

January 2017

Volume 19 No. 1

THE Gazette

An Apple Valley Seniors Monthly Publication

President's Message



AVS MEMBERS— A PERFECT ANTIDOTE FOR ELECTION FATIGUE!

Regardless of how each of us voted, we're probably all feeling a little wrung out from election fatigue and the stress brought by a dramatic change in national leadership. Well, I have some good news to perk us up.

Our Operating Fund is back on track! As difficult as it was to decide we had to increase membership and luncheon fees last year, the changes have worked. On average, from July 1 through November 1 of this year, the Operating Fund is a little over \$6,000 more than it was a year ago. And this is in spite of the continuing year to year drop in MDC card fund raising earnings. Barring any unforeseen expenditures, we can expect to operate safely within our budget for the fiscal year ending June 30, 2017.

And more good news! The request to our members for help rebuilding our Dedicated Fund is bringing in several donations each day. As Jan Daker said in her letter, every little bit helps! Within two weeks after the request was mailed, our members had donated over \$2,000 in cash. We also received a like-new replacement for our rapidly failing Wii Bowling game. Wow! Yes, we have a ways to go to fulfill our wish list, but wow!

In 2016-2017 we all "stand on the shoulders" of the Apple Valley Seniors who worked so hard to organize and build this wonderful organization. And now we can pat each other on the back with smiles of pride, knowing we're the Apple Valley Seniors who are working so hard to sustain and grow our organization into the future. Take a bow, my friends, and **Thank You, Thank You, Thank You!**

Jeannine Churchill, President

Welcome New Members

Mary Casey-Allen
Arvin & Karen Cole
Richard Draeger
Ed Feeser
Liz Johnston
Janine Mattson
Bob Moeller
Craig Schouvieller
John & Debby Todd
Louise Wilkins

Sympathy Card Sent To The Family Of...

Phil Amundson
Robert Walker

Caring & Sharing Cards Sent To...

Gary Anderson
Dick Geiger
Carol Geiger
Wally Hafstad
Sandy Nelson
Bill Olson
Jim Paskett
Lola Templeton

14601 Hayes Road, Apple Valley, Minnesota 55124 • 952-953-2345

CATERED LUNCHESES with ENTERTAINMENT

Apple Valley Seniors present ---

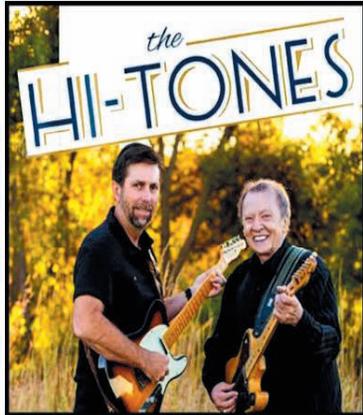
Happy Birthday!

**Tuesday,
January 17**

**It's a Birthday Party
for everyone!**

Eliot Grater and Scott Krisher sing songs by Elvis, Ricky Nelson, Dean Martin, Sinatra and others of the 40's, 50's, and 60's.

Live Music by ---



**\$15 per person
or \$5 entertainment only**

Registration deadline is Thursday, January 12
at Senior Center or call 952-953-2345

Apple Valley Senior Center, 14601 Hayes Road, Apple Valley

Buffet Menu
Chili and Corn Bread
Creamy Wild Rice Soup
½ Ham & Cheddar or
½ Turkey & Swiss on Croissant
Birthday Cake

Apple Valley Seniors present ---

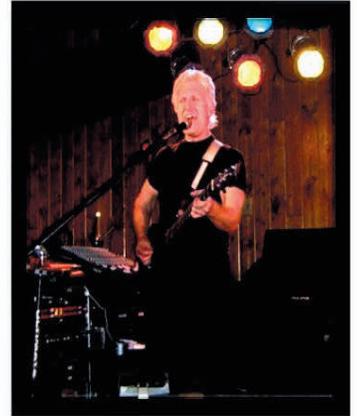
**HONORING
PRESIDENT'S DAY**

**Tuesday,
February 21**

Live Music by ---

**KENT
"PARTY OF ONE"**

Kent's excellent guitar playing and clear soaring voice singing favorites like Roy Orbison, Frankie Valli and the Bee Gees have impressed crowds for decades.



