open Gym

Grades 6-12 (with permission slip)

Grades 1-5 (with Adult Supervision)

Wednesday & Friday; 11:15am-1:30pm

Does your home schooler need a place to run during the school year? Grades 1 through 12 home school students can play basketball and get a good workout in the gym. Parents, please accompany your teen for the first Open Gym. Emergency contact information will be requested and a Home School Open Gym Participant Card will be issued.

2 & Under Tot Time Open Gym

Age 2 & under with accompanying adult

Mondays, Wednesdays, Fridays, year-round

9:00-9:30am

We've added an extra ½ hour for our very youngest participants in Pre-School Open Gym! The "2 & Under Tot Time" will allow the youngest tots time to enjoy the gym and equipment, with less participants, especially older tots who can be a bit intimidating to the age 2 & under tots!

NOTE: Only tots that are 2 years & under can participate during this ½ hour; all tots 5 & under can join in the fun at 9:30am.

Pre-School Open Gym

Age 5 & under with accompanying adult

Mondays, Wednesdays & Fridays, year-round

9:30-11:00am

Here's a great place for parents to meet other parents. Youth ages 5 & under can "run-off" some energy, play with other kids, develop motor skills and coordination, and it's all free! All preschoolers must be accompanied by a parent or guardian. Supervision of this program is the responsibility of the parent or guardian. All participants are asked to wear tennis shoes in the gym; please no street shoes.

NOTE: This program is year-round, and is for preschool aged children only. Please do not bring snacks and drinks into the gym!



Adult Open Pickleball

Ages 18 & over

**Monday-Friday, year-round;
9:00am-12:30pm**

(six courts available)

Some Sundays; 12:15-2:15pm

\$4 per person per date (players and spectators) OR -

\$30 for a 10 Entry Punch Card for AV residents

\$40 for a 10 Entry Punch Card for Non-AV residents

Apple Valley Community Center

Come inside this Spring and play this fast growing and popular game. Sunday Players Note: Courts available alternating Sundays. Call us to be sure the facility will be available on a given Sunday.



Adult Open Badminton

Ages 18 & over

Wednesday, year-round;

6:30-9:30pm

(six courts available)

\$4 per person per date (players and spectators) OR -

\$30 for a 10 Entry Punch Card for AV residents

\$40 for a 10 Entry Punch Card for Non-AV residents

Apple Valley Community Center

This is an adult program; children will not be permitted in the gym. Unsupervised children under age 10 are not allowed at the Community Center.



Adult Open Table Tennis

Ages 18 & over

Wednesday; 6:30-9:30pm

(three tables available)

\$4 per person per date (players and spectators) OR -

\$30 for a 10 Entry Punch Card for AV residents

\$40 for a 10 Entry Punch Card for Non-AV residents

Apple Valley Community Center

This is an adult program; children will not be permitted in the gym. Unsupervised children under age 10 are not allowed at the Community Center.



Adult Open Volleyball

Ages 18 & over

Saturday & Sunday, year-round; 3:00-6:00pm

(Three courts available)

Monday, year-round; 6:30-9:30pm

(Six courts available)

\$4 per person per date (players and spectators) OR-

\$30 for a Punch Card (for Apple Valley Residents)

\$40 for a 10 Entry Punch Card (for Non-AV residents)

Apple Valley Community Center

Whether you want to practice the fundamentals or just want to get in some fun exercise, you'll enjoy our informal open volleyball program. All skill levels are welcome to participate. Courts will be shared equally between all participants in attendance. This is an adult program; children will not be permitted in the gyms, and unsupervised children under age 10 may not be brought to the Community Center.

Saturday & Sunday: A 63 player capacity at one time will be followed.

NOTE: All adult participants are required to fill out a "Participant Registration Card", show an ID, and pay the \$4.00 fee prior to participation.

For more information:

Volleyball-contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Pickleball, Badminton & Table Tennis-contact Steve Skinner, Recreation Supervisor at sskinner@cityofapplevalley.org or call **952-953-2314**.

ADOPT-A-PARK

The Parks and Recreation Department is actively seeking community oriented groups to join the ADOPT-A-PARK program. This program fits nicely with groups looking for a community service project. We require a minimum of three clean up visits to a park in a one-year period. In return, we will publish your group's name in our quarterly brochure.

If you would like to take part and help your community, please contact Parks Superintendent Tom Adamini, at **952-953-2420**. The following groups have volunteered to adopt city parks:

ORGANIZATION	LEADER	PARK LOCATION
A.V. American Legion Auxiliary, Unit 1776	Jan Lauby	Apple Grove
Redemption Ministries	Mark Dahlen	Apple Ponds
Apple Valley Guitar & Piano Academy	Laureen Markert	Apple Valley East
Zoch Family	Justin Zoch	Belmont
Girl Scout Troop 54086	Christina Wetenkamp	Cedar Isle
Catholic Order of Foresters Court 332	Alma Kremer	Cedar Knolls
Wings Financial CU	Cari Fougner	Cobblestone Lake Pathway
South Metro ATV Club	Jay Peterson	Duchess
Farquar Park Helpers	Jeff Christianson	Farquar
Midwest Special Services, Inc.	Betsy Koss	Farquar
Southcross Community Church	Jennifer Largen	Fred J. Largen
MOMS Club – Apple Valley North	Michelle Doepke	Heritage
LIFEWORKS	Andrea Otterness	Huntington
Uponor, Inc	Nathan Breuer	Johnny Cake Ridge
Shaver Group	Connie Shaver	Keller
Boy Scout Troop #293	Ben Baker	Long Lake, Moeller, Greenleaf
Boy Scout Troop #293	Ben Baker	Faith, Nordic and Hagemeister
Nordic Woods Neighborhood	John Santi	Nordic
FRC Team 2667, Knights of the Valley	Joey Lake	Pennock
MOMS Club – Apple Valley South	Jennifer Peacock	Quarry Point
Rotary Club of Apple Valley	Greg Higgins	Redwood & Kelley
Garland Group	Michelle Markov	Scott
Stael Family	Tony Stael	Sunset
Hansen Family	Bill and Julie Hansen	Wallace
The Wild Things of Wildwood	Shawnessy Schwartz	Wildwood

If you know any of these folks, thank them for helping keep your park system looking good!

PRE-SCHOOL & YOUTH PROGRAMS

Holiday Parties for Tots

Ages 2 ½ - 6

St. Pat's Hats Party: Friday, March 11; 9:30-10:45am

Bunny Brunch Party: Friday, March 25; 9:30-10:45am

\$8 per person, per session

Apple Valley Community Center

Min. 6 Max. 14 per session

REGISTRATION DEADLINES:

Session 1: March 4; Session 2: March 18

Instructors: Parks and Recreation Staff

Celebrate the upcoming Spring Holiday at our special parties just for TOTS! Games, crafts, stories, songs and treats related to the holiday will be featured at our party. Pre-registration by the deadline is required. Parents do not stay, and all participants must toilet independently.

Tot's Day of Fun

Ages 3-5

Mondays, 9:00am-12:00pm

Session 1: April 4, 11, 18, 25

Session 2: May 2, 9, 16, 23

\$42 per person, per session

\$12 per person, per each date of drop-in; fee payable at the AVCC on the date of class

Apple Valley Community Center

Min. 6 Max. 12 per session

REGISTRATION DEADLINES:

Session 1: March 28

Session 2: April 25

Instructors: Parks and Recreation Staff

Our 3-hour-long program for tots includes music, playtime, arts & crafts, story time, games, gym time, a snack, and even a short "quiet time". The activities are designed for your tots, the class is designed for parents "on the run", who need more time for errands, or just to relax! Parents do not stay, and all participants must toilet independently.



Little Chefs – Tot's Healthy Cooking Classes

Ages 3-6

Session 1: Friday, April 8; 11:00am-12:15pm

Session 2: Friday, May 6; 11:00am-12:15pm

\$8 per person, per session

Apple Valley Community Center

Min. 6 Max. 12

REGISTRATION DEADLINES:

Session 1: April 1

Session 2: April 29

Instructors: Parks and Recreation Staff

A fun cooking class featuring healthy foods and snacks for preschoolers! We learn new recipes each class and each "Little Chef" will take home a recipe book of all recipes that they learned that day. Parents do not stay, and all participants must toilet independently.

Bugs, Bugs, Bugs!

