

# 2016 GROUND POUNDERS GRAND PRIX RUNNING SERIES

Be active and run South of the River! Runners, walkers, kids and everyone else can get in on the fun! A variety of lengths, scenery, prizes and events offer a chance for everyone to get involved. Earn points for each city's event you participate in and do a minimum of 3 out of the 7 events listed below to be eligible for overall award prize drawings (details below). Overall prizes awarded in August after all points have been tabulated.

Wayzata Results Inc. tabulates competitive race results for Farmington, Lakeville, Rosemount, Burnsville & Savage and are posted at [wayzatarace.com](http://wayzatarace.com). Gopher State Events tabulates competitive race results with chip timing for Apple Valley and are posted at [gopherstateevents.com](http://gopherstateevents.com).

EVENT	DATE	LENGTH	TIME	LOCATION	CONTACT INFO
I Love Burnsville 5K	June 4	5K Race.....	8:30 a.m.	Nicollet Commons Park 12550 Nicollet Ave.	952-895-4500 952-895-4567 TDD burnsville.org
Farmington Dew Run	June 18	1 Mile..... 1/2 Mile Jr. Jog..... 4 Mile.....	8 a.m. 8:15 a.m. 8:30 a.m.	Rambling River Center 325 Oak St.	651-280-6850 ci.farmington.mn.us
Savage Dan Patch 5K Pace	June 25	5K Pace..... 1 Mile Fun Run.....	9 a.m. 10 a.m.	Savage Lifetime Fitness 6554 Loftus Lane W, North parking lot	952-224-3420 danpatchdays.org
Apple Valley Freedom Days Fun Run	July 4	2 Mile..... 5 Mile..... 1/2 Pint 1/2 Mile.....	8 a.m. 8 a.m. 9:30 a.m.	Hayes Park 14603 Hayes Road	952-953-2300 cityofapplevalley.org
Lakeville Pan-O-Prog Run	July 9	4 Mile..... 1/2 Mile Fun Run..... 1 Mile.....	7:45 a.m. 8:30 a.m. 8:45 a.m.	Casperson Park 19720 Juno Trail	952-985-4600 lakevillemn.gov
Rosemount Run for the Gold	July 23	1 Mile..... 1 or 4 Mile Fitness Walk..... 4 Mile..... 1/2 Mile Youth Sprint.....	8 a.m. 8:05 a.m. 8:25 a.m. 8:30 a.m.	Rosemount Community Center 13885 S Robert Trail	651-322-6000 ci.rosemount.mn.us
Runner's Gate 5K Trail Run	July 26	Rough Terrain 5K Run.....	6 p.m.	Ritter Farm Park 19300 Ritter Trail, Lakeville	952-985-4600 lakeville.mn.gov

## 2016 OVERALL POINT AWARDS:

- Participate in 3 out of 7 SORR runs/walks and automatically be entered into an overall prize drawing for grand prizes including gift certificates from Runner's Gate and more.
- Each individual run will honor the top 3 to 5 finishers in each age category for male and female, depending on city.  
Age categories are: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Thank you to our 2016 Sponsors