**\$15 per person
or \$5 entertainment only**

Registration deadline is Thursday,
February 16 at Senior Center
or call 952-953-2345

Buffet Menu
Tossed Salad with Peppercorn
Dressing
Beef Burgundy Tips over
Egg Noodles
Glazed Carrots
Cherry Pie

Apple Valley Senior Center, 14601 Hayes Road, Apple Valley

Looking for trained individuals to take blood pressure readings prior to the General Meeting & Catered Lunches. If you are qualified and interested, please check in with staff at the front desk. THANK YOU!

2016-17 APPLE VALLEY SENIORS EXECUTIVE COMMITTEE

JEANNINE CHURCHILL, PRESIDENT

JAN DAKER, VICE PRESIDENT

GERI CLAYTOR, TREASURER

RON BUTLER, ASSISTANT TREASURER

PAULA TIGERMAN, SECRETARY

LINDA HOLLE, MEMBER AT LARGE

APPLE VALLEY SENIOR CENTER STAFF

BILL BIRD, DIRECTOR

**PAT CASPERSON,
BUILDING-GROUNDS-MAINTENANCE**

PEGGY KLUTHE, SUPERVISOR

SHARON LEMKE, SUPERVISOR

BECKY TIO, SUPERVISOR



2017 Mid-Winter Fest LOGO DESIGN CONTEST

The winner of the logo design contest will receive \$100!
The winning logo will appear on printed promotional material, the Apple Valley City website, the Apple Valley Parks & Recreation Facebook page, in the Sun-This Week newspaper, on the medallion used for the annual medallion hunt and in the ice sculpture.

Rules, Guidelines & General Information:

1. Open to all members of the Apple Valley Senior Center
2. The winner of the logo design contest will receive \$100
2. Your design can be drawn, sketched, painted, colored or any type of media that can be applied to a flat surface and is not raised or 3-dimensional
3. Minimum size = 4" x 4" / Maximum size = 8" x 8"
4. Please do not use any copyrighted figures/characters/images/text, etc. in your design
5. All designs must contain the following:
 - Apple Valley Mid-Winter Fest
 - February 4, 2017
6. Optional content: - "Don't Hibernate, Celebrate!" which is the annual slogan
7. Designs will be judged by Apple Valley Parks & Recreation Administrative Staff
8. **DEADLINE:** Pick up an entry form in the Coffee Lounge. Turn this form and your logo design/s, in at the front desk, by **3:00pm on Friday December 30, 2016.** The winner will be announced at the Catered Lunch on January 17. The logo winner does not need to be present at the lunch
9. You may enter as many times as you like



VETERAN'S APPRECIATION DINNER

A FREE dinner for Veterans will be served each month

at the Apple Valley American Legion Post 1776, on the Third-Thursday of the month. Doors open at 5:30pm. **Please call in a reservation to 952-923-5014 at least one week before each dinner.**

January 19	August 17
February 16	September 21
March 16	October 19
April 20	November 16
May 18	December 2017-No Meal
June: No meal	
July: No meal	

GENTLE YOGA

Wednesdays
February 22-April 12
9:45-10:45am

\$64 Member
\$72 Non-Member
\$10 drop-in per class

REGISTRATION DEADLINE: February 17

Yoga is practiced both in chairs and on the floor. Bring a yoga sticky mat and bottle of water.

Wear comfortable clothing.



Chocolate & Hearts: How Sweet It Is *A Magical Event Filled with Music, Chocolate and Fun!*

Friday, February 10; 2:00-4:00pm

**Eagan Community Center - Oaks Ballroom
1501 Central Parkway, Eagan, MN**

This Valentine's Day, your heart may melt, but the chocolate buffet will not! Enjoy appetizers, entertainment, games and more. Chocolate this year is courtesy of The Commons on Marice with entertainment and food provided by The Rosemount, Ecumen Seasons of Apple Valley and Centennial House.

55+
\$15 per person
Registration deadline: Friday, February 3
Space is limited, so register early.



