

Hello Learn to Skate participants,

Welcome to our WINTER 2021 session. Due to COVID-19, Apple Valley Learn to Skate will look a little different. Class offerings to ensure a safe learning environment for our skaters and staff.

ALL participants **MUST** be able to skate independently without assistance, therefore we are not able to offer Snowplow Sam 1 at this time. Classes are limited to 5-8 skaters with no more than 25 people (staff included) on the ice at a time.

We will be following guidelines based on the Minnesota Department of Health-Guidance for Youth Sports Social Distancing and Learn to Skate USA:

General guidelines

- **Skaters may be accompanied by only 1 parent/guardian without any extra family members**
- Skaters should get skates on prior to coming to the rink if possible, a locker room is available to put skates on if needed.
- Arrive no more than 10 minutes before your scheduled lesson time.
- Skaters have 10 minutes after lesson to leave the rink. It is preferred that skates are worn out and removed outside of the rink.
- **NO PRACTICE IS OFFERED THIS SESSION.** (see attached schedule for skating time).
- Instructors will keep a safe social distance from skaters. There will not be any physical contact with skaters.
- Skaters will have a designated area to stay within on the ice.
- Instructors to wear masks. Skaters are to wear mask while on the ice and while in their lesson. Under 5 are not required
- Parents staying **MUST** sit on the bleachers socially distant. **NO PARENTS ALLOWED BY ICE ENTRANCE DOOR OR HOCKEY BOXES** unless registered for Parent/Child classes.
- Nametags will be handed out on the first day, skaters will take them home and are responsible to wear them each week for the duration of the session for less contact. Do not lose your nametag as this will be your proof to enter the building each week. Pick up at check in table.
- Skaters will meet at their class color before stepping onto the ice.
- Only skaters that can skate unassisted could register for lessons with the exception of parent/child class. This means **NO snowplow 1** classes will be offered. Parent/Child classes will be offered with an Adult only to maintain social distancing guidelines for our instructor and skaters. Adults **MUST** be able to skate. Parent/Child (snowplow 1-2) classes will have a parent on the ice, all others will not.
- **PRIVATE LESSONS**-You will have either the 1st or 2nd lesson within your half hour.
- Guests will be sent home or asked not to come in the Arenas at any sign of illness. Symptoms to look for include: Fever (100.4 F or higher), or feeling feverish? Chills? A new cough? Shortness of breath? Sore throat? Muscle Aches? New headache? New loss of smell or taste?

If you have any questions about this new format and these changes, please contact Learn to Skate Director, Alesia Smith at Alesia.Smith@applevalleymn.gov.

Requirements: All participants are required to wear gloves or mittens It's recommended to wear a helmet. Dress warm but don't overdress. Participants must provide their own skates. No double blades. Rental skates will not be available for 2021 Winter session. The office will be closed and no skate sharpening will be available.

LESSON SCHEDULE: NO PRACTICE TIME AVAILABLE-Please look at times carefully.

<u>MONDAY</u>		<u>SATURDAY</u>	
Parent/Child	6-6:30pm	PRIVATE LESSONS	8-9:00am
Basic 1	6-6:30pm	Basic 1 (5-7)	9-9:30am
Snowplow 2-4	6-6:30pm	Basic 1 (8+)	9-9:30am
Basic 2-3	6:30-7pm	Parent/Child	9-9:30am
Basic 4-5	6:30-7pm	Snowplow 2-4	9:30-10am
Hockey 1-2	6:30-7pm	Basic 2	9:30-10am
		Basic 1 (5-7)	10:30-11am
Basic 6-Pre FS	7-7:30pm	Snowplow 2-4	10:30-11am
Hockey 3-4	7-7:30pm	Private Lessons	10:30-11am
Private lessons	7-7:30pm		
		Basic 4-FS	11-11:30am
		Private Lesson	11-11:30am
		Basic 2-3	11-11:30am
Private lessons	7:30-8pm		

We look forward to seeing you all at the rink!

Apple Valley Learn to Skate Staff

The arena staff is committed to provide a safe and healthy facility for all our workers and customers.

Rink surfaces disinfected on a regular basis. Shared spaces (bathrooms, hallways, doorways, benches) are disinfected several times per day. Locker rooms in use are disinfected after every use.

Effective July 25, 2020, per the Governor's Executive Order 20-811, people in Minnesota are required to wear a face covering in all public indoor spaces and indoor businesses.

This Executive Order is effective immediately upon approval by the Executive Council, with the requirement to wear face coverings starting July 25, 2020. It remains in effect until the peacetime emergency declared in Executive Order 20-01 ends or until cancelled by a proper authority (Minnesota Statutes 2019, section 4.035, subdivision 2, and section 12.32). Frequently Asked Questions about the Requirement to Wear Face Coverings

(<https://www.health.mn.us/diseases/coronavirus/facecoverfaq.html>).

<https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>