Ages 3-6

Thursday, April 14; 9:30-11:00am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: April 7

Instructor: Kristy Hemphill

Bugs are everywhere! Insects, flying bugs and creepy crawlies – eeewww! We will explore all sorts of bugs through crafts, games, stories, hands on activities and more. Parents do not stay, and all participants must toilet independently.

Cowboy Cool

Ages 3-6

Thursday, April 21; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: April 14

Instructor: Kristy Hemphill

Yee haw cowboys and cowgirls! Mosey on over to my ranch and we can have a good ol' time with our cattle. We will explore the cowboy way through books, crafts, food and get some riding lessons (on pretend horses). Participants can wear cowboy attire if they have it. Parents do not stay, and all participants must toilet independently.



Teddy Bear Picnic

Ages 3-6

Friday, April 29; 10:30am-12:00pm

\$8 per person

Apple Valley Community Center

Min. 4 Max 10

REGISTRATION DEADLINE: April 22

Instructor: Kristy Hemphill

Bring in your favorite teddy bear and we'll have a picnic! During our teddy bear picnic we will play games and make a lemonade stand. We will get dressed up in party gear, pack our baskets and head off to our picnic. Your little one will have a great time at our teddy bear picnic! Parents do not stay, and all participants must toilet independently.

Carnival

Ages 3-6

Thursday, May 26; 9:30-11:00am

\$8 per person

Apple Valley Community Center

Min. 5 Max 10

REGISTRATION DEADLINE: May 19

Instructor: Kristy Hemphill

Step right up folks, step right up and join us for a preschool carnival where we will play games to earn tickets for prizes, make clown crafts and snack on some carnival treats! A fun filled morning for everyone, we'll see you there! Parents do not stay, and all participants must toilet independently.



Youth Yoga Adventures

Ages 3-4

Session 1:

Wednesdays; March 9, 16, 23, 30;
6:00-7:00pm

Session 2:

Thursdays; March 10, 17, 24, 31;
6:00-7:00pm

Session 3:

Saturdays; March 12, 19, 26; April 2;
9:00-10:00am

Ages 5-7

Session 4:

Wednesdays; March 9, 16, 23, 30;
7:00-8:00pm

Session 5:

Thursdays; March 10, 17, 24, 31;
7:00-8:00pm

Session 6:

Saturdays; March 12, 19, 26; April 2;
10:00-11:00am

\$49 per person, per session

Apple Valley Community Center

Min. 5 Max. 20 per session

REGISTRATION DEADLINE: March 7

Instructor: Jenni Loebel, Certified Yoga Sculpt

Instructor who has also owned a licensed childcare.

Our Yoga Adventure Classes are designed to take your child through a 'brand-new yoga-based adventure' which involves doing physical and breathing exercises to make them stronger, and to help their mind and body relax. Our "weekly fun adventures" will include exploring: the jungle all the way to the snowy mountain tops, under the sea to flying high in the sky; exploring the world of police, and of firefighters, all while learning healthy habits that make our bodies strong. Children will learn basic yoga breathing techniques, and will build a knowledge of yoga poses and how to incorporate them into a flow. This is the perfect fun, engaging, and learning environment for any child looking to explore yoga and learn the basics behind the art, all while going on a brand-new adventure! Children must come in clothes prepared for movement. Parents do not stay, and all participants must toilet independently.



Star Wars Adventure

Ages 3-6

Wednesday, May 4; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: April 27

Instructor: Kristy Hemphill

May the Force be with you or should I say May the 4th be with you!! Join us for a fun filled day of Star Wars adventures. We will make Millennium Falcon ships, light sabers and Droids. We will complete a Jedi Training course and feast on Jedi snacks. May the force be with you...always! Parents do not stay, and all participants must toilet independently.



Pirate Party

Ages 3-6

Thursday, May 12; 10:00-11:30am

\$7 per person

Apple Valley Community Center

Min. 4 Max. 10

REGISTRATION DEADLINE: May 5

Instructor: Kristy Hemphill

Ahoy there matey's and welcome aboard!

Join us on a pirate adventure today. We will sail the seven seas in search of treasure then share the bounty. Hope you know how to read a treasure map. We will dress ourselves like pirates, follow the map to the "X" and see what we find. Your little pirate will not want to miss this class. Parents do not stay, and all participants must toilet independently.

SIGN UP FOR BACK-TO-BACK CLASSES

on Fridays, and have fun all morning long! OR, just pick a few of the fun classes listed below!
(Note: Instructors will provide an activity on Fridays, 10:30-10:45am for those who take both classes.)

Dr. Seuss on the Loose

Ages 3-6

Fridays, May 13, 20, 27; 9:30-10:30am

\$15 per person, for all 3 dates

Apple Valley Community Center

Min. 7 Max. 14

REGISTRATION DEADLINE: May 6

Instructors: Parks and Recreation Staff

Our Dr. Seuss Class featuring some favorite stories that were included in our previous classes, plus some new stories too! Everyone loves the stories by Dr. Seuss, and we will add related craft projects, activities and snacks. Parents do not stay, and children must toilet independently.

For the Birds

Ages 3-6

Friday, May 13; 10:45am-12:15pm

\$8 per person

Apple Valley Community Center

Min. 7 Max. 14

REGISTRATION DEADLINE: May 6

Instructors: Parks and Recreation Staff

Learn about birds, bird houses, bird feeders, and create some great projects for the birds in your backyard. Lots of activities and crafts for the birds, plus a fun snack for you! Parents do not stay, and children must be potty-trained.



Tiny Tea Party for Tots

Ages 3-6

Friday, May 20; 10:45am-12:15pm

\$8 per person

Apple Valley Community Center

Min. 7 Max. 14

REGISTRATION DEADLINE: May 13

Instructors: Parks and Recreation Staff

All 3-6 year olds are invited to dress up and join us for our 15th Annual TINY TEA PARTY just for tots. Wear your prettiest spring outfit, and join us for spring-related games, stories, crafts, prizes, and of course, some “tea” and snacks, followed by a short “Fashion Show” during the last 5 minutes of class (Parents can come a little early to see this!). Parents do not stay for the class, and all participants must toilet independently.



Little Gardeners

Ages 3-6

Friday, May 27;

10:45am-12:15pm

\$8 per person

Apple Valley Community Center

Min. 7 Max. 14

REGISTRATION DEADLINE: May 20

Instructors: Parks and Recreation Staff

“How does your garden grow?” This is a class just for tots, featuring the planting of seeds to grow your own ‘little garden’ at home. Plus crafts and stories that relate to flowers, gardening and growing. Bring your own gardener’s gloves, or just get your hands a little dirty! Parents do not stay, and all participants must toilet independently.

Breakfast with the Bunny & Egg Hunt, sponsored by McDonald's of Apple Valley

Ages 2-7 & Parents

Saturday, March 26

Session 1: 8:30-9:30am

Session 2: 9:30-10:30am

Session 3: 10:30-11:30am

\$10 per person, per session; Parents attend for free!

Apple Valley Community Center

Min. 20 Max. 40 youth per session

REGISTRATION DEADLINE: March 21

Instructors: Parks and Recreation Staff & the Easter Bunny

All 2-7 year old children are invited to join the Easter Bunny on Saturday, March 26th for an Easter egg-stravaganza! Begin the morning with pictures with the Easter Bunny, and juice and snacks from McDonald's of Apple Valley. Next is an outdoor (weather permitting) egg hunt for candy and prizes, done by age groups (2, 3, 4, 5, 6, 7 years). Afterwards, participants enjoy a wide variety of activities including face painting/nail polishing, holiday games, and crafts!

Easter Basket Delivery

Ages 2-7

Session 1: Friday, March 25; Delivery 1:00-4:00pm

Session 2: Saturday, March 26; Delivery 1:00-4:00pm

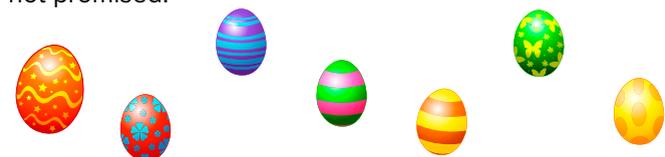
\$9 per Easter Basket delivered to your home

Max. 35 baskets delivered per session

REGISTRATION DEADLINE: March 18

Instructors: Parks and Recreation Staff & the Easter Bunny

The Easter Bunny will be hopping around Apple Valley with baskets full of goodies. Order an Easter Basket, to be delivered to your child(ren) by our Easter Bunny. This program is recommended for children ages 2-7, but additional baskets can be ordered for their older siblings as well. Please indicate your child(ren)'s name, age, gender, address (must be a 55124 zip code), phone number, and directions to your house if it is difficult to find. NOTE: Your Easter Basket(s) will be delivered sometime during the scheduled time, exact times are not promised!