HOSTED BY THE FOLLOWING CITIES:



SCENES FROM DECEM-





Filling out an end of life directive. How many times have we put off doing this? Let's set a new goal for Apple Valley seniors.... **100%** of us expressing our choices and having the necessary paperwork to make certain it's done. To reach

100%, we need to talk this up with all of the seniors we know. Be a catalyst to help our family/friends have their final wishes be honored. Honoring Choices MN does an excellent job of providing instructors who will guide us through the process. These instructors give of their time, because as part of medical teams they have seen the unnecessary agony of those without and the guided steps of a united family of those with a completed form.

We will fill out the form during the session. Questions.....ask away; the instructors are very knowledgeable. Leave an area blank if you need time to think/ask a loved one. **Objective:** Have 100% of Apple Valley seniors with an advanced care directive to ensure their choices are honored in all circumstances.

PART 1- Filling out the form Thursday, February 9; 10:00am. People attending this session will be given directions on obtaining a notary.

PART 2-Notarization and further questions Thursday, February 16; 10:00am.

100 % of us can have our choices honored. Let's join forces and encourage all to attend. Bring your bike club, bridge club, quilting club,.....all of your friends/neighbors/family. They don't need to be a member. We can help each other have our choices honored.

PLEASE SIGN UP IN THE COFFEE LOUNGE

COMING TO APPLE VALLEY!

[ZVAGO]
CENTRAL VILLAGE
Cooperative Housing for Ages 62+

one two one DEVELOPMENT
a distinctive OneTwoOne Development community
Born from a partnership of Ecumen and Lifestyle Communities, LLC.
Visit onetwoonedevlopment.com more information.

At the Heart of It All

Introducing Zvago Central Village, a proposed 58-home cooperative community coming to Apple Valley's vibrant Central Village neighborhood. Enjoy easy access to entertainment, dining, shopping, health services, outdoor recreation and more. All within a beautifully designed environment surrounded by the amenities, comforts and conveniences suited to your lifestyle.

[952] 683-9464

Visit the Zvago Central Village Sales Center to learn more.
15322 Galaxie Ave. #212 | Apple Valley

National Cremation SOCIETY*

Not interested in the high costs or full services of traditional funeral homes? Find out why so many Minnesota families are turning to National Cremation Society.

Call today to set up a no-obligation appointment and get the information you need to make a decision that is right for your family.

Mike Murphy, 612-500-2888
or email
Michael.Murphy@nationalcremationsociety.com
www.nationalcremation.com

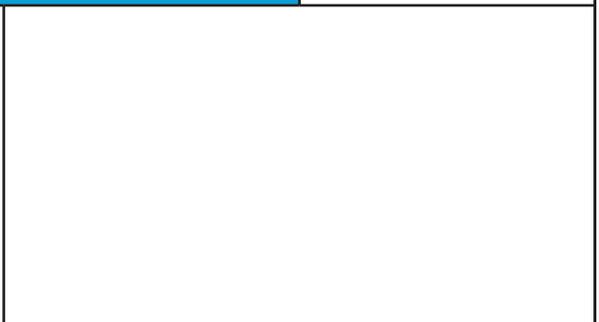
FREE AD DESIGN
WITH PURCHASE OF THIS SPACE.
— 800-950-9952 —