Flashlight Egg Hunt & Easter Crafts & Coloring Contest

Ages 7-12

Tuesday, March 22; 7:00pm

(Alternate RAIN DATE is Thursday, March 24)

\$9 per person

Meet at the Redwood Community Center, 311 - 150th Street West

Min. 20 Max. 40

REGISTRATION DEADLINE: March 18

Instructors: Parks and Recreation Staff

Meet in the Redwood Community Center at 7:00pm (sunset is at 7:27pm) for an Easter craft and a coloring contest, followed by an Egg Hunt with a bit of a challenge when the sun sets, for youth 7-12 years old. Bring your flashlight and a basket, the eggs will be hidden in the DARK! Join us for this unique egg hunt by moonlight and win some fun prizes too! Parents can stay to assist younger children, as needed.





Music Together:
Pre-School Music Program for parents
& children
Children, birth-Age 5 with a parent

Wednesdays,
March 30; April 6, 13, 20, 27; May 4, 11, 18, 25; June 1
Session 1: 10:15-11:00am
Session 2: 11:15am-12:00pm
Session 3: 5:15-6:00pm
Session 4: 6:15-7:00pm

Thursdays,
March 31; April 7, 14, 21, 28; May 5, 12, 19, 26; June 2
Session 5: 10:00-10:45am
Session 6: 11:00-11:45am
Sundays; April 3, 10, 17, 24; May 1, 8, 15, 22, 29; June 5
Session 7: 4:00-4:45pm
Session 8: 5:00-5:45pm

\$176 per Adult-Child Pair for the 10-week session
\$99 per additional sibling
Siblings 8 months & younger are FREE with a paid sibling (must be born after 7/26/15)
Apple Valley Community Center
Min. 3 Max. 6 per session

The Apple Valley Parks and Recreation Department and the District 196 Community Education Department each have six spaces out of the twelve spaces allotted for each class, so you can register with either agency; www.cityofapplevalley.org.

REGISTRATION DEADLINE: March 23
Instructors: Music Together Instructors,
Laurie McFaul, Sessions 1-2 & 5-8
Kevalin Aulandez, Sessions 3-4

Music Together is an award-winning, internationally acclaimed early childhood music and movement program for children from birth to kindergarten, and the grownups who love them. In class, you'll dance, sing, play rhythm instruments and share 45 minutes of pure fun with your child each week, for 10 weeks, while supporting your child or children's cognitive, verbal, physical, emotional, social, and music development. Receive an illustrated songbook and two CDs—one for home and one for on-the-go. All classes are mixed-age, so siblings can participate together. Register your child(ren) only. Infants under eight months on the first day of the session are free with a paying sibling.

FREE Music Together 'Demo Classes'

Birth-Age 5 with a parent
Session A: Wednesday, March 16; 10:15-11:00am
Session B: Wednesday, March 16; 6:15-7:00pm
Session C: Thursday, March 17; 10:00-10:45am
Session D: Sunday, March 20; 4:00-4:45pm
FREE, but only 1 demo per family please!

Apple Valley Community Center, 14603 Hayes Road
Min. 3 Max. 6 pairs per each demo

REGISTRATION DEADLINE: March 9

Instructor: Music Together Instructors:
Laurie McFaul, Sessions A, C, D
Kevalin Aulandez, Session B

Experience the joy of making music. Space is limited so register soon! Register your child(ren) only, but parents still attend; at www.cityofapplevalley.org. These free classes are for those who are seriously considering registering for the 10-week session but would like to try a class with their child(ren) first. Only one FREE Demo per family please!





For over 22 years, Science Explorers has been providing enrichment classes to the Twin Cities area and greater MN. We believe hands-on science sparks wonder and imagination in all children and allows them to use their natural curiosity for discoveries. Parents do not stay.

Magical Magnets

Ages 3 ½-6

Wednesday, March 23

10:00am-12:00pm

\$19 per person

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: March 16

Instructor: Science Explorer's Staff

It is time for some magnificent, magnet fun. Explore magnetic fields with fascinating hands-on experiments. Using a variety of different shape and size magnets, learn about attraction and repulsion, magnetic poles and the invisible magnetic field.

Buggy for Bugs

Ages 3 ½-6

Saturday, April 16

9:30-11:30am

\$19 per person

Falcon Ridge Middle School, Room 154

Min. 3 Max. 5

REGISTRATION DEADLINE: April 8

Instructor: Science Explorer's Staff

Are you buggy for bugs? Do you like the creepy, crawlers of the immense insect world? Then join us as we investigate the lifecycles of these amazing creatures along with how they eat, smell and survive. You will construct your own bugs, weave a web, play games and more in this fun, hands-on class.



Dynamite Dinosaurs

Ages 3 ½-6

Tuesday-Thursday, June 14, 15, 16

10:00am-12:00pm

\$55 per person

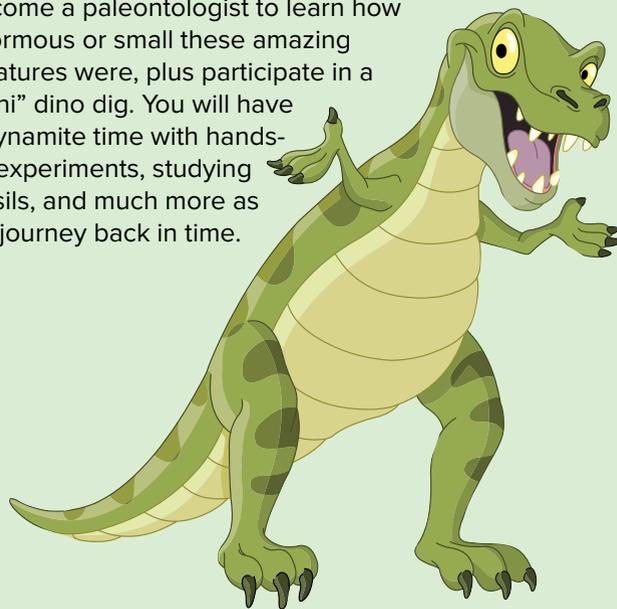
Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: June 7

Instructor: Science Explorer's Staff

Enter the Science Explorers' time machine and journey back to a world where dinosaurs ruled the earth. Become a paleontologist to learn how enormous or small these amazing creatures were, plus participate in a "mini" dino dig. You will have a dynamite time with hands-on experiments, studying fossils, and much more as we journey back in time.



Colorful Creations - Spring Art for Little Doodlers

Ages 2-5 with a parent

Saturdays, April 9, 16, 23, 30; 9:30-10:15am

\$59 per 1st child; \$49 per additional child

Apple Valley Community Center

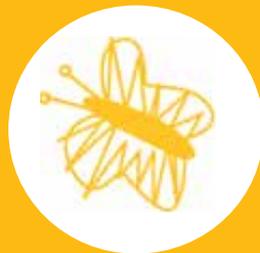
Min. 3 Max. 6

REGISTRATION DEADLINE: April 1

Instructors: Abrakadoodle Staff

Abrakadoodle is a special art program for children to develop their creativity and imagination, and it inspires kids to reach beyond and create unique art. In our "Colorful Creations" Class, some of the creations that will be made include colorful pink pigs, an octopus collage, and we'll also decoupage a tissue paper leaf, and make a clay dragonfly! Your house will be filled with colorful spring art! Parents stay to assist their child.





KIDCREATE STUDIO Art Classes & Camps for TOTS & YOUTH!
Kidcreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. Curriculum is age appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments. Making a mess is the best with Kidcreate Studio!

Playdate with Mommy Art Class

Ages 18 months - 6 with a parent

Tuesday, May 3; 9:30-10:30am

\$19 per child

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: April 26

Instructor: Kidcreate Staff

In honor of Mother's Day, spend some creative time with your child. How many times have you said "Love you to the moon and back." to your child? In this class you and your young artist will create an adorable wall hanging inspired by this popular endearment. What a great keepsake! Children must be accompanied by a caregiver.

Baby Animals Art Class

Ages 3-6

Friday, April 22; 9:00am-12:00pm (DAY OFF SCHOOL)

\$35 per 1st child; \$30 per additional sibling

Apple Valley Community Center

Min. 3 Max. 5

REGISTRATION DEADLINE: April 15

Instructor: Kidcreate Staff

Spring is here and with it comes lots of new babies on the farm. Baby farm animals will be our inspiration as we create! The kids will make their own 3-dimensional barnyard scenes filled with all their favorite baby animals. Please pack a nut free snack and drink for your child.

Paint on Canvas-Sven from "Frozen"

Ages 4-9 (a class for siblings to attend together!)

Monday, March 21; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$35 per 1st child; \$30 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 14

Instructor: Kidcreate Staff

Is your child crazy about the movie Frozen? If so, this is the class for them! We will teach your young artist a simple step-by-step process to create an adorable painting of Sven! Get ready to be impressed, this project is going to be something your child is very proud of! Please pack a nut free snack and drink for your child.



Super-Duper Messy Art Class

Ages 4-9 (a class for siblings to attend together!)

Tuesday, March 22; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$35 per 1st child; \$30 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 15

Instructor: Kidcreate Staff

Hey kids, do you love to get messy? Then this is the art class for you! We'll use tissue paper to papier maché an adorable puppy dog onto a real canvas board. This project is so sloppy your mom would never let you make it at home! Please pack a nut free snack and drink for your child.



How to Draw Olaf from Frozen

Ages 4-9 (a class for siblings to attend together!)

Wednesday, March 23; 9:00am-12:00pm

(DAY OFF SCHOOL)

\$35 per 1st child; \$30 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 16

Instructor: Kidcreate Staff

Kids, have you ever wished you were better at drawing cartoons? During this class, we'll teach you a step-by-step technique that will help you draw Olaf from the Disney movie Frozen! You will be impressed with how great your drawing turns out! Please pack a nut free snack and drink for your child.



Beach Day Barbie Art Class

Ages 4-9 (a class for siblings to attend together!)

Thursday, March 24; 9:00am-12:00pm
(DAY OFF SCHOOL)

\$35 per 1st child; \$30 per additional sibling

Apple Valley Community Center

Min. 3 Max. 7

REGISTRATION DEADLINE: March 17

Instructor: Kidcreate Staff

Barbie's going to the beach! Let's paint a beach scene for her and create all the accessories she'll need to have a great time. Bring your Barbie (or another Barbie sized doll) to class so they can join in the fun. Please pack a nut free snack and drink for your child.



Staycation Art Camp

Ages 5-12 (a class for siblings to attend together!)

Monday & Wednesday, March 21 & 23; 1:00-4:00pm
(DAYS OFF SCHOOL)

\$69 per 1st child; \$65 per additional sibling

Apple Valley Community Center

Min. 3 Max. 10

REGISTRATION DEADLINE: March 14

Instructor: Kidcreate Staff

Are you vacationing at home this spring break? Grab your sunglasses! We're going to the beach- sort of! Your young artist will create a bunch of art projects with a beach theme. We'll be getting messy with paint, clay and Model Magic as we create sand castles, palm trees, sea creature mobiles and more! Please pack a nut free snack and drink for your child.



Ode to Van Gogh Art Class

Ages 5-12 (a class for siblings to attend together!)

Tuesday & Thursday, March 22 & 24; 1:00-4:00pm
(DAYS OFF SCHOOL)

\$69 per 1st child; \$65 per additional sibling

Apple Valley Community Center

Min. 3 Max. 10

REGISTRATION DEADLINE: March 15

Instructor: Kidcreate Staff

Swirls of color, starry night skies and brightly colored sunflowers are just a few things that will inspire your young artist during this class. We'll learn about Vincent Van Gogh as we create starry night globes, sunflower "impasto" paintings and more. What's impasto? Ask your child at the end of this class! Please pack a nut free snack and drink for your child.

"We Love Music"

Musical Safari Classes

Ages 18 months-6, with a parent

Tuesdays, March 1, 8, 15,
(NO 22), 29;
10:00-10:45am

\$40 per parent/child pair;

\$25 per additional sibling

Apple Valley Community Center

Min. 3 Max. 6 pairs

REGISTRATION DEADLINE: February 29

Instructor: Jennifer Ackland of Musical Safari, Inc.

Parents, go on a Musical Safari with your child and discover your love of music, together! During each 45 minute class, we will be singing songs, dancing, reading a book, doing finger plays and playing instruments! Discover the joy of learning through music!





Amazing Tots Program

Age 20 months-3 years
& a parent

**Session 1: Thursdays,
April 7, 14, 21, 28; May 5, 12;
9:20-9:50am**

**Session 2: Thursdays, May 19, 26; June 2, 9, 16, 23;
9:20-9:50am**

**\$59 per person, per session
Apple Valley Community Center
Min. 3 Max. 6 per session**

REGISTRATION DEADLINES:

Session 1: March 31; Session 2: May 12

Instructor: Amazing Athletes of SW Metro Staff

Discover sports that will get your toddler moving. Enjoy physical challenges and organized physical exploration activities that increase major motor development. Explore and learn four sports with your child.

Amazing Athletes Program

Ages 3-6

**Session 1: Thursdays, April 7, 14, 21, 28; May 5, 12;
10:00-10:45am**

**Session 2: Thursdays, April 7, 14, 21, 28; May 5, 12;
11:00-11:45am**

**Session 3: Thursdays, May 19, 26; June 2, 9, 16, 23;
10:00-10:45am**

**Session 4: Thursdays, May 19, 26; June 2, 9, 16, 23;
11:00-11:45am**

**\$65 per person, per session
Apple Valley Community Center
Min. 3 Max. 6 per session**

REGISTRATION DEADLINES:

Session 1: March 31; Session 2: May 12

Instructor: Amazing Athletes of SW Metro Staff

Engage in a developmental sports and fitness program that teaches the basic fundamentals and mechanics of nine different sports including: baseball, volleyball, lacrosse, football, soccer, golf, hockey, basketball and tennis! Build self-confidence, practice teamwork, and improve fine and large motor skills. Increase cardiovascular fitness, muscle tone, hand-eye coordination and reaction time. Lots of sports fun! Parents are not required to stay, but can if they choose.

APPLE VALLEY TEEN CENTER

Grades 6-12

**14255 Johnny Cake Ridge Rd.
952-953-2385**

Staff: Teen Center Supervisors

Teens in Grades 6-12 reign

exclusively over this unique facility which is managed, programmed, and staffed by the Apple Valley Parks and Recreation Department.



HOURS - SCHOOL DAYS (March 1-June 10)

Monday-Thursday.....2:30-7:00pm

Friday.....2:30-7:00pm

Saturday..... 1:00-7:00pm

Sunday 1:00-6:00pm

HOURS – SCHOOL HOLIDAY/VACATION DAYS

March 11, 21, 22, 23, 24, 25..... 1:00-7:00pm

March 27 (Easter)..... Closed

April 22..... 1:00-7:00pm

May 30 1:00-7:00pm

WHAT IS THERE TO DO AT THE TEEN CENTER?

- Guitar Hero • DVD's • Wii
- PS3 • N64 • Xbox ONE • Xbox 360
- Ping Pong • Air Hockey • Foosball
- Pizza • Hot Pockets • Ice Cream Treats
- Skateboard Park (April–October)
- Outdoor Sports equipment available
- Deible Garden Program
- Crafts & “Special Event” Days”
- A place to hang out with friends!
- LOTS OF FUN!**



HAVE YOUR PARTY AT THE TEEN CENTER!

Hold your birthday or other special celebration at the Teen Center. Invite your friends, bring a cake, order a pizza, bring in a DJ, or create your own theme! These are just a few ideas that have been successful and fun! As with all Teen Center functions, the party invitees must be entering grades 6-12 only; you can have up to 20 guests, and the maximum time is 3 hours. The fee is only \$25, plus a \$50 refundable deposit. Contact Marcie at **952-953-2312**, for more information or to book your party!



Social Dances For Teens With Disabilities

Grades 6 to Transition Age Group

Friday, March 4

Friday, April 1

Friday, May 6

7:00-9:00pm

\$5 per Teen in advance / \$8 at the door

Apple Valley Teen Center

Snacks provided.

Join your friends and make new ones with these special Teen Center Dances. Parents and PCAs are welcome.