HELP PROTECT YOUR FAMILY & HOME

CALL NOW!
1-888-891-6806

ADT AUTHORIZED DEALER

HOME SECURITY TEAM



January Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <p style="text-align: center;">CLOSED</p> <p style="text-align: center;"><i>New Year Holiday</i></p>	3 9:00 Quilting Bees 9:15 Zumba Gold 9:30 Tuesday Painters 9:30 Blood Pressure ✓ 10:00 General Meeting 11:00 SR Meeting Noon Pool Noon Cribbage 12:30 Pinochle 1:00 Hand & Foot Cards 1:00 Table Tennis 2:45 Spanish - Intermediate	4 9:00 *+ Donated Bread 9:45 Yoga 10:00 Velvet Tones 10:00 Morning Stretch Noon Pool Noon Men's Bowling @ A. P. B. 1:00 First Ed. Book Club 1:00 Gather Around Music 1:00 Dominoes 1:00 Mah Jongg	5 9:15 Beg. Line Dancing 9:30 Computer 101 10:00 Int. Line Dancing Noon Pool 12:30 Duplicate Bridge 1:00 Table Tennis 1:00 500 & Hardanger 1:00 Recreated Cards 1:30 Color & Chat	6 8:30 Men's Breakfast 10:00 Morning Stretch 11:00 Women's Pool Noon Men's Bowling @ A. P. B. 12:30 * Members Bingo
9 9:30 Int. Line Dancing 10:00 Morning Stretch 11:15 Membership Comm. Noon Pool 12:45 Bridge 12:30 Wm.'s Table Tennis 1:00 Happy Stitchers	10 9:00 Quilting Bees 9:00 IMAX Coffee & Show 9:15 Zumba Gold 9:30 Tuesday Painters Noon Pool Noon Cribbage 12:30 Pinochle 1:00 Hand & Foot Cards 1:00 Table Tennis 2:45 Spanish - Intermediate 5:30 Defensive Driving	11 9:00 *+ Donated Bread 9:45 Yoga 10:00 Velvet Tones 10:00 Morning Stretch Noon Men's Bowling @ A.P.B. Noon Pool 1:00 Dominoes 1:00 Mah Jongg	12 9:15 Beg. Line Dancing 10:00 Int. Line Dancing 10:00 Discover Group 10:00 Tai Chi - Free Trial Noon Pool 12:30 Duplicate Bridge 1:00 Table Tennis 1:00 500 & Hardanger 1:30 Color & Chat 4:00 Social Seniors	13 10:00 Morning Stretch 11:00 Women's Pool Noon Men's Bowling @ A. P. B
16 <p style="text-align: center;">CLOSED</p> <p style="text-align: center;"><i>Martin Luther King Jr. Holiday</i></p>	17 9:00 Quilting Bees 9:15 Zumba Gold 9:30 Tuesday Painters 11:30 # CATERED LUNCH Noon Pool Noon Cribbage 12:30 Pinochle 1:00 Hand & Foot Cards 1:00 Table Tennis 2:45 Spanish - Intermediate	18 9:00 *+ Donated Bread 9:45 Yoga 10:00 Velvet Tones 10:00 Morning Stretch Noon Men's Bowling @ A.P.B. Noon Pool 1:00 Dominoes 1:00 Mah Jongg	19 9:15 Beg. Line Dancing 10:00 Int. Line Dancing 10:00 Tai Chi 11:30 FMSC Noon Insurance Counseling Noon Pool 12:30 Duplicate Bridge 1:00 Recreated Cards 1:00 Table Tennis 1:00 500 & Hardanger 1:30 Color & Chat	20 8:30 Men's Breakfast 9:00 Women's Breakfast 10:00 ES Meeting 10:00 Morning Stretch 11:00 Women's Pool Noon Men's Bowling @ A.P.B. 12:30 * Members Bingo
23 9:00 Defensive Driving 9:30 Int. Line Dancing 10:00 Morning Stretch Noon Pool 12:45 Bridge 12:30 Wm.'s Table Tennis 1:00 Happy Stitchers	24 9:00 Quilting Bees 9:15 Zumba Gold 9:30 Tuesday Painters Noon Pool Noon Cribbage 12:30 Pinochle 1:00 Hand & Foot Cards 1:00 Table Tennis 2:45 Spanish - Intermediate	25 9:00 *+ Donated Bread 9:45 Yoga 10:00 Velvet Tones 10:00 Morning Stretch 11:00 Historians Noon Men's Bowling @ A.P.B. Noon Pool 1:00 Dominoes 1:00 Mah Jongg	26 9:00 Defensive Driving 9:15 Beg. Line Dancing 9:30 Knitters 10:00 Int. Line Dancing 10:00 Tai Chi 11:00 Diabetes Discussion Noon Pool 12:30 Duplicate Bridge 1:00 Table Tennis 1:00 500 & Hardanger 1:30 Color & Chat	27 9:00 Defensive Driving 10:00 Morning Stretch 11:00 Women's Pool Noon Men's Bowling @ A. P. B
30 9:30 Int. Line Dancing 10:00 Morning Stretch 10:00 Executive Committee Noon Pool 12:45 Bridge 12:30 Wm.'s Table Tennis 1:00 Happy Stitchers	31 9:00 Defensive Driving 9:00 Quilting Bees 9:15 Zumba Gold 9:30 Tuesday Painters Noon Pool Noon Cribbage 12:30 Pinochle 1:00 Hand & Foot Cards 1:00 Table Tennis 2:45 Spanish - Intermediate		* Apple Valley Senior Membership Required + Donated Bread: 9am numbers handed out. 9:30am Bread distributed. #Advanced registration & payment required	^ Pre-registration required. > By Invitation & RSVP A.P.B.—Apple Place Bowl

**CONGRATULATIONS TO MARY RICHIE!
2016 QUILTING BEES—QUILT RAFFLE WINNER**



Mary's winning ticket was drawn from a total of over **2,200-entries!**

The Quilting Bees and Apple Valley Seniors Organization thanks you for your support.

**UPCOMING PROGRAMS
SPONSORED BY THE
EDUCATION & SERVICE
COMMITTEE**

**Thursday, January 26
11:00am
Diabetes Discussion**

**Wednesday, February 8
11:00am
How Not to Be a Victim
Presented by AV Police Department**

- **NO PARTICIPATION FEE**
- **PLEASE SIGN UP IN THE COFFEE LOUNGE**

LR Services, LLC
Supporting Independence for Older Adults

FINANCE Would you like assistance with Financial Tasks?
• Balance statements, pay bills and more.

FUN Would you like companionship to Events in the Arts?
• Orchestra, Theater, Museums and more.

We are trusted professionals who support Older Adults with their Finances and Fun

(651) 683-0898
Info@LRservices.net • www.LRservices.net

Senior Moving Specialists
An all inclusive, family owned, local senior relocation company.

boxElder SERVICES
FAMILY HELPING FAMILIES SINCE 1996

- Packing
- Storage
- Moving Services
- Handyman Services

612-236-5482

Locations in Edina & Hudson
www.boxelderservices.com

our SENIOR CENTER
The Online Directory of Senior Centers

NEVER MISS A NEWSLETTER!

Sign up to have our monthly senior newsletter emailed to you at **www.ourseniorcenter.com**

➤ Reach the Senior Market
ADVERTISE HERE

CONTACT

Contact Chuck Rettke to place an ad today!
grettke@4LPi.com or (800) 950-9952 x2498

THE HONEYBAKED HAM CO
*** CAFÉ

Original Spiral Sliced & Glazed
Holiday Hams & Turkeys

Party Trays, Gifting and
Fundraising Options Available

Burnsville • Minnetonka • Roseville

www.honeybaked.com
@HoneybakedMSP

Meet Judy Adkins — January Senior of the Month

If you've been a member of the Apple Valley Seniors for very long, you're almost certain to know Judy Adkins, our January, 2017 Sr. of the Month. Judy spent 4 years on the Executive Committee, 2 as secretary and 2 as president. She serves on the Education & Service Committee, plays Hand and Foot, and participates in Morning Stretch. Judy is a long-time member of the Velvet Tones where she served on the Executive Board for 7 years.

Born in Sioux City, Iowa, Judy grew up and graduated from high school in Des Moines. Given her passion for vocal music, it's no surprise that she began singing in elementary school and has continued through high school and as an adult. She used to sing with the Control Data Singers as well as the Noteable Singers at the Bloomington Schneider Theater. Judy now sings with the Velvet Tones where she has one of the clear high soprano voices.

In addition to singing, Judy has been a seamstress most of her life. She made most of her own clothes from high school on and even did the tailoring to make her husband's suits! Now she does wonderful sewing crafts.

Judy's most recent employment was with Control Data where she worked for 25 years. Early on she worked for Steve Adkins for 2 years. She must have made quite an impression because after learning that Judy's first husband had passed away, Steve contacted her, and the rest, as they say, is history.

These days Judy is so busy that she barely keeps up with her 3 grandsons--Isaac (16), and twins Dylan and Derrick (15)--in their many sporting events, and sons Randy (Eagan) in his sporting goods business, and Matt in telecommunications (Boston).