EDIBLE GARDEN AT THE TEEN CENTER 3RD YEAR!

Coming again this Spring & Summer, our “Edible Garden” at the Teen Center. Check in with the Staff at the Teen Center and find out how you can be involved! Vegetables, herbs, fruits – help us grow our EDIBLE GARDEN, and then – help us harvest and eat it!

NOTE: PLANTING WILL BE SCHEDULED FOR A WEEKEND DATE IN MAY, TBD YET!



FAMILY PROGRAMS

Join us on Saturday, March 19 – register for one or both events listed below and be “egg-straight ready” for the holiday!

Baking for the Bunny Cookie Bake & Take

Family event

Saturday, March 19

Session 1: 9:00am start

Session 2: 9:30am start

Session 3: 10:00am start

\$14 per family per session

(for approximately 3-4 dozen cookies)

Apple Valley Community Center

Min. 1 family Max. 2 families per session

REGISTRATION DEADLINE: March 11

Instructors: Parks and Recreation Department Staff

Spend some time on Saturday decorating cookies with your children for the upcoming holiday! Leave the fuss, muss and mess to us, and take home approximately 3-4 dozen beautifully decorated “Bunny, Flower & Egg Cookies” for your family! Please bring something to carry your cookies home in, a cookie sheet, and a rolling pin. All other supplies/ingredients provided.

Egg-Citing Egg-Dyeing

Family Event

Saturday, March 19

Session 1: 10:00am start

Session 2: 10:30am start

\$12 per family per session

(for 3 dozen decorated eggs)

Apple Valley Community Center

Min. 1 family Max. 2 families per session

REGISTRATION DEADLINE: March 11

Instructors: Parks and Recreation Department Staff

In this egg-straight special holiday art class, you’ll create egg-citing decorated eggs to take home. We’ll have all sorts of egg-citing ways to decorate your boiled eggs including many colors and different types of egg dye. But, why just dye when you can also glue, glitter, lace and paint too? Lots of creative egg-dyeing fun for families!

Explore the Cosmos

Family Event; Parents & children 5 and older

Friday, March 4; 7:00-8:30pm

(Make-up Date, if it’s cloudy: Friday, March 11)

\$20 per family

Apple Valley Community Center

Min. 4 Max. 10 families

REGISTRATION DEADLINE: February 26

Instructor: Stephen Engel, educational background in physics, astronomy and computer science

Join us as we explore the winter constellations and more, from the Big Dipper to Taurus the Bull, and Orion the Hunter. Explore the Pleiades Cluster, the Great Orion Nebula, and the red giant star Betelgeuse. We’ll try and catch a glimpse of the planet Jupiter creeps back into the evening sky. At least one large telescope will be provided for viewing. This is a fun, educational family opportunity. The class meets outdoors, so please dress accordingly. The community center will be open for us to warm up periodically. Class will meet regardless of the weather. In the event of cloudy weather, indoor activities are planned. A make-up date for outside observing with telescopes is scheduled for March 11, same time and location.

Tai Chi Exercise

Adults

Session 1: Wednesdays,

April 6, 13, 20, 27

12:00-12:45pm

Session 2: Wednesdays,

May 4, 11, 18, 25

12:00-12:45pm

\$36 per person, per session

Apple Valley Community Center

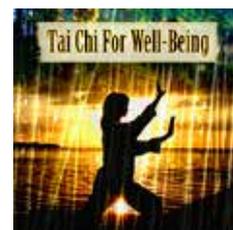
Min. 8 Max 25 per session

REGISTRATION DEADLINES:

Session 1: March 30; Session 2: April 27

Instructor: Phil Tobey

Tai Chi Exercise is a series of Tai Chi moves to create gentle exercises to improve balance, flexibility and mobility. This NEW class is available to all adults, at the Apple Valley Community Center. JOIN US!



TARGET CENTER & XCEL ENERGY CENTER

The Apple Valley Parks and Recreation Department offers an opportunity to purchase discounted tickets to events scheduled at Target Center and at Xcel Energy Center! Save yourself the handling fees, phone calls and hassles; buy your tickets locally, the seats have already been reserved; get better seats at better prices! Simply pay the fee due for the tickets to the events of your choice, by the deadline. Your tickets can be picked up at the Apple Valley Community Center when they arrive; purchasers of tickets will be contacted by phone when the tickets are in!

NOTE: Transportation to and from the events is the responsibility of the purchaser.

XCEL ENERGY CENTER EVENT:

Stars on Ice - 2016 Tour

Sunday, May 1; 4:00pm

\$39 per ticket;

Section 105; Rows 14 & 15

\$19 per ticket;

Section 122; Rows 20 & 21

REGISTRATION DEADLINE: April 18

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

It's the 30th Anniversary of Stars on Ice, and this show will be headlined by the 2014 Olympic Ice Dance Gold Medalists, Meryl Davis and Charlie White, along with an ensemble of America's very best figure skaters.



Marvel Universe LIVE! BRAND-NEW EVENT

Thursday, April 7; 7:00pm

\$18 per ticket, all ages

Opening Night Special!

Friday, April 8; 7:00pm

\$25 adults (13 & older)

\$18 age 12 & under; Lower Level, Middle Rows

Saturday, April 9; 7:00pm

\$25 adults (13 & older)

\$18 age 12 & under; Lower Level, Middle Rows

Sunday, April 10; 5:00pm

\$25 adults (13 & older)

\$18 age 12 & under; Lower Level, Middle Rows

REGISTRATION DEADLINE: March 28

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

Marvel Universe Live is a mind-blowing show unlike anything you have seen before, with cutting-edge special effects, pyrotechnics, aerial stunts, martial arts, motorcycles, and more! Watch your favorite Marvel Super Heroes including Spiderman, Iron Man, Black Widow, Hulk, plus the threatening villains that come to life in action packed arena extravaganza!



TARGET CENTER EVENTS:

Harlem Globetrotters 90th Anniversary World Tour

Friday, March 25; 7:00pm

\$35 per ticket; Lower Level Sides

Saturday, March 26; 1:00pm

\$35 per ticket; Lower Level Sides

REGISTRATION DEADLINE: March 14

TICKET PICK-UP: Purchasers of tickets will be called once the tickets arrive at our office.

The World Famous Harlem Globetrotters bring their high-flying jokes and hilarious basketball tricks to the Target Center once again this Spring! Come out and celebrate 90 years of great family entertainment, and stay after the game for autographs and photographs with the players, on the court.



ANDREA BOCELLI - In Concert

Thursday, June 9; 7:30pm

\$56 per ticket;

Upper Level Seating

REGISTRATION DEADLINE:

May 23

TICKET PICK-UP:

Purchasers of tickets will be called once the tickets arrive at our office.

This unique performance will feature members of the Minnesota Orchestra and special guest Heather Headley, a new popular repertoire from Bocelli's latest album, CINEMA, along with Bocelli's beloved repertoire of arias, love songs and crossover hits.





2016 GROUND POUNDERS

GRAND PRIX RUNNING SERIES

The Ground Pounders "Grand Prix Running & Active Living Series" is a series of 6 prestigious events sponsored by the South of the River (S.O.R.R.) Communities of Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount and Savage. Runners may participate in as many of the races as they choose. Participate in 3 or more of the 7 events listed below and you will be eligible for a drawing for grand prizes from Runner's Gate, and other sponsors, at the end of the season. Open to all ages...

The following 7 races are scheduled this summer:

Saturday, June 4:

Burnsville: 5K Run
Nicollet Commons Park; 12550 Nicollet Avenue
952-895-4500 or www.burnsville.org

Saturday, June 18:

Farmington: 1 & 4 Mile Runs, ½ Mile Junior Jog
Rambling River Center; 325 Oak Street
651-280-6850 or www.ci.farmington.mn.us

Saturday, June 25:

Savage: Dan Patch 5K Pace & 1-Mile Fun Run
Savage Lifetime Fitness; 6554 Loftus Lane West;
North Park Lot
952-224-3420 or www.cityofsavage.com

Monday, July 4:

Apple Valley: 2 & 5 Mile Runs, Youth ½ Pint ½ Mile
Hayes Park; 14603 Hayes Road
952-953-2300 or www.cityofapplevalley.org

Saturday, July 9:

Lakeville: 1 & 4 Mile Runs, ½ Mile Fun Run
Casperson Park; 19720 Juno Trail
952-985-4600 or www.lakevillemn.gov

Saturday July 23:

Rosemount: 1 & 4 Mile Runs, 1 & 4 Mile Fitness Walks;
½ Mile Youth Sprint
Rosemount Community Center;
13885 South Robert Trail
651-322-6000 or www.ci.rosemount.mn.us

Tuesday, July 26:

Runner's Gate 5K Trail Run: Rough Terrain 5K Run
Ritter Farm Park; 19300 Ritter Trail; Lakeville
952-985-4600; www.lakevillemn.gov

ADULT CLASSES:

Spring Watercolors Painting Classes

Adults

Session 1: Thursday, April 7; 6:00-8:00pm

"Mountains in the Clouds" Painting

Session 2: Thursday, April 21; 6:00-8:00pm

"Sunset Lake" Painting

Session 3: Thursday, May 12; 6:00-8:00pm

"Mt. Rainier" Painting

Session 4: Thursday, May 26; 6:00-8:00pm

"Butterfly Echinacea" Painting

\$24 per person, per session

includes all painting supplies

Apple Valley Community Center

Min. 3 Max. 15 per session

REGISTRATION DEADLINES:

Session 1: March 31

Session 2: April 14

Session 3: May 5

Session 4: May 19

Instructor: Tina Sheppard

Join us in a relaxed setting and learn how to paint with watercolors. Our classes are fun and enjoyable! Learn all about color mixing, shading and hi-lighting, and controlling your water and paint to create dynamic paintings. All levels of painters are welcome.



"Mountains in the Clouds", April 7



"Sunset Lake", April 21



"Mt. Rainier", May 12



"Butterfly Echinacea", May 26

SUMMER ICE SKATING PROGRAM

Summer skating lessons will be offered at Hayes Park Arena beginning June 13, 2016. Information on the summer Ice Skating Lessons will be available in the Summer Healthy Parks Healthy People booklet which will be delivered to Apple Valley residents at the end of April. Summer booklets will also be available at the Apple Valley Community Center. If you have any questions regarding summer skating lessons, please contact Janelle Wall, Learn to Skate Director at



jwall@cityofapplevalley.org

Recreational Volleyball Leagues

Ages 18 & over

WOMEN'S "A", "B", "C" LEAGUES:

Thursday (begins 3/31/16)

CO-REC "A", "B", "C", "D" LEAGUES:

Friday (begins 4/1/16)

\$100 per team per League (plus a \$25 per team fee for non-resident teams)

AVCC gyms; 14603 Hayes Road

REGISTRATION DEADLINES:

Returning Teams: Thursday, March 3

New Teams: Tuesday, March 8

Our six-on-six, self-officiated Volleyball Leagues for adults 18 years and over will be played at the Apple Valley Community Center on Thursday (Women's) and Friday (Co-rec) evenings. A variety of levels are offered to satisfy a wide range of skill levels (A, B, C, D leagues). Play begins on Thursday March 31 (Women's) & Friday April 1 (Co-rec.) The leagues will consist of 9 league matches (including 2 or 3 nights of double-headers) & playoffs. Individual players looking for a team can call the Recreation Office at 952-953-2300 to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**



Women's Officiated Power Volleyball Leagues

Women Ages 18 & over

**Women's Power League:
Tuesday (begins 3/29/16)**

\$195 per team per League

(plus a \$15 fee per team fee for non-resident teams)

Apple Valley Community Center gyms;

14603 Hayes Road

REGISTRATION DEADLINES:

New Resident Teams & Returning Winter teams:

Tuesday, March 8

New Non-Resident Teams: Thursday, March 10

Our six-on-six officiated Volleyball League for female players 18 years and older will be played at the Apple Valley Community Center, on Tuesday evenings. Teams can register until Thursday, March 10th; play begins on Tuesday, March 29th. Team registrations will still be accepted after the March 10th deadline if room is still available. The leagues will consist of 9 league matches plus play-offs. Some nights of double-headers will be incorporated into the spring league play. Individual players looking for a team can call the Recreation Office at **952-953-2300** to be included on our "draft" list. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

Slow Pitch Softball Leagues

Ages 18 & Over

Men's Doubleheader Leagues: (begins 4/24/16)
All nights offer leagues of both recreational and intermediate level of play. Sunday, Monday, Tuesday, Wednesday, Thursday evenings.

Co-Rec Doubleheader Leagues:

Ages 18 & Over

Friday evenings (begins 4/29/16)

REGISTRATION DEADLINES: New Resident Teams & Returning 2015 Summer Teams: Thursday, February 18
New Non-Resident Teams: First day of registration, Thursday, February 25.

No matter what your team's competition level is, we have a league to match it. The Apple Valley softball leagues would like to see your team on the playing field. New leagues will be formed & existing leagues will be expanded for the 2016 season. New this year will our Tuesday night E level (our most Recreational level of play) league will be combined with our Tuesday evening Church league. All games are played at Johnny Cake Ridge Park which has 5 lit fields. Also new this year all teams will participate in an end of the season league play-off (on the same night as their regular league play.) The start date is Sunday, April 24. For registration information contact Lyndell Frey (Recreation Supervisor) at lfrey@cityofapplevalley.org or call him at **(952-953-2316)** or check out the City's website at [www.cityofapplevalley.org /Parks and Recreation/Adult leagues/Softball](http://www.cityofapplevalley.org/Parks%20and%20Recreation/Adult%20leagues/Softball). Get in the game!

Team managers from 2015 summer and fall leagues were sent all necessary registration materials via email. New teams should contact the Recreation Department at **952-953-2316** to request the materials. Various levels of priority for acceptance into the leagues are utilized, such as, returning teams from 2015 leagues, and teams consisting of at least 51% AV residents. In 2015 101 teams participated in summer league play and NO teams were turned away.

REGISTRATION DEADLINES:

First day of registration new non-resident teams: Thursday, February 25–April 5 or until filled.

Softball Umpire Clinic

Saturday, April 9; 9:00am

Are you ready to call a game? Now is the time to jump into the action, as umpires are being recruited to officiate adult softball leagues in Apple Valley, Burnsville, Eagan, Rosemount, and Savage. Join us for an Umpires Clinic in the Apple Valley Community Center, and get registered to umpire the great game of slow pitch softball. Information will include softball rules, game situations, preventive officiating, professional appearance, and other topics. Registrants will become sanctioned officials with the United States Specialty Sports Association (USSSA). Please contact Keith Wallace of Apple Valley Officials at **651-451-9615** or **651-353-6215** prior to the clinic.



Co-Rec Adult Kickball League

Ages 18 & over

Wednesday (begins 5/18/16)

\$175 per team per League

6:15-10:15pm games

Johnny Cake Ridge Park

REGISTRATION DEADLINE:

Thursday, April 28 (7:00pm)

The Apple Valley's Parks & Recreation Department will be offering an Adult Kickball league at Johnny Cake Ridge Park on Wednesday evenings this Spring/Summer. Recruit your Co-workers, friends &/or neighbors and enjoy an evening of fun, playing Co-rec kickball. This league is for **RECREATIONAL TEAMS ONLY**. These games are self-officiated. Game balls are provided. The league includes 8 weeks of league play as well as 1 to 2 weeks of play-offs. For more information, contact Lyndell Frey, Recreation Supervisor, at lfrey@cityofapplevalley.org or call **952-953-2316**.

S.O.R.R. Adult Co-Rec Kickball League

Ages 18 & over

Wednesday or Thursday nights

\$160 per team plus tax

REGISTRATION DEADLINE: Friday, April 3

SORR (South of the River Recreators) is offering opportunity for adults to relive their days on the playground playing everyone's favorite game.....

KICKBALL!!! The SORR Communities (Apple Valley, Burnsville, Eagan, Lakeville, Savage, Farmington, and Rosemount) are offering this unique opportunity for all adults 18 years and older to form Co-Rec teams. We will have both, competitive and recreational Co- Rec leagues which will tentatively last about 8 weeks with a single elimination tournament. Games will be played in Savage on Wednesday's and Thursday's nights. Season begins early May. This league does not have umpires for the games. For an informational packet, please contact the Savage Parks and Recreation Department at **(952) 224-3420**.