Our Senior of the Month enjoys a special front row parking spot and a free lunch at that month's S&R luncheon. By attending a General Meeting and registering for the prize drawing, you, too, may be drawn as a Senior of the Month!



Wii BOWLING WINTER/SPRING SESSION—12 Weeks January 16 — April 7; \$15 per person

A handicap scoring system is used making it possible for any team to win. Team registrations are currently being taken, so talk to your friends and come up with 4 people to make your team. You will bowl two games per week for twelve weeks. Bowl at your convenience and report your scores to the office staff. If you are new to the Wii, the Senior Center Staff will be happy to assist you with a brief orientation. **The fee is \$15 for members and \$20 for non-members.** The fee includes an awards ceremony with refreshments at the conclusion of the season.



REGISTER YOUR TEAM OF 4 BY JANUARY 9

FIRST EDITION BOOK CLUB

WED JAN 4: *All the Light We Cannot See*, by Anthony Doerr
WED FEB 1: *Marriage of Opposites*, by Alice Hoffman
WED MARCH 1: *The Kill Artist*, by Daniel Silva

SENIOR IMAX MOVIE DAY

TUE JAN 10: Wild Africa 3D
TUE FEB 14: Nature's Wonderland Galapagos 3D
TUE MAR 14: Journey to the South Pacific 3D

TRAVEL SHOW

Fri, February 10th, 2017 at 11:00 AM
At the Apple Valley Senior Center

Join Apple Valley Seniors and Landmark Tours for a presentation of several 2017 travel opportunities. If you can't attend the show, call for a catalog: 651-490-5408



Apple Valley Senior Center
 14601 Hayes Road
 Apple Valley, MN 55124

ALL TRIPS INCLUDE

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
- Baggage Handling at Hotels
- Professional Tour Manager & Local Guides
- Deluxe Motorcoach Transportation
- Daily Breakfast & Many Quality Meals

Treasures of the Southeast

Savannah, Charleston, & Asheville
 April 3 - 9, 2017



New York City

The Big Apple
 May, 4 - 7, 2017



Alaska

Land & Sea Adventure
 May 28 - June 9, 2017



Yellowstone

& The Grand Tetons
 May 27 - June 2, 2017



The Pacific Coast

Ft. The Redwood Forest
 June 7 - 13, 2017



Nova Scotia

& The Maritimes
 August 19 - 26, 2017



Autumn in New England

Sept 30 - Oct 6, 2017



Albuquerque Balloon Fiesta

October 11 - 16, 2017



America's Heritage

Gettysburg & Williamsburg
 Oct 17 - 23, 2017



Acadia Autumn Adventure

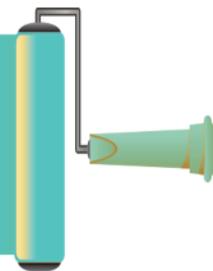
Oct 9 - 15, 2017



If you can't attend the show, call for a catalog: 651-490-5408
 Or visit www.gowithlandmark.com

Apple Valley Senior Center: 952-953-2341

SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



Rascals Bar & Grill

- BREAKFAST • LUNCH • DINNER
- CATERING AVAILABLE FOR ALL YOUR NEEDS
- MADE FROM SCRATCH SUNDAY BREAKFAST
- LARGE GROUPS WELCOME

7721 147th St. W
Apple Valley
(952) 431-7777



"I have lived at Centennial House since 2012. It is very "homey" and the staff and caregivers are fantastic. It is as close to your own home as you will ever find. The food is good, and they offer services from cleaning to laundry. You will like the staff and caregivers."

Call Nancy at 952-542-5687 to schedule your private tour.

Our residents tell our story best ... and we want you to know.

Ecumen Centennial House is made up of three single-level neighborhoods that connect a total of 79 studio homes. We offer a diverse mix of amenities, personal services and health care, including specialized memory care.