Savage Community Park
13550 Dakota Ave. South



S.O.R.R. Bocce League

Ages 18 & over

\$40 per team plus tax

REGISTRATION DEADLINE: Returning 2015 Teams- April 10. New teams April 17

Grab a couple of your friends and join the SORR (South of the River Recreators) Bocce League. Teams of 2 to 4 members will play two matches (6 total games) a night in Savage on their 100 feet x 13 feet bocce courts at Community Park. We will offer leagues Mondays, Wednesdays, or Thursdays starting in mid-May. The season will last 7 weeks with an end of the season tournament. This self officiated league will have 8 teams comprised of males and females or any gender combination. Players must be at least 18 years of age and must live within a SORR community (Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount, and Savage). For more specific details and a bocce informational packet, please visit www.cityofsavage.com or call the Savage Parks and Recreation Office at **952-224-3420**. Savage Community Park
13550 Dakota Ave. South



Adult Pickleball Tournament

(Co-Rec, Men's or Women's teams welcome)

Ages 18 & over

Thursday, April 28; 12:30-5:15pm

Skill Levels 2.0 to 3.5)

Friday, April 29; 12:30-5:15pm

(Skill Levels 3.5 to 5.0)

\$20 per Team

Apple Valley Community Center

REGISTRATION DEADLINE: April 22

Let's celebrate the opening of the outdoor Pickleball season with a little friendly competition. We will play outdoors if the weather cooperates. If not, we have the indoor courts as well, so rain or shine we play! Snacks and prizes will be provided to players.

APPLE VALLEY SENIOR CENTER

**Monday-Friday;
9:00am-4:00pm
14601 Hayes Road - Apple Valley
952-953-2345**

Join area adults age 55 and older for social, educational, recreational and service oriented activities, programs and events. The Apple Valley Senior Center is the home of the "Apple Valley Seniors" organization. You do not have to be an Apple Valley Resident to become a member. Membership is required for only a handful of programs. So if you'd like to try an activity, you are more than welcome to do so, without membership obligation. If you decide to become a member, the membership fee is a bargain at only \$10 per year (increasing to \$15 per year July 1, 2016). Please call **952-953-2345** if you have questions, would like to receive a complimentary newsletter or to arrange a tour of the facility. If you are in the neighborhood, please drop in!



REGULARLY SCHEDULED ACTIVITIES

(All activities are at the Apple Valley Senior Center unless otherwise noted)

Bicycle Group

Tuesdays, weather permitting

(Start times vary according to month. Call for details.)

Bicycle "Fun Folks on Spokes"

Wednesdays & Fridays, weather permitting

(Start times vary according to month. Call for details.)

Bingo

First, Third & Fifth Fridays; 12:30pm

NOTE – Apple Valley Seniors membership is required for this activity.

Blood Pressure Checks

9:30am on General Meeting days and 11:15am prior to Catered Lunch Days

Book Club: "First Edition"

First Wednesday; 1:00pm

Bowling

Every Wednesday & Friday at 12:30pm
at Apple Place Bowl, Apple Valley

CARD GAMES:

- Bridge Mondays; 12:45pm
- Cribbage..... Tuesdays; 1:00pm
- Duplicate Bridge Thursdays; 12:30pm
- Hand & Foot..... Tuesdays; 1:00pm
- 500 Thursdays; 1:00pm
- Pinochle..... Tuesday; 12:30pm

Catered Lunch and Entertainment

Third Tuesday; 11:30am

(advance registration required)

Coffee

Monday–Friday; 9:00am–4:00pm

You are always welcome to stop in and enjoy a cup. Regular and Decaffeinated Coffee; Regular, Decaffeinated and Green Tea; Cappuccino, Hot Chocolate and Apple Cider are available for your enjoyment.

"Color & Chat"- Coloring Group

Thursdays; 1:30pm

Bring your own supplies and socialize while completing your projects.

Computer 101 (Discussion Group)

First Thursday; 9:30am

Dominoes

Wednesdays; 1:00pm

Feed My Starving Children

Third Thursday; Noon-2:00pm

11:30am Meet at AVSC to carpool

Noon Meet at FMSC in Eagan





Gather Around Music

First Wednesday; 1:00pm

Musicians meet to play old time music; singers, dancers and audience members are welcome.

General Membership Meeting

First Monday; 10:00am

An opportunity to meet the Executive Committee and to discover what is happening at the Apple Valley Senior Center. Cash prizes, door prizes and the opportunity to become the SENIOR of the MONTH! (Membership required for prizes and Senior of the Month program)

Hardangar

Thursdays; 1:00pm

Knitters & Crocheters

Fourth Thursday; 9:30am

Line Dancing

Beginners; Thursdays; 9:15am

Intermediate; Mondays 9:30am & Thursdays; 10:00am

Mah Jongg

Wednesdays; Noon

Men's Breakfast

First & Third Friday; 8:30am

Apple Valley American Legion

Morning Stretch Exercise Group

Mondays, Wednesdays and Fridays; 10:00am

(No class on General Membership Meeting Monday)

Painters

Tuesdays; 9:30am

Painters work on individual projects in a group setting. (Not a instructed painting class)

Pool

Men play Monday through Thursday at Noon;

Ladies play every Friday; 11:00am

The pool area is also available for open play when the Senior Center is open (Billiards-not a swimming pool)

Quilting Bees

Tuesdays; 9:00am

Re-Created Cards

First & Third Thursdays; 1:00pm

Help prepare "re-created" cards for sale.

Social Seniors

Meet on the Second Thursday; 4:00-6:00pm

Rascal's Apple Valley Bar & Grill

Intermediate Spanish

Tuesdays; 1:00pm

Stitchers

Mondays; 1:00pm

Table Tennis

Scheduled play is Tuesdays & Thursdays; 1:00pm

Tap Dancing

Mondays; 9:30am

\$5 per person

Wii Bowling

Leagues lasting 12-weeks are held on a regular basis.

Women's Breakfast

Third Friday; 9:00am

Perkins in Apple Valley

Zumba Gold Toning

Mondays; 11:30am (Beginning March 7)

\$5 per person

Apple Valley Community Center, 14603 Hayes Road

Zumba Gold

Tuesdays; 9:15am (Beginning March 8)

\$5 per person

Apple Valley Community Center, 14603 Hayes Road

Velvet Tones

Wednesdays; 10:00am (excluding summer months). For

information please contact Rich Clausen at

952-432-1081 or by e-mail: velvettones@gmail.com



Event & Meeting Space Apple Valley Senior Center

- › Birthday Parties
- › Wedding Receptions
- › Anniversary Celebrations
- › Showers: Bridal & Baby
- › Business Meetings & Trainings
- › Townhome Association Meetings
- › Athletic Banquets
- › Church services, meetings and events
- › Boy Scout & Girl Scout meetings and events



For more information
or to arrange a tour
of rentable spaces,
call 952-953-2345.



Reasonable Hourly Rates

Catered & Non-Catered Food Options

Rentable 7-Days A Week

APPLE VALLEY SENIOR CENTER
14601 HAYES ROAD, APPLE VALLEY, MN 55124

Conveniently located only 3-miles east of 35E and 35W & 1-mile west of Cedar Avenue.

VALLEYWOOD GOLF COURSE

Information & Tee Times • www.valleywoodgolf.net
 4851 McAndrews Rd • Apple Valley, MN
 Phone: **(952) 953-2323** for Tee Times
Jim Zinck, Manager/PGA Professional
Krystal Sedwick, Food, Beverage & Banquet Coordinator

Championship 18-Hole Golf Course

175 Seat Event Space • Bar & Grill (Food & Beverage Cart) • Driving Range & Practice Green • Golf Cart & Push • Cart Rental • Pro Shop Merchandise Club Rental • Golf Lessons (Group or Private) • Private Golf Tournaments and Facility Rentals

Contact the golf shop or www.valleywoodgolf.net about Twilight and Special Rates.