- Flexible Leases
- Privacy and Safety
- Residence/Lifestyle Choices
- No Cooking or Housework
- On-Site Healthcare

ECUMEN® Centennial House

www.centennial-house.org

ASSISTED LIVING | MEMORY CARE | HOME CARE

MAKING LIFE BETTER





Tai Chi

FREE TRIAL: Thursday, January 12; 10:00-10:45am

7-WEEK SESSION:

Thursday, January 19-Thursday, March 2; 10:00-10:45am

\$63 for 7 weeks (Members) or \$75 (Non-Members)

\$12 per class drop in fee member/non-member

REGISTRATION DEADLINE: Monday, January 16

All movements are practiced in a standing position and are accessible to all, regardless of age, ability or level of health. Attention is brought to correct body alignment and relaxation.

Poor balance (often caused by hearing loss) impacts confidence and often leads to unnecessary limiting of one's lifestyle. The slow, gentle movements of this ancient exercise help the participant become more aware of how they are using their body and their surroundings. Your Tai Chi Instructor is **Christine Morgan**, who is also President of the Twin Cities Chapter of Hearing Loss Association of America and a certified Hearing Loss Support Specialist. Therefore, classes are also focused on optimizing communication with participants.



To all Members of Apple Valley Seniors:

Members of the Apple Valley Senior Center have been packing meals for over FIVE years. We have PACKED THOUSANDS OF BAGS OF Mana Pack (food) for starving children all over the world. That means that we have saved thousands of children from STARVATION!

In November we had a record high turnout of 30 people! Thanks to all who took the time to help. On that day we packed 123 Cases containing 25,568 meals, which is enough to feed 73 kids for an entire year.

We are not selling anything; we are just looking for people who want more out of life. If you are excited about this thought then maybe the answer is to help with our monthly program of working for Feed My Starving Children .

Each month we go up to the Eagan site and pack food for STARVING CHILDREN for about two hours.

There are three different jobs:

- People with the strength can help in the warehouse by loading boxes of food.
- Those who want a sit down job can help with labels (You also get a chance to talk with others)
- Everyone else helps by actually packing the food into bags.



It is not only easy but it is VERY rewarding.

We have many of our AV Seniors already doing this. Come and join us, get to know us and you can have these benefits as well! More information is available on the signup sheets in the coffee lounge. We meet in the coffee lounge on the third Thursday of each month, at 11:30am and share rides to the Eagan site.

Our Next session is Thursday, January 19.

PS: if you cannot make it to our session, maybe you can help by adding money to their cause. One meal costs 22¢ Please give whatever you can.

SENIOR PREVIEW PERFORMANCES by ISD 196 HIGH SCHOOLS

Apple Valley High School — 14450 Hayes Road
Box Office: 952-431-8208

**Wheelchair seating is limited*

Thu Feb 23- *Broadway 2017: Planes, Trains and Automobiles*
 (3:00pm)

Wed Apr 26- *Spring Play* (3:00pm)

Eagan High School — 4185 Braddock Trail
Box Office: 651-683-6945

**Wheelchair seating is limited*

Wed Feb 15- *Shakespeare's "Taming of the Shrew"* (3:30pm)

Wed Apr 26- *Broadway Musical* (3:30pm)

Eastview High School — 6200 140th St W, Apple Valley
Box Office: 952-431-8955

Tue Apr 18- *Bravo 2017: Viva Las Vegas* (3:30pm)

Rosemount High School — 3335 142nd St W
Box Office: 651-423-7540

Thu Feb 2- *Radio Theater 2017* (3:30pm)

Thu Feb 23- *Under the Lights Dance Show* (3:30pm)

Wed Apr 26- *Onstage 2017: Working for a Living* (3:30pm)

FROZEN APPLE CONCERT SERIES

Saturdays; 6:00 p.m.-9:00p.m.

Valleywood Golf Course-4851 McAndrews Rd.

Cure your cabin fever with great music in the beautiful Valleywood Golf Course Clubhouse! FREE admission, delicious food (for purchase), full bar service along with prize drawings.

January 14—Riverside Hitmen

From Michael Jackson to Bruno Mars, Adele to Taylor Swift, The Riverside Hitmen play all your favorite hits

February 11—Patty Peterson and Friends

Patty Peterson was born into Minnesota's First Family of Music; The Peterson Family and is a world class Jazz/R&B vocalist.

March 11—Lush Country

The hi-fi era of country music comes to life with this seven piece band led by Dan Chouinard. An all-star group comprised of veterans of A Prairie Home Companion and the Guy's All-Star Shoe Band will play country hits of the 40', 50's & 60's

Augustana Care

Augustana Apple Valley
 Health and Rehabilitation
 952-236-2000
 Apple Valley Villa 952-236-2600
 www.applevalleyvilla.com

Independent Apartments	Centrex Therapy	Transitional Rehab
Assisted Living Options	Care Suites	Skilled Nursing
Memory Care	Adult Day Center	

To set up a tour, please call or visit our website

SENIOR INSIGHTS AND SERVICES
TEAM HAWKINS
 THE LOCAL NAME YOU CAN TRUST

"We look forward to assisting you with all of your Real Estate needs"

Diane Hawkins
 651-226-7994
 www.callteambh.com

Lutter Gilbert & Kvas LLC

- Estate Planning
- Probate
- Family Law
- Real Estate
- General Civil Litigation

Suzanne Kvas, Attorney
 2113 Cliff Dr., Eagan, MN 55122
 651-452-6693
 suzanne@lgklegal.com

ADVERTISE YOUR BUSINESS HERE

Your Community is Looking!

Call LPi today for advertising info
 (800) 950-9952

Augustana Regent
 at Burnsville

Lakeside Senior Housing with Services in your Neighborhood

14500 Regent Lane
 952-898-1910
 www.augustanaregent.com

Diabetic Walker
 "We make house calls"

Medicare Covers Diabetic Shoes

Northmark Medical, LLC
 1260 Yankee Doodle Rd., Ste. 202
 Eagan
 651-888-2613

FOCUS FINANCIAL®

Laura Basballe Financial Advisor
 laurabasballe@focusfinancial.com
 952-997-2102
 www.laurabasballe.com

**Financial Planning • Retirement Planning
 Tax Strategies • Social Security Planning**
 NO COMMITMENT
FREE half-hour phone call with Laura

FREE Social Security Guide for Boomers

FREE Eye on Money digital subscription

Securities offered through Royal Alliance Associates Inc., member FINRA/SIPC. Insurance and advisory services offered through Focus Financial Network, Inc., a registered investment advisor not affiliated with Royal Alliance Associates, Inc. Focus Financial and Royal Alliance do not offer tax or legal advice. 14985 Glacier Avenue, Suite 404, Apple Valley, MN 55124, Direct: 952-997-2102, Main: 952-953-4300

THE Gazette

Apple Valley Seniors

7100 W. 147th Street
Apple Valley, MN 55124

Phone: 952-953-2345

PRSR T STD
US POSTAGE PAID
TWIN CITIES, MN
PERMIT NO. 7261

"If I have seen further than others, it is by standing upon the shoulders of giants."

-Sir Isaac Newton

DRIVER IMPROVEMENT COURSE

The Senior Center is partnering with Minnesota Highway Safety and Research Center / AAA to offer driver improvement courses for mature drivers. As with all driver improvement courses sanctioned by the State Department of Public Safety, drivers over 55 may be entitled to a 10% discount on their auto insurance. An eight-hour course is initially required, followed by a four-hour refresher class every three years. A limited number of walk-in registrations will be accepted at the discretion of the instructor.

4-Hour Refresher

- Tuesday, January 10; 5:30-9:30pm
- Monday, January 23; 9:00am-1:00pm
- Tuesday, January 31; 9:00am-1:00pm
- Thursday, February 2; 5:30-9:30pm
- Monday, February 13; 9:00am-1:00pm
- Monday, February 27; 9:00am-1:00pm
- Friday, March 3; 9:00am-1:00pm
- Tuesday, March 7; 9:00am-1:00pm

\$22 per person
REGISTER: 1-888-234-1294

8-Hour Initial Class

- Thursday, & Friday, January 26 & 27; 9:00am-1:00pm
- Thursday & Friday, February 23 & 24; 9:00am-1:00pm
- Monday, March 27; 9:00am-5:30pm

\$26 per person
REGISTER: 1-888-234-1294