Valleywood Golf Course

2016 FEE SCHEDULE

REGULAR PATRON

Weekend Fees

(Saturday and Sunday)	Regular	Patron
18 Holes	\$41	\$38
9 Holes	\$25	\$22

Weekday Fees

(Monday - Friday)		
18 Holes	\$33	\$30
9 Holes	\$22	\$19
18 Holes-Senior/Junior	\$27	\$24
9 Holes-Senior/Junior	\$21	\$18

(Senior: 55 & over; Junior: 17 & under)

Patron card	\$40	+ Tax
Senior Patron Card	\$30	+ Tax
Resident Patron Card	\$20	+ Tax

Cart Fees

Pull Cart	\$5
18 Hole Power Cart	\$34
9 Hole Power Cart	\$20

Driving Range Fees

Large bucket (approx. 80 balls)	\$8
Medium bucket (approx. 40 balls)	\$5
Driving Range Card (10 large buckets of range balls)	\$65

SEASON PASS FEES

Available to residents of Apple Valley only

Valid anytime, any day

Individual	\$900 + Tax
Spouse (added to individual pass)	\$450 + Tax
Executive (Ages 18-35)	\$450 + Tax
Junior (Resident & Non-Resident)	\$450 + Tax
Senior (55+) 5 day	\$600 + Tax
Senior (55+) 7 Day	\$850 + Tax

Included with your season pass:

\$2 discount on golf cart rental.

Golf Outings/Tournaments

Valleywood is available for private golf outings. Call the Pro Shop at **952-953-2323** for more information.

We welcome the opportunity to host local charities and Booster organizations.



GROUP GOLF LESSONS

Valleywood Golf Course offers group lessons to everyone from age 4 to 104! From juniors to seniors!!!

Golfers of all abilities (beginners to experienced players) will benefit from the PGA/LPGA Professional instruction offered at Valleywood Golf Course.

We offer an extensive selection of group lessons. Beginner classes will cover the basics, and the experienced classes will focus more on the advanced fundamentals.

All classes cover:

- Short game basics, including chipping, pitching, and putting
- Basic set-up and routine
- Full swing fundamentals
- Basic rules and etiquette

Classes are limited to 8 students per class with a 5 student minimum.

Clubs will be provided to those students in the beginner classes that need them.

Experienced classes require all students to provide their own set of clubs.

Register in person at Valleywood or call the Golf Shop at 952-953-2323 to register with a credit card over the phone.

Get started today and let Valleywood's PGA/LPGA staff help you improve your scores and bring enjoyment to your game!!!

Classes offered:

- Adult – beginner and experienced
- Adult clinics • Women • Seniors
- Junior golf schools - ages 8 to 15
- Mighty munchkins - ages 4 to 7

ADULT BEGINNER:

Beginner golf lessons are for adults with little or no golf experience. Our professionals will teach you everything you need to know to get started in the game.

Topics include:

Short game basics, proper grip, stance, ball positions, and all aspects of the game. For this class, there is no need to have clubs. If you need clubs they will be provided. All make-up days will be discussed during the class. For weather related questions you should call the golf shop 1 hour prior to the start of the class at 952-953-2323.

A total of 3 one-hour lessons.

Cost: \$100 includes 9 hole voucher.

Min. 5 Max 8

Beginner Sessions: Monday, Tuesday & Wednesday

- #1 May 16, 17, 18 (5:30 – 6:30pm)
- #2 June 6, 7, 8 (5:30 – 6:30pm)
- #3 June 27, 28, 29 (5:30 – 6:30pm)
- #4 July 25, 26, 27 (5:30 – 6:30pm)
- #5 August 15, 16, 17 (5:30 – 6:30pm)

ADULT EXPERIENCED:

Experienced golf lessons are for adults that have taken lessons before or have a minimum of two years experience playing the game of golf and want to take their game to the next level. This class requires each student to have their own set of clubs. Instruction for this class will be tailored to the individual and will cover advanced topics including, pre-shot routine, advanced short game basics, advanced full swing fundamentals, and golf course strategies. Maximum of 8 students with a minimum of 5. All make up days will be discussed during the class. For weather related questions you should call the golf shop 1 hour prior to the start of the class at **952-953-2323**.

A total of 3 one- hour lessons.

Cost: \$100 includes 9 hole voucher.

Min. 5 Max 8

Experienced Sessions: Monday, Tuesday & Wednesday

- #1 May 23, 24, 25 (5:30 – 6:30pm)
- #2 June 27, 28, 29 (6:30 – 7:30pm)
- #3 July 25, 26, 27 (6:30 – 7:30pm)
- #4 August 15, 16, 17 (6:30 – 7:30pm)

ADULT CLINICS:

These clinics are one day sessions geared to improve certain areas of the game....full swing, pitching, chipping and putting. These one - hour sessions are open to all golfers male or female.

Cost: \$20 per session

Clinic Sessions: Saturday

- #1 Short Irons May 14 (11:00am – 12:00pm)
- #2 Putting June 18 (11:00am – 12:00pm)
- #3 Chipping July 16 (11:00am – 12:00pm)
- #4 Full Swing August 13 (11:00am – 12:00pm)

WOMENS GROUP LESSONS:

Open to all women - beginner or experienced. Classes will focus on basic fundamentals including chipping, putting, pitching and the full swing. Class will provide group instruction, as well as individual attention to each student making for a comfortable and relaxing lesson environment. Clubs will be provided to those who need them. Register in person at Valleywood or over phone with a credit card. **952-953-2323**. A total of 3 one hour lessons.

Cost: \$100 includes 9 hole voucher

Min. 5 Max 8

Women Only Sessions:

- #1 May 16, 17, 18 Mon, Tues, Wed. (6:30 – 7:30pm)
- #2 June 6, 7, 8 Mon, Tues, Wed. (6:30 – 7:30pm)
- #3 June 15, 22, 29 Wednesdays (6:30 – 7:30pm)
- #4 July 13, 20, 27 Wednesdays (6:30 – 7:30pm)

SENIOR GROUP LESSONS:

Golf is a game that can be played by nearly all ages. Senior lessons offered by Valleywood will consist of helping all seniors with their game. Whether a beginner or experienced, these classes will focus on basics to more experienced techniques. Classes are offered to seniors age 50 + only. Clubs will be provided for those who need them. A total of 3 one - hour lessons.

Cost: \$75 includes 9 hole voucher

Min. 5 Max 8

Senior Group Sessions:

- #1 May 23, 24, 25 Mon, Tues, Wed. (4:00 – 5:00pm)
- #2 June 13, 14, 15 Mon, Tues, Wed. (8:30 – 9:30am)
- #3 July 11, 12, 13 Mon, Tues, Wed. (8:30 – 9:30am)
- #4 August 8, 9, 10 Mon, Tues, Wed. (8:30 – 9:30am)



JUNIOR GOLF SCHOOLS: BOYS AND GIRLS

Ages 8 – 11; 10:00 – 11:00 am

12 – 15; 11:30am – 12:30 pm

“Grab a friend and come learn about the game of golf”

Junior golf is becoming a lot more popular with todays younger crowd and is a great way to learn about patience, discipline and leadership. Classes will focus on the basics of the game to get started or if an experienced player, a great way to bring your game to next level! The group will also learn about the rules of golf and course etiquette. Classes will tailored to fit the group with a maximum of 8 students per instructor. Clubs will provided to those who need them. Valleywood instructors strongly encourage juniors to have their own clubs because of sizing issues. Students are encouraged to wear sunscreen and bring a water bottle. Limit 8 per class.

Cost: \$85 includes 9 hole voucher.

Junior Golf School Sessions:

Monday, Tuesday & Wednesday.

- #1 June 13, 14, 15, 8 – 11 years old 10:00 – 11:00am
12 – 15 years old 11:30 – 12:30pm
- #2 July 11, 12, 13 8 – 11 years old 10:00 – 11:00am
12 – 15 years old 11:30 – 12:30pm
- #3 August 8, 9, 10 8 – 11 years old 10:00 – 11:00am
12 – 15 years old 11:30 – 12:30pm

MIGHTY MUNCHKINS:

Introductory golf lessons for ages 4 - 7

A future star is waiting to be born!

All golfers have to start somewhere and this is a great way for children to get started. Classes will focus on basic grip, stance and set-up along with some basic swing fundamentals. Clubs will be provided to those who need them. Students can sign up for one or all 8 sessions. Parents are welcome to stay and watch.

Cost: \$20 per session

Min. 5 Max 8

Mighty Munchkin Sessions:

- # 1 May 14, Saturday (9:00 – 9:45am)
- # 2 May 14, Saturday (10:00 – 10:45am)
- # 3 June 18, Saturday (9:00 – 9:45am)
- # 4 June 18, Saturday (10:00 – 10:45am)
- # 5 July 16 Saturday (9:00 – 9:45am)
- # 6 July 16 Saturday (10:00 – 10:45am)
- # 7 August 13 Saturday (9:00 – 9:45am)
- # 8 August 13 Saturday (10:00 – 10:45am)